



THE PORTUGAL News

Portugal's **National** Newspaper in English

30 May 2009 • Edition N° 1012 • €1.50 inc. IVA • Publisher: Paul Allen-Luckman • Editor: Brendan de Beer • www.the-news.net



Child raised by Portuguese family 'repatriated'

A child who was born in Northern Portugal to a Russian woman six years ago and who has been raised by a Portuguese family from the age of 18 months was last week ordered by Portuguese courts to be returned to her biological mother, who within days took the young girl to Russia to live with a family she had never met. (See Page 5)

Feeding Somalia while fighting starving pirates

Reporting from Nairobi, Kenya this week for **The Portugal News** is Reuters writer Alison Bevege, who has joined the crew of the Portuguese warship NRP Corte-Real in the Gulf of Aden. (See Page 8)

International Algarve Fair returns this weekend

This weekend the International Algarve Fair will take place in the FATACIL exhibition grounds, Lagoa. Open Saturday and Sunday, from 11h00 until 19h00, it will feature a huge variety of food, drink and entertainment as well as hundreds of trade stalls. (See Pages 31 to 34)

Two former league champions relegated

Belenenses were relegated this weekend from Portuguese top flight football, while Boavista dropped from the Second Division to the lower leagues. Besides, FC Porto, Benfica and Sporting, these two relegated clubs are the only ones to have won the Portuguese league title. (See Page 64)

Weekend weather

Lisbon: Lisbon will be hot over the next few days, and the summer weather will continue into next week. **Faro:** Some cloud cover is expected at the end of the weekend, though it will be warm and sunny. **Oporto:** The north will be cloudy and cooler this weekend with showers also being forecast for both Saturday and Sunday.

Home Insurance
underwritten by Lloyds of London
see p.10
up to 40% off

READER OFFER:
Special Health Insurance
see page 58

8 page weekly PROPERTY supplement

FAIR Guide
See pp. 31 to 34



Residents up-in-arms as their tranquil country retreats become one of the noisiest locations in the Algarve



Story, see p. 20

Noise generated by the circuit at Portimão has been driving residents around the bend, so much so, that they have drawn up a petition calling for improved protection. However, authorities at the track say the noise levels abide with existing legal stipulations. (Photo: The Portugal News)

THE PORTUGAL
News



ANGLOPRESS
Edições e
Publicidade, Lda

Copyright ©2005 Anglo Press Lda and The News Group of Newspapers Inc • **The Portugal News** is owned and published by: The News Group of Newspapers Inc • **Depósito Legal** Nº 80258/94

Content

News

National 1-7 & 11 • Regional 10-12 • World View 10 • Business 8-9 • Trading Places 15 • Sport 56

Readers' input

Letters 18 • Club News 16

Property

Property of the Week 19 • Prestige Properties 21-23
Property Update 26 • Gardening 24

Feature pages

Eating Out 17 • More for Women 28-29 • Health 30-31
Paws & Claws 34 • Travel 35

Entertainment

Cinema 36-37 • Events 38 • TV Guide 39-45 • Mind & Soul 51

Advertising

Advertisers' Hotline 32-33 • Company Finder 46-50
52-55 Classified

Contacts

Postal Address: Apt 13 • 8401-901 • Lagoa

Courier: Rua Município de S. Domingos • Urb. Lagoa Sol • Lote 3 r/c • 8400-415 Lagoa

Tel: 707 500 655

Newsdesk: 707 500 655

Sales: 707 500 677

Classified: 707 500 646

Fax: Gen 707 941 201 • Sales: 707 942 053

Email: info@the-news.net • sales@the-news.net

Web: www.the-news.net

Print & Distribution

Printers: MIRANDELA Gráfica, Lisbon

Tiragem: 21,398

Distributors: VASP

Member of **apct** audited circulation

Production Team

Publisher: Paul Luckman • publisher@the-news.net

Editor: Brendan de Beer • newsdesk@the-news.net

Production: Madeline Luckman • copy@the-news.net

Journalists: Carrie-Marie Bratley • Tommy Broad

Classifieds: Rebecca Andrade

Paws & Claws: Raquel Salbany

Preview: Raquel Salbany

Travel: Sherry Hughes

Photos: LUSA • Press Association • Portugal News

Sales Team

Sales Manager: Bella Talhadas • 914 393 736

Area Managers:

Lisbon, Estoril, Cascais, Sintra • **Bella Talhadas**

Alvor, Lagos, P. da Luz, Aljezur • **Marilyn Holmes** • 914 863 604

Guia, Almancil - Faro • **Kelly Barrett** • 912 583 439

Loulé, Quinta do Lago, Vale do Lobo - Ayamonte

Tom Chapman • 912 583 188

Support

Accounts: Gaby Rodrigues

Subscriptions: Samantha Hoather

Subscriptions

52 editions of *The Portugal News*, cost €67.50 (Portugal), €135 (Europe) or €210 (World Airmail). Send your name and address plus cheque or credit card details to Apt 13, 8401-901 Lagoa or email sam@the-news.net. Queries, please call 707 500 655.

Newsletters

To subscribe to our free weekly newsletters, sent by email every Friday please email Becky@the-news.net

Disclaimer

Although we do everything possible to ensure the integrity and suitability of advertisements in *The Portugal News*, ANGLOPRESS Edições e Publicidade Lda, *The Portugal News*, its employees or representatives cannot accept any responsibility for claims made by advertisers in their publicity, and cannot become involved in any disputes or litigation, howsoever arising.

Ex-Maddie inspector guilty



Ex-PJ inspector Gonçalo Amaral, who at one point headed investigations into the disappearance of toddler Madeleine McCann from Praia da Luz in 2007, has been found guilty of giving false testimony in a previous case where a mother alleged she was beaten by PJ police into confessing her daughter's murder.

On September 12th 2004, then eight-year-old Joana Cipriano went missing from the village of Figueira, near Portimão, Algarve.

The child's mother and uncle, Leonor and João Cipriano, who were allegedly having an incestuous affair, were accused of her murder and of hiding the body.

After being taken into police custody, pictures of Leonor's bruised and battered face were published on the front covers of national newspapers. She initially claimed she had fallen down a flight of stairs before alleging she had been beaten into confessing her daughter's murder.

‘New leads’ in Madeleine case dismissed by Portuguese authorities



Following an appearance on the Oprah Winfrey show and a reconstruction documentary by Channel 4, both of which were broadcast earlier this month, new leads have emerged that the McCann family's private investigators are reportedly looking into, despite being refuted by Portuguese police who say the new leads are not credible enough to re-open the investigation.

Late last week, a convicted paedophile who was living in the Algarve at the time when the then three-year-old Madeleine McCann went missing from Praia da Luz, was tracked down and questioned by the couples' private detectives.

This was reportedly a tip-off following the couples' latest publicity campaigns.

Sixty-four-year-old Raymond Hewlett had been living in Tavira, over an hour's drive away from where Madeleine went missing, at the time of her disappearance. He was tracked down a few weeks ago and found in a hospital in Aachen, Germany where he was being treated for cancer. He reportedly agreed this week to talk to the McCann's private investigators during which he denied any involvement in Madeleine's disappearance and claimed he "had nothing to hide".

According to the Daily Mail, Hewlett, an ex-soldier,

has a known past of attacks on young girls that date back to 1972 when he was convicted for abusing a 12-year-old.

According to the UK's The Sun, he was also questioned by Portuguese police and gave an alibi for his whereabouts at the time of Madeleine McCann's disappearance, which cleared him as a suspect.

The McCann family spokesperson, Clarence Mitchell, told Sky News that Raymond Hewlett was a person of interest to the investigation, which Kate and Gerry McCann, Madeleine's parents, are financing through the Find Madeleine Fund.

Their private investigation is now being led by retired British policemen Dave Edgar and Arthur Cowley, who are currently analysing the case that was shelved by Portuguese police last year.

Last week, the family also instigated a legal action against former PJ police detective Gonçalo Amaral, who at one point headed the

Madeleine investigation, who they are suing for defamation.

"We - together with our three children Madeleine, Sean and Amelie - are taking this legal action against Gonçalo Amaral over his entirely unfounded and grossly defamatory claims - made in all types of media, both within Portugal and beyond - that Madeleine is not only dead, but that we, her parents, were somehow involved in concealing her body."

Amaral published a book in 2008 - *Maddie, The Truth of the Lie* - in which he maintains the girl died in the Praia da Luz holiday apartment and that her parents were involved in disposing of her body.

Kate and Gerry McCann were made official suspects in the case in the summer of 2007, but were later acquitted of any charges due to lack of evidence.

Another official suspect who was later acquitted of any involvement with Madeleine's

disappearance, Robert Murat, is reported to also be preparing to take further action against three Portuguese media organisations, Portuguese daily paper *Jornal de Notícias*, and TV channel TVI. He is allegedly asking for compensation in the region of 140,000 Euros for defamation.

Last year he sued several British newspapers for libel, receiving a 'vindication' of around €750,000 and an apology from a TV station.

Meanwhile, Portuguese authorities have said that nothing that has emerged in recent days justifies reopening their investigation into the disappearance of Madeleine McCann.

A brief written statement sent to the BBC from Portugal's attorney general, said that "the case will be reopened if and when concrete and credible facts exist that justify it, which until now has not yet happened".

Missing children: 76 reported last year



Last year the Portuguese SOS Missing Children Service dealt with 76 new cases of children who were reported as missing, the majority of whom were girls, according to a study by the Child Support Institute (IAC) which runs the SOS organisation.

Released on International Missing Children's Day, figures from the study show that in the past 12 months the number of children that were reported as missing more than doubled, with 34 new cases being reported in 2007, in comparison to 76 new cases reported in 2008.

In 2006 SOS Missing Children documented 31 cases of missing children, 17 in 2005 and 25 in 2004.

Also on International Missing Children's Day this year the European emergency number for missing children was released (116 000).

In Portugal the international phone line is coordinated by Alexandra Simões, who explained that the rise in the number

of missing children being reported could be directly related to the increasingly publicised European number.

"We have verified a rise in cases with the dissemination of the European 116 000 number, whether that was via social communication or through interest generated following reports of the three girls missing from Antwerp, Belgium", she said.

The majority of cases (56) were reported over the phone, 18 cases were reported by email and two via mail.

Of the disappearances that were reported, 52 were girls and 23 boys, an imbalance that "worries" IAC. Thirty-four were aged between 11 and 15, 21 aged between 16 and 18, and

five cases related to children between newborns and five years of age.

The majority of cases (31) occurred in the Lisbon district, 17 in Oporto, six in Setúbal and four in both Faro and Santarém.

SOS Missing Children was also contacted with regards to the three missing Belgian girls.

In most cases (62 out of the 76 last year) the children reported were actually runaways who had fled from home or care institutions, 12 cases related to parental kidnapping and one case was caused by a couple who wanted to keep a child they had been caring for.

Only ten of the 76 children were not located though sadly two, aged 14 and 16, were found

dead.

Despite combined efforts by PJ police, the IAC and other police forces, 18 children remain missing.

The study further concluded more children go missing during school holidays, namely in September, when 12 children disappeared, followed by June, July and August, with nine children being reported missing each month.

As of this week the International Missing Children's number is operational in 10 countries, which will hopefully tighten communication between security forces and non-governmental organisations from all countries and provide a better response in such situations.

of false testimony in Joana case

Even though a body was never found Leonor and João Cipriano were sentenced by a Supreme Court of Justice to 16 years in prison for the crimes of murder and hiding a body.

Accusations against five PJ inspectors and ex-inspectors were made and a trial was instigated last year, on October 27th.

Last Friday week, eight months and fourteen hearings later, the judges' decision was read. It has been concluded and proven that Leonor Cipriano was attacked in the PJ's headquarters by non-identified officers, and she did not fall down the stairs.

However, the court was not able to determine who inflicted the injuries.

The judges highlighted the importance of medical evidence given by Teresa Magalhães, of the Legal Medicine Institute, explain-

ing the origins of Leonor's injuries.

On the other hand, lack of credibility in the victim's statements due to a constant changing of events was said to have been a contributing factor to the difficulty in identifying the attacker.

All five inspectors, current and former, were cleared of charges.

Ex-inspector Gonçalo Amaral was, however, found guilty of having given false testimony during the trial and was sentenced to an 18-month suspended sentence.

Inspector António Cardoso, who was accused of forging documents pertinent to the case, was also found to be guilty and sentenced to a two-year and three month prison sentence, which was also suspended.



Former police detective Gonçalo Amaral is greeted by a local man after being handed an 18-month suspended sentence by a Faro Court for giving false testimony during a case concerning the assault on a mother convicted of killing her daughter. (Photo: Lusa/Virgilio Rodrigues)

Toddler abandoned on Faro streets

A three year old girl was abandoned on the streets of Faro last week during the early hours of Friday morning. Police collected the infant after being called by a woman who spotted the toddler walking the streets at around 04h00 and who waited with her until the authorities arrived.

While the child's parents have been identified and found, Faro

courts placed the girl in the care of Faro's Refúgio Aboim Asção child refuge until further notice.

Dressed in a t-shirt and nappy, after being collected by police the girl was taken to Faro Hospital's Paediatric Emergency Unit, where she was given a check-up.

According to Luís Villas Boas, psychologist and Director of the

Refúgio Aboim Asção, the child showed signs of "serious neglect", particularly concerning hygiene, though she was not under-nourished.

"She had an uncountable amount of head lice that were still there after a third bath and her

body was covered in insect bites, but she did not seem to be poorly nourished", he said.

He stressed that the child would only leave the institution "under judicial orders".

Dr. Luís Villas Boas, who considered this type of public

abandonment to be the worst, given the child's vulnerability and open exposure, said "We need to create a national infant emergency service, as there are solutions for children in situations like this".

This week he said that the tod-

dlar was "well, plays and laughs", and that the situation was pending on a decision from Faro's Family and Minors' Court magistrates.

"Now she is safe but she could have been taken by anyone", he said.

We make SAVINGS simple for Expats



| | | | | |
|---------------------------|---|--------------|---|--------------|
| 1 Year Fixed Rate Bond* | £ | 3.30% AER | € | 3.25% AER |
| 6 Months Fixed Rate Bond* | £ | 3.00% AER | € | 3.00% AER |
| International 30* | £ | 2.50% AER | € | 2.50% AER |

Monthly interest option available



Download an application form at www.irishpermanentintl.com
www.irishpermanentintl.com • +44 (0) 1624 641641 • info@irishpermanentintl.com

*Individual product terms and conditions apply. Interest rates are quoted gross p.a. without any deduction of tax. Rates are applicable as at 19 May 2009 and are subject to change. AER stands for Annual Equivalent Rate and illustrates what the interest rate would be if interest was paid and compounded once each year. The minimum opening balance is €10,000/€50,000. Irish Permanent International is a registered business name of Irish Permanent (ICM) Limited. Licensed by the Irish Financial Services Commission to take deposits. Registered Office: 12/14 Ridgeway Street, Douglas, Isle of Man M11 1EN. Registered No 60124. Irish Permanent International is a subsidiary of Irish Life and Permanent plc Group which is regulated by the Financial Regulator in Ireland. Irish Permanent International places funds with other parts of its Group and thus its financial standing is linked to that of the Group. Depositors may wish to form their own view on the financial standing of Irish Permanent International and the Group based on publicly available information. The latest report and accounts are available at www.irishpermanentintl.com and from our registered office.

Why should you contact Blevins Franks?

Blevins Franks are in a unique position to help you find a secure location for your money and your pension funds. We'll discuss the opportunities available and help you plan the way forward.



Unique solutions for tax and private wealth

Gavin Scott SENIOR PARTNER
gavin.scott@blevinsfranks.com

Adrian Hook PARTNER
adrian.hook@blevinsfranks.com
 289 350 150



BLEVINSFRANKS
www.blevinsfranksinternational.com

Blevins Franks Financial Management Limited is authorised and regulated by the UK Financial Services Authority.

TAX CONSULTANCY • INVESTMENT MANAGEMENT • TRUSTEE SERVICES • RETIREMENT BENEFIT SOLUTIONS

Child raised by Portuguese family forced to return to Russia with mother



A child who was born in Northern Portugal to a Russian woman six years ago and who has been raised by a Portuguese family from the age of 18 months was last week ordered by Portuguese courts to be returned to her biological mother, who within days took the young girl to Russia to live with a family she had never met.

The past week, the case of six-year-old Alexandra Skilauri made headlines in most national newspapers and news programmes. Images of the girl screaming while been taken from her 'adoptive' family and handed over to her biological mother caused uproar due to the powerlessness of the Portuguese legal system.

At the biological mother's request Florinda Vieira and João Pinheiro, from Barcelos, had taken care of Alexandra since 18 months of age.

The couple allege her mother, Natália Zarubina, let her daughter sleep in a phonebox while she worked as a prostitute around the area of Braga market. They also said the child, who does not speak Russian, weighed just five kilos when they met her.

At Natalia's request the couple took the toddler into their care and raised her for four and a half years, letting the mother visit whenever she wanted.

However, after legal procedures were instigated in 2008, last week the Guimarães Family Court ordered Alexandra to be returned to the permanent care of her biological mother.

The foster family argues Natalia does not have the conditions to properly care for her daughter, making referral to the woman's past, which reportedly involves prostitution and drugs.

Nevertheless the Portuguese court decided in favour of the mother, stating Alexandra was "never at risk or put in danger".

Upon arriving at the Social Security institute in Braga, where the handover took place on May 18th, Alexandra refused to leave the car, gripping onto her seatbelt and crying "I don't want to go".

Two days after she was returned to her mother Alexandra was taken to Russia to live with a family that she has never met. The Pinheiro family is helpless to take any form of action as the Portuguese judiciary can no longer intervene.

Early this week further anger was caused when images of Alexandra being smacked by her mother during her first days of her new life were broadcast on TV in Portugal and Russia. According to reports she was being smacked for "being spoiled" and "not speaking Russian".

Angrily telling the cameras



João Pinheiro and Florinda Vieira, the foster parents of Alexandra, wait in front of the Russian Embassy in Lisbon on 27th May. (Photo: Lusa / Tiago Petinga)

that her Portuguese carers had "let her do anything", Natalia Zarubina repeatedly smacked the six-year-old who had been in her care for a matter of days.

Businessman João Pinheiro said he was "not surprised" by Natalia's reaction to the child's resistance to adapt, and said "it proves she is at risk with her mother, regardless of what the Court says, and she could yet be sold".

On the day of mother and daughter's departure to Russia, the Russian Embassy in Portugal issued a statement reaffirming Natalia Zarubina's ability to care for her daughter and accusing the couple from Barcelos of 'tricking' her, as she does not speak Portuguese.

According to an expert in Portuguese family law, the competency of one court to change a ruling made by another must be

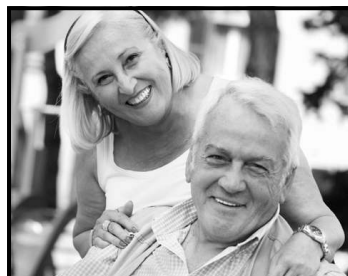
made by the court in the child's country of residence. Therefore in this case only a Russian court could overrule the decision made by the Portuguese court, which renders the Pinheiro family and Portuguese judiciary powerless.

Following the dramatic development of events the Portuguese couple were invited to make an appearance on a Russian prime-time chat show.

Journalist José Milhazes,

Moscow correspondent for Portuguese channel SIC, described the programme as "very tabloidy" and said he would advise the couple to "think carefully" about accepting the offer as they would be interviewed in front of a live audience that would "be on the mother's side".

However, on Wednesday the Russian embassy in Lisbon denied the couple visas to travel to Russia to be on the program.



What if?

Make sure your loved ones don't have to cope alone

The Portuguese way of funerals can often lead to misunderstanding and leave people confused at a time of distress, particularly when your family and friends are a long way from home. Will they know what to do, who to call? Planning ahead and making provisions with Golden Leaves will save this trauma of knowing who they can turn to and by planning ahead you can organise arrangements according to your wishes.

Our secure, dignified and personal service will give you peace of mind in the knowledge that your funds are backed by our guarantee of trust.

For a free no obligation brochure contact our local agent: **Lloyd & Whyte International**

Tavira - tel. **281 325 842**

Boliqueime - tel. **289 360 578**

Email: portugal@lloydwhyteintl.com

www.goldenleaves.co.uk

- Complies with FSA regulations
- Dignified, professional care for expatriates
- Bi-lingual local knowledge and support
- Independent Trust Fund Guarantee
- All inclusive prices - no hidden costs - inflation proof
- No age or health restrictions

Pre-Pay at Today's Prices & Save Money



Golden Leaves
Funeral Plans

Golden Leaves Funeral Plans are NOT an insurance policy

Take your pension to Portugal but... don't let it retire with you!

Expatriate Pensions

More income, greater tax efficiency

Find out more at our Seminars:

Boavista Golf Resort, Golf Clubhouse, Lagos, 2nd June 2009 - 11.00am
Hotel Vila Galé Marina, Vilamoura, 3rd June 2009 - 10.00am

Expatriate Pensions - specialists in QROPS throughout Europe
Suitable for UK expats or those intending to become resident abroad, with unused UK pension funds or taking income drawdown/pension fund withdrawal.

Call to register attendance or for further information on
Tel: 0044 1789 299983 Email: mfml@expatpensions.eu

www.expatpensions.eu

Registered Office: 1st Floor, 25 Greenhill Street, Stratford upon Avon, CV37 6LE. Registered in England and Wales No 3483969. Meridian Financial Management Limited is authorised and regulated by the UK Financial Services Authority, Registration Number 436314. Authorised to operate throughout Europe through the EU Insurance Mediation Directive and MiFID.

Lagoa Mayor tells all



Lagoa Mayor Dr. José Inácio



Residents and those who visit Lagoa will have noticed the City's continued, yet subtle improvements in a number of key areas in recent years. While Lagoa Mayor José Inácio is arguably one of the Algarve's less flamboyant leaders, but without a doubt one of the most approachable, he prefers to let his work do the talking. Stressing in an interview granted to **The Portugal News** this week that life in Lagoa is about quality and harmony, the Mayor, confident of re-election in the upcoming municipal elections later this year, explains what his aims and objectives are for the foreseeable future, such as the building of a new golf course, two new supermarkets and a number of hotels, while recalling his most recent achievements. He stressed the importance of the International Algarve Fair taking place at the Fatacil fairground this weekend, highlighting the fact that it assisted in promoting the City as a venue to stage large and successful fairs.

A qualified primary school teacher, Dr José Inácio Marques Eduardo has been Lagoa Mayor for almost eight years and has overseen the City's transformation into a bustling hive of cultural and leisure activity.

Taking almost 15 minutes to answer the first question posed by **The Portugal News**, the Mayor reeled off a number of projects that have sprung up during his second four-year mandate.

"Six crèches have been built and we now have 32 in total, which is probably the highest per capita figure for any council in the Algarve", states the Mayor proudly.

With Lagoa still largely a rural area, the "tarring of a number of municipal roads has helped improve the standard of living in the countryside", he said.

The western Algarve has in recent years been spoilt in the areas of culture, sports and entertainment.

Specifically in the area of culture, the Mayor stressed the importance expats have had in

boosting the image of Lagoa.

"The Council is recognised beyond its borders for its cultural activities, and the foreign community has shown itself to very active and I would like to highlight this and express my appreciation for their efforts.

"I would like to also stress the importance of the Fair as it has assisted in promoting the Fatacil fairground", added Dr José Inácio.

The recently completed Belavista sports park was referred to proudly by the Mayor, explaining that the floodlit grass football pitch and the athletics track surrounding it is only the second of its kind west of Faro, stated "We will be working with hotels to make the best possible use of the facility" by promoting its use abroad to athletes seeking a venue to train in the off-season boasting not only good weather, but world-class facilities.

As for the Marinain Ferragudo, the Mayor said work "is proceeding at a good pace", stressing "It is fundamental to the upgrading of the area between Parchal and Ferragudo".

He clarified: "It will renovate

all those abandoned areas along the river between Ferragudo and Parchal, while also boosting the local economy in terms of job creation and tourism."

"The old factories along the river will be rebuilt and converted into four-star apart-hotels", he adds, continuing, "One will be located in Parchal, with a marina similar to Boca do Rio, and another further upstream with a nautical leisure centre and an apart-hotels."

Two luxury five-star hotels have also been approved for the eastern side of the council, in Benagil and Caramujeira.

"Another golf course is planned for Lagoa, by a new group, which is Portuguese but using an international brand, which I cannot reveal just yet, but it will be complete in about two years."

"An additional six-hundred beds have also been approved for Lagoa, but the location has yet to be decided, while permission has been granted for the building of a 100-bed unit in Estômbar", he says.

But is there a demand for all this accommodation? Irrespective of the current crisis, it will mean that Lagoa's hotel bed occupancy will have risen by 8,000 by 2013. Lagoa currently boasts

the fourth highest number of hotel beds in the Algarve.

"There will be a demand", the Mayor says confidently. "We have to keep our focus on quality and often people make the mistake of saying Vila Vita or Vila Lara are located in neighbouring councils and the same can be said of the future marina at Ferragudo", stressing that as long as Lagoa can offer high levels of quality, there will be enough tourists to fill the ever increasing number of hotels in the region.

Regarding the road works currently underway in Carvoeiro, the Mayor is confident that all current work will be concluded by the end of June.

However, more upheaval has been earmarked and soon work on an underground car park will commence at the actual site of the local sports centre (Polidesportivo).

The existing structure will be demolished, though a new improved venue will be built once the underground car park has been completed.

Further improvements to infrastructures will come by way of a new municipal pool, "Permitting competitive swimming and water polo and will be built at the back of the Arade Pavilion between Parchal and Ferragudo."

As for the seemingly incessant building of new supermarkets and shopping centres across the Algarve, the Lagoa Mayor admits that the City has not seen the last of such venues.

"One or two supermarkets will be built in the vicinity of the Fatacil fairground. We have to be capable of answering the demands of the residents and those who visit us", he justifies, adding: "We should not lose out to other councils."

As for the crisis and how it is affecting the council's coffers, it seems that the City has been hit hard by a drop in real estate sales, which has inevitably resulted in a reduction in revenue the council obtains from property transfer taxes such as IMT.

"We are losing an average of between 40 and 50 percent in IMT, though some months have been far worse", he admits. "However, we are amongst the best payers in the country. No projects have been cancelled, but many have been postponed", he explains.

Questioned over the usual increase in summer traffic and the re-opening of the old bridge linking Ferragudo/Parchal with Portimão, Dr Inácio pledges: "The old bridge will definitely be opening on July 15th according to information we have. It is vital to the well-being of the residents of Lagoa that the bridge re-opens as many people work across the river and vice-versa."

"But the works had to be undertaken. Building a third bridge would have provided some problems as further south we have the port and further north it would almost have been on top of the EN 125 bridge".

Continuing on the topic of roads, the Mayor is a staunch backer of a toll-free A22-Via do Infante motorway – despite the multi-million euro refurbishment of the EN125 'alternative'.

"I am of the opinion that the

A22-Via do Infante should not have tolls. I always stood against the charging of tolls on this route, even when the Government calling for such a move was the same party as mine (PSD).

"Even with the renovation of the EN125, and with more than a hundred roundabouts being built and with the EN125 still moving through urban areas, there is no way that the EN125 can be seen as an alternative to the A22 motorway.

"As long as there is no viable alternative to the A22, no tolls can be charged on the motorway. For all necessary purposes, the EN125 is no more than a street".

As for the opposition in the Council, the Mayor states: "Overall, the relationship between the ruling party in the Council and the opposition has been relatively healthy, and very often, we have had proposals being voted through unanimously."

Are you confident of being re-elected for a third time running, especially after losing a number of votes to the opposition Socialists at the last elections? "I am confident I will be re-elected. I still have tasks to complete. I think what we have achieved in the past mandate is there for all to see."

Why live in Lagoa? Since the time of the late Mayor Jacinto Correia, we defined the motto that Lagoa is a council that should be known for quality and harmony. We aim to provide quality of living and this can be seen through our work in improving public services. We seek to have urban areas with open spaces, allowing people room to feel free and co-exist peacefully with their neighbours and their surroundings. But we still have much work to do and it is a constant effort, my work is never done."

Brendan de Beer

Algarve Blessing

All Saint's Anglican Church can arrange your Wedding or Marriage Blessing in a superb, if not idyllic setting. We also have special arrangements with a Wedding Planner who can offer superb locations for your Wedding or Blessing Ceremony and celebration, which include a beach setting, beautiful gardens (weather permitting), a Pavilion or Marquee for larger groups. Plus other arrangements including transport, accommodation, catering, photography.

For more information please call
351 282 380 311
or go to
www.allsaintsalgarve.org

ANGELICAN CHURCH

Portugal no longer attracting immigrants

Below: A SEF post which was opened in Reboleiro in February 2008. (Photo: Lusa/Inácio Rosa)

A number of immigration specialists have warned that Portugal is fast losing its immigrant population, and if it cannot keep hold of the foreigners it has, as well as attracting new ones, then the country will be left aged and poorer. Estimates earlier this year indicated that Portugal will have lost a quarter of its population by the year 2050.

Specialists have also started calling for urgent action to avoid xenophobic reactions that are a common occurrence during times of crisis. At present, immigrants make up six percent of the Gross Domestic Product (GDP).

In 2007 they were responsible for 9.7 percent of births in this country. And a recent study by the National Statistics Institute (INE) has calculated that, without immigrants, by 2060 the Portuguese population would fall to 8.2 million inhabitants, which would mean the end of the sustainability of the country's Social Security system.

Even though the recent phenomenon is not yet being reflected in national statistics, in two of three years, if the situation is not reversed, the effects will be felt. This is mainly due to the fact that when immigrants leave the country they do not forewarn governmental agencies, like the Social Security.

It is mainly within the Ukrainian community that the biggest shift is being seen, with large numbers of immigrants returning to their homeland, this situation is further exacerbated by a slowing in the number of Eastern Europeans entering the country.

In 2006 the number of Ukrainians that were legalized in Portugal was of around 41,530. In 2007 that number dropped to 39,480. Figures for 2008 are not yet known, though a further decrease is expected.

A new trend has emerged where these citizens are now opting to emigrate to countries such as the Czech Republic or Poland, Eastern European countries that are close to the European Union and which continue

to flourish economically. Others are opting to work in Spain but returning to Portugal to renew their paperwork.

An exodus has also been occurring amongst Brazilian immigrants, who once made up Portugal's largest foreign community. In 2007 there were 66,354 legalized Brazilians living and working in Portugal. And despite the minimum salary in Portugal still being three times that in Brazil, an increasing number of Brazilians are choosing to return to their homeland and less are entering Portugal.

Not including illegal immigrants, at the end of 2007 420,189 foreigners were legalized in Portugal, which according to the Immigration Office, SEF made up five percent of the country's total population and eight percent of all workers.

Mainly thanks to immigrants, in the 12 months between 2006 and 2007 the Portuguese population grew by 18,500 people, and between 2002 and 2007 it increased dramatically by 270,000, of which immigrants were responsible for 91 percent.

In 2007 foreign women were responsible for 9.7 percent of births that year in this country, the majority of which occurred in the Algarve, and 11.8 percent of all newborns had a foreign father.

However, the crisis appears to be taking its toll on foreigners in Portugal, some of whom are unable to pay their own way back to their homelands and have to turn to official organizations for assistance. Over the first five months of this year 571 immigrants turned to the International Organization for Migration (OIM) for help leaving Portugal.

In 2008 the organization financially helped 347 stranded immigrants return to their countries of origin, though this number was far exceeded during the first five months of 2009.

A OIM spokesperson said that the average number of enquiries for assistance has risen from 30 to 35 last year, to around 90, as of January this year.



Wherever you have a family get together

AXA PPP healthcare is right there with you

When you're living, working, travelling or retired away from home you deserve quality healthcare insurance from a well grounded company that really knows their way around the world of healthcare cover!

AXA PPP healthcare has an International Health Plan to suit most needs. Join us and you can rely on quick, easy access to private medical treatment; a choice of hospitals; emergency evacuation or repatriation; plus an English-speaking health information line that's on call for you around-the-clock.

Wherever you live in Portugal. Enjoy the worldwide reassurance of great British healthcare cover – join us now and we'll give you up to two months' cover free

Call +44(0)1892 708077 quoting reference PN2009 or visit www.axapphealthcare.co.uk/algarve

All claims will be assessed against the terms and conditions of the chosen product and any individual exclusions placed on your policy at joining.



Authorised and regulated by the Financial Services Authority. © AXA PPP healthcare 2009
Lines are open from 8am to 8pm Monday to Friday and 9am to 1pm Saturday (UK time). Calls may be recorded.

CASH & CARRY OPEN TO THE PUBLIC

THE BIGGEST Meat Wholesaler in the Algarve

NEW PORTIMÃO OUTLET

Trained in South Africa and England

Boerewors
Chilli Bites
Biltong
Beef Olives
Lamb Shanks
Gamon Steaks
Matured Beef
Pork Loin with Crackling
English Sausages
Ox-tail

2 PROMOTIONAL SPECIALS EVERY WEEK

Open Monday - Friday
8am - 1.30pm & 2.30pm - 7pm
Closed Saturdays, Sundays & Public Holidays

Largo Gil Eanes - Bloco A - r/c - Portimão
(Near Portimão railway station)
Tel: 282 410 590 H/O N°: 289 583 070
Lisbon: 211 550 712

ANDIFER

NOW ALSO IN LISBON

Feeding Somalia while fighting starving pirates



Reporting from Nairobi, Kenya this week for **The Portugal News** is Reuters writer Alison Bevege, who has joined the crew of the Portuguese warship NRP Corte-Real in the Gulf of Aden (also see **The Portugal News** April 18 and May 2) in their hunt for pirates in what is the most dangerous sea passage in the world and from where almost five hundred people have been taken hostage by Somali pirates.

When Portuguese commando Ricardo Bolinhas stormed aboard a pirate mothership in the Gulf of Aden, he was surprised to see how skinny the bandits were.

"They were kind of weak. They were very thin. They didn't look very strong," he said of the 19 Somali pirates he had just caught.

As the troubled state on the horn of Africa spirals further into chaos, the people are hungry - including, seemingly, those who attack ships in the world's most dangerous waterway.

Despite their slight frames, the pirates were armed and dangerous. Equipped with AK-47s, rocket propelled grenades and - for the first time - high explosives, they had tried to hijack a Norwegian crude oil tanker.

Bolinhas, a muscley special-forces marine from Lisbon, was one of those risking lives capturing the pirate ship after NATO's Portuguese warship Corte-Real hunted the would-be bandits down.

After a dramatic three-hour helicopter chase of the pirate skiff to its mothership the pirates were captured in a stealth attack.

"It was a very dark night and we were suspicious they were carrying weapons," said Bolinhas, 27, part of the team of crack commandos who crept up on the pirates in a military speedboat.

"We boarded the boat very fast so they didn't see us. They were occupied with the helicopter (circling above). We came up alongside and boarded in the dark."

The marines clambered into the dhow and handcuffed seven men on the deck. Then they stormed the bridge.

"We saw two pirates with AK-47s and we had to take their guns from them," Bolinhas said. "When we saw those we got worried."

To the relief of all, the stand-off was resolved peacefully.

"We shouted at them to put their weapons on the floor and

they did.

Then we took their guns and handcuffed them."

After being disarmed the pirates were released, on the direction of authorities in Lisbon.

Two weeks later, and sweating in the heat of a Somali morning, NATO Rear Admiral Jose Domingos Pereira da Cunha gazed over the 100mm artillery guns of the same warship.

He was watching food aid being unloaded onto a Berbera dock.

With a decisive grunt, he smiled.

"I am pleased to ensure that the people of Somalia receive the food and supplies they so urgently need," he said before retiring to the air-conditioned chill of his office, honeycombed deep within the ship's metal belly.

The escort frigate had shepherded the UN World Food Program vessel MV Fidel on a four-day journey from Sudan to the Somali port as it carried a life-sustaining cargo of wheat through the pirate-infested waters of the Gulf of Aden.

The 23,900-tonne shipment was enough to feed 1.43 million people for a month according to the food aid organisation, and it arrived earlier this month amid aid agency warnings that Somalia's humanitarian emergency was being severely aggravated by the worst outbreak of fighting in Mogadishu seen for months.

In the last three weeks, clashes between militant al Shabaab fighters and pro-government



Portuguese marines arresting the pirates on May 1 aboard their dhow. (Photo: Courtesy NATO)

forces have killed hundreds of civilians in the capital, Mogadishu, and sent more than 50,000 others fleeing according to news reports.

The UN World Food Program estimates that 3.2 million Somalis need food aid.

Without it, thousands would starve to death and refugee numbers would escalate said Peter Goossens, director of the program's Somalia operations.

"Without the food aid there would be a significant increase in the outflow of refugees into Kenya, Ethiopia, Yemen and Djibouti," he said. "But only the ones who can pay for it will leave - it is not cheap to leave as a refugee. My own estimate would be that half of those people forced to stay would find themselves in serious trouble."

The UN World Food Program gives food assistance to about 2.2

million Somalis per month, he said. "But 95 percent or more of that food comes by sea," he said.

The recent explosion of pirate attacks would have cut off an important source of food for millions of people without the military escorts, Goossens said.

The International Maritime Bureau reports that more ships have been attacked so far in 2009 than in the whole of 2008.

So far this year there have been 125 reported attacks compared with 111 in total during 2008, the Bureau said on Tuesday. But fewer of those attacks have been successful: in 2009 there were 29 successful hijackings compared with 42 last year.

A total of 478 hostages have been taken this year compared with 815 last year. At least 14 ships and about 214 sailors are now being held hostage, according to the Bureau.

Military forces have had to guard World Food Program aid shipments since October 2007.

The European Union's Operation Atalanta now provides the warships but NATO steps into the breach when Atalanta has no ships available, Goossens said.

NATO has sent four patrolling warships to the Gulf of Aden under Operation Allied Protector to conduct anti-piracy tasks as needed, whether it be escorting high risk vessels through the shipping lane, chasing down pirates or guarding aid shipments.

Many of those aboard would like to return home, but they know there can be no end to their patrols at sea without a solution on land.

And after the recent outbreak of violence, that looks more unattainable than ever.

Alison Bevege

Warehouse
Clearance
ends 30/06/09

Don't miss this
opportunity!
Unbelievable
prices



We have a full range of high quality outdoor all-weather furniture which we are selling at unbelievable prices.

Come see us Mon-Fri 9.00-13.00 & 14.30-18.30 & Saturday 9.00 - 13.00 in Parque Industrial do Rogel - Alcantarilha (behind Macoter & Bricomania).

If you're coming on the A22, take exit nº 7, turn left onto the EN125 direction Albufeira and after 400m you'll see our sign on the right hand side. You can call us on 282 322807 or 917228401



DELUXE UMBRELLAS



EXCLUSIVE GARDEN FURNITURE



GAS BBQs & SKOTTEL BRAAI



Portuguese commando Ricardo Bolinhas, 27, of Lisbon, stands guard over UN World Food Program ship MV Fidel as it travels to Berbera to deliver grain to starving Somalis on Thursday May 1. (Photo: Courtesy NATO/Carlos Dias)

Portuguese women get hotter, quicker



A recent study carried out on the extreme effects of climate change in Portugal and Spain has discovered that Portuguese women are less resistant to rises in heat than their Spanish counterparts.

It was also calculated that heatwaves in Lisbon were more deadly than in Madrid.

For four years a team of climate and health specialists from Portugal and Spain, has been studying the extreme effects of global warming on health.

Led by climate change expert Filipe Duarte Santos, the team has been assessing the effects of events such as heatwaves, cold snaps, downpours and droughts have been having on human health; phenomenon's that are expected

to become increasingly frequent.

The worst heatwave to date, in 2003, killed some 40,000 people throughout Europe and 2,000 people in Portugal, as well as causing the largest amount of land to burn in this country. That year, in one week, around 220,000 hectares of land was set alight.

Filipe Duarte Santos told the Lusa News Agency that the team has also calculated that the deadly temperatures vary from region to region.

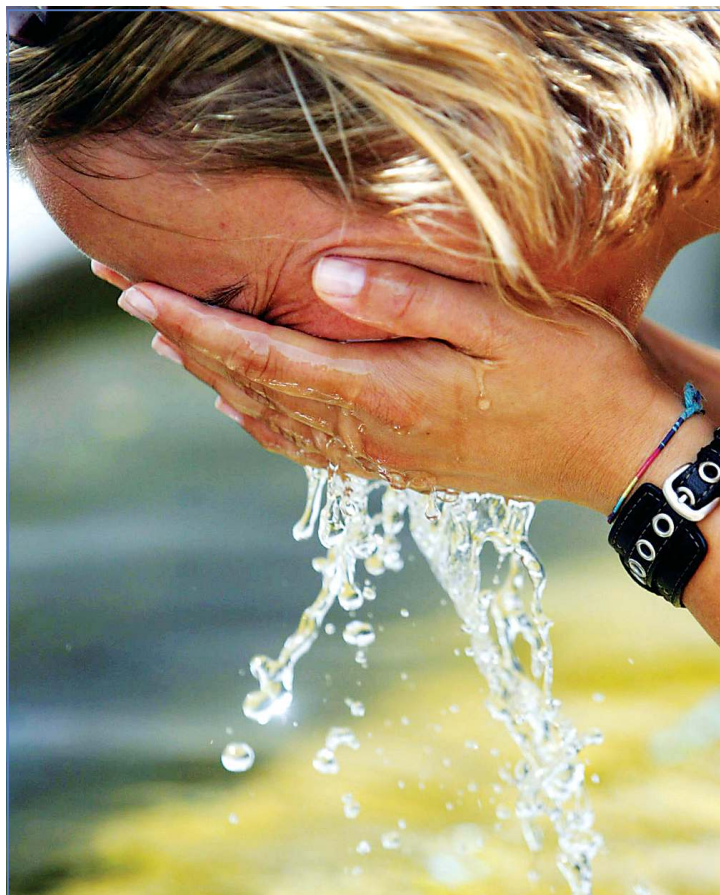
"While in Madrid the death-

rate soared following temperatures of 36.4 degrees, in Portugal heat-related deaths started at 33.5 degrees", he said.

The investigation further revealed that in Madrid people are more resistant to heatwaves than people living in Lisbon and that a one-degree variation in temperature in both cities affected each one differently, causing deaths to rise by 21.5 percent in Spain and 31.3 percent in Portugal.

"The reasons for a higher mortality rate in Portugal must be social and economical, like the cooling and heating of properties, which in Spain is better", said Filipe Duarte Santos.

The study concluded that throughout the Iberian Peninsula it was the elderly that most suffered in the heat, but in Portugal women were more affected than men, as more women (particularly those aged over 75) died during heatwaves.



A woman rinses her face under a fountain to cool off during a 40° heatwave in Elvas in 2006. (Photo: Lusa / Nuno Veiga)

Half of Portuguese are overweight

Since 2004 around 9,000 Portuguese have died from weight-related issues, issues that nearly five million overweight people in this country suffer from, according to the Association for Obesity Sufferers and Ex-Obese People in Portugal ADEOX.

Speaking earlier this week for Portugal's National Day Against Obesity, Carlos Oliveira, President of ADEOX, said the Association was not commemorating the day, but was "grieving for the nine thousand or so obesity-sufferers that have died since 2004 and for those who continue to die while waiting on consultation lists and on waiting lists for surgery to treat obesity".

According to Carlos Oliveira more than 2,000 people are currently waiting for obesity-related surgical interventions and another 1,000 or so have been waiting for an initial consultation

via the National Health Service for more than two years.

"Every year around 1,500 people die from obesity-related complications that could have been avoided", he said.

The most recent study carried out in Portugal to assess the incidence of obesity in this country calculated that more than half of the population is overweight, and of those, 14.2 percent are obese.

The World Health Organisation has described obesity as 'the epidemic of the 21st century'; a chronic disease that constitutes one of the most worrying issues of public health that Portugal currently faces.

In Portugal the majority of overweight citizens are children and youths. Thirty-one percent of the country's children, through from primary school age to teenagers, are overweight, 10 percent of these being obese.

Portugal condemns North Korea nuclear test

Portugal's Government added its voice to global outrage at North Korea's announcement that it has successfully carried out a second and apparently bigger nuclear test.

A Lisbon Foreign Ministry statement said Portugal stands firmly behind an EU condemnation of the test, which shows "an unacceptable attitude and disrespect for the relevant UN Security Council resolutions" and also "compromises regional stability" to "constitute a dangerous threat to international peace and security."

The official Lisbon statement urged Pyongyang to desist from further nuclear tests and return to six-party talks on its nuclear programme and meet its commitments to the treaty on non-proliferation.

TPN/Lusa

Young Portuguese film maker wins Cannes' Golden Palm

A surprised João Salaviza has won the Cannes Film Festival's coveted Golden Palm award for his maiden short-subject film 'Arena'.

"It's always good to have one's work recognised, especially when I'm so young and this being my first short-subject since university", the debuting 25-year-old Portu-

guese film director told the Lusa News Agency on Sunday after winning the prestigious prize in Cannes.

"I wasn't expecting it", Salaviza said by telephone, adding that it had already been a "great joy" having 'Arena' selected as one of the nine short-subjects in the competition out of a total 3,600 candidates.

He said his film still did not have a distributor, but that he hoped the Golden Palm award would attract attention.

"I count on the Golden Palm to help call some attention to the quality of my film - and not only to mine, but to other Portuguese films that were also present in Cannes", he told Lusa.

MONTE'S
Family Dining - Coffee Lounge
Separate children's menu

10% Discount!
with this voucher.
1 per visit not per person

Located at Boavista Golf Resort, Lagos
Lunchtime Special 2 Courses €7.50

AVAILABLE FOR WEDDINGS AND PARTIES WITH NO VENUE COST.

Open Tuesday to Saturday for Lunch and Dinner
Now Open for Traditional Sunday Roast
Every Sunday 12.00 noon - 5.00 p.m. €10.50 and children €5.50.
Free glass of champagne on arrival.

Telephone: 282 764 382 Website: www.montesrestaurantlagos.com

Boatshedalgarve.com
INTERNATIONAL YACHT BROKERS

Looking for a lifestyle change?
Contact us about becoming an agent...

Boatshed.com

T: +351 289 502 419
M: +351 914 738 251
boats@boatshedalgarve.com
www.boatshedalgarve.com

Deleme®
Janelas

Windows
Leader in Renewal

BE DEMANDING WITH YOUR COMFORT!!

COMFORT
SECURITY
THERMAL ISOLATION
ACOUSTIC ISOLATION

ALGARVE
Estrada de Albufeira
8125-406 Quarteira

PORTO • CANTANHEDE • LISBOA
geral@deleme-comercial.com
808 201 384 www.deleme.pt

289 362 259

Come to see us!
FREE QUOTES

International School São Lourenço – Nurturing academic excellence

Educational excellence is at the heart of the International School São Lourenço and it is the strong focus on improving not only the performances of all the children at the school, but also the teachers, that is pushing International School São Lourenço in Almancil, towards a stronger future.

Since taking up his position as Head Teacher in 2007, Terry McGuire has been developing the school, placing particular emphasis on the quality of the teachers. He has implemented assessment schemes and external audits for all teachers and this investment in the teachers not only benefits the children in the classrooms but also helps to foster a relationship of communication and trust between teachers and the school.

Teachers, who are UK trained and qualified, with the exception of the Portuguese teachers who are trained in universities here in Portugal benefit from professional development programmes, that assure the highest level of performance.

But assessment strategies are not only meant for teachers, but as well for pupils through CAT's (Cognitive Ability Tests) and on-going target setting and assessment procedures, which guarantee that their natural abilities are developed to full potential, through caring and personalised learning methods.

Also a priority for Terry McGuire is the integration within the Portuguese community and learning about the Portuguese language and culture.

He explained: "There is an opportunity for all pupils to become fluent in Portuguese while here and we think it is important that children become aware of the country that they are living in. Children receive daily Portuguese lessons at four varying levels from beginners to those at a first language level."

By catering towards all Portuguese language skill levels the school ensures that all pupils are challenged at the correct level. Children from a Portuguese speaking family will have very different teaching requirements to those who have no experience of the language, however all children have the opportunity to improve and progress in this essential subject.

Meanwhile, it is a time of celebration at the International School São Lourenço, as staff, pupils and parents join to mark 30 years of educational excellence. However, instead of being content with current and former achievements at the school, a five million euro investment has been made to launch it into its next era of success.

There are already many modern facilities at the International School São Lourenço, including interactive whiteboards while plans for high tech classrooms in the new school facility show how although every-

one embraces the importance of a thirty year history, plans and improvements are constantly being made to secure the future for the children.

The strong focus on the importance of providing children with access to high-tech educational facilities is demonstrated by the recent purchase of several interactive whiteboards which are currently in place in the school.

There are ten interactive whiteboards at the school, used in all areas of teaching but especially in the fields of languages and science.

Interactive whiteboards help both children and teachers in the classroom and research has proven that pupils using the boards learn faster and more easily than those using a traditional board.

Students are able to interact with the whiteboards, empowering the pupils to take control of their own learning experience as they browse websites, play games and create videos on these versatile teaching aids.

One of the most important benefits of the whiteboards is the element of fun that they bring to the classroom. Teachers are able to plan and deliver lessons using fresh and new methods while students are able to grasp themes and concepts in a more interesting and visually appealing way.

After seeing the enormous educational benefits to the children using the interactive boards it was decided that every classroom will have one installed allowing all subjects to be taught using this high-tech teaching aid in the new school.

Staff, pupils and parents are constantly working to create a fresh, new and inspiring environment for everyone at the school. A child at the International School São Lourenço not only benefits from the motivated, professional, yet friendly environment provided by the qualified staff, they are also able to take advantage of teaching facilities and resources of the highest existing standards.



The importance of a pupil at the International School São Lourenço does not stop at 16 or even 18. Staff at the school understand the importance of further education and offer a diverse choice of A-Level options to all students with examinations being taken through the Cambridge and Edexcel Examination boards, like all the best international schools around the world.

By creating a high achieving sixth form the school is able to boast that more than 80 per cent of their pupils applying for university are accepted into the higher educational facility of their first choice, demonstrating the success of the sixth form at the school.

Staff are able to guide students along the path of higher education and provide direct access to the very best UK, international and Portuguese universities creating a path towards a successful future for every pupil.

Head teacher, Terry McGuire, sees the new building and technology within it as just one of the steps towards creating a stimulating and high quality educational environment. Since assuming his role he has been knocking down proverbial walls of his own, strengthening parental involvement, creating links with the local community and promoting continuous assessments of staff and pupils to build on the strong foundations already found at the school.

"There is a certain momentum to be found here now, you can almost feel the ground move beneath your feet as we move forward," said Terry McGuire, and it is this momentum that will see the International School São Lourenço progress to its next period of educational excellence.



EDUCATIONAL EXCELLENCE



INTERACTIVE WHITEBOARDS



MODERN SCIENCES



International School São Lourenço Almancil

EDUCATIONAL EXCELLENCE FOR A STRONG FUTURE

Pupils from Ages 3-18
Standards of National Curriculum for England
GCSE/IGCSE & A Levels by Cambridge & Edexcel Examination Board

Pupils

- On-going Assessments & Target Setting Procedures according to National Curriculum of England
- Broad spectrum of A-Level subjects: Sciences, ICT & Modern Foreign Languages
- Careers Education & Guidance Programme
- Learning support for Special Educational Needs
- Exceptional Performing Arts Programme

Teachers

- UK Trained and Qualified Teachers
- Teacher Professional Development Programme
- Teaching Appraisal System

Portuguese

- Special emphasis placed on learning of Portuguese for Beginner, Intermediate, Advanced and **FIRST LANGUAGE**
- Qualified Portuguese Language & Culture Teachers

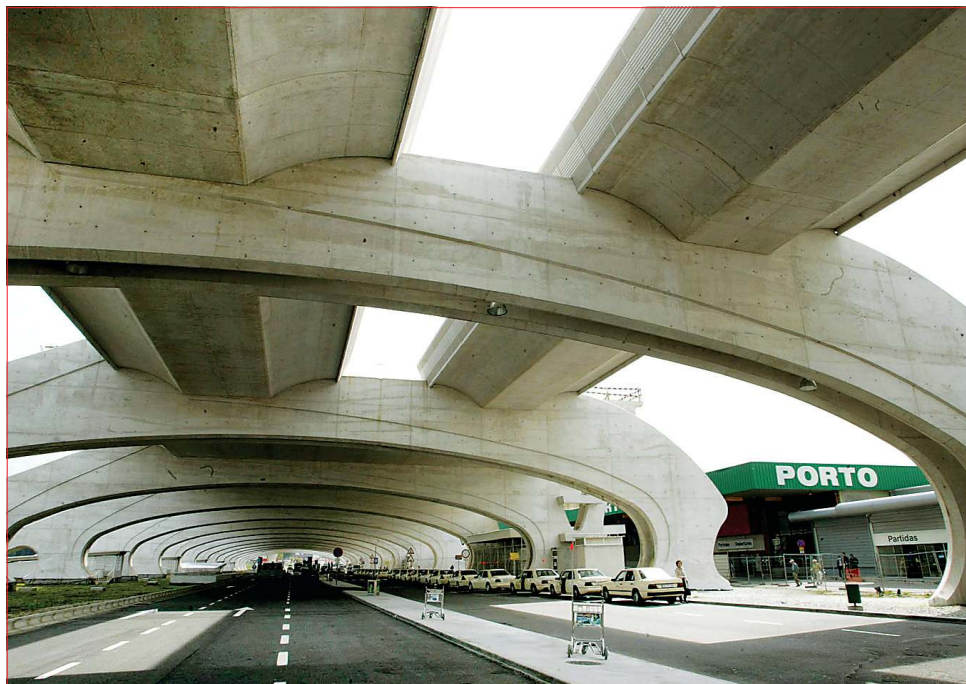
Extra Curricular Activities including

- Art clubs, Music, Sports, Duke of Edinburgh Award, Field Trips & Visits

CELEBRATING
30
YEARS
1979 - 2009

Tel: 289 398 328 • www.algarveschool.com

Airport figures picking up



Exterior view of the Sá Carneiro Airport in Oporto. (Photo: Lusa / Estela Silva)



Passenger traffic through Portuguese airports grew by 7.6 percent in the month of April this year, in comparison to the same month of the previous year, but is still not enough to make up for losses that have accumulated since the beginning of this year.

According to figures from ANA – Airports of Portugal, 2.1 million travellers passed through Portugal's airports during the month of April this year, in comparison to the 1.9 million in April 2008.

Lisbon Airport's passenger frequency increased by 10.3 percent, Oporto Airport's by 8.6 percent, and in the Azores passenger figures grew by 13 percent.

Overall though, total figures for January to April saw a global

fall in passenger figures of 5.9 percent, when compared to the same period of 2008.

During the first four months of 2009 6.4 million passengers arrived at or departed from a national airport, in comparison to the 6.79 million during the same period of last year.

Faro Airport suffered a loss of 1.6 percent in figures this year, mainly due to the weak British market, which is the main contributor to that airport's passenger figures.

EU Blue Card for highly-skilled foreign workers

The European Council this week adopted a directive aimed at facilitating conditions of entry and residence in the EU of third-country citizens for the purpose of highly qualified employment.

The directive is aimed at establishing more attractive conditions for third-country workers to take up highly qualified employment in the member states of the Union, by creating a fast-track procedure for issuing a special residence and work permit called the 'EU Blue Card'.

The Blue Card will facilitate access to the labour market for the holders and will entitle them to a series of socio-economic rights and favourable conditions for family re-unification and movement across the EU.

The period of validity of the EU Blue Card will be between one and four years, with the possibility of renewal. A Blue Card may also be issued or renewed for shorter periods in order to cover a work contract period plus three months.

After eighteen months of legal residence in the first member

state the EU Blue Card holder, and his family members may move, under certain conditions, to a member state other than the first member state for the purpose of highly qualified employment.

Under the rules set by the directive, EU Blue Card holders will be entitled to equal treatment as that of nationals of the member state issuing the Blue Card, as regards: working conditions, including pay and dismissal; freedom of association; education, training and recognition of qualifications; a number of provisions in national law regarding social security and pensions; access to goods and services, including procedures for obtaining housing, information and counseling services; and free access to the entire territory of the member state concerned within the limits provided for by national law.

Following its publication in the Official Journal of the EU, the member states will have two years to incorporate the new provisions into their domestic legislation.

Low salaries force thousands to take second jobs

Hundreds of thousands of Portuguese workers have been forced to take on a second job as one pay cheque is not sufficient to cover expenses, according to the National Institute for Statistics (INE).

Portugal at your fingertips!

Portugal-info has been active since 1997 and is a unique network where browsers can find everything they need to know about Portugal. The answers to discount hotel rates, property for sale, and cheap cars for rent. Comprehensive sites provide essential information in English on subjects such as the Algarve, Golf and Property. Portugal-info is all about business. If you need new clients, you need to be included in the network. The figures speak for themselves:

Total Unique Visitors per site for 2009 - Jan to Apr:

| | |
|---------------------------|---------|
| www.portugal-info.net | 431,899 |
| www.algarve-info.com | 68,699 |
| www.algarvegolf.net | 74,053 |
| www.portugal-info.com | 28,922 |
| www.portugal-golf.info | 20,586 |
| www.property-algarve.net | 6,880 |
| www.portugal-rentals.net | 4,163 |
| www.portugal-rentacar.net | 3,566 |
| www.portugal.bz | 8,109 |

which represents a total of 646,877 Visitors interested in Portugal so far this year

Find out how little it costs to buy so much exposure
Contact us at info@portugal-info.net or 282 423 770
Also see details by visiting www.algarve.ws



informing the world about Portugal

An estimated 326,000 Portuguese have no other alternative but to work two separate jobs to make up for the low salaries paid in this country.

One third of all employees (an estimated one and a half million people) will not earn more than €600 at the end of the month, and only a few (another one million workers) will make up to €900 per month.

There are more people earning wages of less than €310 per month than there are people earning between €1,800 - €2,500, which could explain the number of people having to work two part-time jobs. The only explanation specialists so far have come up with to justify this situation is 'poor salaries', which force people to find multiple employment.

According to economics professor João Ferreira do Amaral, Portuguese families are the second most indebted in Europe, even though some 900,000 people in this country work far more hours than the 40-hour weekly maximum established by law.

The majority of people with two jobs work primarily in agriculture or fisheries and use their surplus time in part-time employment in such as restaurants, hotels, security or night-guards.

Portuguese EDP subsidiary gets €500m loan for new Ceara power plant

Energias do Brasil, a subsidiary of Portuguese utility EDP, has received €500 million in financing from Brazilian bank BNDES to complete construction of the 720 MW thermoelectric plant in the northeastern state of Ceara.

The company announced approval of the 17-year loan in São

Paulo, the Lusa News Agency reported.

Construction of the Porto de Pacem I plant, owned in equal parts by Energias do Brasil and MPX Energia, began last July with commercial operations scheduled to start in January 2012.

Fuel consumption falling

Fuel consumption in February fell by 3.7 percent despite significant reductions in prices over the past few months.

According to figures from the General Board of Energy and Geology unleaded petrol sales registered the biggest losses, of 25 percent concern-

ing unleaded 98 and 3.5 percent for unleaded 95.

Petrol with additives is practically no longer used in Portugal, and diesel suffered a 2.9 percent decrease in consumption for the fifth consecutive month.

The economic crisis has forced families to make savings

by cutting back on unnecessary expenditures. As a result many families have traded in cars for other modes of transport, which along with cheaper fuel prices in neighbouring Spain, has resulted in a fall in fuel consumption in Portugal.

Hundreds fired on a daily basis as unemployment reaches all-time high



Since January this year 58,477 people have signed on at job centers across Portugal after losing their jobs due to the recession, the highest number in 35 years and comparable only in part with the recession of 2003.

Employment in Portugal at the moment is, at best, precarious, even those with permanent places on company boards fear the worst.

According to the National Job Institute (IEFP) there has been a

65 percent increase in the number of people registering at the Institute since January this year and in comparison to the first five months of 2008. Of the 58,477 people who have signed on so far this year – the equivalent of 704



Unemployment has obliged Portuguese people to pick strawberries in the Algarve, a job which was previously assigned to the Morroccans. (Photo: Lusa / Luis Forra)

people being made unemployed each working day – 35 percent are first-timers.

In April this year an unprecedented number of people were made redundant, 13,494 in total, signed on in one month, making April 2009 the worst month since 2003.

Almost half of all unilateral sackings took place last month in Northern Portugal (11,500),

whereas Lisbon and Vale do Tejo saw the highest number of dismissals by 'mutual agreement'.

Unemployment in Portugal during the first quarter of this year reached a total of 8.9 percent, an estimated 495,800 people, 69,000 more than in the same period of last year. Since the be-

ginning of this year, the IEFP has found new jobs for 7 percent of the more than 250,000 newly jobless who enrolled.

However, in comparison to the last documented recession which occurred in 2003, this year's figures are 30 percent lower than six years ago even

though the current recession is more serious and internationally wider-spread. The pace at which people are being made redundant is comparable though.

In the meantime Brussels has warned that by next year the number of people unemployed in Portugal could reach 545,000.

Tax Returns... IMI Bills ...

Missed the Deadlines?

We will provide the settlement service and charge

NO OVERDUE TAX FEES*

* Terms and Conditions Apply

Compare our fees:

Fiscal Representation (per couple): 150,00 €

Tax Returns:

Rental Income (per property): 100,00 €

Capital Gains (per property): 250,00 €

IMI Bills Settlement (for Clients): FREE

(+ IVA / VAT)

taxangels
FINANCE & TAX EXPERTS
Vilamoura - Portugal

Tel: (+351) 289 380048
UK: 020 7193 0650
Rep. of Ireland: 01 443 4998
info@portugal-tax.com

www.portugal-tax.com

O'NEILLS
Mortgages

www.oneillsmortgages.com

PORTUGAL'S PREMIER INDEPENDENT MORTGAGE BROKERS

* **FREE Mortgage transfers.**

* **Interest only, Equity release, construction, offshore mortgages.**

* **Base rate + 0.75% spread**

eg: €200,000 = €341 per month (interest only)

* **We have special conditions with all the banks, so give us a call and beat the credit crunch blues.**

Base rate 1.3% for June

Edif. Vilamarina, Loja 49, Vilamoura, 8126-914
Tel: (+351) 289 301 866
Email: office@oneillsmortgages.com

Insurance
Mortgages
Investments

Simple solutions

www.pic-europe.com

www.insurance4portugal.com - www.mortgages4portugal.com

PROFESSIONAL INVESTMENT CONSULTANTS

Independent Brokers

Tel. +351 282 969 288

Bloco Maravista
Rua do Paraíso, 44-46
8400-518 - Lagoa
Carvoeiro

Industrial orders down

In March 2009, compared with February 2009, the Euro area (EA16) industrial new orders index fell by 0.8 percent. In February the index remained unchanged.

In the EU27 new orders declined by 0.7 percent in March 2009, after dropping by 1.2 percent in February. Excluding ships, railway and aerospace equipment, for which changes tend to be more volatile, industrial new orders decreased by 0.2 percent in the Euro area and by 0.1 percent in the EU27.

In March 2009 compared with March 2008, industrial new orders decreased by 26.9 percent in the Euro area and by 25.5 percent in the EU27. Total industry, excluding ships, railway and aerospace equipment dropped by 26.6 percent in the Euro area and by 24.9 percent in the EU27.

These estimates were released by Eurostat.



euroFINESCO s.a.

FISCAL & EXPATRIATE SERVICES

We are full service company, helping expatriates to make the most of their new life in Portugal since 1991. Whether it be meeting obligations in a new land, maximizing opportunities in a smooth transition from the past, or financial and estate planning for the future, euroFinesco is here to guide you, keep you compliant and prepare you to meet your goals.

TAX CONSULTANCY

FISCAL REPRESENTATION

NOMINEE COMPANIES FOR PORTUGUESE PROPERTY

CROSS BORDER ESTATE PLANNING

SMALL BUSINESS FORMATION

DOCUMENTATION

euroFINESCO s.a.

Rua do Sol, 4 ~ 8200-448 Guia

Tel: 289 561 333 ~ Fax: 289 562 061

info@eurofinesco.com

www.eurofinesco.com

Wolf Valley charity fund's presidential beard



Above: Brian Smith (a past photograph without a beard) and Rosemary Conley CBE.
Right: The Bearded Brian Smith



Just over 50 years ago a young bearded Brian Smith agreed with Rika, his wife to be, that he would shave off his beard before their marriage if she, in turn, agreed to traditional marriage vows. Apparently Rika agreed. Fast forward 50 years and Brian again grew a beard (perhaps Rika had not kept all those vows). Two Wolf Valley Charity Fund committee members, Margaret Rumgay and Wendy Bent, suggested to Brian, the President of the Wolf Valley Charity Fund (WVCF), that he have his beard shaved off for the benefit of the charity. The volunteer beard shaver is Peter Dellicompagni and the ceremony will take place at 3.00pm opposite Spikes in Vale do Lobo. So far the 'Beard Fund' has collected over €800 for the WVCF. Peter Dellicompagni is the chairman of the Francesco Group who operates hair dressing salons and academies in the Midlands and South of England.

No doubt watching the beard shaving ceremony will be Rosemary Conley CBE. Brian Smith was a non-executive director of Rosemary Conley Diet & Fitness Clubs for 17 years. Rosemary, the well known diet and fitness guru,



From left to right: Armando Rocha (UNIR); Olinda Ribeiro (artist) and Edda Lungershausen (Wolf valley charity committee)

has kindly agreed to be the auctioneer at the Gala Dinner.

Paintings

A number of paintings have been donated to the WVCF for the auction or raffle. These include paintings by UNIR's Olinda Ribeiro, Aderita Silva, Katrina Rose and Valerie Londot. Almancil artist Aderita very kindly donated one of her paintings last year which was sold at the auction.

Wolf valley charity day at Vale do Lobo

The Wolf Valley Charity Fund's 10th Annual Charity Day takes place at Vale do Lobo this Saturday May 30th and is open to everyone.

The Charity Day events will include a golf tournament on the Royal and Ocean Courses (Four Ball Better Ball Stableford – teams of two – partners can be arranged); tombola; a raffle with excellent prizes; two different wine tastings and a book stall. In the evening there will be pre-dinner drinks followed by a gala dinner / dance at the Vale do Lobo auditorium with catering by the Dona Filipa Hotel. Drawing for the raffle prizes and an auction will take place during the dinner. Prices for the Golf and Dinner are €125; for Golf only €60 and Dinner/Dance only €65. The prices for the Golf and Dinner, and Golf only, include a voucher for €5 that can be spent at Spikes.

There are still a few places left for golfers and diners. For more details about the Wolf Valley Charity Day and to make golf and dinner bookings contact Vale do Lobo reception at 289353322 or 289353465, Nevada Bob's Golf at 289398436 or Brian Smith at 289394716. Donations (cheques can be made out to the Wolf Valley Charity Fund) will be gratefully received.

Obituary: Ludolf Martin van Haasteren

After a short illness, Ludolf passed away peacefully in the Curry Cabral Hospital in Lisbon on the 29th April 2009 at the age of 63 years.

He was cremated in Lisbon on 2nd May 2009. His ashes will be blessed at a Thanksgiving Service held in St Vincent's Anglican Church in Luz on 16th June 2009 at 14:00 hours.

Ludolf and his wife, Margaret, came to live in the Algarve 16 years ago, when Ludolf started to do the thing he always wanted to do – farming. However, in 2005 he suffered 2 strokes and was not



able to carry on. After many years of physiotherapy and a strong determination, he was able to walk unaided for a short distance. He loved to swim and his passion was horse riding.

His ashes will be scattered on the grave of his dog, Rex.

May they rest in peace.

Obituary: Remembering Jimmy Currie

Talented musician, true gentleman and Algarve resident, Jimmy Currie died on May 12th.

Originally from Edinburgh, his remarkable musical career began as a guitarist in London in the 1950's. Playing in jazz clubs like No.1 Baker Street and Ronnie Scott's, he went on to perform with Lonnie Donegan, George Melly, The 3 Monarchs and Val Doonican. He toured North America and South Africa with stars such as Shirley Bassey, Acker Bilk and Judy Garland and on three occasions played at the Royal Command Performance.

For three consecutive years the New Musical Express acclaimed him as the UK's top guitarist and as a composer he had chart topping success

with 'Jack of Diamonds', 'I'm just a Rolling Stone' and the Tom Jones hit, 'Never Gonna Fall in Love Again', later recorded by Elvis Presley.

Jimmy and his wife Maria first came to the Algarve in the 1980's and eventually bought a permanent home here. They continued to keep in touch with their musical contacts in the UK encouraging friends such as Acker Bilk and Ronnie Scott to play with Jimmy at Algarve night spots.

In the year 2000 he returned by invitation to Scotland to appear at the Edinburgh Festival. More recently his performances have been enjoyed backing the talented Portuguese singer, Manuela Lopes.

Although Jimmy's career was impressive those who knew him well will best recall his warm per-



sonality and sense of humour. A great listener and conversationalist he was modest about his own achievements and never lost sight of his personal and professional good fortune.

He will be greatly missed by Maria and their son, Scott.

Don't miss a visit to the FARO JEWISH HERITAGE CENTRE Synagogue Museum

The only remaining vestige of the 1st post inquisition Jewish Presence in Portugal
Open Weekdays 9h30 – 12h30 & 14h00 – 17h00

Tel: FJHC: 289 829 525 • Sr. António (Guide): 925 071 509
Ralf: 968 440 414 • email: Ralf.Pinto@sapo.pt
www.farojewishheritagecentre.org/

GOLD SILVER JEWELLERY BUYING ANY CONDITION

Coins • Watches in gold & silver • Old oil paintings
TOP PRICES PAID
Honesty & Safety
English & Portuguese spoken
TM: 960 212 008 from 10am - 6pm

'BEST OF BRITISH' SUPERMARKET

Over 1,000 lines of products

THOMAS GREEN'S
OLHOS DE ÁGUA
ALBUFEIRA

TO LAUNCH OUR NEW CUSTOMER LOYALTY CARDS

We are pleased to offer cardholders an introductory discount of **10%** on all products until 31st May, as well as collecting redeemable points.

IF YOU HAV'NT REGISTERED YET VISIT THE STORE AS SOON AS POSSIBLE

Our BOOK EXCHANGE is now up and running!

Telephone: 289 541 119 • albufeira@thomasgreen.pt
www.thomasgreen.pt



THOMAS GREEN'S
"THE BEST OF BRITISH"

Open
Monday to Friday
10am to 7pm
Saturdays and Bank Holidays
10am to 5pm

Visit us at
Praça do Mercado,
Loja 12
Olhos de Água
(Close to the Municipal Market)

direct

gardeur

High quality clothing



SPRING SUMMER collection now in

One of the largest selections of **gardeur** ladies clothing in Europe, at unbeatable prices.

BIRKENSTOCK

shoes for men and women

Monday - Friday: 10am - 6pm
Saturdays: 10am - 4pm

Rua Direita, Praia da Luz (parking available behind the Store on Rua do Ramalhete) Call 282 788 630 or www.gardeurdirect.com

British tourist falls onto rocks on Albufeira beach

A 62 year old English tourist was taken to Faro Hospital on Monday after falling onto some rocks on a beach in Albufeira. She did not sustain any serious injuries but was treated for a concussion and lacerations to her shoulder.

The Maritime Police received an alert at 15h26 last Monday afternoon from the lifeguard on duty at Belharucas beach, in Albufeira. An English tourist, aged 62, fell from a height of two metres in the rocky area of the beach, whilst accompanied by her husband, sustaining a head

concussion, several cuts to her shoulder and injuries to her ankle.

An ambulance was called immediately to the location, which then took her to Faro Hospital, where she was taken to the Emergency Unit for examination. Fortunately no serious injuries were reported.

AAA talk 2nd June

Prof. John Bennet speaks at the Museum São Brás at 2.30pm and at the Convento de São José, Lagoa at 6.30 pm. Mycenaean Greece seen through the lens of Late Bronze Age Pylos, Messenia.

In these talks Prof. Bennet will explore the site of Pylos, examining the Late Bronze Age Society and compare it to palace life in the last year of

Bronze Age Pylos' existence.

A frequent speaker to the AAA. He completed his PhD at Cambridge University.

The lectures of the AAA are open to non members at a cost of €5. Please phone Maxine on 917 267 948 for further information. Should you wish to have lunch in São Brás prior to the meeting please phone.

Bathing season begins in Portimão

The Navy and the Coast Guard will be officially inaugurating the 2009 bathing season at Praia da Rocha on June 1st, at eleven o'clock.

This year, all of the beaches in Portimão Council, Praia da Rocha, Alvor, Três Castelos and Vau, are proudly raising the Blue Flag, a European symbol of environmental quality.

Praia da Rocha has also been awarded the 'Ambiente Praia' prize, which was given by Turismo de Portugal for the added value that renovations of the beachfront over the last couple of years have given the area.

When it comes to safety at the beaches, a partnership between Vodafone and the ISN (Sea Rescue Institute) will put into operation a national network of communication between lifeguards, watchtowers, jet skis, and other services. Twelve quad bikes will be avail-



Praia da Rocha has also been awarded the 'Ambiente Praia' prize by the Portuguese tourism board for the added value renovations have made to the area.

able for support on the beaches that are not supervised by lifeguards, thanks to another partnership between the Navy and

Samsung Portugal.

During the whole bathing season, the ISN will be providing information leaflets and aware-

ness campaigns at hotels and commercial areas to ensure people obey the basic beach safety rules.

Bouncers breakthrough performance

It was a first for the Aperitivo Theatre Group last week when their performance of 'Bouncers' was staged at the Raj Restaurant at the Hotel Garbe and later at Quinta da Fonte do Bispo. Both organisations are committed to supporting high-quality theatre projects and by doing so they add an important dimension to the Algarve's entertainment scene, especially for foreign residents and visitors.

Aperitivo is an experimental group often seen at São Brás Museum but breaking into the commercial world of theatre-dinners was a new experience. Jane Page, the play's director, immaculately staged many complex scenes; she also adapted the script to include local references to Albufeira and Monte Gordo. Giving further authenticity, the setting used was the Algarve discothèque, Kadok, where the tough-guy bouncers

are in charge of security.

The cast of four took on various other roles, mostly as dancers at the disco. There were no costume changes and the only props were four handbags used when the bouncers turned into four young women enjoying a good night out! Considerable acting skills were called upon to pull this off, not to mention a scene where two of them became stars in a Swedish blue movie. Flickering strobe lighting gave additional impact.

Productions by Aperitivo often involve much larger casts and it's not uncommon for several languages to be introduced into the scripts. In 'Bouncers' the occasional smattering of Dutch was used to good effect with meaning and humour conveyed through convincing facial expressions and body language.

Undoubtedly the enthusiasm of the performers was highly infectious ensuring that - like the women at the disco - the mostly English speaking audiences enjoyed a good night out!



L to R: Roger Legg, Constant van Scherpenseel, Ralph Keenan and Erik van Lint (Photo: Stewart Simpson)

Fun race evening for charity

Members and guests of Almancil International Rotary Club recently held a fun race evening and raised 1,200 euros for the Association of Riding for the Disabled. The money will be used to provide therapeutic riding lessons for disabled children who would not otherwise be able to fund the lessons themselves.

The cheque was presented to Rosemary Owens, the Chairperson of the Association by Peter Hinze, President of AIRC, together with member Keith Johnson at the end of term Gymkana held at Pinetrees Riding Centre, Almancil on Friday 22nd May.

Peter Hinze praised the efforts of all the staff and volunteers of the Association and said that AIRC was delighted to be associated with this worthwhile cause.



Left to right: Keith Johnson, Rosemary Owens and Peter Hinze.

ALGOZ ANTIQUES & DECORATION

Visit our shop in

Algoz (next to the Post Office)

and find a

fascinating

selection of

antiques

We pay fair

prices for

articles you

may wish to

sell inc. gold

jewellery in

any condition



We also sell vintage clocks & watches

Open: Mon-Fri 10-6 Sat 10-2

Please contact 282 574 158 • 967 044 773

www.algozantiquesanddecoration.com

BRITISH FOOD AT LOW PRICES

UK FOOD SUPPLIES



Easy Online Ordering
Home Delivery Available

Heinz - Smedleys - Pataks - Sarsons - HP -
McCoys - Bisto - Oxo - Branston - Batchelors

Our Lagos Store
Opened in April

Tel - 282 098497 Email sales@ukfoodsupplies.com

WWW.UKFOODSUPPLIES.COM

UK'S LARGEST COMBINED PLUMBING & DRAINAGE COMPANY IS NOW IN PORTUGAL

Offering Fast Professional Service
Throughout The Algarve



"QUICK AS A WINK!"

DrainDoctor
CANALIZAÇÕES

All Plumbing
Drain Cleaning
CCTV Surveys

Jetting
Root Removal
Drain Relining

On Call 24 hours/7 Days A Week

Call: 289 425 480

For Speedy Service

LET THE MAGIC IN ALGOZ SAVE! SAVE! SAVE!

Due to the exchange rate falling again
10% discount with your
Loyalty Card at the moment.

We believe we have the largest range of
British products with the lowest prices.
WHY PAY MORE FOR LESS?



Over
12,000
products
in stock
All
imported
from the
UK

Mon - Fri 9am-7pm • Sat 9am-5pm • Suns & hols 10am-2pm

Tel 282 575 061 Fax 282 574 416

Email: weborder@letthemagicin.com

in the main street, near the Post Office with own car park



Back L to R: Neil Symons, Vicki Singh, Siddharth Hazare, Mario Sardo, Victor Gomes, Scott Kemsley, Mark Twose, Sam Ajwani, Eddie Nobriga, Ralph Vehlow, Xavier Teixeira, Murray Smith.

Tagus nearly thrown off course

It is not referring to the sailing ship but to the Tagus Golf Society who played their latest 2 competitions at the Portmarnock Hotel and Links course, Dublin, Ireland where the very strong winds made a typical links course that more difficult.

To some of the members it proved very hard to make any reasonable score but amongst the 32 players there was still hope that no matter what the condi-

tions some would deal with it.

It so happened in the "Cottam Plate" with those players who managed to combat the wind and come in with a creditable score were as follows.

In 3rd place with 26pts was Fernando Duarte, ahead of him with 29pts was Graçiete Gibbon. The winner with 31pts was Varda Derwig who was so in form she also took the ladies longest drive, whilst Gerry Gibbon was longest for the men, and Lars Nygren was nearest the pin.

For the "Americas Trophy" we were battered by very strong crosswinds, which not only prompted the right club selection but also the direction to aim the ball in the hope it would provide a good result. A few managed to combine the two and the following winners were:

In 3rd spot with 27pts was the captain Derek McIvor, but well ahead on 32pts was Fernando

Oliveira and the winner with a superb 35pts was Denys Stormont.

The ladies and gents longest drives were awarded to Sally Buxton and Frank Cottam respectively, Gerry Gibbon was most accurate to the pin.

The Pioneer shield awarded to the player with the best aggregate on both days and not in the top 3 on any day was Vitor Campos with 46pts.

The captain's prize(s) was presented to 2 players who also had 46pts over the 2 days namely David Thomas and Henk Vaandrager.

Apart from the wind, it was dry and sunny for most of the time and the members thoroughly enjoyed their 5 day stay in Ireland.

Our next meeting will be held on the 19th June for the D'Arcy Orders flag competition at Estoril Golf Club.



Denys Stormont - Winner of the Americas Trophy

FREE PICKUPS from Carvoeiro & Ferragudo
call 282 358 502 to book

Vale de Milho Golf

*Ideal for short game practise!
Ideal for family golf!
Ideal for beginners!*



Vale de Milho - A 9 hole, par 3 golf course, was designed by the Ryder Cup player Dave Thomas, to provide a real challenge throughout it's 926 meters for all standards of players. Facilities include a lounge bar, restaurant, a well stocked shop, snooker room and golf school.

"Best designed (Algarve par 3) layout" - Greg Turner.
"Top Holiday Golf Course" - Top 10 Algarve, Dorling Kindersley.

TWILIGHT PROMOTION
November to March - after 3pm
April to September - after 4:30pm
October - after 4pm

GREEN FEES
9 Holes Green Fee €24.00
9 Holes Green Fee Junior €16.50
18 Holes Green Fee €37.00
18 Holes Green Fee Junior €25.50

SEASON TICKETS
7 Rounds - 30% Discount
5 Rounds - 20% Discount

TO FIND US FOLLOW THE SIGNS
FROM LAGOA OR CARVOEIRO
GPS Location: N37.09663° W8.44837°
Tel. 282 358 502 - Fax 282 358 497
Telm. 919 816 560
E-mails: valedemilhogolf@mail.telepac.pt
Web site: valedemilhogolf.com

**15%
DISCOUNT ON
GREENFEES
WITH THIS
VOUCHER**



Varda Derwig - Winner of the Cottam Plate



David Thomas & Henk Vaandrager Winners of the Captains prize



Vitor Campos - Winner of the Pioneer shield

Barringtons Cricket Club shows fighting spirit

After loosing the toss against the team from Lisbon - Friends Cricket Club, Barringtons C.C took to the field in Alforzeme near Cartaxo (55km North of Lisbon) for their 1st 40 over league match.

The opening bowlers gave

away little with the new ball, keeping it just a fraction short and denying the batsmen any length and width to free their arms. They were backed up by some sharp fielding and created the pressure that led to wickets falling.

Friends Cricket Club innings

was closed on 112 all out after 23 overs.

The batting innings didn't start well for Barringtons C.C. loosing the first wicket off the third ball of the first over. Losing wickets at regular intervals didn't help the cause either. After a middle order collapse, Barringtons C.C. were 50 for 6. It was left to the tail enders to rescue the situation but it unfortunately the target was not achieved and B.C.C was all out for 98 runs after 27 overs.

Captain Sam Ajwani: "Not the result we wanted but some positive points were noted, fielding, catching and bowling were of a very high standard, batting should have been done in a more intelligent manner, with the talent we have. Experiencing a difficult batting surface is not easy, still we should have won, without any excuses"

Barringtons next two matches in the league are away and the home matches will be held in July and August at Barringtons in Vale do Lobo. Dates will be announced and spectators are welcome.

Bowls Algarve Summer League

The second series of matches took place at Amendoeira, a new venue and a new challenge for all. The host club were playing their first fixture in the league and got off to a winning start, beating Albufeira Cats by 37 shots to 31 and by 6 points to 4.

Alvor Larks recovered from their defeat last week to defeat Valverde in another close match by 37-32 and 8 points to 2. Meanwhile Alvor Doves continued their winning ways, just getting the nod ahead of Pedras by 35-29 and 6 points

to 4. In the final fixture, PDF Pirates registered their first victory, beating Alvor Eagles (playing their first match) by 35-23 and 8 points to 2.

This means that Doves now lead the table on 14 points, closely followed by Valverde and Pedras on 12 each, whilst Pirates and Larks are on 10 points apiece. Amendoeira have 6, Cats are on 4 and the Eagles have 2 (having only played the one fixture so far).

In round three next week, the teams travel to Cabanas (Pedras) for their first taste of the new green over there
Alan Clarke, League Director

Muddy Cogs Bike Rides

This Saturdays ride starts at Fuseta.

You can get to Fuseta either via the N125 east of Faro or via the A22. Leave Junction 15 of the A22 signposted Olhão, then take the Moncarapacho exit from the roundabout by the Motorway. Head through Moncarapacho and follow signs for Fuseta. Arriving in Fuseta, pass the railway station and take the second exit at the roundabout, effectively turning left and avoiding going straight into the town of Fuseta. Just along this road, there is parking either side of the road.

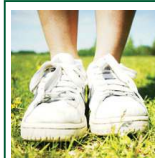
Meet at 1.15pm. The ride starts at 1.30 pm. Paul will be at Bikeland around 12.00 to 12.30pm and can take some people and/or bikes from there if required.

If you need bike hire or transport, then please call in advance so that this can be arranged.

This week's circuit is predominantly flat as it goes to Tavira and back along the coast. The total distance is around 36 km, but this is all easy cycling. There are plenty of cafes in Tavira for drinks before we head back to Fuseta. The road surfaces are a mixture of tarmac and dirt track roads, but no tricky ascents or descents, an ideal route for newcomers or people who prefer to avoid the hills.

There are some tremendous scenic views as we pass through some wonderful countryside making this a ride well worthwhile doing.

€5 per person (no joining fee). For more information, contact Paul Beesley on: 289 360001 or 913 226954, e-mail: paul.beesley@sapo.pt, www.activityalgarve.com.



East Algarve Walks

Every Tuesday & Friday mornings.

For more information
Call 913 595 868

brian@moonlightservices.eu
www.moonlightservices.eu

Lets walk... the Valley and Ridges Wednesday June 3rd

A relatively easy walk of just over 2 hours through unspoilt countryside and orange groves, only one short climb.

9.30am start meet at the cafe/restaurant Reinha. From

Silves follow the road to Messines and after 6km turn left towards the Barragem. The cafe is 1km along the road on the left hand side.

No need to book please just come along with a sense of humour & wearing comfortable shoes, there is a small charge of €5 for the walk.

Julie Statham 965 753 033 or www.portugalwalks.com

Pestana

GOLF & RESORTS

We are looking for a Sales Consultant

Must have a Car &
Licença de Angariador

Send Cv to: sales@pestanagolf.com
www.pestanagolf.com



Grilled figs with ricotta and thyme honey

(Serves 2)

"My brother Luke is obsessed with both honey and cheese. He once called me to tell me of a dream he'd had in which he ate the ham from a pig that had been reared solely on a diet of honey and ricotta. 'It was the most delicious ham I've ever eaten,' he said. 'And when I woke up I felt very depressed, because it was just a dream.' My family. Gluttons in sleep too," says Sophie.

6 figs, quartered but still whole
Tiny dot of unsalted butter
1tbsp of thyme honey
2 slices of ricotta

Preheat the grill. Wash the figs and carefully cut them open - score them twice. Dot each one with a mini amount of butter and do the same with the honey - just a quick drizzle on

each one, not a monsoon cloud.

Put on a baking tray/cookie sheet under a searing grill for two minutes. Serve with a slice of ricotta, draped with another dignified strip of honey.

**Sea bass with black olive salsa and baby courgettes/zucchini**

(Serves 2)

"This would be a good date dinner. On my 30th birthday I had sea bass cooked for me and served in the garden, surrounded by twinkling candles and a whole lot of love," says Sophie.

2 sea bass fillets

Olive oil

Juice of 1 lemon

Salt and pepper

6 baby courgettes, halved

For the black olive salsa

250g pitted black olives

150g cherry tomatoes, halved

A handful of fresh chopped basil and dill

Juice of 1 lemon

Half a red chilli, deseeded and chopped

60ml olive oil

1 lemon, sliced, rind and pith removed, to garnish

Preheat the oven to 190C/170C fan/Gas 5. Marinate the bass in a mixture of olive oil, lemon juice and salt and pepper for about 20 minutes.

In a mixing bowl, mix the olives, tomatoes, chopped basil, dill, lemon juice, red chilli and olive oil. Put to one side.

Slice the courgettes length-

ways, season and splash with olive oil, then bake in the oven for 20 minutes.

Pan-fry the bass in some hot olive oil, cooking it for two minutes on each side. Add the bass to the plates and top with the black olive salsa, serving the baby courgettes on the side, sprinkled with extra dill and lemon slices.

**Restaurant Write-ups**

Mr Grillo is located in the centre of Porches in a colourful square allowing plenty of parking. Typically Portuguese - cosy and rustic with a wooden ceiling and subdued lighting inside, but if you prefer to eat your meal al fresco there is also a terrace. Your hosts Eduardo and Billington offer interna-

tional cuisine (flambé is their speciality) all at good value. They also have a bar stocking a fine selection of Portuguese wines, a choice of vegetarian dishes, and a children's menu as well. Their cheerful, attentive staff speak several languages and look forward to taking your reservation.

For our restaurant guide please see the hotline on pages 32 & 33

Sophie Dahl's sumptuous treats

The model granddaughter of one of Britain's most famous children's writers, Roald Dahl, has developed a new cookbook.

Although she hasn't got any recipes for Stink Bug Eggs or Mr Twit's Beard Food, Sophie Dahl's new cookbook is still a delight.

The granddaughter of children's author Roald Dahl (a man who reportedly never had white milk on the table, always pink), has turned her hand to food writing.

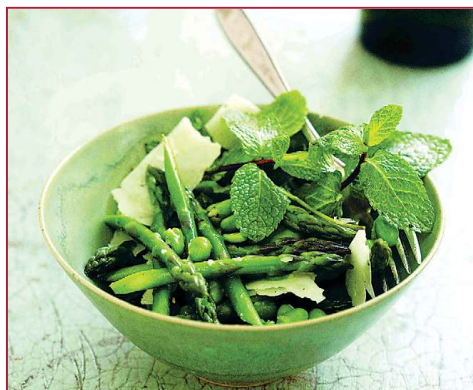
But while Roald Dahl purists might find Miss Dahl's Voluptuous Delights tame compared to those found in her grandfather's first cookbook, Revolting Recipes, most cooks would agree that pear and ginger muffins are far easier to serve at dinner parties.

"This is my third book," says Sophie, who is better known for her modelling, and dating, or dwarfing of, jazz musician Jamie Cullum, than her cooking.

"My writing is a quiet thing, but I actually stopped modelling a year ago. Prior to that I was a contributing editor for Men's Vogue for three years, and now I have a monthly column for Vogue, and the Waitrose magazine."

Having surreptitiously let her modelling career slide, Dahl says she can finally say that writing is her day job, "without blushing".

Sophie's cookbook reflects a joyful relationship with food,

**Broad bean salad with pecorino and asparagus**

(Serves 2)

"I had something similar to this in a very good Italian restaurant in New York. It is a simple pleasure, perfect with a little sea salt and a rich musky dollop of olive oil," says Sophie.

180g/1 cup of baby asparagus tips

150g/1 cup of fresh or frozen baby broad beans, skins removed

A small handful of fresh mint, finely chopped

3tbsp of good quality olive oil

Salt and pepper

50g/½ cup of pecorino cheese, crumbled

Put the asparagus in a pan of boiling salted water and boil for 2-3 minutes. Drain and rinse under cold water.

Place the beans and asparagus tips in a small salad bowl and add

the mint. Pour on the olive oil and add some salt and pepper. Add the cheese. Eat in a balmy garden with a few fat blowsy bumblebees nearby, but not close enough to harass you.

which is surprising for a former model.

But the 31-year-old explains that her career - which started when she stormed out of a London restaurant after an argument with her mother and ended up having a cigarette on the doorstep of the house of Vogue's contributing editor Isabella Blow - wasn't like that of other models.

Likened by Blow to Anita Ekberg ("I pretended I knew who she was talking about"), Vogue magazine went on to embrace Sophie's wide smile, extraordinarily photogenic features and all of her curves.

"Because of the strange morphing of my modelling career, there was never a stage when I thought 'I can't eat'," she says.

"I was never told to lose weight - I'm sure that's unusual. I was lucky in that regard."

"Without sounding like an annoying hippy, I find cooking almost like meditation," says Sophie, happy to chat about her last 18 months of work.

"I'm also still childishly thrilled by the alchemy of it. It's like a science experiment. The flourless chocolate cake was something I did again, and again,

and again, and finally found a formula."

"It was quite fun doing it, because I got to eat the mistakes."

But her boyfriend Jamie refuses to let her do all the cooking: "We share. He is a great cook, so it's probably half and half."

When the couple are eating in, or entertaining, Sophie says her signature dish is surprisingly pedestrian.

"It sounds deeply unadventurous, but the thing I make the most is probably a roast chicken and ratatouille. If people are veggie, then I'll do a cauliflower cheese and wild rice risotto to go along with it," she says.

Having grown up in a family that liked to cook - "all of my aunts, mum and dad and grandparents love it" - she is still attached to old favourites.

"I adore cosy nursery food, like a fish pie. I also love rice puddings. But rather than traditional baked rice puddings, I like stove-top ones. They are a bit like risotto, and are good if you've got a girlfriend round, as you can chat and stir."

Here are three recipes which, Sophie says, are terrific for spring. *By Sarah O'Meara*

House Speciality FLAMBÉ!**Mister GRILLO**

SERVING ENGLISH

BREAKFAST ALL DAY

from 8am.

DINNER FOR 2

10% discount

At The Algarve

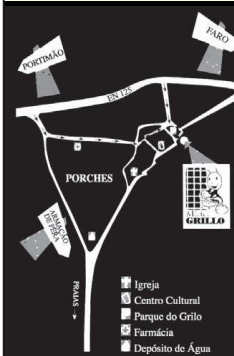
International Fair

Closed on Sundays

Reservations**Mob. 962391984****Tel. 282381176**

Rua António Joaquim

Cabrita, N° 7 - Porches



Déliciance

BREAKFAST €4.50

1 DOUBLE COFFEE or LATTE or COFFEE WITH MILK +

1 CROISSANT +

1 SMALL ROLL (40g) +

1 PORTION OF BUTTER +

1 PORTION OF JAM +

1 ORANGE JUICE

VILA SOL SHOPPING - LOJA 7 & 8, LOTE E EN396, ALTO DO SEMINO, 8125-307 VILAMOURA

The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and be no more than 300 words, to The Portugal News, Apartado 13, 8401-901 Lagoa. E-mail address: letters@the-news.net

Amaral's aspersions

SIR, If Amaral's "Truth" were really true, the police and judiciary would be in serious dereliction of duty for failing to pursue a case against the McCanns. His defamatory campaign is slurring his former colleagues and the judicial authorities just as much as the McCanns. It is time he was taken to task on that score also.

NORMAN WALKER,
Moncarapacho

Stolen bag

SIR, On March 5th this year we had our trolley bag stolen from near our car at Faro Airport. Inside the bag was a Kodak Easyshare digital camera with a wide angle lens on the front and a broken rear screen.

The memory chip contained several hundred pictures of Florida and also pictures of someone dear to us who died. I only write this on the extreme odd chance that someone may have unwittingly bought the camera from a shop or via a publication like the 1,2,3 [newspaper].

Cameras can be replaced, but moments of life cannot, so if anyone has come across this camera please do get in touch and a reward will be paid.

KIT THACKERAY, e-mail:
kit@algarvemail.net

Madeleine McCann

SIR, I have just read your story on the legal battle over Madeleine and Gonçalo Amaral. There are some things that do not sound right, first, Gonçalo Amaral was the lead detective on the

Madeleine case and was removed from the case by his boss. If he had all this so called information why wasn't it brought out when he was investigating the case? And if he had all this information, why did his boss remove him from the case?

Lets face it, the Portuguese police screwed up the whole investigation, and what do you expect, it was written in your paper that many of the police have not completed 12th grade and some have not even finished 9th grade. They did not follow through with leads they had, and now Gonçalo writes a book and accuses the McCanns that they had something to do with their child's death and hid the body and then got rid of it. Please, this expolice officer is a farce and I hope the McCanns win their court battle and Gonçalo has to pay through the nose.

As for the employee's that were fired because of this case, I am sorry they lost their jobs, but the McCanns did not fire you, your boss did, so go after your boss because you will not win your case against them.

The main thing that I feel the McCanns did wrong was not to have a baby sitter with the children while they went out to dinner.

This book is the biggest joke I have ever seen and this man is making a fortune from the McCann's sorrow and pain.

I am glad the McCanns are filing charges against Mr. Amaral and if they win, he will be disgraced even worse than he already has been by being removed from the case.

JEAN DANIEL, Cascais

Afghanistan

SIR, The constant drip feed of casualties in Afghanistan confirms that there is little hope that the current forces will fare any better than countless others that have attempted to subdue the Afghans. Aryan nomads, Medes, Persians, Greeks, Arabs, Turks, Mongols, Britons and Russians have all tried but none remained in control for any length of time, and for the current occupiers the prospects look increasingly bleak.

Field Marshall Sir Gerald Templar summed it up in 1966, when writing the preface to a book about the little known massacre in January 1842 of 5000 British troops and more than 10,000 camp followers between Kabul and Jalalabad. Referring to the impossibility of controlling, by force of arms, a country where the mass of the people are against the foreigner he wrote: "It could perhaps be said that this lesson has not yet been entirely learnt in the modern world".

The last determined attempt to defeat what is probably the most efficient and ruthless guerrilla force in the world was by the Russians but even with 130,000 troops and overwhelming military weaponry, Russians got nowhere and after ten years, were forced to withdraw with the loss of 15,000 troops. The current occupation force is only about 40,000 and yet the Americans continue to believe that sheer firepower can win the day. The Afghans are a naturally warlike people and when not united against a common foe, they keep in practice by resurrecting old feuds and killing each other. Their ace of course is that, unlike the occupying troops, they are willing to die for their belief.

The public demand for the withdrawal of their men folk from

such a fruitless campaign will increase and government leaders will then have little choice but to accept the truth of Templar's comments and seek a way to pull out while somehow still claiming it as a victory.

RON LAVERY, By e-mail

Quality in life

SIR, Recently a friend and I went to a country restaurant where the house speciality was Javeli Ensopada a local traditional dish. The restaurant was a converted barn so the decor and furnishings were simple - local pictures on the walls, rugged solid wooden tables and bench seats. The tables were set with farmhouse bread, butter, olives, pate, the usual condiments and glasses for wine and water. Starters was a choice of soup or smoked ham with melon. The main course came steaming in a copper pot placed on a small stand with a burner below to ensure it didn't cool before second helpings, and to finish a succulent apple pie, coffee and port. Both the red and white wines were delicious.

It was an excellent meal and a joy to have eaten it leaving us in no doubt that a contented stomach is a very agreeable feeling. In effect the traditional dish, wherever you may be, is a capsule of local history, the essence and distillation of the community's experience over the years to form part of its culture.

In this restaurant there were no trimming or displays of artifice but when eating at home some trimmings and a touch of elegance will immeasurably enhance the dining experience. Soft music, a cosy table, satin or damask tablecloths with matching serviettes, candlesticks with beeswax (no other wax) candles, crystal-cut glasses for wines and water, fine cutlery and porcelain settings, fresh flowers and your favourite wines make for gracious living.

We have to eat and there is no doubt that the pursuit of good food is at the very heart of good living. Savouring the intoxicating aromas that good cooking leave in the mind. An indelible memory of tastes and flavours and agree-

able feelings of contentment in festive company is a vital quality factor in life. But with our fast pace lifestyle we are in danger of losing the development of centuries.

J. M. NUTTAL, Alvor

F1 track uproar

Hundreds of residents from the Alcalar, Monte Canelas and Pereira areas of the Algarve have launched a petition to cut the noise being generated by cars and bikes racing and testing at the International Autódromo racetrack (Algarve Motor Park). They believe its noise insulation was not carried out according to current legislation. But authorities at the track have dismissed these latest claims, saying that all tests required by law were conducted and that unless independent inspection find otherwise, the arguments contained in the petition concerning noise levels are doomed to fall on deaf ears.

"The law says the noise must be monitored during races and the results have to be published so insulation can be adapted accordingly to prevent noise. We feel that wasn't done", explained a German man, who resides close to the track, in comments to **The Portugal News** this week.

"We are not protesting against the Autódromo, just against the noise", the resident, who preferred to remain anonymous, said. Not only are residents complaining of the noise levels generated during races but also during testing that takes place at the track almost daily.

With the Formula 1-type A1 making the track their testing headquarters, noise levels are set to be higher than they have been since the circuit's inauguration last November.

More than two hundred people have signed the petition that has been circulating for a few days, "Thirty to forty percent of whom are Portuguese, the rest foreign" it was explained by the resident.

An email from another foreign resident read "There are many of us who are extremely concerned as to what is happening to our beautiful Algarve."

The email continued: "The race track has been constructed in record time and is fully operational; however, the required sound barriers to contain the noise have not yet been put in place. All local residents are affected one way or another by this intrusion. Portimão City Hall says it is not their responsibility anymore, but Faro's. The opposite is said by Faro. Nobody will accept responsibility".

Recent rumours have also emerged that a large airport is being planned for that same area, "at the back of Monte Canelas, Alcalar".

"If it happens as speedily as the race track, we need to react now. The effect upon our daily lives will be catastrophic", **The Portugal News** was told. "All these plans for the future of our area are leading to the destruction of what we hold dear and to the quality of life as we value it. The long term effects of these badly thought out ideas will ruin what the Algarve is famous for. We need to do something".

Paulo Pinheiro, CEO of Park Algar, managing company of operations at the Algarve International Racetrack, said he was aware that "every now and then" talks of a petition circulate, but there had not yet been evidence of any action.

He denied sound levels were excessive and guarantees the track complies with existing legislation. Talking to **The Portugal News** on Thursday, he said "Everything predicted to be done, has been done. The track was inaugurated with sound barriers exactly as required by law. An environmental impact study was conducted and everything is within the law".

He explained that noise generated by the track had been monitored on numerous occasions and had been approved by authorities including the Environmental Ministry and the CCDR Regional Development Coordination Committee, sitting comfortably within legal limits.

"A local came to the track regarding this issue and we showed him proof of this", said Paulo Pinheiro, dismissive of any attempts to force structural changes in and around the track to reduce noise.

Unless confronted with figures from an independent study that proves levels are beyond what is established by law and contradicts the track's own monitoring, then, according to Mr Pinheiro, no more barriers will be installed.

Portuguese for Beginners

with Emília Rosendo

Today's lesson focuses on verb "**SER**" - "to be", in English - in "**Presente Simples do Indicativo**" - Present Simple and also on adjectives which end in "**-e**".

Read the sentences which follow:

O computador é leve. - The computer is light.

Os computadores são leves. - The computers are light.

A caixa é leve. - The box is light.

As caixas são leves. - The boxes are light.

Adjectives which end in "**-e**" do not change to show the **gender** (masculine/ feminine) of the nouns they refer to. They only change to show the **number** (singular/ plural) - by adding "**-s**".

⇒ Write correct sentences with the words below. Follow the example.

✓ *história/ curto/ interessante* - *A história é curta e interessante.*



LESSON 8

Revision exercises with
Verb "**SER**" in the
Present Simple

1. *aluna/ inteligente/ interessado*
2. *bandeiras/ amarelo/ verde*
3. *crianças/ meigo/ carente*
4. *professoras/ exigente/ severo*
5. *empregados/ simpático/ competente*
6. *senhora/ alto/ elegante*
7. *máquina/ antigo/ resistente*
8. *(o)clima/ quente/ seco*
9. *palhaços/ engraçado/ alegre*
10. *touros/ robusto/ valente*
11. *visita/ breve/ monótono*
12. *cavalos/ meigo/ forte*
13. *senhor/ magro/ atraente*
14. *carro/ potente/ rápido*
15. *tio/ calmo/ paciente*
16. *tia/ nervoso/ impaciente*
17. *primo/ orgulhoso/ rebelde*
18. *primas/ humilde/ tolerante*



Please send your completed exercises with a **STAMPED, SELF-ADDRESSED ENVELOPE**, to me:
Emília Rosendo at **The Portugal News** and I will return them corrected.
The Portugal News • Apartado 13 • 8401-901 Lagoa

PROPERTY

A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 30 May 2009

PROPERTY OF THE WEEK

A brand new abode in Champana, Conceição (Tavira)



This week's Property of the Week features a beautiful, new-build property sitting on 3,500 square metres of land, a short drive from the acclaimed Monte Rei golf course. Champana is a very peaceful area, the property boasting ocean views that, even from ground level, are spectacular.

A local café is just a short walk away from the detached property, with most day-to-day facilities being located in the nearest town. Five minutes by car is the town of Vila Nova de Cacela where many facilities, such as the daily market selling fresh fish, fruits and vegetables as well as banks, super-

markets, restaurants, cafes and the local schools are located.

The beach resort of Manta Rota is close by (approximately eight minutes by car), with spectacular, family-friendly, 'Blue Flag' award winning beaches stretching from Cacela Velha to Vila Real de Santo António, the

border town, to Spain.

On the beach sunshades and sun-beds are available for rent and there is a large selection of restaurants and cafes.

The property itself is well prepared for year-round living, with gas, central-heating, air conditioning, a central vacuum system and a fully-fitted kitchen. There is also pre-installation for an alarm and solar panels.

The ground floor comprises an enormous lounge with a 'heat conservation system' fireplace; it also has large, dual aspect sliding patio doors opening to the landscaped gardens and the pool area. The kitchen and BBQ area are behind, as is a storage room. One of the en-suite bedrooms is on the ground floor, the bathroom being equipped with hydromassage bath. Another two bedrooms are on the first floor. Both have fitted wardrobes and en-suite shower rooms, the mas-



ter-bedroom having a wonderful, south-facing terrace with wooden pergola. The other has a veranda facing the pool and there is an extra terrace to the rear of the property. The pool is southwest facing to get maximum sun exposure right till the end of the evening.

Surrounding the pool are manicured grass areas, the remaining land offering extra scope as it can either be left natural or further developed, possibly as tennis courts or other uses.

The house has its own septic tank, and water storage tank. At the front entrance there are electric gates with video phone entry.

This brand new property was originally on the market for €600,00 but has recently been reduced for a quick sale to just €475,000, a fantastic price and a solid future investment.

Please contact Algarve Manta Properties (License no. 7673) for further information or see their website for more properties from Tavira to Vila Real de Santo Antonio.

Sarah Gonçalves, one of the company owners will be glad to help with any enquiries. E-mail: sarah@algarvemanta.pt, phone: (+351) 911 041 862, office

phone/fax: (+351) 281 952 820, or website: www.algarvemantaproperties.com. Algarve Manta Rentals website: www.algarvemanta.pt



DANECASA
Constructive solutions for modern living

Today's Solution For Tomorrow's Living



We have the experience • We have the choice • We have the complete solution

Come and see for yourself at our showhouse alongside the eastern entrance to Algarve Shopping on the EN125 at Guia.
Or call: 289 571 270 | www.danecasa.com | info@danecasa.com | FREE Brochure



DANECASA
Constructive solutions for modern living

A STEEL FRAME HOME
from DaneCasa is your Complete Solution!

Using the latest technology in STEEL, DaneCasa create homes that offer major advantages over traditional brick and concrete construction - Less time to build, lower cost, superior thermal and damp insulation qualities plus many other benefits, which provides comfortable living conditions all year round and also energy saving benefits





| | | | | |
|---|---|---|--|---|
| <p>VILAGENTE</p> <p>MOBILIÁRIO ESTÁTE AGENTE</p> <p>SOCIEDADE DE MEDIAÇÃO IMOBILIÁRIA, LDA. AMI 489</p> <p>Edifício do Cinema, Loja 3, Vilamoura, 8125-432 Quarteira Algarve - Portugal Tel: 289 314 486 Fax: 289 315 578 vilagente@mail.telepac.pt www.vendavilla.com</p> |  <p>Vilamoura</p> <p>Studio apartment composed of lounge, bathroom and terrace. Furnished, equipped and with air conditioning. Construction area - 54 sq.m.</p> <p>Ref: A1321 Price: € 70,000</p> |  <p>Vilamoura</p> <p>Situated near all facilities, one bedroom apartment composed of bathroom, lounge, kitchen, storage and terrace. Furnished and equipped. Communal swimming pool and garden area. Parking space in the basement. Construction area - 74 sq.m.</p> <p>Ref: A1188 Price: € 110,000</p> |  <p>Loulé</p> <p>Villa with ground floor and 1st floor composed of 4 bedrooms, 2 bathrooms, 3 lounges 2 kitchens, pantry, laundry room and storages. Garage and terraces. Villa has 2 separate entrances. Located in the centre of Loulé. Construction area - 200 sq.m.</p> <p>Ref: V12595 Price: € 180,000</p> |  <p>Bolíqueime</p> <p>Country villa composed of 3 bedrooms, 2 bathrooms, lounge w/ dining area and fireplace, equipped kitchen and various terraces. Roof terrace, swimming pool and garden. Plot area: 2.200 sq.m.</p> <p>Ref: V12585 Price: € 450,000</p> |
|---|---|---|--|---|

| | | | | | |
|---|--|--|--|---|--|
| <p>LAND & HOUSES ALGARVE YELLOW HOMES</p> <p>Sociedade de Mediação Imobiliária Lda. AMI 6232 - Val. 18.11.2010</p> <p>For detailed information, please visit our website: www.landandhousesalgarve.com www.algarve-property-search.com</p> <p>Tavira: 281 320 281 Vilamoura: 289 301 294</p> |  <p>Manta Rota</p> <p>Modern 3 bedroom / 3 bathroom villa w/ communal pool in small, exclusive closed condominium, 700m from beach. Spacious lounge & fully equipped kitchen - sold furnished. CCTV, A/c, alarm & central vacuum cleaning system, electric shutters. Ref: LHV-1025 Price: €299,000 (Reduced from €345,000)</p> |  <p>Sta. Catarina</p> <p>Beautiful 3-bedroom villa w/ garage, sea views & approved project for a pool. A/c, double glazing & alarm system. Located between Sta. Catarina & Tavira. Construction approx. 189 m2, plot approx. 2480m2. Easy access. Offers invited! Ref: LHV-940 Price: €310,000 (Reduced from €455,000)</p> |  <p>Tavira</p> <p>Gorgeous plot of land with approved project for a spacious 3 bedroom villa with pool offering sea & country views. Approved project of 211m2 with additional basement of 136m2. Access right from tarmac road. Urgent sale! Ref: LHP-745 Price: €90,000 (Reduced from €120,000)</p> |  <p>Near Tavira</p> <p>Excellent value for money. Townhouse of 92m2 on small development with large communal pool near golf & beaches. Light living room, fully equipped kitchen, 2 bedrooms (1 en-suite), 3 bathrooms. Private patio. Sold furnished. Ref: LHT-853 Price: €199,000</p> |  <p>Near Tavira</p> <p>New, contemporary villa with large pool set on easy to maintain plot of 970 m2 on great location near beach & golf. 3 bedrooms (all en-suite) with sea views. 235 m2 of construction, excl. terraces of 118 m2. Offers invited Ref: LHV1010 Price: €695,000</p> |
|---|--|--|--|---|--|



Large Family Home for Sale in Almancil

Large 500+ square metre 4 bedroom/6 bathroom family home for sale in a quiet and secluded area of Almancil.

Ground Floor: Modern fully fitted kitchen, Dining Room, Large lounge/sitting room with views on 3 sides of the Algarve scenery, and 3 good sized bedrooms, all en suite.

First Floor: Huge, stunning Master Bedroom and en suite bathroom with large private sun terrace

Basement: Playroom/Games Room/ Cinema Room with kitchen, wine cellar and built in bar, the basement runs the entire length of the house

The Vila stands in ½ acre fully enclosed irrigated garden with pool, return drive with electric entrance gates, mature fruit trees, garages, car port and shady BBQ terrace.

The Vila has its own bore hole. Recently decorated to a high standard is close to the Shops, schools and all amenities and is 10 minutes to beaches.

For sale (Delaware Company) by Owner at: ~~€975,000.~~
NOW €875,000.

Contact Chris on 289 396 754



| | | | | | |
|--|--|--|--|---|--|
| <p>ESTE ALGARVE AMI 504</p> <p>ESTE ALGARVE - SOCIEDADE DE MEDIAÇÃO IMOBILIÁRIA, LDA.</p> <p>E.N. 125, Cevadeiras, Vila Nova de Cacela, 8900 V. Real de Stº António Tel: 281 951 165 Fax: 281 951 438</p> <p>Centro Comer., Av. 28 de Maio (Marginal) - 8800 Cabanas de Tavira Tel: 281 370 277 Fax: 281 370 761 belosantospedras@hotmail.com www.estealgarve.com</p> |  <p>Apartment - Cabanas</p> <p>Spacious 1 bedroom apartment with air con., 4m2 terrace overlooking pool area, situated on 1st floor within an urbanization with access to 4 swimming pools, within walking distance to Cabanas centre, lagoon & beach, 4 kms from Tavira. EA 065 ACAB - €119,000</p> |  <p>Maisonette - Pedras da Rainha (Cabanas)</p> <p>Charming 1 bedroom maisonette (51,60 m2) w/ air con., covered terrace & roof terrace (21.10 m2) overlooking sw. pool area of charming holiday complex w/ reception, access to sw. pools, tennis courts, transfer w/ boat to beach, within walking distance to Cabanas / beach. To be sold furnished. EA 056 MCAB - €130,000</p> |  <p>House - Neighbourhood Vila Nova de Cacela</p> <p>2 bedroom house w/ large south facing terrace & garage on lower floor presently converted into bedroom, shower room & storeroom surrounded by 630m2 land w/ lovely views, 3 kms from Monte Rei golf course, 7m from Vila Nova de Cacela & 9kms from beautiful Manta Rota beach. EA 043 HVNC - €255,000</p> |  <p>Villa - Neighbourhood Altura</p> <p>2 bedroom, semi-detached villa, built in 2000 on plot of 432m2 w/ sw. pool & garage, 2 kms from the long, sandy beach of Altura with its variety of restaurants, pubs and shopping possibilities. Ideal home from home and very good letting potential. 025 VALT - €283,000</p> |  <p>Villa Neighbourhood S. Catarina</p> <p>Beautiful 3 bedroom, open plan villa w/ various terrace areas, additional snug sitting room & open style mezzanine, in peaceful surroundings in countryside, surrounded by 3,800m2 land w/ attractive garden area & stunning views of sea & countryside, sw. pool, garage. 10 min from Stº Catarina, 20 min to Tavira. Sold furnished & equipped. EA 030 VNSCAT - £ 395,000</p> |
|--|--|--|--|---|--|

HIGH INCOME RETURN ON THIS UNIQUE RUSTIC PROPERTY

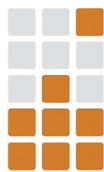
Villa For sale in São Bartolomeu de Messines

8 Bedrooms, 5 Bathrooms, 3 1/2 Kitchens, 4 Lounges, 2 Fireplaces
Unique Property... must be seen. View by appointment.
Two properties for the price of one - 3 Cadernetas

Reduced to: € 300,000

Tels: 00351 932 868 804
00351 282 338 694





FILNETO
CONSTRUCTION

**Need to rebuild your house?
Have an idea for your dream house?
Discover the 5 best ways to build!
Don't begin any building work without consulting us first!**

The company's construction team offers a refurbishment and repairs service for hotels, commercial buildings residential properties. Filneto can resolve repair issues, restore older properties to their original glory or even upgrade buildings to offer them a modern new look according to the client's requirements. Quotations can be supplied for specified repair jobs as well as for large scale refurbishment projects.

+351 967 012 442

info@filneto.com

www.filneto.com

AMI licence 7673

algarve
manta
properties

E-mail:

sarah@algarvemanta.pt

Mobile:

00351 911 041 862

Office phone/fax:

00351 281 952 820

Sales:

www.algarvemantaproperties.com

Rentals:

www.algarvemanta.pt



Ref 834 Manta Rota
€105.000

One bedroom furnished apartment not far from all the facilities and the beach of Manta Rota. The apartment has a communal garden with BBQ.



Ref 723 Manta Rota
€155.000

Two bedroom apartment with shared pool in a condominium only three minutes on foot to award winning beach of Manta Rota.



Ref 817 Castro Marim
€180.000

Three bedroom fully furnished semi detached house in the historic town of Castro Marim. The house has three double bedrooms and three bathrooms.



Ref 817 Tavira Santiago
€180.000

Very comfortable bright and nearly new apartment, fully furnished and equipped and fully air conditioned, has private roof terrace and fireplace in the sunny lounge.



Ref 168 Almada de Ouro
€390.000

Three bedroom detached property facing the river Guadiana with spectacular views, has private pool, air conditioning and many wonderful terraces to enjoy the view.

kasas
AlgarveProperty
.com

Professional Estate Agents

Mobile +351 919 521 737
Paulo@AlgarveProperty.com

www.AlgarveProperty.com



Paulo
Nascimento
your
professional
real estate
consultant

Gov. Lic.
AMI 2196



FALÉSIA BEACH - AÇOTEIAS
Ref. V61726

Single storey four bed villa excellently. 250 sq.m. Near the Falésia beach and the Sheraton Hotel, approx. 3/4km. 2.000 sq.m. plot. Furnished and equipped. Alarm. Air conditioning. Landscaped garden with pool, BBQ & Tennis Court. Beautiful panoramic views. An excellent investment. Guaranteed letting potential.

Price: € 800.000



VILAMOURA
Ref. MB82115

Opportunity near the golf!!! Four bedroom villa near amenities. 175 sq.m. Furnished & equipped. Alarm. Private pool & BBQ area. Pre installed for air conditioning & solar panels. Large basement w/ garage, w/c, storage & possible games room. Great letting potential.

Price: € 395.000
(NOW REDUCED)



VILAMOURA - OLD VILLAGE
Ref. V92421

Three bedroom villa located inside the golf course. Near all amenities. 15 min. walk to the Marina & beach. 200 sq.m. of constructed area. Top quality finishes. Completely refurbished. Fitted kitchen. Air conditioning. Electric shutters. Natural stone bathrooms. Private garden with pool and BBQ. Lot's of extras.

Price: € 895.000



VILAMOURA
Ref. T92423

Excellent investment opportunity!!! Plot with 790 sq.m. located between the Pinhal and the prestigious Old Course. Quiet area. Project to build a 3 bed villa, w/ pool & basement w/ 2 two extra bedrooms. Approximately 175 sq.m. Near amenities (supermarket, bars, restaurants).

Price: € 565.000

Elly van Hulst

The fastest real estate agent in the Algarve

(former World Record Holder 3.000mts running '89-'01)

www.property-runner.com

Tel. +351 289 842 992

between Loulé and S. Brás

AMI 6392



Estói

- Traditional style house
- Spectacular views
- Quiet hilltop location
- 2 bedrooms 1 bathroom
- Large roof terrace
- House 120m² Plot 550m²

Ref. C800
Price: € 190.000



Tavira

- Attractive new villa
- Sea views from balcony
- 4 bedrooms 2 bathrooms
- Ample space for pool
- Barbecue terrace, gardens
- Villa 168m² Plot 2.850m²

Ref. V770
Price: € 320.000



Quinta do Lago

- Beautiful spacious villa
- 10 mins. walk to beach
- 3 bedrooms 3 bathrooms
- Roof terrace ocean views
- Pool 10m x 5m, garden
- Plot 1.100m²

Ref. V798
Price: € 1.450.000



Estói

- Lovely new villa
- Excellent views to coast
- 3 bedrooms 3 bathrooms
- Central heating, garage
- Garden, space for pool
- Villa 180m² plot 1.450m²

Ref. V890
Price Reduced: € 299.000



Almancil

- Beautiful villa built 1997
- Country & small sea view
- 4 bedrooms 3 bathrooms
- Gas central heating
- Pool 12m x 6m, garden
- Villa 257m² plot 2.550m²

Ref. V1106
Price: € 675.000

LARGE FAMILY HOME FOR RENT IN ALMANCIL

500+ sq metre 4bed/6bath unfurnished Vila to let in a quiet and secluded area of Almancil.

The Vila is on 3 floors with a modern fully fitted kitchen, an enormous Master Bedroom and Bathroom suite and is wheelchair friendly with access to all 3 floors via an Elevator.

This is a comfortable warm family home with under floor heating, a fireplace in the kitchen and a huge bonus room/playroom/party room in the basement. Large fully enclosed walled garden with pool, garaging, BBQ terrace, plenty of storage and a producing orchard.

The Vila has recently been fully decorated, is close to schools, shops and all amenities and 10 minutes away from the beach.

Available now for long term let. €2,500/pm
For details call Chris on 289 396 754 today...



It's where all the
Algarve meets...!

LAGOA • Fatacil
30 & 31 May
11am-7pm



newlyn

Portugal

T. 00 351 289 320 180
F. 00 351 289 320 190
www.newlynportugal.com
info@newlynportugal.com

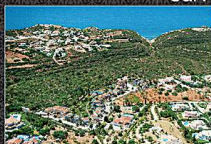
Cabanas - East Algarve - From € 215,000



Vilamoura - From € 290,000



Carvoeiro - From € 495,000



HAVE IT ALL NIGHT LONG!

S.O.S.
SKY DIGITAL TELEVISION

All Your Channels
All Night Long Guaranteed
The Best Reputation on the Algarve

Chris Whitman
916 378 722
sosskydigital@msn.com

**Make the airport
your shop
window**

1,000's of copies of
The Portugal News
are distributed at Faro airport
every week to arriving and
departing passengers.
An estate agent's window
can't beat that for property
exposure!
To advertise on these pages,
please phone Bella Talhadas
on 707 500 677 or
914 393 736

Abode
furniture



5ft Kingsize solid pine bed frame



5ft kingsize Bonell sprung orthopedic mattress



two bed side tables



€499

including IVA*

PLANET SOFA
& BEDS

www.furnishyourabode.com

UK: 0870 8032 970

PT: 282 762 070

LIMITED OFFER WHILST STOCKS LAST

* Terms and conditions apply, IVA included, Full warranty included, Some assembly required, collection only, Delivery is available at an extra charge on this combo deal.



WE OFFER COMPLETE HOME FURNISHING

Tailored to any style & taste - ask for package details. 2 bedroom apartment packs from €4,299.

EXCITING NEW RANGES AS WELL AS THE TIMELESS CLASSICS

TIMOTHY OULTON
at INTERIORISSIMO

halo halden.co.uk

frontera.
furniture-muebles

FRONTERA / INTERIORISSIMO
Centro O Tradicional
Rua do Comércio - Almancil
Tel 289 392 461, 289 399 184
or 911 911 909
info@furniturefrontera.com
www.furniturefrontera.com

Monday - Friday: 10am - 6pm
Saturdays: 10am - 2pm

ALMANCIL

frontera.

Best Priced Properties Across The Algarve

Nr Praia do Vau, Ref: S246 Promotional price €495,000.

- Ideal home for big family or income/rent
- 4 bedroom, 2 bathroom detached villa
- T1 & T2 apartments
- Pool and gardens
- 525m² plot, views of Nature Reserve
- Quiet location, only 1km from the beach



Monte Canelas, Ref: S499 Reduced from €425,000 to €350,000.

BARGAIN!

- Modern design new detached 2 storey villa
- 3 bedrooms, 4 bathrooms
- 891m² walled plot, a secure family home
- Great opportunity for villa in popular area
- 15 mins to coast, Portimão, Alvor & amenities

AMI 6902

TOGO FOR HOMES

THE ALGARVE PROPERTY SPECIALISTS

info@togo-for-homes.com
www.togo-for-homes.com
Office Tel.: 282 432 004
Shop in Alvor Tel: 282 476 568
Fax Number: 282 458 177

AMI 5453

RE/MAX Diamond

Rua Francisco Xavier Ataíde de Oliveira (next to BPN bank)

For the best advice in the LAGOS area
Call (+351) 917 771 849 or joão.s.nunes@gmail.com

João Nunes - Office Manager

LAGOS • Atalaia/Boavista Golf



Charming and well maintained Villa set in a 1,000m² plot. Huge and very private swimming pool area, fabulous mature garden.

Located just a couple of minutes from Boavista Golf Resort. Ideal for holidays and income. Call me today for a visit.

Refª M -116 • Price €375,000.

PROPERTIES REQUIRED: MONCHIQUE & SILVES

We are expanding our portfolio in the Monchique and Silves area and have registered clients from Germany, Holland and France looking for properties which meet the following criteria:

- ★ Detached houses and villas, renovated or new
- ★ 4+ bedrooms, large living area, minimum plot 3,000m², pool
- ★ Maximum price €500.000

Our clients are arriving over the summer and autumn and are ready to buy!

AMI 6902

TOGO FOR HOMES

THE ALGARVE PROPERTY SPECIALISTS

info@togo-for-homes.com
www.togo-for-homes.com
Office Tel.: 282 432 004
Shop in Alvor Tel: 282 476 568
Fax Number: 282 458 177

ABSOLUTE

The ONLY Complete HOME Furnishing Company
From START to FINISH

Located in Ayamonte Spain just 30 mins from Faro we are the leading Complete Furnishing Company in this area. We carry out all installations of curtain poles bathroom accessories and lights. We also supply and fit Air Conditioning. Why not call us for some friendly help and advice with regard making your new house a home.

**NEW SHOW PROPERTY
NOW OPEN
IN CABANAS**

We now have show properties open for viewing in CABANAS. If you would like to discuss your furniture requirements or property management then please contact us

WE ALSO DO PROPERTY MANAGEMENT

Shop: (0034) 959 322292 Mobile (351) 926 768861
www.absolutefurniturepacks.com
Cristobal Colon -18 Ayamonte 21400 Huelva

ALGARVE REMOVALS



Weekly removals service to and from the UK, Algarve & Ireland with full packing service & storage facility in the UK & Algarve, from 1 box to part or full load shipments.

- Transportation of cars, boats & motorbikes
- Local removals and deliveries within Algarve
- We guarantee your peace of mind & safety of goods

The General, Main Road, Boreham, Chelmsford, Essex CM3 3HJ

UK- Tel: 0044 (0)1245 468888

Mob: 0044 (0)7711 179842

Algarve- Tel: 00351 289 513851

Mob: 00351 969134801

Email: sales@algarveremovals.com

Web: www.algarveremovals.com



For those who have lost the plot (or how to downsize your garden)

Smaller gardens are likely to be the talk of Chelsea Flower Show this year as several big sponsors have pulled out because of the credit crunch, so it's timely that Chelsea veteran and award-winning designer Andrew McIndoe has been contemplating the easiest ways to downsize.

"Leaving a garden that you have created and enjoyed to downsize to a smaller plot is difficult, and it would be all too easy to be negative about change and to hang on to the past," says McIndoe, designer of the Hillier exhibit, which holds the unprecedented record of 63 consecutive gold medals at Chelsea.

Now he has written a book, *Losing The Plot*, for people who want or need to downsize, for whatever reason, and offers the

following top-10 tips:

1. See this as an opportunity to start afresh with a blank canvas. Do not try to replicate your previous garden on a smaller scale - it rarely works. Design a new garden to meet your needs.

2. Do not attempt to dig up lots of plants and take them with you if you move. Yes, there are bound to be one or two old friends you will want to keep, but limit yourself to those that will move successfully.

3. Make any radical changes at the outset. Tired old paving does not improve with age, it gets worse. If you need to install or replace fences and buildings, do it at the beginning before you start planting.

4. Plan or redesign your garden from where you will see it most - usually from the windows of the house. This will influence where

you put features and utilities, and will ensure that you can enjoy your garden throughout the year.

5. Choose plants that work hard to earn their keep, which have more than one season of interest and need little attention. Of course you can allow yourself a few guilty pleasures, but it is those good old evergreen garden stalwarts that hold the planting scheme together.

6. Keep an open mind to radically different ways of gardening. You do not have to have a lawn. You do not have to grow roses. A raised bed or two might make life easier. It might be fun to grow a few vegetables in containers, even if you have never bothered with them before.

7. Make use of pots and containers and consider more permanent planting. Seasonal bedding plants need replacing twice during the year to maintain all-year-round interest. Limit bulbs and bedding plants to a few pots and group them with other perma-

nently planted ones.

8. Consider somewhere to sit and enjoy the garden. You need a comfortable seat or set of furniture somewhere accessible and ready to use in nice weather. Treat yourself. It will make morning coffee, afternoon tea or evening drinks in the garden part of your daily routine.

9. Your preference for certain

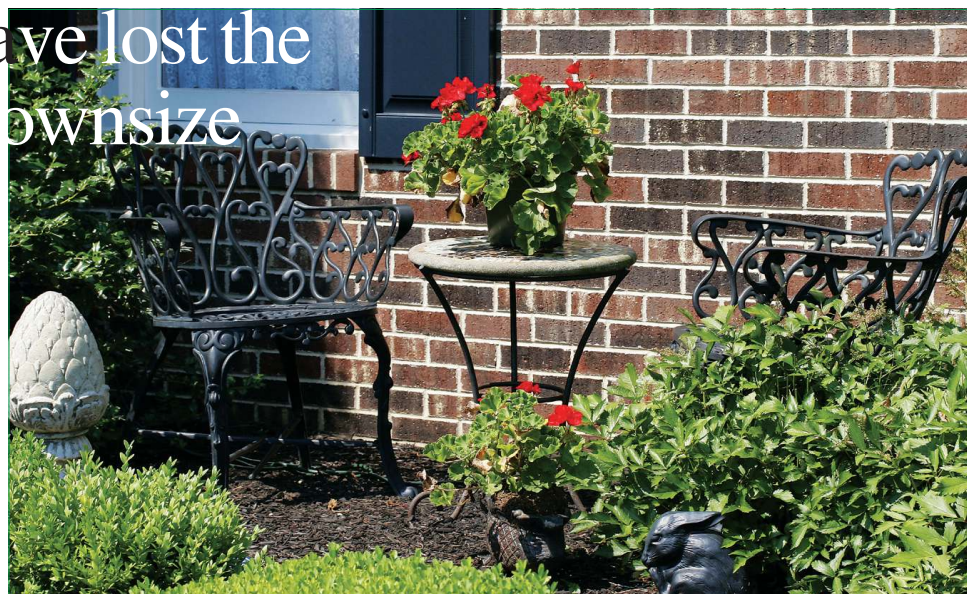
plants changes over the years. If there is something you have always wanted to grow, now is your chance. A new horticultural challenge will rekindle your passion for plants.

10. Take a firm line with gifts of plants from neighbours, friends and family. If you do not like it, want it, or it does nothing for your garden, do not plant it.

Gardens are easily filled up with well-meaning offerings of rampant perennials and inferior occasion roses.

:: *Losing The Plot*, by Andrew McIndoe, is published by AA, priced £17.99/€20.44. Available from www.hillier.co.uk and AA Publishing at www.theaa.com/ bookshop and good bookshops.

Hannah Stephenson



AA

Gardening for the time in your life

Losing the Plot

A new approach to gardening and choosing plants when downsizing or adapting your garden to suit an easier lifestyle

Andrew McIndoe

Providing honest & reliable service for over 20 years.

Professionalism and craftsmanship guaranteed.

- Irrigation Systems
- Water Features & Ponds
- Personalized Grounds Maintenance Programs

Landscape

Construction • Design • Maintenance

Call Joe for your free estimate 913 407 507 or 289 328 255

Bilingual Contractor (English/Portuguese)

E-mail: geraldspaisagismo@hotmail.com

The International Algarve Fair

This weekend

Don't miss it

So much to see and do!



There's downsizing and there's downsizing ... a container planted with shallots, lettuce and spinach.

Three ways to... Create a tropical corner

1. Choose a mixture of hardy evergreens, such as palms and bamboo, along with vibrant perennials such as crocosmia, day lilies, canna lilies, dahlias and rudbeckias, ready to plant into fertile soil in a warm, sheltered, sunny spot. Use willow fencing if necessary to act as a windbreak.
2. Combine plants with different foliage for a montage of colour, size and shape, spreading evergreens such as palms and bamboo through the border for winter shape.
3. Plant hardy herbaceous plants in drifts between the larger plants. Leave space for adding tender plants such as dahlia and canna after the frosts finish. Mulch the surface to prevent weeds emerging and insulate the soil in winter.

ALGARVE TREE SERVICES

**PRUNING
DISMANTLING
FELLING
STUMP GRINDING
BRUSHWOOD CHIPPER
SERVICE**

917 479 921

www.algarvetreeservices.com

**QUALITY TREE CARE
ACROSSTHE ALGARVE**

Q GARDEN

Widest choice of plants, trees, house and waterplants

Landscaping • Irrigation
Renovation • Maintenance • Fencing
Garden sheds • Furniture
Waterfeatures • Plant rental
Ceramic, Mediterranean & Portuguese Pots

www.qgardenpt.com

E.N. 125 Odiáxere - 8600 • Lagos • Tel 282 799 633

prime

Empresa Certificada

eic

ISO 9001

OFFICE

GARDEN CENTRE

Tel: 282 768 776
Mob: 918 798 515
Fax: 282 768 778
info@ecossistemasol.com

prime

Empresa Certificada

eic

ISO 9001

OFFICE

Tel: 282 799 537
Fax: 282 799 840
www.ecossistemas.com

Garden Centre, Nursery & Pool Shop

All aspects of landscaping service FREE quotation & design

CONSTRUCTION

ALVARÁ Nº 56504

Build 4-U-Lda

Villa Construction & Renovations
Over 20 years operating throughout Portugal

Contact Alan McCormick on 919 356 749
Tel/Fax: 289 394 196
build-4-u@sapo.pt
www.build-4-u-lda.com
Estrada Vale de éguas, nº. 18
Apartamento 4, 8135-018 Almancil

Construction licence N.º 4566

João Nunes

Building your home
Since 1989

- New Home Construction
- Extensions
- Renovations
- Building Management
- Swimming Pool Construction

We provide free written estimates and guarantees



www.joao-nunes.com

Av. José Costa Mealha Nº131-A, R/C Dto. 8100 - 500 Loulé
Tel. 289 417 867 Fax. 289 417 869 Mob. 966 570 158 geral@joao-nunes.com

VILLA CONSTRUCTION RENOVATIONS
INTELLIGENT HOME SYSTEMS
AND HOME CINEMAS
BUILDING MANAGEMENT

FREE ESTIMATES GIVEN

AC CONSTRUCTION
ac.construction@sapo.pt
TEL: ARMANDO 969 387 229

GAMES

GAMES ROOM EQUIPMENT

FREE Air Hockey, Ping Pong or Football Table for NO Extra Charge With Every New Pool Table Purchase

REFURBISHED POOL TABLES - €850
ENGLISH SNOOKER TABLES - from €2850
PING PONG TABLES - €345, €445 & €545
AIR HOCKEY TABLES - €675
FOOTBALL TABLES - €425
FAMILY TRAMPOLINES - from €525

All including IVA, Free delivery, Free assembly & Free accessory pack

ALSO: COIN-OPERATED POOL TABLES & ARCADE MACHINES SITED IN BARS AT NO COST WITH ALL MONIES SPLIT

POOL, SNOOKER, PING PONG, FOOTBALL, BAR BILLIARDS, AIR HOCKEY AND PINBALL TABLES, ARCADE MACHINES, COCKTAIL CABINETS, DART BOARDS, CABINETS AND COCKIES, PLUS ALL ACCESSORIES, REPAIRS AND SERVICING.

Call : 912 284 905
917 846 242
Web : www.fjnorth.net

HOME IMPROVEMENTS

BANISH LIMESCALE & SAVE MONEY NOW!

Scalewatcher & Scalewizard
the simple solution to hard water.

Costs less than €5 a year to run

FROM €150.

FREE BROCHURE

For information call: 967 516 981 • 967 747 853
jfc151@msn.com • Shop online at
FREE DEMONSTRATION IN ALGARVE

www.saveenergic.com

We have a large Quantity of LED Lighting for Home, Business and Garden

You can save upto 90% of energy costs.
Change your Halogen spots (50w) to LED spots (4,5w)

Have a look at our Homepage (24h) or come to our shop in Barão de São João, Lagos
Mon-Fri: 10am-1pm & 2pm-6pm Sat: 10am-1pm

ElectroComfort LDA
Tel/Fax 282 688 378 E-Mail info@electrocomfort.com

INTERIORS

Casa dos Colchões

Mattresses & Beds

Almancil
Tel: 919 244 499
jscasadoscolchões.pt

Complete Interior Design Packages from €4,995

(including free delivery & installation)

OUTSTANDING QUALITY FURNITURE AT UNBEATABLE PRICES

BRAND NEW TO THE ALGARVE
Furniture packages available to rent from as little as €159 per month

FOR MORE INFORMATION PLEASE CALL
Tel: 289 398-573 or Mob: 910 410 510 or
email: enquiries@ideallivingportugal.com
www.ideallivingportugal.com

Visit our showroom on the N125 near Quatro Estradas (next to Winkworths)

IDEAL LIVING
PORTUGAL LTD

MÓVEIS MALHEIRO

Household & Garden Furniture

Mon - Fri: 9am - 7pm
Closed: 1pm - 3pm
Sat: 9.30am - 1pm

Urb. do Malheiro
R. das Acácias, Lote 4
8500-331 Portimão

Lagos A22 Faro
Household Furniture Garden Furniture
Lagos EN125 Lagos
Portimão

Tel: 282 491 583 Fax: 282 492 249
moveis.malheiro@mail.telepac.pt
www.moveismalheiro.com



Bedspreads Factory Outlet

THE PORTUGUESE LINEN SHOP

Established 20 years buying from the BEST manufacturers in Portugal

BUY PORTUGUESE QUALITY GUARANTEED

ALVOR: near old municipal market -13b Rua do Castelo, Alvor (see online for map)
Open Mon - Fri - 10.30am - 6pm Tel: 282 457 510

LAGOA: Located next to Total Petrol station - Beco Marques Pombal, Loja B, on the EN125
Open Mon - Fri - 10am - 6pm Tel: 282 353 244
Saturday 10am - 1pm

Mob: 968 237 310
www.bedspreadsportugal.com - information@bedspreadsportugal.com

All property pages can be viewed on-line free of charge
www.the-news.net
where we have around 300,000 hits per week.

LUZDECOR

Mobiliários, Cortinados e Decorações Interiores

Come and look, be inspired - add style to your home

We can transform your property completely or one room at a time
In house design service at NO extra cost
Turnkey packages available tailor made to suit your property and your budget

We look forward to seeing you at
Showroom: Lote 38, Vila das Acácias, Praia da Luz 8600 - 124 Lagos
Tel. 282 769 849 Mob: 917 771 831
luzdecor@world.net.pt • Visit: www.luzdecorhome.com

PROMOTIONS ON NEW PRODUCTS

Bedrooms Extra

The biggest 'British Bed' retailer in the Algarve

All in stock next day delivery

3ft mattress from €89

All British fire reg

Relyon

The Best Beds in the World

All mattresses British made to British standard

Large selection of dining sets

Dura Beds with their great Perfect Scents lavender mattresses

Over 100 bedrooms on display All Different

New products now arrived on promotion

Tel: 282 762 383

Fax: 282 792 113 | E-mail: sales@bedrooms-extra.com

Website: www.bedrooms-extra.com

Torre, Odiáxere 8600 - Lagos

We take your old bed away and give it to charity

If you have seen the rest, please come and see the best.

LEGAL & FINANCE

Alexandra Soares

Advogada - Lawyer

Main office:
Rua Direita Casa 509 / 09
8600-160 LUZ LGS
Tel. (+351) 282 792 837 / 838
Fax (+351) 282 792 839

2nd office:
Rua Gil Leonel Lt. 16, Loja E
Urbanização Dunas de Lagos
Meia Praia
8600-315 LAGOS

info@alexandrasoares.com
www.alexandrasoares.com

License Nº 218 Faro | CED Profissional 218 Faro

Portugal Auctions

Pro-Active Property Marketing

Buying or Selling Property?

Pro-active Property Marketing through Auctions, Exhibitions & i-spy360 Virtual Tours

Welcome to our Website
www.portugalauctions.com

Your Property Partner - Turning Dreams into Reality!



First House raffle in the Algarve, Portugal
Win your dream house with a ticket for only €99.
www.dietraumvillaverlosung.at

Algarve CURTAINS

QUALITY WORK AT SENSIBLE PRICES

Curtains, cushions, bed covers made to measure

Tracks and poles supplied and fitted

Foam cut to size

Tel: 282 493 238 Tm: 964 677 699

Rua Infante D'Henriques No. 42, Ferragudo, Lagoa

PROPERTY AGENTS



Algarve Property .com

Tel 00351 289 310 310 - info@algarveproperty.com

www.algarveproperty.com

Gov. Lic. AMI 2196

How can we help you today?

Professional Estate Agents

All property pages can be viewed on-line free of charge on www.the-news.net

KITCHENS

Klass Cozinhas



Come visit our showroom in Lagoa

We are open 6 days a week and can offer you TOP QUALITY KITCHENS at the LOWEST PRICES AROUND

All construction work undertaken

282 342 062 or 926 148 240

In the dark?



Shed some light on your company by advertising here ...

Call Bella Talhadas on 707 500 677

www.the-news.net where we have around 300,000 hits per week.

PROPERTY SERVICES



NEW OUTER SHELL?

We are your roofing and facade specialists. We know that especially houses in Portugal need the best insulation and sealing systems.

- roofing and plumbing works
- drain systems
- facade renovation
- thermal insulation composite systems
- terrace and roof sealing
- woodworks
- advice, conception and design

VISIT OUR NEW WEBSITE AT:
www.mestre-construtivo.com

Fon 00351 289 42 25 25
Cell 00351 93 866 92 15

Are you an ex Speed Frame client?



No need to worry about maintenance and service

We are experienced ex Speed Frame technicians with a wide knowledge of this product.

- Your frames need a brief and inexpensive maintenance every six months to keep them working smoothly
- As Speed Frame is no longer in business in Portugal, service is not available from them, but we can perform most repair and maintenance tasks, and we can obtain many original parts, if needed
- If you need to replace a window or door, we can obtain units of a matching design to keep all your doors and windows in the same style

For maintenance, repairs or new units, call us for quick and efficient service at reasonable prices

PVC Directo

We double the glazing - Not the price

Tel: 916 184 148 • 969 410 952
pvcdirecto@gmail.com

Portugal at your fingertips!



Portugal-info has been active since 1997 and is a unique network where browsers can find everything they need to know about Portugal.

Portugal-info is all about business. If you need more, you need to be included in the network.

Find out how little it costs to buy so much exposure:
info@portugal-info.net or 282 423 770

Also see details by visiting www.algarve.ws

Portugal-info informing the world about Portugal



Join the thousands
who've slashed
their
phone bills

Mobile phone

Desktop phone

UNLIMITED

FREE

**national &
international**

Only
€24.99
a month*

Terms &
Conditions
apply

CALLS

Tel: 707 500 600 today
www.worldtelecom.pt



*Free calls are to fixed lines in: Portugal, UK, Germany, Holland, Ireland, Austria, Spain, Belgium, France, USA (incl. USA mobiles) and Canada. Prices do not include IVA. The Home Plan offer is for domestic use only and subject to a "fair usage" policy. The Business Plan includes 500 free minutes. You can keep your home phone number and then cancel your PT line rental (there is a small one-time charge to transfer your number). The desktop phone costs €60 + IVA to purchase, and the mobile costs €85 plus IVA. We also offer fully mobile internet. Terms and conditions apply.

Hotel Cool for cats



Francisco Rouge with his Norwegian Forest cat

Spacious individual boxes are equipped with climbing and walking devices so cats can enjoy exercise whilst staying the Hotel, as well as their own sand and sleep boxes, which are cleaned on a daily basis.

As opposed to some catteries that are adjacent to dog kennels, this Hotel is fully dedicated to moggies alone, and being situated on 9,000 square metres of land in the heart of the Monchique countryside noise is minimal so cats can rest and be at ease.

During their stay cats are groomed and pampered and fed

a nutritious dry-food diet, as well as having a constant supply of fresh water.

The Hotel Para Gatos Cattery is fully inspected and legalised by the Ministry of Agriculture. It was established in 2001 by Francisco and Jacqueline Rouge.

Despite living in Portugal since 2000, the couple had been visiting Portugal regularly for more than two decades prior to settling in Monchique. Francisco had the idea of opening the cattery due to his own love of cats, spurred by a need to slow down his pace of life following a serious heart condi-



Common dilemma, where do you leave your pet puss when you want to go on holiday? Answer: In the lap of luxury. The Hotel Para Gatos Cattery, in Quinta da Papoila, Monchique, was established to satisfy the highest standards of discerning pet owners by providing comfortable, calm accommodation for cats so they can have a relaxing, enjoyable holiday too!

tion brought on by years of working in Spain's hectic tourism trade.

It is now one of the highest acclaimed catteries in the country, set in a location that will make owners jealous.

Hotel Para Gatos Cattery is open all year round. Cats must be fully vaccinated to be accepted.

For more information contact: 282 912 462, 919 566 769, or see website: www.gatotel.com.



The cattery facilities

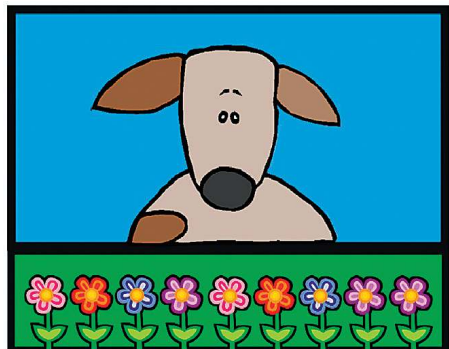
Keep Cool coats come to The Algarve Fair

Paws4Pets will have 2 stands at the Algarve Fair this year. Ann from Kool Coats in the UK

will be on our stand in the Dog Show area all weekend. She will be demonstrating the new wonderful Kool Coats and Halti's with lots of help from Cleo and Cassie. All our normal toys, training aids, treats, food, gifts and cards will be on both our stands. We will have Vets on our stands ready to offer any advice. We hope to see lots of friends there.



Visit **PETS CORNER** at the Algarve Dog Show area.



ALGARVE DOG SHOW

Purely for dog lovers - training seminars, grooming demos, dog displays and more.

LAGOA • Fatacil
30 / 31 MAY • 11.00h - 19.00h

Exhibition Hotline 282 380 317 algarvefair.com

KEEP COOL

Keep Cool Dog Coats
have been specially designed to keep your dog cool in any situation

Get your dogs ready for the Algarvean summer

Come and see demonstrations of these fantastic coats at our stand at the Country Fair 30/31st May 11am—7pm and bring your dog

For use all day: for walking, playing or lazing!

Paws 4 Pets

The Best A Pet Can Get



Tel: 289 588 882
Jan: 916 273 376
www.paws4pets.n

Albufeira—Edifício Avenida Nova, Torre da Mosqueira, 8200-562

Hi There !

BISCUIT is a lovely little dog. He is very jolly and faithful. Biscuit was found wandering in the streets a few weeks ago. He is a very gentle little dog who loves human company and long walks. He is about 2 years old. He has been wormed, deflead, vaccinated and castrated. Call Valérie for a visit 913 860 865 or 282 342 823 (evenings) - lili10.evann@yahoo.fr



ARMELLE is a very sweet and playful little dog. She is very young and healthy. Armelle is very good with people, children and cats. She has been wormed, deflead, vaccinated and spayed. Call Valérie for a visit 913 860 865 or 282 342 823 (evenings) - lili10.evann@yahoo.fr



POLKA is a cross yellow Labrador bitch around 3 years old. Dewormed, vaccinated and sterilised. Very social and sweet. If you would like to give her a home, please contact us on:



sesimbra.bianca@gmail.com You can also help us by fostering an animal on distance, making a donation or buying items from our charity shop: T-shirts, mouse pads, keyrings, fridge magnets and pins.
See: www.bianca.pt



Found



Little male dog white with brown patches. He was found on the 25th May in Caramujeira. He is very young (around 2 years old) and very gentle. Not castrated and was wearing a scalbor collar (against fleas and ticks). He is very clean and house trained. He is missing his family! Call Valérie if you have any information about him 913 860 865 or 282 342 823 (evenings) - lili10.evann@yahoo.fr



Beautiful Weimaraner pure bred female. She was found on the 26th May in the Carvoeiro area. She is between 4 and 6 years old, very gentle. She has had many litters and is not spayed. She has a microchip, but unfortunately not registered! She badly misses her home. If you know anything about her, please call Valérie 913 860 865 or 282 342 823 (evenings) - lili10.evann@yahoo.fr

CLÍNICA VETERINÁRIA DA LOUSÃ - CVL

INFORMS THAT NOW, ALSO HAS A VETERINARY CONSULTORY IN ARGANIL (GÂNDARA), WHICH IS OPEN MONDAYS, WEDNESDAYS AND FRIDAYS 17H30 TO 19H30 AND SATURDAYS 10H30 TO 13H00 APPOINTMENTS ARE ADVISABLE.

TEL: 239 99 10 10
EMERGENCIAS 24H/DAY
91 955 42 44



**THIS
weekend!**

Don't miss 'the greatest family party' in the Algarve. Two whole days for you to enjoy the best that the international community in the Algarve has to offer.

Stands

There will be over 150 stands with everything for the home, garden and lifestyle. Stands will be offering advice on travel, home improvements and finance, there will be lots to buy including fashions, books, art, decor, specialist foods, pets products and visitors can enjoy beauty treatments and health advice.

Algarve Dog Show

Purely for dog lovers - training seminars, grooming demos, dog displays and more.

Games Area

Especially for children (but adults will like it too). Fairground games, bouncy castle, lots of prizes.

Fire & Rescue displays all day

The Lagoa firemen plus fire engine, ambulance and special 'rescue' and lifesaving demonstrations for children and the chance to put out a real fire!

The Algarve Wine Festival

Lagoa City Hall will be staging their annual wine festival. Lots of tastings!

Green Challenge

Local schools have taken up the challenge to help save the planet. Their ideas will be on display in the Pavilion.

Motor Show

Lots of new vehicles to inspect and dream over.

Food Arena

Several international restaurants serving delicious food including Pizza from Italy, Surinam Food, Salads, Wraps, Hog Roast from UK, Chicken Piri-piri w/ *Batata Frita* from Portugal, Vegetarian, Tapas from Spain, Curries from India and Pies from the UK.

Arts & Crafts Market

A dedicated section for artisans to show off their wares in a beautiful tented area. Some wonderful products will be on offer.

All Day Entertainment

Peruvian band, children's ballet, choirs, music & singing, line-dancing in the evenings and our special parade at 12.00, 15.00 and 17.50 hours each day with the Algarve

Fair jingle.

Children's Fancy Dress

Children are invited to come to the fair in fancy dress and join in the parades

The Portugal News Café

Come and enjoy the hospitality of The Portugal News in their special café situated in the Pavilion. Buy a *bica* and a *pastel de nata* for €1.50 and you'll receive the free travel hairbrush and mirror which commemorates the 1000th edition of The Portugal News.

Entrance & Prizes

Entrance costs only €3 per person and children under 12 are admitted free.

There are competitions to win, bargains to grab in the marquee, displays & demonstrations, new products to discover, it's a great day out for all the family and full of surprises.



IT'S WHERE ALL THE ALGARVE MEETS!



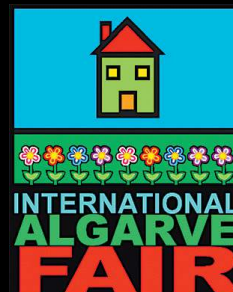
Organised by:

**THE PORTUGAL
News**

Supported by:

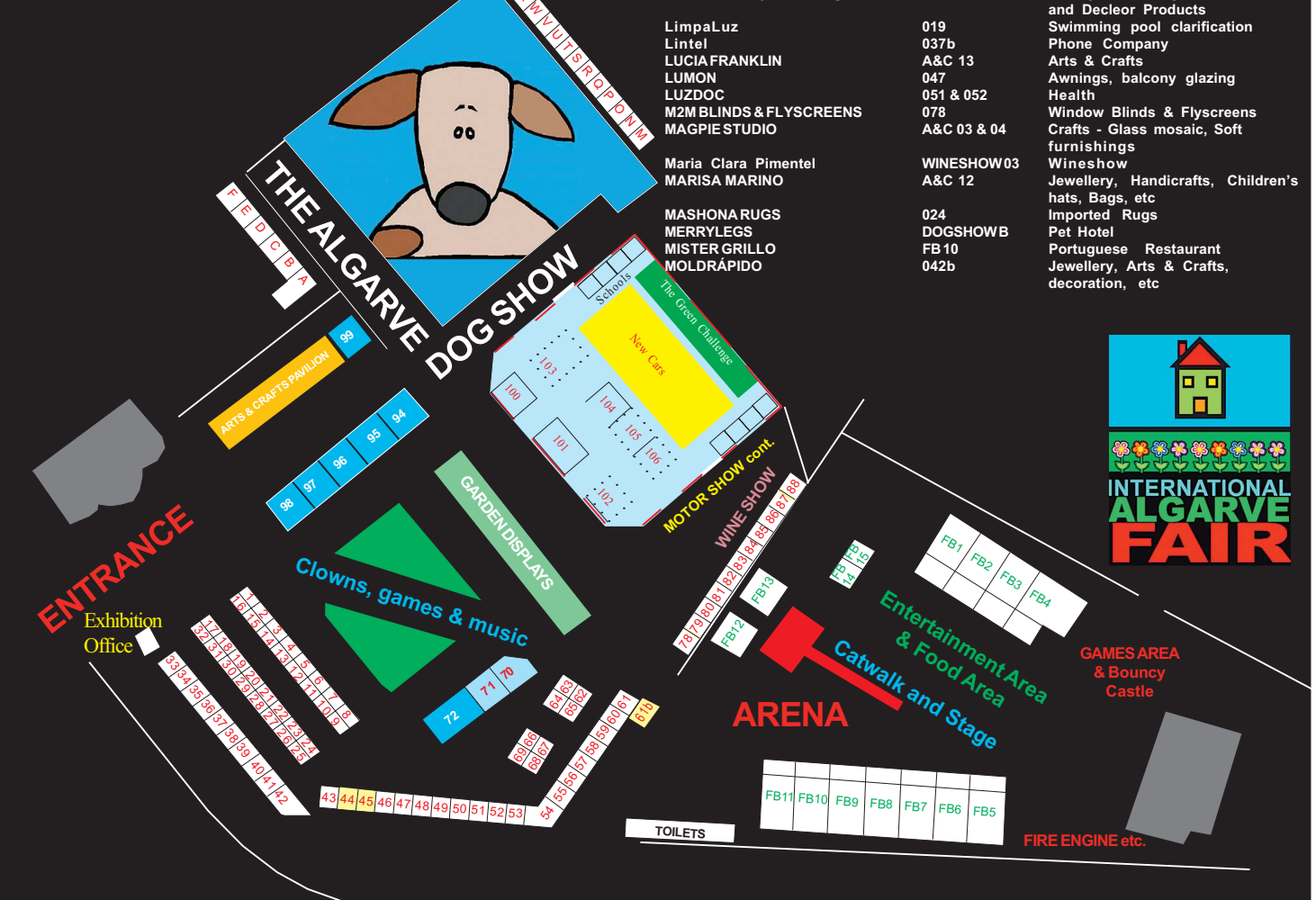


Sponsored by:



**LAGOA
Fatacil
30 / 31 MAY
11.00h - 19.00h
Exhibition Hotline
282 380 317
algarvefair.com**

| Exhibitor | Stand Nº | Type of Business | | | |
|-------------------------------|-----------------|---|------------------------------|-------------|--|
| A.P.A.A. | DOGSHOWA | Animal Protection | CHIWAWA Tapas Bar | FB08 | Tapas Restaurant |
| ABSOLUTE ZERO LDA | 058 | Promotional Merchandise | CHRISTINE PARKER CRAFTS | A&C 05 | Crafts |
| AEGIR INOX SOAPS | A&C 09 | Soaps | CLCC | 048 | College |
| ALEXANDRA VIEIRA | A&C 08 | Canvas, Jewellery boxes, Tea boxes, etc | COLLECTIONS | 071 | Ladies' Fashion |
| ALGARVE AIRPORTS CENTRE | 101 | Flying School | COMFORT KEEPERS | 029 | In-Home Senior Care |
| ALGARVE HOT TUBS | 072 | Pools and Spas | CRISCROSS | A&C 07 | Jewellery |
| ALGARVE PLUMBING & HEATING | 054b | Plumbing & Heating | DATERRA FARM SHOP | 006 | Horticulture |
| ALGARVEAN TAVERN | FB04 | Portuguese Tapas | DapperDogs | DOGSHOWS | |
| ALGARVE SPICE | 017 | Spices, herbs, teas | DAVID HAINES | 079 | Artist |
| ANGELA MARSHALL | 012 | Interiors and Soft furnishing | David Westwell | A&C 11 | Wooden Sculptures |
| Ania's Smörgåstårter | FB05 | Swedish Open Sandwiches, Sandwich Loaves & Cakes | DELICACIES | FB07 | Home Gourmet Catering / Vegetarian |
| ANJA'S MAGIC BOX | 099 | Aloe Vera, Handmade soaps and Handmade jewellery with Swarovski beads | DELICIAS NO PÃO | FB03 | Wraps, Salads |
| AQUA INNOVATIVE SYSTEMS | 064 | Water Purification | DONKEY SANCTUARY | DOGSHOWU | Donkey Rides |
| AQUA PURALDA | 002 | Pool Covers | EUKANUBA | DOGSHOWM | |
| ARCO IRIS | TBA | Charity | Expression Photography | 062 | Photography |
| ArtAfrica Etc | 046 | African Art Sculptures | F & V Flowers and Decoration | 057 | Silk Flowers |
| ARTES, TROMBINHAS & COMPANHIA | 009 | Arts & Crafts | FAJA LOBI Surinam Restaurant | FB02 | Surinam Food |
| ARVIPLAR LDA | 004 | Air Conditioning, Electrical Equipment and Renewable energy | FANTASIA MAGREB | 107&108&109 | Everything Moroccan |
| ASHBOURNE VILLIERS | 020 & 021 & 022 | Financial | Fiesta CHEF | FB14 | |
| ASHBOURNE VILLIERS | 106 | Financial | FI-Line Fashions | 043 | Ladies' Fashion |
| AZUL IMENSO | 041 | | FIRES OF PORTUGAL | 010 | Log Burning fires |
| AZUL IMENSO | 008 | | FOOD PASSION | FB06 | Chicken Piri Piri & home-made chips |
| Best4house | 035 & 036 | Water Treatment Systems | FUND. APOIO À CRIANÇA | 013 | Charity |
| BILHARES CHORÃO | 081 | Orthopaedic products | GABRIELA CORES E CANELA | 001 | Children's Arts & Crafts |
| BLEVINS FRANKS | 066 | Entertainment products | Giants Windows | 018 | Windows & Doors |
| Blush Photography | 054a | Financial Management | GMAC | 053 | Real Estate |
| BODYTOX FOOT PATCHES | 026 | Photographers | GRAPHIC ARTS / 3D MURELS | A&C 16 | Graphic Arts & 3D Murels |
| Borleys Pies | FB11 | Natural foot patches to detoxify the body | GRIFFIN BOOKSHOP | 016 | Bookshop |
| BOWEN TURN BACK TIME | 067 | Delicious Pies | HAIRE SOLVE | 027 | Health |
| BUGGY'S FRONTEIRA RADICAL | 095 | Bowen technique presented by Patrick Mathews | HAMILTON-BERGIN | 003 | Kitchens |
| C design | 014 | Buggies for sale and rent | HappyDogs | DOGSHOWT | |
| CANILUX | DOGSHOWR | Jewellery Design | HIDROPURA - Water Treatment | 068 | Water Treatment Systems |
| CANTEIROS DO SOL | GARDEN 03 | | HONEY & HOMEMADE CAKES | 055 | Honey & Homemade Cakes |
| CASA CURIOSA | 103 | Landscaper | HOSYSTEMS | 082 | Water Technology |
| CASTELO DE SONHOS | 028 | Indoor/Outdoor Furniture | HUSSE - NATURAL PET FOOD | 094 | Pet Food |
| CentrodTintas.com | 015 | Charity | IBERIA BLUE Pool Specialists | 063 | Pool Safety & Construction |
| CGM - TROPICBAR | FB15 | Ink, Tonners for printers | ICE DOGS | ARENA | Soft Ice Creams & HotDogs |
| CHARINA GIFTS | 042a | Slush + Fruits | INÁCIO ALVES | 030 | Magazine |
| CHEESE & PICKLES | 061b | Decorative gifts, handmade bags, glassware | INDIAN SPICES | A&C 06 | Indian Spices |
| | | Food Supplies | INT. COMMUNITY CENTRE | 033 | |
| | | | INT. SCHOOL OF THE ALGARVE | GREEN03 | School |
| | | | INT. SCHOOL SÃO LOURENÇO | GREEN01 | School |
| | | | JEWELS & BEADS | 032 | Retail |
| | | | JOUK'S STUDIO | 059 | Fashion |
| | | | KISS FM | 034 | |
| | | | KKKARDS | A&C 10 | Greetings Cards |
| | | | LAGOA TOWN HALL | 100 | Town Hall |
| | | | LARA - Beauty & Massage | A&C 15 | Beauty & Massage Treatments and Decleor Products |
| | | | LimpaLuz | 019 | Swimming pool clarification |
| | | | Lintel | 037b | Phone Company |
| | | | LUCIA FRANKLIN | A&C 13 | Arts & Crafts |
| | | | LUMON | 047 | Awnings, balcony glazing |
| | | | LUZDOC | 051 & 052 | Health |
| | | | M2M BLINDS & FLYSCREENS | 078 | Window Blinds & Flyscreens |
| | | | MAGPIESTUDIO | A&C 03 & 04 | Crafts - Glass mosaic, Soft furnishings |
| | | | Maria Clara Pimentel | WINESHOW03 | Wineshow |
| | | | MARISA MARINO | A&C 12 | Jewellery, Handicrafts, Children's hats, Bags, etc |
| | | | MASHONA RUGS | 024 | Imported Rugs |
| | | | MERRYLEGS | DOGSHOWB | Pet Hotel |
| | | | MISTER GRILLO | FB10 | Portuguese Restaurant |
| | | | MOLDRÁPIDO | 042b | Jewellery, Arts & Crafts, decoration, etc |



It's here! The International Algarve Fair is this weekend



More energy and effort than ever before has been poured into this year's International Algarve Fair, which will include many new introductions and events, like the Algarve Dog Show, the schools' 'Green Challenge', a huge traditional fête games area, and more dining variety than ever before.

Back by popular demand is the Wiracocha Ecuadorian music group, which will be playing throughout the day on both days.

Along with the dozens of arts and crafts stalls there is a dedicated Wine Exhibition, where visitors can sample and savour a variety

of wines from regional distributors and producers, as well as garden demonstrations to wander round.

At 12h00, 15h00 and 17h30, on both Saturday and Sunday, the stunningly colourful International Algarve Fair parade will be marching around the grounds to the event's catchy anthem.

At 12h30 on both days there will be a ladies' fashion show, followed by live music courtesy of keyboard-player Alan Storm (on Saturday) and Guitarist Amílcar Batista (on Sunday).

At 14h00 on Saturday afternoon the Sander Dance Crew will be showing off their Hip Hop moves, and at from 16h00 onwards Ellen's Ferragudense Dance Girls will also be putting on a groovy performance, followed by the UK Brands Abroad Children's Fashion Show.

Featured Sunday afternoon from 16h00 onwards is the Lagos Morris Ballet School, a musical performance from students of the Vale Verde International School, and rounding off both evenings will be popular entertainer J.J. Johns, complemented with Line Dancing with Chris Cottis.

Everyone is welcome to dust off their Stetson Cowboys hats, buckles and boots and join in with the evening entertainment, which will take place Saturday and Sunday from 18h00 onwards.

Causing considerable excitement amongst animal lovers from across the region is the Algarve Dog Show, which as well as a fantastic line-up of workshops will also feature a 'Pet's Corner' post-board for homeless animals.

On this board there will be dozens of photos of abandoned animals that are available for adoption. Visitors are also welcome to put up their own papers.

Regarding the Algarve Dog Show workshops, organized by Paulo Luz of specialist pet store 'My Friend' and which will be led by experts from the UK-based Company of Animals flown over especially for the event, the line up is published on the right.

Furthermore there will be an 'Ask the Vet' service at the MyFriend stand featuring vets from MyFriend, AllPet's and the Veterinary Clinic of Pateo.

MyFriend (www.myfriendonline.net) will also be offering free 'Greenies' and 'Dentastix' treats, as well as promotions of up to 30 percent off on Nutro Choice pet food.

A huge range of discounts will be available on many of the products and services featured by the 150-plus businesses that will be participating at the International Algarve Fair.

Possible one of the most exciting is the 10 percent discount available exclusively from The Portugal News on Gerry Breen Microlight flights.

will also be a real Microlight for people to see firsthand.

The International Algarve Fair will open its doors at 11h00 this

weekend, on Saturday 30th May. It is open Saturday and Sunday May 30th and 31st, from 11h00 to 19h00. See you there!

Entertainment Line-up

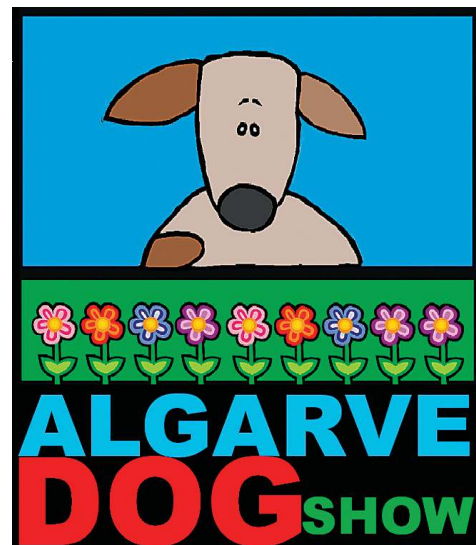
Saturday 30th May

| | |
|----------------|---|
| 11:00 to 12:00 | Wiracocha |
| 12:00 to 12:20 | Parade |
| 12:30 to 13:00 | Jouk Fashion Show |
| 13:00 to 14:00 | Alan Storm / Keyboard |
| 14:00 to 14:15 | Sander Dance Crew |
| 14:15 to 15:00 | Alan Storm / Keyboard |
| 15:00 to 15:20 | Parade |
| 15:20 to 16:00 | Wiracocha |
| 16:00 to 16:15 | Ellen's Dance Girls |
| 16:15 to 16:45 | Children's Fashion Show |
| 16:45 to 17:30 | Wiracocha |
| 17:30 to 18:00 | Parade |
| 18:00 to 20:00 | JJ Johns / Line dancing w/ Chris Cottis |

Sunday 31st May

| | |
|----------------|---|
| 11:00 to 12:00 | Wiracocha |
| 12:00 to 12:20 | Parade |
| 12:30 to 13:00 | Collections Fashion Show |
| 13:00 to 15:00 | Amílcar Baptista / Guitar |
| 15:00 to 15:20 | Parade |
| 15:20 to 16:00 | Wiracocha |
| 16:00 to 16:15 | Morris Ballet School |
| 16:15 to 16:45 | Vale Verde International School |
| 16:45 to 17:30 | Wiracocha |
| 17:30 to 18:00 | Parade |
| 18:00 to 20:00 | JJ Johns / Line dancing w/ Chris Cottis |

| | | |
|----------------------------|-------------|---|
| MÓVEIS MALHEIRO (2 Facias) | 105 | Furniture |
| MYFRIEND | DOGSHOW-N-Q | |
| NECI | 069 | Children's Home |
| PAWS4PETS | DOGSHOW C&D | |
| PAWS4PETS | 049 & 050 | Pet Supplies |
| PDM TRAVEL | 065 | Travel Agency |
| PIZZA MOBILE | FB01 | Pizza Restaurant |
| PODERDOSOL | OPENAREA | Versatility of Bike, Mosquito zappers/ Strawberries & Cream |
| | | Pool Services |
| POOL SAFE | 056 | Pool Safety Fencing, mosquito blinds |
| POOL SAFETY FENCING | 007 | English Magazine |
| | 037a | Café |
| PORTUGAL LIFE | 104 | Wineshow |
| PORTUGAL NEWS CAFÉ | 223 | Social Support |
| QUINTA DOS VALES | A&C 01 | Spray Paintings |
| Rede VidaMAIS | 038 | Health & Beauty Centre |
| ROMANO MASSIMO | FB09 | Indian Restaurant |
| SALÃO ELYSIUM | 080 | Dance Lessons |
| SAMRAT INDIANO | 070 | Flyscreens |
| SANDERDANCE | A&C 14 | Silver |
| SIMPLY SCREENS | 040 | Satellite TV |
| SIMPLY SILVER | 060 | Stone Refurbishment |
| SOS Sky Digital | WINESHOW 02 | Wineshow |
| STONE CARE SERVICES | 011 | Charity |
| SULVINTAS | GARDEN 01 | Arboriculture |
| THE ROYAL BRITISH LEGION | 025 | Children's Wear |
| TREE WORK ALGARVE | 031 | Imported Food |
| UK Brands Abroad | GREEN 04 | School |
| UK FOOD SUPPLIES | GREEN 02 | School |
| UNIVERSIDADE DA CRIANÇA | 097 | Pet Food |
| VALE VERDE INT. SCHOOL | 098 | Motorbike & Chaffeur Company |
| VETZONE | A&C 02 | Head Massage & Bracelets |
| VIPALGARVE | GARDEN 02 | Gardens Centre |
| VIRGINIE GALLOO | 061 | Telecoms |
| WINGARDEN + HOME | | |
| WORLD TELECOM | | |



Events and Agenda

SATURDAY

- 11.30h Classes by the Happy Dogs Center
- 12.30h Walk on a lead (Open class by Company of Animals)*
- 13.30h Introduction to Agility (Open Class by Company of Animals)*
- 14.30h Agility by Happy Dogs Center
- 15.30h Clicker Training by Company of Animals
- 16.30h Demonstration of Working Dogs (Security - Happy Dogs Center)

SUNDAY

- 11.30h Training Class by Happy Dogs Center
- 12.30h Walk on a lead (Open class by Company of Animals)*
- 13.30h Open Class for agility introduction by Happy Dogs Centre*
- 13.30h Open class by Company of Animals - questions and answers*
- 14.30h Introduction to Agility (Open Class by Company of Animals)*
- 15.30h Agility by Happy Dogs Centre Demonstration and Open Class*
- 16.30h Clicker Training by Company of Animals
- 17.30h GNR Search and Rescue Demonstration (Retrieval, Rescue, Drugs, Obedience)

Watch out for

"Ask the Vet"

Pooper bags

Where to enrol your dog for* starred items

Our thanks to the Happy Dog Center (www.happydogcenter.com) and MyFriend (www.myfriendonline.net) and the Company of Animals (www.companyofanimals.co.uk)

and the GNR

Welcome to the International Algarve Fair



Wingarden's stand at the May 2008 International Algarve Fair.

People often ask me why we stage the Fair in the way we do. "How can we mix business and a family day out together"? The simple answer is that we firmly believe there is no other way. Market research has shown over and over again that we have to recognise that 'shopping' has become an entertainment; people don't simply go out only to make a purchase. They enjoy looking around at what's for sale, and 'window shopping' frequently turns into a purchase.

The Portugal News recognises that residents of the Algarve are becoming younger, and what used to be a retirement destination 20 years ago, has become a family destination now, with ever younger people choosing this delightful location, with its superb environment and friendly, welcoming people, for setting up home and for conducting business.

We want to give all the family, whatever their ages, a great day out with food, entertainment and the chance to get to know the ever increasing range of products and services available to them. Our own research has shown that people visit the International Algarve Fair for over four hours. Exhibitors tell us they make great contacts and meet new clients.

That's why we believe you can mix business and pleasure, and I hope you will enjoy your visit today.

Paul Luckman

Schools go 'green'

While the International Algarve Fair truly is an exploding, living, breathing kaleidoscope of colours, one part of it has decided to stick to just one colour – Green! This year, for the first time, the International Algarve Fair is introducing 'The Green Challenge'.

As we all endeavour to do our bit for the environment – from riding bicycles to separating the rubbish and installing solar panels – the International Algarve Fair has decided to enlist the help of little geniuses from around the region to come up with innovative ways that this can be achieved.

The Green Challenge has been proposed to schools across the Algarve, which in turn have put it to their students to use their imagination in creating all sorts of weird and wonderful projects to save the planet. Each school has chosen a project theme, and then gone to their drawing boards!

Divided into four categories – Junior & Senior Infants, 1st & 2nd class, 3rd and 4th class, and 5th and 6th class – a prize will be given to the winners from each category, with all their work being displayed in a large area at the back of the pavilion near the school's stands, under their school's banner and chosen project theme.

So as pupils brainstorm new ideas on how to reduce, reuse, repurpose, recycle and rebuild, we can't wait to see what the

outcome is!

Complementing the 'Green Theme' – but much more colourful than just green – is the International Algarve Fair's Arts & Crafts tent, which will be bursting with all sorts of hand-made goodies, traditional fare, and rustic relishes like jewellery and soaps and a huge range of lovely knick-knacks for the home.

And last but certainly not least, you will have the opportunity to receive a very unique gift that will undoubtedly become a collector's item of great value – The Portugal News' special 1000th Edition gift: a hand-size embossed travel hairbrush and compact mirror. All you have to do is go to the Portugal News Café in the Pavilion and the brush is yours with the purchase of a *bica* and *pastel de nata*. Every handbag, glove compartment, beach bag and suitcase should have one.

Listen out for the jingle which has been broadcast across the Algarve and which you will be hearing over the loudspeaker system and during the parades. Here are the words (left) so that you can sing along with us.

A message from our Mayor

"I would like to stress the importance of the International Algarve Fair for a number of reasons, but mainly because of the added dimension it gives the region.

In Lagoa there are many residents of foreign nationality, some here temporarily, others who have made Lagoa their homes, many who have built businesses here and have therefore contributed as an important economic sector that is now strongly intertwined with the local economy.

These have all helped to bring variety to and develop the region.

The International Algarve Fair is equally important for promoting the name of Lagoa and the FATACIL grounds. By promoting itself the International Algarve Fair elevates the name of the region as well as bringing to Lagoa a group of interesting factors that are uncommon at this time of year. It is uniquely beneficial to the region".

Dr. José Inácio

Jingle Lyrics

Hours of Fun
International Algarve Fair
Stands ga-lore
International Algarve Fair
Dog dis-plays
International Algarve Fair
Wine and food
International Algarve Fair
Arts and crafts
International Algarve Fair
Beau-ty Treats
International Algarve Fair

Bus-ness deals
International Algarve Fair
Come.... to.... life
It's.... where..... all the Algarve meets....
International Algarve Fair



Dr. José Inácio, The Mayor of Lagoa



WHERE TO WORSHIP

Lisbon

IGREJA DO CORPO SANTO, LISBON
Largo do Corpo Santo, Catholic Services in English, Mass each Sunday and Holy day at 11.00am Tel. 21 467 3771

IGREJA DA SRA. DOS NAVEGANTES, CASCAIS
Rua dos Navegantes, Catholic Services in English, Mass each Saturday at 6.30pm; Mass each Sunday and Holyday 12 noon Tel. 21 467 3771

ST MARIA, SÃO PEDRO DO ESTORIL
Catholic Service in English every Sunday at 10.15 Tel. 21 467 3771

OCEAN CHRISTIAN COMMUNITY - An International Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Join us for Sunday worship with a contemporary style at the Hotel Sabeira, Rua Belmonte, No. 1, Estoril. Tel. 21 9202019

INTERNATIONAL BAPTIST CHURCH OF LISBON
11.30am English worship service in the facilities of the Terceira Igreja Evangélica Baptista de Lisboa. Location: Rua Filipe Folque, 36, 1º Floor, 1050 Lisbon. Rev. Joseph Ian Moriah

BAPTIST MISSION- Esqueira(Aveiro)
Traditional Baptist church service in English on Sunday at 5pm. Contact: Pastor David Loop Tel. 965-363-986

RIVERSIDE INTERNATIONAL CHURCH
Office: Rua São José 178, 1.º dto, Fontainhas, 2750-134 Cascais, Phone: 21 483 6590, Fax: 21 483 6592. Church: ABLA (next to Riviera Hotel), Praceta Infante D. Henrique, N.º 80, Quinta do Junqueiro, 2775-584 Carcavelos. We are an interdenominational Christ-centered, contemporary, caring & culturally relevant church meeting at ABLA in Carcavelos each Sunday at 10.30 in English and 18.00 in Portuguese. Creche, children and youth ministries provided.

THE DOOR Christian International Church -meets at Cidade Desportiva, Praceta Carlos Capitulo, Loja B Massama/Queluz, every Sunday at 10.30am and 7.00pm- all welcome. For more information call Pastor Frank Escobar at 21-467-3386 or Mobile 919 086 683 God Bless!

CHAPEL OF ST. PIUS X, PRIORADO S. PIO X, Estrada de Chelas, 31, 1900 Lisboa. Tel.(21) 814 3591. Latin Tridentine Mass, Lisbon every Sunday at 11am. Rosary before Mass, confessions also available. Montforte (Alentejo) also 2nd & 4th Sundays, 6.30pm. Resident Priest: Ernesto Cardoso

ST GEORGE'S CHURCH, LISBON (Church of England): Rua S Jorge. Enter through British Cemetery gate opposite Jardim da Estrela. Sunday School. Service 11.30 am every Sunday. Tel. 21 4692303

ST PAUL'S CHURCH, ESTORIL (Church of England). Av. Bombeiros Voluntários 59 (behind Hotel Sana Estoril). Sunday School.

Service 9.30 am every Sunday. Tel. 21.4692303.

ST. MARY'S, S. PEDRO DO ESTORIL 368 Rua do Murtal, Mass each Sunday and Holyday 10.15am Tel. 21 467 3771

ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN) Rua Amiega, 13, Lisbon: Sun. 11.00. Minister's Tel: 214 837 885. www.standrews-lisbon.com.sapo.pt

CASCAIS INTERNATIONAL CHRISTIAN CHURCH Av. de Sintra, N.º 1154, Cascais (Tel: 21 486 1856). Sunday English worship 10.30 Portuguese at 17.30. An international evangelical fellowship, nursery provided, children's church programme, mid-week bible studies.

THE SALVATION ARMY, LISBON Reboleira Corps (Praceta Almada Nogueira, Lote 213 Loja Dt. do Exército 11 A); Chelas Corps (Rua Rui de Sousa, Lote 65 A Loja C); Laranjeiras Corps (Bairro de Laranjeiras). At all these Corps: Morning Service 9.30am Salvation Meeting 5.00pm Picheleira Corp Rua Capitão Roby, Picheleira, Lisbon (21 805708).

IGREJA DE CRISTO (CRISTA) Carcavelos, Rio de Moura & Lisbon. At all three centres, services in Portuguese, bilingual counselling. (Tel. 21 2461596).

LISBON SYNAGOGUE: Rua Alexandre Herculano 59, Tel. 213 931 130 Fax 21 388 4304 e-mail: celesboa@mail.telepac.pt

IGREJA BAPTISTA de Queijas (close to Cascais) Rua Carlos Santos 8B, Queijas Near the Olympic Stadium off the A5, Tel: 214 172 087. Sunday Service: English 10.15 / Portuguese 12.00 Prayer and Bible Study: Thursday 8pm Traditional Baptist Service in English followed by Sunday School

JEHOVAH'S WITNESSES - Public Talk in English, Rua João de Deus, 76, Sintra. (Behind Sintra train station). Sunday 1.30pm. Tel: 214 690 600. No collection. Also Rua da Barroca, 122 (Bairro Alto), Lisbon. Sunday 11am. Tel: 213 421 604. (Chinese: Saturday 3pm) No collection.

The Algarve

CHURCH OF ENGLAND ST. VINCENT'S ANGLICAN CHAPLAINCY Holy Communion every Sunday in our three congregations: 11.30am St Luke's, Monte de Palhaqueira, Goriões (Near Sta Barbara). Contact Sandra 289 791 699 & 919055959. 9.30am Igreja N Sra de Fátima, EN125 between Quarteiras & Almacil. Contact Rosie 289 328 302.8.00am and 12noon Igreja N Sra da Luz, Praia da Luz (near Lagos) with Sunday School. Contact Joyce 282 788 104. More info: www.stvincents-algarve.org

ALL SAINTS ANGLICAN CHURCH, ALGARVE - Contemporary, Evangelical worship. Sundays: Holy Communion Service with Crèche and Adventurers 10.30 am

Community Centre, Almacil (ASCA - Associação Social e Cultural de Almacil). Service in Lagoa at Lagoa Convent Chapel 6pm. Details from 282 380311 or www.all saints algarve.org. See our website for dates of Services of Holy Communion.

www.fontevida.org

CENTRO CRISTÃO FONTEVIDA Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799 518 Website www.fontevida.org

THE EVANGELICAL BAPTIST CHURCH of Lagos. Service 6pm. Urb. Vila Praia da Dona Ana, Lote 11b, Lagos. (Nr. Hotel Golfinho). Information 282 768 088.

THE SALVATION ARMY in São Brás de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Brás at 5pm, Rua 25 de Abril, nº 19 (next to the Market).

CATHOLIC MASS every Sunday partly in English - 11am. at St. Lourenço Church - Almacil - 6.30pm. at Four Seasons Country Club - Quinta do Lago - Almacil. Further information, Griselinda Neto on 965168120 or Vitor on vgn@domopor.com

INTERNATIONAL CHRISTIAN FELLOWSHIP International Christian Fellowship in Portimão. Sundays at 11am. * Sunday School for Children in English & Portuguese * Avda 25 de abril 17 r/c-D, Portimão) *opposite public swimming pool (piscina municipal) *Tel 282 461 985. Website: www.coaa.co.uk/ict.htm

LIVING HOPE BAPTIST CHURCH English speaking services every Sunday 5 p.m. About 100m North of bulding circle in Albufeira. For more information contact pastor Mark: 964860765. Or email: pastor@ibev.pt

CHURCH IN ALJEZUR / VALE DE TELHA. Our mission: Matthew 28:18-20 (An outreach from Church in Lagos) Call Stefan Saunders (Pastor) mobile 963 165 983.

INTERNATIONAL COMMUNITY CHURCH in Lagos invites you to attend its services in English on Sundays at 11.00am. Sunday School for children. 5 Travessa de Santo Amaro, Lagos, Tel. 282-086804 or 282-697546, www.icc-lagos.org.

INTERNATIONAL EVANGELICAL CHURCH OF THE ALGARVE Warmly welcomes residents & visitors of all nationalities and denominations to their Sunday Services in Vale Judeu at 10.30. See our blue sign on the N125 between the Vilamoura entrance & the Atlântico Waterslide Park. Services in

English, creche and Sunday School. For further information: 289 328635.

LAGOA CHRISTIAN FELLOWSHIP An international English speaking church. Contemporary worship and Christ-centred study of the Bible. "God Squad" for kids, toddler thru pre-teen. Service every Sunday 11am to 12.30 pm. Portuguese translation available. Address: EN125 - Vale de Lousas, Alcantarilha. Pastor Alípio Amaral Tel. 282 381347. Visit our website at www.lagoafellowship.com

TAVIRA CHRISTIAN CENTRE Meetings in English, Sundays at 10.30 am at 126 Rua Almirante Cândido Reis. Full programme and further details from Jackie 281 322 857, Geoff 969 100 121 or Maria 966 380 404. E-mail: jackieandmo@yahoo.co.uk

RESGATE DE VIDA, LAGOS, Raising up a new generation according to Eph 4 v 11-12, Church with a Brazilian Flavor. Portuguese speaking. Children Welcome. Meeting on Sundays 8pm - 10pm at Rua, Hospital S. João de Deus. For directions phone Pastors Sidney 963414757 or Anderson 962934005

ROMAN CATHOLIC ST. ANDREWS, PENINA

S.C. Mass in English every Saturday 6pm, St. Andrews Church, Penina. For further information, please contact Padre Manuel 282 459151

SALVATION ARMY Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, São Brás de Alportel

ALL NATIONS, Todas as Nações, All welcome, contemporary worship service, Carvoeiro Tennis Club, Mato Serrão Carvoeiro. Sundays 10.30am-12.00pm, Luke and Shelley 913362221

EREV SHABAT - For services Tel: 282 416710

JEHOVAH'S WITNESSES - Public Talk in English. The New Kingdom Hall of Jehovah's Witnesses, 25. Largo Engenheiro Sarraa Prado, Portimão (Next door to the University). Saturday 4pm. School Tuesday 7.30pm Tel: 282 485 495. (Chinese: Saturday 4pm) No collection. Also Rua Bartolomeu Dias, Albufeira. (Next to the Junta da Freguesia). Sunday 10.15 am. School Wednesday 7.45pm Tel: 282 442 279. No collection.

Oporto

GREATER GRACE INTERNATIONAL FELLOWSHIP has contemporary Christian gatherings on Sunday afternoons at 3rd Baptist Church, Rua Estacao 133, Porto, & Saturday evenings on the 1st floor at Confeitaria Palacio, Porto (across

from the "Emergency" entrance of Hospital Santo Antonio); for meeting times, details and updated schedule visit www.NovaAurora.com, call 220 994 785 or send an SMS to 917 112 736.

RIVERSIDE PORTO INTERNATIONAL CHURCH - Oporto. A church that is fun and enriching. Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNG, between Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 contact@riversideporto.com or www.riversideporto.com

ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO. Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. www.stjamesporto.org

THE SALVATION ARMY OPORTO Pereiro Corps (Av. Vasco da Gama No: 675-2 E Ramalde), Service 10am, Salvation

Meeting 5.00pm. Coloras Corps. (Av. dos Bombeiros Voluntários; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting.

JEHOVAH'S WITNESSES - Public Talk in English. Praça Don Afonso V, 168. Sunday 10.30am. Tel: 226 160 976. No collection.

Caldas da Rainha

ANGLICAN EVENING WORSHIP IN ENGLISH. At 6.00pm on the first Sunday of each month, except in August and January. Held in the Evangelical Baptist Church, Rua Dr. José Saudade e Silva 27/29 (between Caldas da Rainha Railway Station and "Pingo Doce". All welcome.

JEHOVAH'S WITNESSES - Public Talk in English. Rua Adelino Amaro da Costa, next to CERCIP. 2520 Peniche, Obidos. Sunday 11am (1º & 2º Sunday of the month). No collection.



10.30am • Holy Communion
ASCA • ALMANCEIL
with Adventurers and Creche
6pm • Holy Communion
Convento de S. José • LAGOA

ANGLICAN CHURCH

Lead Priest : Fr. Joseph Wingo T: 309 402 783

Assistant Priest: Rev'd Jackie Nevill T: 914 781 453

Deacon: Rev'd Paul Luckman T: 917 240 123

info@allsaintsalgarve.org • www.allsaintsalgarve.org

Please enquire about Baptism Services, Marriage Blessings, Funeral Services etc.

For directions, call 282 380 311 any time

su do ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 7 | 8 | | | 3 | | | |
| | 3 | | | 4 | 5 | | | 2 |
| | | | | | | 9 | | |
| | | | 1 | | 7 | 2 | | |
| 5 | | | 3 | | | | 7 | |
| | | 7 | 5 | | 8 | | | |
| | 2 | | | | | | | |
| | | | | | | | | |
| | | 9 | | | | 5 | 1 | 3 |

Last weeks solution:

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 8 | 7 | 1 | 6 | 4 | 5 | 2 | 3 |
| 6 | 4 | 2 | 9 | 5 | 3 | 8 | 7 | 1 |
| 3 | 5 | 1 | 2 | 8 | 7 | 4 | 6 | 9 |
| 2 | 1 | 8 | 6 | 3 | 5 | 9 | 4 | 7 |
| 4 | 7 | 9 | 8 | 2 | 1 | 3 | 5 | 6 |
| 5 | 3 | 6 | 7 | 4 | 9 | 2 | 1 | 8 |
| 1 | 6 | 4 | 5 | 9 | 8 | 7 | 3 | 2 |
| 8 | 2 | 3 | 4 | 7 | 6 | 1 | 9 | 5 |
| 7 | 9 | 5 | 3 | 1 | 2 | 6 | 8 | 4 |

For **tips** on how to solve Sudoku puzzles, browse the **forums**, go to www.sudoku.com

| | | | | | | | | | | | |
|----|--|----|----|---|---|----|----|--|----|----|---|
| 1 | | 2 | | 3 | 4 | | 5 | | 6 | | 7 |
| | | | | | | | | | | | |
| 8 | | | | | 9 | | | | | | |
| | | | | | | 10 | | | | | |
| | | | | | | | | | | | |
| 11 | | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| 13 | | | | | | | 14 | | | 15 | |
| | | | | | | | | | | | |
| | | 17 | 18 | | | | | | | | |
| 19 | | | | | | | | | | | |
| 20 | | | | | | | | | 21 | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| 22 | | | | | | | | | 23 | | |

ACROSS

- Headland (4)
- Scatter (8)
- Decoy (4)
- Famished (8)
- Directions (12)
- Narrate (6)
- Steering apparatus (6)
- Sweat (12)
- Dexterously (8)
- Engrave (4)
- Emblem (8)
- Poke (4)

DOWN

- Coal-mine (8)
- Sunshade (7)
- Untouched (6)
- Special (10)
- Rule (5)
- Therefore (4)
- Objecting (10)
- Soaked (8)
- Wanderer (7)
- Helm (6)
- Incorporate (5)
- Legend (4)


QUICK SOLUTIONS N°: 242

Across: 1 Furthermore; 9 Skimmed; 10 Given; 11 Annul; 12 Antonio; 13 Lavish; 15 Asleep; 18 Surplus; 20 Trait; 22 Evict; 23 Elation; 24 Undertaking.

Down: 2 Union; 3 Tumulus; 4 Endear; 5 Might; 6 Revenue; 7 Established; 8 Incompetent; 14 Version; 16 Set-back; 17 Ascend; 19 Lithe; 21 Alien.

Crossword No. 243

Upward Glimpse



with Joyce Voelker

Conscience

Renowned evangelist, Billy Graham had this to say about conscience: "Most of us follow our conscience as we follow a wheelbarrow. We put it in front of us in the direction we want to go." I once heard that Native Americans describe the conscience as a star shaped object inside man's chest. The star has sharp edges and is designed to turn and cause pain when one is guilty of making a wrong choice. If the pain is ignored long enough and often enough, the sharp edges of the star will gradually become rounded lessening the pain as it turns within. After a time, the conscience cannot do what it was designed to do. It has no power to convict, challenge or keep a person following the right path.

All of us have been guilty at one time or another of choosing not to listen to our conscience; the voice God planted in our hearts. The longer we choose to ignore it, the less effect it has on our lives. Few things in life torment us more than a guilty conscience. The opposite is also true. Few things provide more contentment than living with a clean conscience. Wise believers have learned to listen carefully to

this quiet internal voice and follow God's will for their lives. Consider the following wise quotes about conscience.

"To go against one's conscience is neither safe nor right. Here I stand. I cannot do otherwise." Martin Luther

"He that loses his conscience has nothing left that is worth keeping." Isaac Walton

"A quiet conscience sleeps in thunder." Thomas Fuller

"The convicting work of the Holy Spirit awakens, disturbs, and judges." Franklin Graham

Many years ago I chose Acts 24:16 as my life verse, the Scripture after which I most wanted to pattern my life. "So I strive always to keep my conscience clear before God and man." Though I have not always followed it perfectly, remembering this verse has been a good measuring rod for my life. If I faithfully seek to live without offending God or man my conscience will be clear and I will have nothing to fear.

*More information about how to have a relationship with God can be found at www.rbc.org/personal_relationship_with_god.page

View for FREE
at
www.the-news.net

Alarms

RESPONSE ALARMS ■10
Home Security Systems
Tel: 282 356 083
Mob: 918 987 093
paul.responsealarms
@hotmail.com

Antiques

ANTIQUES & DECORATION
Fair prices for articles.
Tel: 282 574 158
Mob: 967 044 773

FRED PEETERS
Dutch Antique Dealer
Messines
Tel: 282 338 602

GOLD SILVER JEWELLERY
Buying in any condition
Also coins, watches and old oil paintings
10am - 6pm
Tel: 960 212 008

Bureaucracy

SOVEREIGN
For your fiscal representation
Tel: 282 340 480
port@SovereignGroup.com
SovereignGroup.com/Portugal

Computers & Office supplies

AA PC SURGERY ■15
Personally Tailored Laptops
and PC's created for your needs -
Everything in English
Tel: 707 940 332
sales@worldtelecom.pt

ALGARVE LAPTOPS
English laptops / PCs & support
Repairs, upgrades & support.
Tel: 282 312 044
www.algarvelaptops.com

Education

CENTRO DE LÍNGUAS DE LAGOS
Language School
Rua Dr. Joaquim Tello - Lagos
Tel: 282 761 070
info@centrodelinguas.com
www.centrodelinguas.com

CLCC - CENTRE
Language School
Portimão - Jardim Gil Eanes
Tel: 282 430 250
geral@clcc.pt
www.clcc.pt

UNIVERSIDADE DA CRIANÇA
Crèche & pre-school
Portimão
Tel: 282 423 974
reitoria-uc@ideas4tomorrow.com

Entertainment

FARO JEWISH HERITAGE CENTRE
Synagogue Museum
Tel (Centre): 289 829 525
(Guide) 936 394 488
Ralf Pinto@sapo.pt
www.farojewishheritage.org/

STANDING OVATION
Wedding blessings, Events & Party organiser
Tel: 914 599 933
www.standingovationalgarve.com

Landscaping Gardens & Ponds

ALGARVE TREE SERVICE
Tree Surgery
Vale Grito, Aladena, Lagos
Tel: 917 479 921
www.algarvetreeservice.com

ECOSSISTEMAS ■15
Garden Centre
EN125, Odiáxere, Lagos.
Tel: 282 799 537
Fax 282 799 840
www.ecossistemas.com

GERALDES LANDSCAPE
Construction and maintenance
Tel: 289 328 255
Mob: 913 407 507
geraldespaisagismo@hotmail.com

HARVEYS OF LOULÉ
Garden Construction & maintenance
Loulé
Tel: 289 412 462
Mob: 916 048 671
harvcor@sapo.pt

NORMAN GROUNDWORKS
Gardening & landscaping
Tel: 282 332 899
Mob: 963 134 129

Q GARDEN
EN125 Odiáxere
Tel: 282 799 633
qgarden@mail.telepac.pt
www.qgardenpt.com

Health & Beauty

ALAN GALE DENTURE STUDIO
Silves
Tel: 282 442 302
Mob: 916 717 113

ANDREAS J. MESZTICZKI MD
Riverside International Medical Centre
Santa Barbara de Nexe / Faro
Moncarapacho - Tavira - V.R. Stº António
Tel: 289 997 742
24hrs service: 919 657 860

BOWEN TECHNIQUE
Central and East Algarve
Gareth Bullock
Mobile: 912 540 071

BOWEN THERAPY ■10
Portimão/Monchique area
Philippa Birchenough BTAA
Mob: 917 689 993
birchenough.bowen@vodafone.pt

CLÍNICA DENTÁRIA
Dra. Cristina Fernandes
(Dental Clinic)
Rua João Menezes, N° 8 r/c,
8400 Lagoa
Tel: 282 342 920

DONA KAREN
Beauty Therapy
Faro
Tel: 289 813 538

DR. FRANCIS HALEY
Dental Surgeon
Av. 25 Abril, 184-1°C,
Cascais
Tel: 214 863 012

HAIR LOUNGE
Hair and Beauty Salon,
Boliquireme.
Tel: 289 360 965

LUZDOC INTERNATIONAL
Medical service
24hr emergency N°
917 811 988.

MONTE DA PALHAQUEIRA
Retirement Village
Gorjões, 8005-488,
Santa Barbara de Nexe, Faro
Tel: 289 990 900
montedapalhaqueira@gmail.com

OUTDOOR LIVING SL
The fun way to lose weight
Frontera, Alcantil
Tel: 911 911 909

PERFECT SMILE
Dental clinic
Cruz da Bota, lote 6
Estrada de Alvor.
Tel: 282 457 018
www.perfect-smile.pt

SENSES... SKIN CARE CENTRE ■15
Beauty (and skin care)
Rua 1 de Maio, N36, Lagos
Tel: 282 762 261
Mob: 913 275 869
info@senses-skincare.com
www.senses-skincare.com

Heating & Cooling

BARLAVENTO REFRIGERATION
Air conditioning, pool heating,
underfloor heating
Tel: 917 230 727
paulkent-aircon@hotmail.com

DOMUS HEATING ■15
Underfloor heating,
EN125, Sítio Benfarras
Boliquireme
Tel: 289 322 852
Fax: 289 322 894
domusheating@mac.com
www.domus-heating.com

ELECTROCOMFORT
Natural stone & under-floor
heating, air con & solar
systems
Tel/Fax: 282 688 378
info@electrocomfort.com

FIRES OF PORTUGAL
Wood burning & Gas Fires
Tel: 289 489 958
Mob: 967 721 209.
carolinsalir@mail.telepac.pt

MISTER COOL ■10
Heating & Cooling
Lagoa
Tel/Fax 282 381 364
Mob: 917 175 818

SACL
Heating & Cooling
Vale de Louzas
EN125 - Alcantarilha
Tel: 282 314 190
Tel: 282 322 175
Fax: 282 314 191
rscf@mail.telepac.pt

Holidays, Travel & Tours

ALGARVE TOUR
Travel
Albufeira & Faro
Tel: 289 890 226

ANA - Aeroportos Algarve
Fly direct to major European
Cities
Tel: 289 800 617
faroairport@ana.pt
www.faroairport.com.pt

AIRPASS
Online ticket reservations
Tel: 282 480 580 (Algarve)
Mob: 932 070 707
Tel: 218 439 510 (Lisbon)
Mob: 932 090 909
info@airpass.pt

To place an advert
please call Bella
on 707 500 677
or email
bella@the-news.net

LONDON MARRIOTT
Hotel
West India Quay
(Canary Wharf)
London
Tel: +44 207 093 1000

VILLA SOL
Hotel
Morgadinhos
Tel: 289 320 320
Fax: 289 320 431

Interiors

ABSOLUTE ESSENTIALS
Furniture and accessories
Tel: 959 321 959
absoluteinteriorfurniture@btinternet.com

ABODE FURNISHER
The Algarve leading furniture
package specialist
Tel: 282 762 070
info@abode-group.com

ALGARVE CURTAINS
Curtains, cushions, bedcovers
Ferragudo
Tel: 282 493 238
Mob: 964 677 699

BEDROOMS EXTRA
Bedrooms, sofas & dining
Parque Industrial O Infante
9-10 Torre. Odiáxere
Tel: 282 762 383.
sales@bedroomsextra.com

BEDSPREADS FACTORY OUTLET ■10
Soft furnishings
Lagoa & Alvor
Tel: 282 353 244
Tel: 282 457 510
info@bedspreadsportugal.com

CASA DOS COLCHOES
Matresses/beds
Alcantil
Tel: 919 244 499
jcsadoscolchoes@sapo.pt

FURNITURE WORLD
Solid wood furniture at realistic
prices
Chinicato, Lagos
Tel: 282 798 263
www.furnitureworld.pt

FRONTERA
Complete High Quality Home
Furnishings
Tel: +34 959 470 971
sales@furniturefrontera.com
www.furniturefrontera.com

IDEAL LIVING
Loulé
Tel: 289 398 573
Mob: 910 410 510

LUZ DECOR
Interior Decor
Praia da Luz, Lagos
Tel: 282 789 849
Mob: 917 771 831
patsy@oninet.pt
www.luzdecorhome.com

MÓVEIS MALHEIRO
Furnishings - Pires e Ribeiro,
Lda. Urb. do Malheiro, Rua das
Acácias, Lote 4 Portimão
Tel: 282 491 583
Fax 282 492 249
moveis.malheiro@mail.telepac.pt

PLANET SOFA & BEDS
Interior & exterior furniture,
Furniture package specialists
Lagos
Tel: 282 762 070
info@planetsofa-algarve.com
www.planetsofa-algarve.com

STYLE FURNISHINGS
English beds in the Algarve
Vale de Louzas
Alcantarilha
info@stylefurnishings.com
Tel: 282 322 291

Kitchens & Bathrooms

ELITE KITCHENS
Kitchens.
Tel: 282 353 664
iberelite@sapo.pt

KLASS COZINHAS
Kitchens Lagoa
Tel: 282 342 062
Mob: 926 148 240
klasscozinhas@sapo.pt

Legal & Insurance

ALEXANDRA SOARES
Lawyer
Rua direita, Praia da Luz
Tel: 282 792 837
info@slexandrasoares.com

ANA DUARTE
Lawyer in Lagos
Tel: 282 792 766
anaduarteadv@hotmail.com

BLEVINSFRANKS
Unique solutions for your tax
and private wealth
Freephone: 800 813 303
pensions@blevinsfranks.com
www.blevinsfrankinternational.com

EURO FINESCO
Fiscal & Expatriate Service
Guia
Tel: 289 561 333
info@eurofinesco.com
www.eurofinesco.com

HLB GIBRO GROUP
Fiscal Representation for
non residents
Loulé,
Tel: 289 463 271
info@gbroconsultores.com
www.gibro.com

INTASURE
Property Insurance
Tel: 707 500 025

KAZA SEGUROS
Insurance Solutions to
accommodate your needs
Tel: 282 761 612/3/5
Mob: 919 694 025
kazaseguros@mail.telepac.pt

LLOYD & WHITE
EN125
Tel: 289 360 578
www.lloydywhyteintl.com

O'NEILLS MORTGAGES
Algarve's Premier Independent
Mortgage Brokers
Tel: (00351) 289 301 866
www.oneillsmortgages.com

PROFESSIONAL INVESTMENT CONSULTANTS
Independent Insurance
Professions
Carvoeiro
Tel: 282 357 853 / 282 969 288
insurance.portugal@pic-europe.com
www.insurance4portugal.com

TAX ANGELS
Tax
Vilamoura
Tel: 289 380 048
info@portugal-tax.com

THOUSAND MARKETS LDA
Mortgage brokers
Tel: 213 866 109
Mob: 918 539 480/916 721 382
pierrevalle@yahoo.com
www.portugal-mortgagesonline.com

XPAT CARE
Health Insurance
Tel: 707 500 028

Media & Publicity

GOOD MORNING ALGARVE
The best of the Algarve at their
best
www.goodmorningalgarve.com

INACIO ALVES
Marketing & Publicity
Olhão.
Tel: 289 721 050
Mob: 968 639 468
inalves@mail.telepac.pt
www.inalves.com

FOR FULL DETAILS,
PLEASE SEE OUR
MAIN ADVERT

FOR FULL DETAILS PLEASE SEE
OUR MAIN ADVERT

We can help
you cut your
overheads

Are you looking to cut costs or
set up a small office?
Do you want to save on staff
costs and overheads?
Do you need someone to answer
all your calls without the cost and
commitment of full time staff?
Lingua Franca is your answer
We can answer calls in your
name. Nobody will know they are
not talking directly to you or your
staff.
We speak English, German or
Portuguese, take messages and
then let you know by email, text
or fax.
We can even connect selected
callers to wherever you are in
the world.
And the good news is that
this courteous, helpful and
completely confidential service
will cost you much less than
one staff member.



For more info call us on 707 500 016
or email us at sales@linguafranca.cc

Miscellaneous

ECU-RS

Reduce your fuel consumption
Tel: 968 184 668
grant@ecu-rs.com
www.ecu-rs.com

FOOD PASSION - CATERING

Cutlery, crockery, glassware
also outside catering.
Tel: 282 314 276
Mob: 912 159 813

SCALEWATCHER

Pest control & artificial grass
Mobile 967 516 981
www.artigrass.eu

Optician

OPTICA ORBITA

Fashionable quality optician
R. José C. Leal e Brito, Bl.
B.Loja B Loulé
Tel/Fax: 289 411 777

Pets

PINKIE PURS

Luxury cat hotel
Silver coast, Lisbon
Mob: 913 013 931
Tel: 282 999 050
lemontrehouse@sapo.pt

PAWS 4 PETS

Top quality foods, treats,
grooming products &
supplements.
Sílves - Tel: 282 443 170
Albufeira - Tel: 289 588 882
Mob: 916 273 376
www.paws4pets.net

VIP VETERINARY SURGERY

for very important pets
Urb. Horta Senhora - Lagos
Tel: 282 782 282
www.vipveterinarysurgery.com

Pools & Building

ALGARVE HOT TUBS

Hot tubs / pool heaters
Quatro Estardas
Mob: 969 806 472

POOL SAFETY FENCING

Mob: 919 892 518/ 910 666 613
poolfencing@aol.com

BUILD 4 U.

Construction etc.
Mob: 919 356 749.
info@build-4-u-lda.com
www.build-4-u-lda.com

DANECASA

Wooden homes or steel frame
construction
Guia (nr. Algarve shopping)
Tel: 289 571 270
info@danecasa.com
www.danecasa.com

HOME - POOLSAN

Chlorine free Eco-Friendly
Swimming pool treatment
info@home.pt.com
www.heatwafer.com

IBERIA BLUE

Pools & Equipment
Phone/Fax: 282 761 116
Mob: 913 393 421
info@iberiablue.com
www.iberiablue.com

JOÃO NUNES

Building your home
Tel: 289 417 867
Mob: 966 570 158
jn.geral@gmail.com

PURE POOLS

Pools & Equipment
Lagos
Tel: 282 760 033
Mob: 919 517 868
purepools@yahoo.com
www.purepools.com

POOLSAFE.EU

Pool security Covers Fences
Nets
Estrada Gale, Guia, Albufeira
Tel: 289 591 662
Fax: 289 591 665

Property Agents

ABODE

Carvoeiro
Tel: 282 356 865
leohbraun@hotmail.com
www.aboda-pt.com

ALGARVE EASY PROPERTY

Best mortgages & property
agent
Rua Vasco da Gama, Lagos
Tel: 282 769 150
Mob: 913 500 826
www.algarveeasyproperty.com

ALGARVE MANTA PROPERTIES

Manta Rota
Tel/Fax: 281 952 820
Mob: 911 041 862
sarah@algarvemanta.pt
www.algarvemantaproperties.com
Rentals: www.algarvemanta.pt

ALGARVE PROPERTY CENTRAL

Vilamoura
Tel: 289 310 310
sales@algarveproperty.com
www.algarveproperty.com

ELLY VAN HULST

Real Estate
Between Loulé and S. Brás
www.property-runner.com
Tel: 289 842 992

ESTE ALGARVE

Real Estate
Cavadeiras, Vila Nova de
Cacela, V. R. Stº António.
Tel: 281 951 165
or Centro Comer., Av. 28 de
Maio (Marginal), Tavira.
Tel: 281 370 277
belosantospedras@hotmail.com
www.estealgarve.com

FILNETO GROUP

Loulé
Tel: 289 416 160
Mob: 967 012 442
Fax: 289 422 877
info@filneto.com
www.filneto.com

KASAS

Algarve Property
Vilamoura
sales@algarveproperty.com
www.algarveproperty.com

LAND & HOUSES

Yellow Homes
Real Estate
Tavira.
Tel: 281 320 281.
www.landandhousesalgarve.com

NEWLYN

Property developers
Tel: 289 320 180
www.opomar.net

PROPERTY AUCTIONS

Market your property privately
Tel: 936 191 682
www.i-spy360.com

REMAX DIAMOND

Real Estate
João Nunes
R.Francisco Xavier Ataíde de
Oliveira, Lote 32-1, Lagos
Tel: 282 770 140
Fax: 282 770 149
Mob: 917 771 849
joão.s.nunes@gmail.com

REMAX VILAMOURA

Real Estate
Soraia Santos
Vilamoura
Mob: 962 014 793
email: ssantos@remax.pt
www.remax.pt/ssantos

TO GO FOR HOMES

Algarve Property Specialists
Alvor
Tel: 282 432 004
Mob: 917 472 073
www.togofor-homes.com

VENDAVILLA

Real Estate
Vilamoura
Tel: 289 314 486
Fax: 289 315 578
vilagente@mail.telepac.pt
www.vendavilla.com

Property Services

BARLAVENTO REFRIGERAÇÃO

Air con, dehumidifiers etc.
Tel: 289 320 727
paulkentaircon@hotmail.com

DELEME

Windows and Doors
Albufeira EN125
Tel: 289 362259
Mob: 913 897394

CHEMDRY

Carpet & upholstery Cleaning
Loulé
Tel: 289 092 624
Mob: 910 690 966

GFS METALWORK

Gates, grills etc
Tel: 282 449 270
Mob: 933 402 261
Mob: 933 555 387
www.gfs-metalworks.com
info@gfs-metalworks.com

EAST ALGARVE BUILDING & GARDENS

Vila Nova de Cacela
Mob: 964 508 128
Mob: 964 508 128
ianshaw72@hotmail.com

GIANTS WINDOWS

Windows, doors, etc
Tel: 911 199 888.

IMAGINE HOMES

Creative makeovers inside
and out
Mob: 964 979 177
imaginehome.pt@gmail.com

JAMES WALKER

Professional painting &
decorating
Mob: 967 944 660
walkers@sapo.pt

LIVINGSTON'S PAINTING

For all your painting needs
Algarve only
Tel: 917 511 550

M2M BLINDS

Window blinds & Fly screens
Tel: 286 518 059
Mob: 932 894 709
m2mblinds@hotmail.com
www.m2mblinds.com

MESTRE CONSTRUTIVO

Construction
Tel: 289 422 525
Mob: 938 669 215
Fax: 289 422 268.
www.mestre-construtivo.com
info@mestre-construtivo.com

PROFILIMPO

Drain cleaning specialists
Tel: 914 145 117

ROCOCOCCO

Ceramic and natural stone tiles.
Rua Direita, Praia da Luz
Tel: 282 764 035
Mob: 967 839 114
rococcostone@msn.com

ODEXLAR

Cleaning products for industry,
hotels pools etc.
Odiáxere
Tel: 282 798 463
www.odexlar.com

STONE CARE SERVICES

Specialists in the refurbishment
& maintenance of natural stone
Tel. 919 498 258
www.stonecare-services.com

THE WORKSHOP

Carpentry, building &
renovations
Tel: 289 396 909
Mob: 966 001 922

THE DRAIN DOCTOR

Plumbing & drainage company
24 hours / 7 days a week
Tel: 289 425 480

THE DRAIN KING

Personal & professional
service
Tel: 282 471 335
Mob: 918 647 305
drainking8@aol.com

TOFTS

Decorating & Painting
Mob: 918 938 004
Tel: 289 399 370

VILLA GATES

Ornate & contemporary gates
made to order
Refurbishing of old gates
Tel: 309 403 075
Mob: 912 642 477

Removals

AIM

Removals & Storage
Tel: 282 799 141
info@aim.com.pt

ALGARVE REMOVALS

Removals & Storage
Tel UK: +44 (0) 1245 468 888
Mob UK: +44 (0) 7711 179842
or Tel: 289 513 851
Mob: 969 134 801
sales@algarveremovals.com
www.algarveremovals.com

NEIL & EMILY RICHARDSON

Tavira
Mob: 939 486 870
Tel: 281 963 191
neilandem@sapo.pt

NEW CONCEPT INTERNATIONAL

Removals & Storage
Tel: 289 395 105
Mob: 968 031 955
(+44) 845 004 6827

SA REMOVALS

All Europe
Tel: +351 965 653 025
(Mr. Curado)
mudatudo@iol.pt
www.removalstoportugal.com

STORAGE

U-Store Self Storage
Urb. Ind. Maraleca, lote 26
Chinico, Lagos
Tel/Fax: 282 798 490
Mob: 917 010 365
www.u-store-portugal.com
info@u-store-portugal.com

Restaurants

MONTE DO CASAL

Estoi
Tel: 289 990 140
Mob: 914 935 327

RESTAURANTE FLORESTAL

Cosmopolitan menu
Open: Tues-Sat. 12.00-2.30pm
& 7.00-10.00pm
Sun. Special Brunch 12-3pm
Barão de S. João, Nr. Luz
Tel: 282 687 204

THE BATTERING PLACE

Fish and chip shop
Almancil
Tel: 963 731 736
juliewhite@hotmail.com

Retail

BOATSHED

Boatshed, boat sales.
Vilamoura / Albufeira
914 738251

LET THE MAGIC IN

British supermarket in Algez
Tel: 282 575 061
weborder@lethemagicin.com

ALGARVE BOOK CELLAR

Carvoeiro
Tel: 282 085 713
raymond.compton@netvisão.pt

ANDIFER BUTCHERY

English cuts & South African
Delicacies
Portimão
Tel: 282 410 590

CENTRO COMERCIAL PORTIMÃO

Continente + 60 shops +
6 Cinemas + 12 Restaurants
Portimão
Tel : 282 490 840
admin:ccp@SierraCentres.net

COLLECTIONS

Ladies fashion
Quinta da Praia - Alvor
Tel: 282 476 574
greening@sapo.pt

GUYS & DOLLS

Childrens Shoes & clothes
Greeting cards
Av. 5 de Outubro, Blc. 4, R/c
Esq. Almancil.
Tel: 289 358 014
Mob: 933 326 471

FI-LINE FASHIONS

Fashions
Av do Rio, Ed. Almadraça,
Loja B, Armazão de Pêra
Tel: 282 312 936

GARDEUR DIRECT

Clothing
Praia da Luz
Tel: 282 788 630
www.gardeurdirect.com

THE ENGLISH BUTCHER

Butcher
Almancil
Tel: 289 395 859/ 289 397 289
Mobile: 965 864 682

THOMAS GREEN

British Supermarket
Olhos de Água, Albufeira
Tel: 289 541 119
albufeira@thomasgreen.pt
www.thomasgreen.pt

UK FOOD SUPPLIES

Suppliers of UK foods
Tel: 911 084 888
sales@ukfoodsupplies.com
www.ukfoodsupplies.com

Sports & Activities

GAMES ROOM EQUIPMENT

Vilamoura
Mob: 917 846 242
info@fnorth.net

VALE DE MILHO GOLF

Carvoeiro
Tel: 282 358 502
valedemilhogolf@mail.telepac.pt
www.valedemilhogolf.com

Satellite systems

SOS DIGITAL

satellite TV systems
Tel: 916 378 722
www.soskydigital.com
soskydigital@msn.com

SKYNET

Satellite systems
Tel: 964 890 260
skynet@live.com.pt

SKY REALM

Satellite systems
Tel: 918 887 775.
skyrealm@hotmail.co.uk

Telephones & Communications

DIRECTORY ENQUIRIES IN ENGLISH

National & International
Tel: 760 50 60 70

WORLD TELECOM

10% off ONEfone phones or
modems
Everything in English
Tel: 707 500 600
sales@worldtelecom.pt
worldtelecom.pt

To advertise
please contact
Bella on
707 500 677
or email
bella@the-news.net

Reader Privilege Voucher

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

10%

discount on designated products or services

Reader Privilege Voucher

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

15%

discount on designated products or services

Reader Privilege Voucher

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

20%

discount on designated products or services

How to use Reader Privilege Vouchers

Our advertisers value your business and would like to offer you special discounts as a reader of *The Portugal News*. Each voucher has a colour code. Please check in the Advertiser Hotline listings to see the same colour code(s) shown as a small colour block next to the advertiser's name. The colour of the block indicates the percentage discount the advertiser will accept for designated products or services which they provide. If in doubt, please confirm the acceptability of the voucher by phoning the outlet.



Ask the expert

A woman suffering with morning sickness.

Q: "I had morning sickness when I was pregnant. Does new research suggest my sickness may have improved my child's intelligence?"

A: Dr Irena Nulman is an associate professor of paediatrics who led a study at Toronto's Hospital for Sick Children in Canada into the impact of morning sickness on children's neurodevelopment.

She says: "Nausea and vomiting of pregnancy (NVP) affects up to 80% of pregnant women, but it's still poorly understood."

"However, our findings suggest an association between NVP and improved neuro-development in the offspring."

"Our research included women who experienced NVP and were treated with a drug (diclectin), those who had it and didn't take diclectin, and those who didn't have morning sickness."

"Their children were assessed between the ages of three and seven, and all scored within the normal ranges for neurodevelopmental outcome."

"But children of women with morning sickness achieved significantly better on performance IQ, verbal fluency, phonological processing and numerical memory."

"The best performance was in the group whose mothers experi-

enced the most severe nausea and vomiting."

"We found that taking the diclectin didn't have any effect on the outcome for children. So if the mother needs treatment for nausea, she can get it."

"In pregnancies with NVP, the immediate outcome is better - there are less fetal malformations, less miscarriages etc - and we've found now this is long-term as well."

"It's a kind of suffering for good reason - although don't forget that women who don't experience NVP can still have children with brilliant neurocognitive development."

"Nausea and vomiting, which is a marker of hormone levels, is only one of the factors that may affect the neuro-cognitive performance of children - a lot of importance should be given to genetic and environmental factors."

Readers Tip

If siblings are squabbling, diffuse the argument by saying something unexpected and funny along the same lines as their argument.

Three ways to... encourage healthy eating



1. Set specific goals and limits, such as an hour of physical activity a day or two desserts per week.
2. Don't reward children with food - sweets and biscuits as a reward encourage bad habits.
3. Make a game of reading food labels, looking for specific 'bad' or 'good' words, so the kids will learn what's good for their health and be more conscious of what they eat.

News for parents

Lisa Salmon looks at the weird, wonderful and sometimes weary world of parenting.

Today's younger parents are less likely to show their children how to garden than older parents, a UK survey has shown.

Research by the Children's Society revealed that almost eight out of 10 (79%) parents aged 55-64 had gardened with their children, compared to six out of 10 (62%) mums and dads under 35.

The Children's Society said the findings, which also showed the children of younger parents were less likely to have eaten something they had grown themselves, fuelled concerns

that too many youngsters grow up thinking food comes from the supermarket, not the ground.

Even though the survey of 1,000 adults showed that an overwhelming majority (92%) believe it's important for children to understand how plants are cultivated, the Children's Society said it feared horticultural traditions were not being passed on to youngsters.

Website of the week:

www.MeandMyDad.org.uk

This is a new online Families Need Fathers gallery celebrating the role fathers play in enriching their children's lives. Dads are encouraged to submit photos of

themselves with their children enjoying activities and special moments together, which are then collected and catalogued for visitors to the site.

Win a luxurious half day trip on the Cranchi 41 (Lady Amber)

Do you have Eagle Eyes? Look through the adverts (not editorial) in this week's paper and see if you can spot 3 blue dolphins (see the photo above). Some may be easy to spot, others well hidden or only partially visible. When you have found the three dolphins email us with the company names of the three advertisers.

Win a luxurious all inclusive half day on board a beautiful Cranchi 41 'Lady Amber' for 6 to 8 persons to the value of €800 every week

The Cranchi 41 Endurance is designed with comfort and performance as a priority. The spacious cockpit is comfortable, secure and ideal for entertaining guests. Want to 'chill' and get some 'rays'? The Cranchi 41 comes with a large sunbathing deck on the forward deck and stern. There is a space below which is ideal for stowing inflatable's and other fun toys and it opens hydraulically with the simple push of a button. All the amenities of home can be found on this boat, from an electric grill to a cockpit refrigerator to a freshwater sink and an expandable cockpit table. As the name suggests All Boat Trips provide maritime entertainment for all the family.



We also have FISHING TRIPS, and SIGHTSEEING GROTTO TRIPS running regularly and we are a FULLY LICENSED DOLPHIN WATCHING COMPANY. You can book a DOLPHIN TRIP, or any other trip of your choice, every day of the week with us. Powerboats, sailing yachts and speed boats. You decide your perfect day and we can organize it. "For a trip of a lifetime" Contact

All Boat Trips
www.all-boat-trips.com

Marina de Lagos, Loja 17 • 8600-780 Lagos
tel: +351 282798727 • fax: +351 282762653
email: info@all-boat-trips.com • web: www.all-boat-trips.com

HOW TO ENTER:

Study all the adverts in the paper, and look for 3 blue dolphins, like the one at the top of this announcement. They are small, and we have hidden them well and distributed them throughout the paper, so be sure you look everywhere. Once you have found them, email us at: competitions@the-news.net with the company names of the three advertisers. Please write 'Dolphins' in the Subject line. We will draw the answers each Wednesday and the first correct answer that clearly identifies the locations of the dolphins will win. The winner will be announced the next week. Remember, if you don't win this week, try again next week until the competition ends on the 24th June. Winners will be sent a confirmation letter with instructions on how to claim their prize. There is no cash value or alternative to the competition prize.

Last week's winner of a luxurious all inclusive half day on board a beautiful Cranchi 41 'Lady Amber' for 6 to 8 persons to the value of €800 was Carole Good-Dixon of Alcantarilha.

Plan to get swamped with fun this Summer



A Programme guiding children in discovering God's presence in the World around them

MON 20th JULY - FRI 24th JULY
9.30am - 2pm
SÃO LOURENÇO
International School Almancil

For Children aged 4-14

Organised by
All Saints
Anglican
Church

€25

per child per week
(to include Lunch and refreshments)



BETO
FITNESS CLUB

• ginásio body combat • body pump • rpm • localizada • staff simpático e dedicado
• acompanhamento constante • banho turco • zona de lounge

www.betofitnessclubs.com 282 419 950

Ice cream, smiley faces and sandcastles - life's one big holiday when the sun shines. But there is one thing you should never take a vacation from when soaking up the rays and that's a good SPF.

More than 90 per cent of women are aware of sun damage, yet 70 per cent of us don't use the right protection for our skin type, IPSOS research reveals, which leads to those tell-tale sun damage signs.

Without an adequate SPF, or sun protection factor, we're putting ourselves at the mercy of wrinkles, patchy hyper-pigmentation, age spots and, at worst, skin cancer.

Worryingly, cases of skin cancer are set to treble by 2035 unless behaviour changes, according to The Cosmetic, Toiletry and Perfumery Association (CTPA).

If you're uncertain about application and confused about which SPF you should be slathering on, then it's time to shed some light.

Our industry experts bust the common myths surrounding sun care, so you can bronze both beautifully and safely.

Fact or fiction?

1) "Organic sunscreens aren't as safe as standard ones" - Fiction

"Organic UV filters can get a bad press because they are sometimes called 'chemical sunscreens' but all cosmetic products are required by law to be safe and sunscreens containing organic UV filters are no exception," says CTPA scientist Dr Chris Flower.

2) "Everybody needs SPF15 plus daily to protect against skin cancer" - FACT

"If you have fair skin or have a family history of skin cancer I advise using SPF15 with UVA protection daily, going up to minimum SPF30 in sunny weather," says dermatologist Dr Nick Lowe.

"People with olive or darker skin don't have the same risk of skin cancer so don't need as much protection - an SPF15 is sufficient. But all skin types will age, so using a daily UVA/UVB screen protects against premature wrinkling and pigmentation caused by year-round sun exposure."

3) "You should always reapply sunscreen after swimming" - FACT

"No product is 100 per cent waterproof and so this is a term no longer used on sunscreens," explains Mike Brown, Boots Sun Care Scientific Advisor.

"Every product will eventually need to be reapplied after swimming, some more than others."

"Conventional water-resistant products need to be reapplied immediately after swimming but the new generation of extended wear products are designed to last longer and allow a longer period of time before reapplication."

4) "I only need to wear sun care when it's actually sunny" - Fiction

"Even if exposure is limited to brief outdoor lunches or a 20

Be safe in the sun

Shield your skin from the rays with our sun care guide.



minute walk, cumulative exposure is enough to cause the signs of skin ageing," warns Sally Penford, education manager at The International Dermal Institute.

"Even on cloudy or overcast days, UV light can strike skin and cause damage, so simply wearing sunscreen on sunny days isn't enough."

"Look for an SPF moisturiser that can be worn comfortably un-

der make-up to deliver defense against skin ageing UV light."

5) "Hair requires protection as well as skin" - Fact

"Sun breaks down the protein structure of the hair and also draws moisture from the hair cells," explains trichologist Philip Kingsley.

"The combination of these roughen the hair's cuticle and gives the impression of drier, coarser

and frizzier hair."

"Use a lightweight smoothing emulsion that protects from sun damage whilst providing the hair with the much-needed moisture that it loses during summer, leaving hair shiny and frizz-free."

6) "The sun helps clear up sensitive skin" - Fiction

"A bit of sun can help clear up eczema and psoriasis temporarily

but when the skin is very red or inflamed it's not a good idea and can aggravate the condition further," explains Joelle Nonni, product workshop manager of Eau Thermale Avenue.

"Use a spray when choosing sun care for the body - it's much easier to apply to the body and doesn't require as much friction on sensitive skin."

By Lisa Haynes



Collections
LADIES' FASHIONS FROM ALL OVER EUROPE

New Summer Season

International Algarve Fair, Fatacil, Lagoa
Saturday 30th & Sunday 31st May

Hotel Belavista, Praia da Luz
Monday 1st June - Friday 5th June: 10am - 5pm

Contact Allison on
282 358014
or e-mail greening@sapo.pt

Shop at Quinta da Praia, Alvor - 282 476 574
Mon - Fri: 10am-1pm & 3pm-6pm • Sat: 10am - 1pm

dermalogica Skin & Beauty Specialists

Extensive Treatment Menu
Dermatological Facials... Massage...
Waxing... Aromatherapy... IPL...
Jessica Manicures & Pedicures...
Body Treatments... Eye Treatments...

Advanced anti ageing treatments & non surgical facelifts.
Botox & Dermal Fillers
'Redesee' award winning fillers

Visit our website to receive great savings off Dermalogica products... the leading professional skin care company in the world. Order now and get a free dermalogica gift. You can also solve all your skin care problems with our 'online skin therapist.'

www.senses-skincare.com
(00351) 282 762 261 / Senses...Skin Care Centre / 913 275 869

As seen on TV's '10 Years Younger'

K

DONA KAREN
CACI BEAUTY SALON

- CACI ULTRA Non-Surgical Lifting
- Reiki and Massage

Fantastic Introductory Offer on BOTOX & Fillers by Harley St. Specialist

R. Manuel Belmarço 31 8000-390 Faro • Tel 289 813 538 • 962 012 111

UNIVERSIDADE DA CRIANÇA
NEW DIRECTIONS IN EDUCATION

CRÈCHE AND PRE-SCHOOL
- ENROL NOW -

UNIVERSIDADE DA CRIANÇA
Rua Sidónio Pais, Lote 4 - 8500-735 Portimão
Tel. 282 423 974 - Fax 282 401 581
reitoria-uc@ideas4tomorrow.com

Children learn by building up ideas, developing orientation skills and, in particular, by making mistakes and starting all over again.

Centro Comercial Portimão

CONTINENTE

60 Lojas Stores **6 Cinemas Cinemas** **12 Restaurantes Restaurants**

When one is not enough

Women who have one baby successfully but cannot conceive again can suffer years of anguish. The condition is called Unexplained Secondary Infertility and we look at the issue and how to cope.

Celebrities always seem to be hitting the headlines with reports about their desire for children or their dramatic ways of obtaining them. Madonna's currently trying again to adopt a baby from Malawi, while Angelina Jolie's created her 'rainbow' family with children of different nationalities, as well as having her own babies.

But news that mother-of-one and 'Sex In The City' star, Sarah

Jessica Parker is so desperate for a second child to complete her family that she's turned to a surrogate highlights a problem suffered by millions of UK women - secondary infertility.

They find - in common with SJP who has a six-year-old son with husband, Matthew Broderick - that conceiving naturally second time around just doesn't happen.

"It's very common and a modern pressure because there's such an expectation nowadays that a perfect family will be '2.4' children born three years apart," says Miss Sovra Whitcroft, a consultant gynaecologist who runs the Surrey Park Clinic, a specialist hormone practice in Guildford. "It can cause huge distress, confusion and real problems for the woman and the family when having a second baby just doesn't happen."

In general, most couples having regular sex, without contraception, will conceive within one year (84 per cent) and half of the remainder will conceive within two years. This is why infertility is defined as the inability to become pregnant during the course of one to two years of regular, unprotected sexual intercourse.

But after trying and failing many then begin trying to find a cause and may face further delays waiting for appointments as well as having to undergo tests and examinations. This can be an emotional hell for young parents.

Whitcroft points out that underlying medical conditions may kick in after the birth of the first child. "There can be a variety of

There can be a variety of reasons for secondary infertility.



CENTRO PACIFICO

Good Health News

The Family Medical Centre comes to Albufeira.

One of the Algarve's longest established medical centres, the Family Medical Centre, with existing clinics in Quinta do Lago and Vale do Lobo (since 1988) will open a medical centre in the heart of Albufeira. It will also manage the Centro Pacifico for complementary health. The clinic will bring medical excellence into town with several leading medical specialists in their fields.

Watch this space for more information soon.

+351 289 543 545

Rua do Pacifico, Lotes 25-27 Cerro Alagôa 8200-166 Albufeira

www.centropacifico.com

BOWTECH
The Original Bowen Technique

Bowen therapy for everyone
Aches Pains Injuries Illnesses

This highly acclaimed treatment is now available in the Portimão/Monchique area

Phillippa Birchenough BTA
tel: 917689993
birchenough.bowen@vodafone.pt

Home Visits Available
2 HOUR DENTURE REPAIRS

FLEXITE PLUS
super flexible
unbreakable dentures
no more metal clasps!

Alan | Gale Denture Studio
Tel: 282 442 302 • Mob: 916 717 113
alan.ivor.gale@gmail.com
Medical Devices Agency registered

THE BOWEN TECHNIQUE
"Effective, pain free treatment"

- Bad Back
- Migraines
- Hay Fever
- Anxiety
- Pelvic Tilt
- Shoulder Pain
- Tennis Elbow
- Carpal Tunnel
- Foot Problems
- Knee Problem

Gareth Bullock
BTA Advanced
Tm. 912540071

TAVIRA OLHÃO SÂO BRAS ALMANCEL VILAMOURA

Dr John Piper MB, BS, FRCS

Surgery at Armação de Pêra
Clipsa - Clínica Particular de Saúde, Lda -
on Mondays and Thursday mornings.

Av. Marginal, Edifício Atlântico I
8365 Armação de Pêra. Call 282 315 761

Monte da Palhagueira Retirement Village

*** 55 Years old or over?**
*** Thinking of security for the future?**
*** Want to live in a safe, pleasant and healthy environment?**

Consider Monte da Palhagueira Village

32 houses and apartments set in 22 acres of landscaped grounds, offering independence, peace of mind and security for retirement. Amenities include 2 swimming pools, putting green, croquet lawn, boule pitch, village hall, restaurant, hairdresser, physiotherapist, church and British trained medical staff on duty at all times.

Contact Clive Roberts • Monte da Palhagueira Village
Gorjões, 8005-488 • Santa Barbara de Nexe • Faro
Tel: 289 990900 • Email: montedapalhagueira@gmail.com

RIVERSIDE INTERNATIONAL MEDICAL CENTRE
CENTRO MÉDICO INTERNACIONAL

Dr. med. Univ. Zürich
ANDREAS J. MESZTICZKI

Specialist in Internal and General Family Medicine
Accident & Emergency Medicine
Aviation Medicine - Flight Surgeon
Authorised Medical Examiner/AME by INAC
Vaccination Centre - Chiropractic

SERVICES

24h Emergency Service • All laboratory testings
Ultrasound • ECG • Stress ECG • Home visits
Check-up / Cancer screening • Physiotherapy
Ear / eye / lung tests • INR Testing • Minor surgery
Fitness for air travel certificates
Medical Evacuation Flights
Pilot & Driving License Medicals
Wheelchair friendly accessibility

Tel. 289 99 77 42 • ajm@oninet.pt
24 Hr Service - Tel. 919 657 860
Opening Hours: Mon - Fri 9-12 & 16-18 hrs

Rua de Faro 34,
8005-531 Santa Barbara de Nexe/Faro
(opposite the Pharmacy)
GPS coordinates: N 37° 06.118' W 7° 57.822'



Mother-of-one and 'Sex In The City' star, Sarah Jessica Parker and actor husband Matthew Broderick, are so desperate for a second child to complete their family they have turned to a surrogate.

cause real division and resentment between the couple and in the family. For instance, I always urge parents not to discuss the problem in front of their child."

She believes many couples fail to seek help early enough and should definitely seek professional advice as soon as possible if they are aware of a medical problem that may affect fertility.

"You should be seeking help in your thirties, rather than waiting till 40, because that's when the decline in egg quality begins," she advises.

Distress felt by many mothers - secondary infertility is thought to be increasing and affects as many as one in five couples - may be compounded by lack of sympathy or support by others.

Some believe parents of single children should be content that at least they have one child, compared with those who suffer the heartbreak of total infertility.

Zita West, a fertility consultant and midwife who runs Britain's largest integrated reproductive healthy practice in London, says: "There is this attitude - 'isn't one enough for you?' and that can even be found amongst medical professionals. But women who feel their family is not complete until they can provide a sibling for their child, simply can't let go of that need and will explore every avenue hoping for success."

Some couples discover that some avenues are not open to them, for instance IVF is very

rarely available on the NHS if you have one child already.

West says around one in 10 women who visit the practice are suffering secondary infertility, and the numbers may be rising because many women are delaying motherhood.

"If they have a first child later life, when it comes to trying for another they may have to deal with not only declining fertility but also are more likely to be exhausted from caring for the first child, as well as trying to juggle a career and childcare.

"Some may not be having enough sex, because there's simply not enough hours in the day for them to relax enough to find the time for it. It can take around 18 months after the birth of the first child to get life any way back to normal."

Besides medical factors, such as a low sperm count or ovulation problems, there may be other mental issues, such as anxiety following a traumatic first time delivery.

Sarah Jessica Parker, 45, has reportedly donated her own eggs so that a surrogate can give birth to her twin daughters in the summer. Jane Frankland, 41, is a volunteer at Surrogacy UK, an organisation set up in 2002 with the aim of providing information and support for anyone interested in surrogacy. She has suffered secondary infertility as well as twice acting as a surrogate, and says: "I don't think until you've experienced it you can know what it

feels like not to be able to have a second child.

"The grief is heightened because after experiencing loving one child you know just what you are missing by not being able to create another."

She's about to embark on her third 'surrogacy' for a woman suffering secondary infertility. And she says: "Mums of one may feel enormous guilt that they can't provide a sibling for the first child, and worry that the only child's missing out on all that extra companionship and love.

"It can be like a knife in the heart when your child asks, 'When can I have a brother or sister'. Also, going to the school gate is jarring as you see other mums either pregnant with a second baby, with a little one in a pushchair, or notice children rush up to greet their baby brothers and sisters. It's like a club that you feel you are excluded from."

It's a club that Sarah Jessica Parker is determined to join.

What can I do

Tips from a medical adviser can be found online at: www.babycentre.co.uk

• If you've not conceived after a year of regular intercourse, without contraception, then make an appointment to see your GP. Infertility is a joint problem so, ideally, go to see your GP as a couple.

• Early diagnosis and treatment of secondary infertility is especially important in older



A pregnant Angelina Jolie.

couples, particularly in the case of women over the age of 35, who should make an appointment after six months of trying to get pregnant.

• If you have a history of amenorrhoea (no periods), oligomenorrhoea (infrequent periods), pelvic inflammatory disease (PID), or if either you or your partner has had treatment for cancer, you should also seek medical advice sooner rather than later, as you will need to be referred to a specialist.

• You may also wish to contact Foresight, the Association for the Promotion of Preconceptional Care, see: www.foresight-preconception.org.uk or Infertility Network UK, www.infertilitynetworkuk.com for more information and support.

Gabrielle Fagan

reasons for secondary infertility. A woman's tubes can be blocked after the first delivery. More fundamentally, for every woman insulin levels worsen during pregnancy - this can result in gestational diabetes for some, which will need treatment.

"For others, underlying insulin resistance, when our bodies do not process insulin properly, can result in polycystic ovaries and poor quality eggs. This leads to a higher rate of infertility, miscarriage and problems during pregnancy, and it's important to treat these problems sooner rather

than later."

For some women, around 19%, where there is unexplained secondary infertility, which can be even more frustrating and depressing. Whitfield says: "Friends and family can unwittingly cause hurt by constantly asking, 'When are you going to have another one, then?' and not realising there's a problem.

"And mothers may feel huge guilt that they don't regard their first child as enough. If they get completely taken over by wanting another, as some do, it can

Get back on course with BOWTECH

Fast permanent results for:

- back pain
- sciatica
- migraines
- menstrual & hormonal problems
- groin pain & pelvis tilt
- sports injuries
- arthritis
- neck and frozen shoulder
- carpal tunnel syndrome
- ear infections
- eczema

Patrick Matthews is the most experienced practitioner in Portugal with a 90% success rate.
Tel: 91 4067285 email: bowenboy@gmail.com
www.bowenhealingholidays.com

TONE UP, STRENGTHEN YOUR CORE AND LOSE INCHES FROM YOUR WAIST!

Lose Weight • Burn fat •

Reduce Cellulite • Tone Muscle

Ride for just 15 minutes a day!

The fun way to lose weight!

Just plug it in and off you go, even use it while you're watching TV



AS SEEN ON TV
Richard & Judy show,
Channel 4.

Come and try it for yourself at the new FRONTERA Furniture shop - see our main advert for map. or call on 911 911 909 or email for an electronic brochure on info@furniturefrontiera.com.

iJoy ride horse €499
iJoy ride board €375
Delivery free
delivery and free exercise DVD.

Optica Orbita
www.opticaorbita.com

Lots of glasses for less EUROS

Complete Pair of Eyeglasses

Single Vision
+6.00 CII 2,00 **59€**

Single Vision
+6.00 CII 2,00 **89€**

Hard coated
Anti-reflection coating
Cleancoat
UV Protection

Eye testing by appointment only

Rua Rosé C. Leal e Brito, Bl. B, Loja B. 8100-597 Loulé
Tel/Fax: 289 411 777 • Mob. 913 399 647

The International Algarve Fair This weekend

Don't miss it So much to see and do!

ICOA
Implants and surgery
Monday to Friday, 8AM - 1PM

Implantology
(Post-graduate training in Sweden)

650€ (crown (screw-retained))

650€ (implant)

Not included:
Bone or soft tissue graft

Cost of anterior implants supplied at consultation

Healing period of 8 weeks

Services available:
Full mouth rehabilitation
Overdenture
Immediate Implants

TAILOR-MADE HEALTH PROVIDERS

General Family Medicine, Medical Specialties
Non-medical health support techniques
On-site complementary diagnostic tests
Emergencies and Appointments at the Clinic
Domiciles by Doctors and Nurses
Occupational Health

Luzdoc
Serviço Médico Internacional
International Medical Service

24 Hours a day
Emergency Cover: 917811988

Phone: 282 780 700
Fax: 282 780 709
E-mail: info@luzdoc.com
www.luzdoc.com



Every week there is a different event or festivity to look forward to.

Dublin, the pulse of the Emerald Isle

Visiting an island that counts limerick poems, Oscar Wilde, U2 and Guinness amongst its most famous exports was never going to be a quiet, subdued affair, but nothing prepares you for the infectiousness of Ireland's cheery and somewhat cheeky charm. Before you've even had time to unpack your suitcase you'll probably find yourself in a warm, welcoming pub, pint of Guinness in hand, tapping your foot along to an impromptu outburst of traditional folk music and chatting to the locals like you had known them for years. It's that kind of place.

Ireland is steeped in history and culture; it's around every corner and in every building you see. You would be forgiven for feeling that after a short visit you were leaving the country smarter and wiser than when you arrived. To this day a strong sense of patriotism and pride oozes from the nation, soaked up from centuries of facing adversity and

fighting for independence.

Dublin, Ireland's capital city, is where 'it all happens'. Literally. Every week there is a different event or festivity to look forward to; the Irish tourism board excels with its year-round line-up of activities.

Major monuments and 'must-do' attractions aside, there is still so much to see and do that there does not seem to be time to cover it all, however long you stay. But if ever there was a time to try and do it all, that time is now.

history of the City and partaking in local events to strolling along the banks of the River Liffey, doing a spot of leisurely sightseeing and indulging in some retail therapy.

The City is divided into North and South by the River Liffey and most places of interest are comfortably reached on foot from anywhere in or around the city.

For the less enthusiastic walker, 'Hop-on Hop-off' buses are plentiful, well-priced, and stop at all key attractions.

The pace of the City seems to be in-keeping with the melodic tempo of the Irish accent, picking up when excitement reaches a peak, lulling into a hypnotic flow when calm is reinstated. It is well-organised, punctual, and very clean.

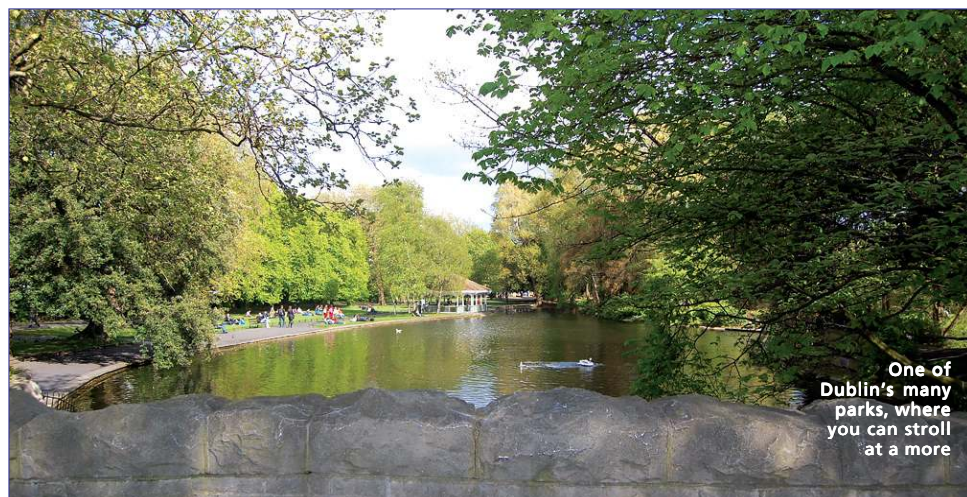
Weather-wise – well that's anyone's guess. Even though summer months should be fine, according to locals, last year any completely dry, sunny, warm days were few and far between, even in August.

During our visit early-May we had samples of all the seasonal delights; showers, wind, sun, but it was, overall, rather cool. A pocket umbrella, roll-up Mac and a light coat won't go amiss.

While in Ireland try and strike up a conversation with a local. You will be amazed by the knowledge and insight most citizens have of their country. Natives love to regale visitors with personal stories of struggles and success, and most will have a claim to fame. Our taxi driver did, ask Michael Caine.



A view along the River Liffey.



One of Dublin's many parks, where you can stroll at a more



| | | | | |
|-----------------|-----|-----|-----|---------|
| Johannesburg | ... | ... | ... | €618.04 |
| New York | ... | ... | ... | €572.79 |
| Gothenburg | ... | ... | ... | €316.58 |
| Kiev | ... | ... | ... | €282.25 |
| Scandinavia | ... | ... | ... | €236.50 |
| Prague/Budapest | ... | ... | ... | €232.90 |
| Paris/Milan | ... | ... | ... | €178.18 |
| Casablanca | ... | ... | ... | €209.17 |
| London | ... | ... | ... | €110.26 |

All prices are starting prices for return flights including airport taxes (ticketing fee is excluded, exact amount subject to confirmation).

MAIN OFFICE:
Tel: 282 480 580
Fax: 282 480 589
Email: info@airpass.pt
Mobile: 932 070 707

LISBON AIRPORT
Tel: 218 439 510
Fax: 218439 516
Mobile: 932 090 909

Given the current economic climate a long-weekend break to Dublin has never looked better. Hotel prices are dropping, public transport is very reasonable, however food and drink can still be a little pricey. The good news is the City offers a variety of fast-food outlets and other alternatives for 'travellers on a budget'.

Courtesy of Aer Lingus and Tourism Ireland, The Portugal News had the opportunity to explore Dublin first hand and our most important tip is to pack some comfortable shoes and a good dose of energy. You'll need both.

Dublin offers as much or as little to do as travellers want from their holiday; from exploring the

Stay in Gibraltar and enjoy our special reader offer

Complete 4 star luxury at the O'Callaghan Elliott Hotel, Gibraltar for only £110.00 per night

For only £110 per room, per night, including breakfast you can enjoy all the comforts of Gibraltar's leading hotel. The price includes dinner for one night from our A La Carte menu up to the value of £30.00pp. You can stay as long as you like (min. 2 nights) but your visit must include a Friday, Saturday or Sunday night. This offer continues until 31st Aug. 2009. To take advantage of it call or e-mail the Elliott and quote 'The Portugal News Reader rate offer'.

Tel: 350 20070500 • E-Mail: elliott@ocallaghanhotels.com



O'Callaghan
ELLIOTT
HOTEL

Discovering Dublin

So, now you've made the decision to go to Dublin you still need to know what to do when you get there, where to go and where to stay...

Accommodation:

Dublin offers a vast range of accommodation for all budgets. Being a students' city, hostels are plentiful and generally of good standard. Another budget-busting alternative is the City University Campus Accommodation, available from June – September. Luxury and boutique hotels are found throughout the city centre, as well as a range of affordable hotels. Given the City's popularity and the hordes of tourists that flock there all year round, from all over the globe, booking as far in advance as possible is advised. Rooms in Dublin sell out fast. **The Portugal News** stayed at the three-star Mespil Hotel, which besides offering spacious, clean rooms, ample comfort and a very friendly service, is ideally located just a 20-minute stroll from the city centre (www.mespilhotel.com).

engraved in the stone during their stay remain legible and are an eerie reminder of a bleaker part of Ireland's history.

The Guinness Storehouse hits a happier note and should be drunk in slowly, quite literally. At the factory, as well as learning about Guinness's origins visitors are taught how to pull the perfect pint and drink it properly too! There is a technique. The factory was transformed by an architectural genius into a seven-storey, interactive museum in the shape of a pint glass, at the top of which is the Gravity Bar, which boasts stunning 360° views of the City.

There are many other attractions in Dublin, far too many to list them all, but a stroll round the Temple Bar food market on Saturdays, touring world-famous Trinity College, and visiting the City's Christ Church and Saint Patrick's cathedrals should also

out the City, varying from the magnificent to the macabre.

Alternatively, take the Hop-on Hop-off bus (www.dublinsightseeing.ie) which stops on the doorstep of 23 places of interest, every 10 minutes. A 24-hour adult ticket costs €15, though the drivers' witty quips and hilarious commentaries are priceless. Public transport runs like clockwork and is a cost-effective alternative to the Hop-on Hop-off bus.

Eating, drinking and having a good time

Dublin is home to a kaleidoscope of gastronomic experiences; eateries of all types, shapes and sizes. We were invited to try the City's latest trendy eatery, The Pig's Ear.

Located above a grocery store the entrance to the restaurant would be little more than a very discreet stairwell if it weren't for the hot pink front door. This funky twist sets the tone for the menu, which blends traditional Irish with experimental, innovative cuisine. For instance the smoked salmon starter, served in a sealed jar that is literally filled with smoke; interesting to say the least.

It is a restaurant that while immaculately presented doesn't take itself too seriously. The menu is basically good home-cooked fun on a plate.

An early evening menu now includes offers such as a 3-course meal for €21.95 (see



Inside Trinity College.

www.thepigsear.ie).

Any traditional pub in Dublin (and there are lots of them) will invariably offer an entertaining evening as the majority have live (or impromptu!) music most nights. However, as in the UK pubs close early and drinks tend to be pricey.

If, by the end of your trip, your wallet hasn't completely dried up, indulge in one of the most memorable dining experiences in the city, on the award-winning La Peniche fine wine and dining barge. Situated on the 200 year old Grand Canal it travels up and down the canal, through locks, and takes diners back in time with a classical menu available for lunch and evenings. It is the perfect way to spend a unique summer's eve (www.lapeniche.ie).

All in all, Dublin effortlessly surpasses expectations on many levels, but remains as down-to-



Statue of Molly Malone, or 'the tart with the cart' as she is known locally, one of Ireland's most famous women.

earth as the green it is famous for. **The Portugal News** travelled to Ireland as guests of Aer Lingus and Tourism Ireland. For more

information, see www.aerlingus.com, and www.discoverireland.com.

Carrie-Marie Bratley.



A traditional Irish pub.

Must-do activities:

By now your flights should be booked and your hotel reservation made. That leaves the itinerary.

In our opinion there are two 'must-dos' while in Dublin; the harrowing Kilmainham Gaol and, of course, the fabulous Guinness factory.

Kilmainham Gaol is a former prison (now a museum), located on the outskirts of Dublin. Run since the mid-1980s by the Office of Public Works (O.P.W.), an Irish Government agency, Kilmainham Gaol played an important part in Irish history, as many leaders of Irish rebellions were imprisoned and some executed in the jail. It may be familiar to many as it has been used as a set for many films including *The Italian Job*, *In The Name of the Father*, and, more recently, *The Escapist*. The tour of the prison is as chilling as it is fascinating. Messages by former prisoners

rank high in your list if priorities.

Getting around:

On foot is, without doubt, the best way to see Dublin. You could attempt it alone as the City is easily navigated and there is no worry of getting lost, but for those of you with a passion for history and humour, a guided walking tour is the only way. Take a walking tour and you will see, as well as learn, more than you would ever imagine. We can strongly recommend the award-winning Pat Liddy's Walking Tours (www.walkingtours.ie). Lead by a local, the guided tour will take you in and around places that you might otherwise bypass, like the post office, the national bank and colourful backstreets, sharing a unique insight as to the history of each and every one. The stories you will hear alone are worth the reasonable fees, elaborate tales that give life to hidden gems through-



ALGARVE TOURS

Alvará nr:286/78

Incoming/Outgoing

ALGARVE TOURS - TRAVEL AGENCY

Providing a professional, reliable and friendly service.

NOW with offices in Faro, Albufeira, Lisbon and Funchal.

We can offer assistance for Groups and Incentives or Holiday Packages to suit your holiday dream and your budget.

Here at Algarve Tours you will find what you are looking for...

Contact us:

Faro office: 289 890 200

E-mail: sofia.falcao@algarve-tours.pt

Albufeira office: 289 510 300/289 510 318

E-mail: helia.nogueira@algarve-tours.pt
Carmo.paiva@algarve-tours.pt

VILA SOL ALGARVE
A RENAISSANCE SPA & GOLF RESORT

KEEP FIT! MIND AND BODY!
Vila Sol SPA to keep you physically fit and spiritually strong!

Join the SPA membership at the Vila Sol Algarve, A Renaissance SPA & Golf Resort for three or six months or one year and get your investment back through the entire ranges of discounts and offers on SPA therapies, fitness packages, hotel stays, restaurants, tennis, golf and so much more...

Contact: 289 300 550 | spa.vilasol@renaissancehotels.com | www.renaissancealgarve.com
Vilamoura – Algarve

NEW
ROUTES
SUMMER '09



GLASGOW
PRESTWICK
Since 29th March



NOTTINGHAM
EAST MIDLANDS
Since 31st March



BOURNEMOUTH
Since 31st March

FARO AIRPORT

FLIGHT INFORMATION: +351 289 600 617 | faro.airport@ana.pt Europe's gateway to the sun
PC, pocket PC or PDA timetable downloads at www.faroairport.com
Choose your destination: http://www.ana.pt/portal/page/portal/ANA/INOV_NOVOS_HORARIOS_TODOS

RYANAIR.COM

2N2Z Aeroportos
Algarve

ALGARVE

SBC
FORUM ALGARVE
TEL: 289 887 212

28 MAY-03 JUN



1
Hoodwinked
Animation PV
(10.30 Sat-Mon)
Angels & Demons
Tom Hanks, Ayelet Zurer
12.50-15.50-18.50-21.50
Traitor
Don Cheadle, Guy Pearce
(00.40 Fri & Sat)
2
Max & Co.
Animation PV
(10.20-12.15 Sat-Mon)
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
14.30-17.00-19.30-22.00
The International
Clive Owen, Naomi Watts
(00.20 Fri & Sat)
3
Angels & Demons
Tom Hanks, Ayelet Zurer
(12.00 Sat & Sun) 15.00-18.00-21.00
(00.00 Fri & Sat)
4
Harry Potter and the Sorcerer's Stone
Daniel Radcliffe, Emma Watson PV
(10.00 Sat)
Harry Potter and the Chamber of Secrets
Daniel Radcliffe, Emma Watson PV
(10.00 Sun)
Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
13.05-15.20-17.35-19.50-22.10 (00.30 Fri & Sat)
5
Night at the Museum 2
Ben Stiller, Amy Adams
(11.30 Sat & Sun) 13.55-16.20-18.45-21.30 (23.55 Fri & Sat)
6
Monsters vs. Aliens
Animation PV
(10.35-12.40 Sat-Mon)
Star Trek
Chris Pine, Zachary Quinto
15.30-18.30-21.20 (00.25 Fri & Sat)
Ice Age 2
Animation PV
16.30 Mon Only
Max & Co.
Animation PV
14.45 Mon Only
7
Hotel for Dogs PV
Emma Roberts, Don Cheadle
(10.50 Sat-Mon)
Traitor
Don Cheadle, Guy Pearce
14.00-16.30-19.05-21.40
Angels & Demons
Tom Hanks, Ayelet Zurer
(00.15 Fri & Sat)
8
Ice Age 2
Animation PV
(11.05 Sat-Mon)
Knowing
Nicolas Cage, Rose Byrne
13.20-15.55-21.10 (00.10 Fri & Sat)
Última Parada 174
Michel Gomes, Chris Vianna
18.40
9
Ice Age
Animation PV
(11.55-12.45 Sat-Mon)
Fast & Furious
Vin Diesel, Paul Walker
14.50-19.45-22.05 (00.35 Fri & Sat)
Star Trek
Chris Pine, Zachary Quinto
14.40 Mon Only
Night at the Museum 2
Ben Stiller, Amy Adams
17.30

CASTELLO LOPES CINEMAS
ALGARVE SHOPPING
TEL: 707 220 220
28 MAY-03 JUN

1
Traitor
Don Cheadle, Guy Pearce
13.10-16.30-19.10-21.40 (00.10 Fri & Sat)
2
Angels & Demons
Tom Hanks, Ayelet Zurer
13.15-16.05-18.55-21.45
3
Monsters vs. Aliens
Animation PV
13.50-16.10-18.20
Cidade dos Homens
Douglas Silva, Darlan Cunha
21.00 (23.30 Fri & Sat)

4
O Último Condenado à Morte
Albano Jerónimo, Ângelo Torres
13.20-16.00-19.00-21.35 (00.15 Fri & Sat)
5
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
13.05-15.50-18.35-21.20 (23.50 Fri & Sat)
6
Angels & Demons
Tom Hanks, Ayelet Zurer
12.45-15.35-18.25-21.15 (00.05 Fri & Sat)
7
Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
13.40-16.20-18.50-21.25 (00.00 Fri & Sat)
8
Night at the Museum 2
Ben Stiller, Amy Adams
13.30-16.15-18.40-21.30 (23.55 Fri & Sat)
9
Star Trek
Chris Pine, Zachary Quinto
13.00-15.45-18.30-21.10 (23.45 Fri & Sat)

CASTELLO LOPES CINEMAS
PORTIMÃO
TEL: 707 220 220
28 MAY-03 JUN

1
Angels & Demons
Tom Hanks, Ayelet Zurer
13.10-15.55-18.45-21.30 (00.20 Fri & Sat)
2
The Strangers
Liv Tyler, Scott Speedman
13.35-16.30-18.50-22.00 (00.10 Fri & Sat)
3
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
13.15-15.50-18.20-21.40 (00.00 Fri & Sat)
4
Monsters vs. Aliens
Animation PV
13.30-16.20-18.40
Star Trek
Chris Pine, Zachary Quinto
21.10 (23.50 Fri & Sat)
5
Blonde Ambition
Jessica Simpson, Luke Wilson
13.25-16.10-18.35-21.50 (00.05 Fri & Sat)
6
Night at the Museum 2
Ben Stiller, Amy Adams
13.20-16.00-18.30-21.20 (23.45 Fri & Sat)

CENTRE

LUSOMUNDO
ALMADA FORUM
TEL: 707 246362
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
Traitor
Don Cheadle, Guy Pearce
O Último Condenado à Morte
Albano Jerónimo, Ângelo Torres
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon - Animation PV
King of California
Evan Rachel Wood, Michael Douglas
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
Cidade dos Homens
Douglas Silva, Darlan Cunha
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
Knowing
Nicolas Cage, Rose Byrne
The Ruins
Jena Malone, Laura Ramsey
Fast & Furious
Vin Diesel, Paul Walker
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson

LUSOMUNDO
ALVALÁXIA
TEL: 21 754 9000
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
O Último Condenado à Morte
Albano Jerónimo, Ângelo Torres
Night at the Museum 2
Ben Stiller, Amy Adams

Fly Me to the Moon
Animation PV
King of California
Evan Rachel Wood, Michael Douglas
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
Cidade dos Homens
Douglas Silva, Darlan Cunha
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Married Life
Pierce Brosnan, Rachel McAdams
Singularidades de uma Rapariga Loira
Catarina Wallenstein, Ricardo Trepça
Knowing
Nicolas Cage, Rose Byrne
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson

LUSOMUNDO
AMOREIRAS
TEL: 707 246362
28 MAY-03 JUN

Traitor
Don Cheadle, Guy Pearce
Flammen & Citronen
Mads Mikkelsen, Thure Lindhardt
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Closing the Ring
Shirley MacLaine, Christopher Plummer
Knowing
Nicolas Cage, Rose Byrne
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson

LUSOMUNDO
CASCAI SHOPPING
TEL: 707 246362
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Knowing
Nicolas Cage, Rose Byrne
Fast & Furious
Vin Diesel, Paul Walker

LUSOMUNDO
COLOMBO
TEL: 707 246362
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
Traitor
Don Cheadle, Guy Pearce
O Último Condenado à Morte
Albano Jerónimo, Ângelo Torres
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
The Edge of Love
Keira Knightley, Cillian Murphy
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Knowing
Nicolas Cage, Rose Byrne

UCI CINEMAS
EL CORTE INGLÉS
TEL: 707 23 22 21
28 MAY-03 JUN

Flammen & Citronen
Mads Mikkelsen, Thure Lindhardt
Mes stars et moi
Catherine Deneuve, Kad Merad
Night at the Museum 2
Ben Stiller, Amy Adams
Angels & Demons
Tom Hanks, Ayelet Zurer
The Edge of Love
Keira Knightley, Cillian Murphy
Chacun son Cinéma
Isabelle Adjani, Takeshi Kitano
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
Closing the Ring
Shirley MacLaine, Christopher Plummer

The International
Clive Owen, Naomi Watts
Max & Co.
Animation PV
This Is England
Andrew Shim, Jo Hartley
Monsters vs. Aliens
Animation PV
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson
Gran Torino
Clint Eastwood, Bee Vang
Slumdog Millionaire
Dev Patel, Freida Pinto
The Reader
Kate Winslet, David Kross

UCI CINEMAS
FREEMPT
TEL: 707 23 22 21
28 MAY-03 JUN

Night at the Museum 2
Ben Stiller, Amy Adams
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
The International
Clive Owen, Naomi Watts
Fast & Furious
Vin Diesel, Paul Walker
Monsters vs. Aliens
Animation PV

LUSOMUNDO
VASCO DA GAMA
TEL: 707 246362
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon - Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Knowing
Nicolas Cage, Rose Byrne

UCI CINEMAS
DOLCE VITA TEJO
TEL: 707 23 22 21
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
Traitor
Don Cheadle, Guy Pearce
Night at the Museum 2
Ben Stiller, Amy Adams
King of California
Evan Rachel Wood, Michael Douglas
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The International
Clive Owen, Naomi Watts
Knowing
Nicolas Cage, Rose Byrne
Fast & Furious
Vin Diesel, Paul Walker
Monsters vs. Aliens
Animation PV

NORTH

UCI CINEMAS
ARRÁBIDA SHOPPING
TEL: 707 23 22 21
28 MAY-03 JUN

Let the Right One In
Kåre Hedebrant, Lina Leandersson
Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
Traitor
Don Cheadle, Guy Pearce
Night at the Museum 2
Ben Stiller, Amy Adams
King of California
Evan Rachel Wood, Michael Douglas
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
The International
Clive Owen, Naomi Watts
Knowing
Nicolas Cage, Rose Byrne
Fast & Furious
Vin Diesel, Paul Walker

Max & Co. - Animation PV
This Is England
Andrew Shim, Jo Hartley
Confessions of a Shopaholic
Isla Fisher, Hugh Dancy
Monsters vs. Aliens
Animation PV
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson
Duplicity
Clive Owen, Julia Roberts
Marley & Me
Owen Wilson, Jennifer Aniston
Gran Torino
Clint Eastwood, Bee Vang
The Reader
Kate Winslet, David Kross
Slumdog Millionaire
Dev Patel, Freida Pinto

LUSOMUNDO
DOLCE VITA COIMBRA
TEL: 707 246362
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
O Último Condenado à Morte
Albano Jerónimo, Ângelo Torres
Night at the Museum 2
Ben Stiller, Amy Adams
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Fast & Furious
Vin Diesel, Paul Walker
Knowing
Nicolas Cage, Rose Byrne
The International
Clive Owen, Naomi Watts
Married Life
Pierce Brosnan, Rachel McAdams
Monsters vs. Aliens - Animation PV

LUSOMUNDO
DOLCE VITA DOURO
TEL: 707 246362
28 MAY-03 JUN

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon - Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
The International
Clive Owen, Naomi Watts
The Strangers
Liv Tyler, Scott Speedman
Che: Part Two
Benicio Del Toro, Franka Potente

LUSOMUNDO
PALÁCIO DO GELO
TEL: 707 246362
28 MAY-03 JUN

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
The International
Clive Owen, Naomi Watts
Fast & Furious
Vin Diesel, Paul Walker
Fireflies in the Garden
Ryan Reynolds, Willem Dafoe

LUSOMUNDO
BRAGA PARQUE
TEL: 707 246362
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon - Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Knowing
Nicolas Cage, Rose Byrne
New in Town
Renée Zellweger, Harry Connick Jr
The International
Clive Owen, Naomi Watts
Fast & Furious
Vin Diesel, Paul Walker

OV = English
Version
PV = Portuguese
Version



LUSOMUNDO
DOLCE VITA PORTO
TEL: 707 246362
28 MAY-03 JUN

Traitor
Don Cheadle, Guy Pearce
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Knowing
Nicolas Cage, Rose Byrne
Singularidades de uma Rapariga Loira
Catarina Wallenstein, Ricardo Trepça

LUSOMUNDO
MAIA SHOPPING
TEL: 707 246362
28 MAY-03 JUN

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The Ruins
Jena Malone, Laura Ramsey

LUSOMUNDO
GAIA SHOPPING
TEL: 707 246362
28 MAY-03 JUN

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Fast & Furious
Vin Diesel, Paul Walker
Confessions of a Shopaholic
Isla Fisher, Hugh Dancy
Max & Co. - Animation PV
Fireflies in the Garden
Ryan Reynolds, Willem Dafoe
The International
Clive Owen, Naomi Watts

LUSOMUNDO
NORTE SHOPPING
TEL: 707 246362
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
Fast & Furious
Vin Diesel, Paul Walker
Knowing
Nicolas Cage, Rose Byrne

LUSOMUNDO
PARQUE NASCENTE
TEL: 707 246362
28 MAY-03 JUN

Zack and Miri Make a Porno
Seth Rogen, Elizabeth Banks
O Último Condenado à Morte
Albano Jerónimo, Ângelo Torres
Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
Knowing
Nicolas Cage, Rose Byrne
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The Ruins
Jena Malone, Laura Ramsey
Fast & Furious
Vin Diesel, Paul Walker
New in Town
Renée Zellweger, Harry Connick Jr
Confessions of a Shopaholic
Isla Fisher, Hugh Dancy



Let the Right One In (Original Title: Låt den rätte komma in) is a Swedish romantic vampire film directed by Tomas Alfredson. It is based on the best-selling novel of the same name by John Ajvide Lindqvist, who also wrote the screenplay for the film. It tells the story of a bullied 12-year-old boy who develops a friendship with a vampire in Blackeberg, a suburb of Stockholm. The film received widespread international critical acclaim and won numerous awards.

A fragile, anxious boy, 12-year-old Oskar (Kåre Hedebrant) is regularly bullied by his stronger classmates but never strikes back. The lonely boy's wish for a friend seems to come true when he meets Eli (Lina Leandersson), also 12, who moves in next door to him. But Eli's arrival coincides with a series of gruesome deaths and attacks. Though Oskar realizes that she's a vampire, his friendship with her is stronger than his fear... Filmmaker Tomas Alfredson weaves friendship, rejection and loyalty into a disturbing, darkly atmospheric, yet unexpectedly tender tableau of adolescence.

Get ready for the wild comedy that goes where no movie has dared to go before! Seth Rogen and Elizabeth Banks star as two cash-strapped longtime friends and roommates who try to get out of debt by making an adult film, after their electricity and water get shut off.

After assembling a cheerful and perhaps dimwitted cast and crew, the unlucky pair launch into their cynical yet heartwarming scheme with enthusiasm.

Once the cameras start rolling, things quickly get complicated...and hilarious! Writer/Director Kevin Smith is at his funniest, backed by a diverse cast, including Craig Robinson, Jason Mewes, Justin Long, Traci Lords and Brandon Routh.



Seth Rogen & Elizabeth Banks made a movie so titillating that we can only show you this drawing.



When straight-arrow FBI agent Roy Clayton (Guy Pearce) heads up the investigation into a dangerous international conspiracy, all clues seem to lead back to former



U.S. Special Operations officer, Samir Horn (Don Cheadle), a mysterious figure with a web of connections to terrorist organizations, Horn has a knack for emerging on the scene just as a major operation goes down. The inter-agency task force looking into the case meets with Carter (Jeff Daniels), a veteran CIA contractor who seemingly has his own agenda and Max Archer (Neal McDonough), a fellow FBI agent. The task force links Horn to a prison break in Yemen, a bombing in Nice and a raid in London, but a tangle of contradictory evidence emerges, forcing Clayton to question whether his quarry is a disaffected former military operative - or something far more complicated. Obsessed with discovering the truth, Clayton tracks Horn across the globe as the elusive ex-soldier burrows deeper and deeper into a world of shadows and intrigue.



Film Classification

Traitor - M/12
Zack & Miri Make a Porno - M/16
Let the Right One In - M/16
Night at the Museum 2 - M/12
Fly Me to the Moon - M/6

King of California - M/12
Angels & Demons - M/12
The Edge of Love - M/12
Star Trek - M/12
Cidade dos Homens - M/12
X-Men Origins: Wolverine - M/12
New in Town - M/12

The International - M/12
Knowing - M/12
The Ruins - M/16
Fast & Furious - M/12
Max & Co. - M/6
Appaloosa - M/12
Monsters vs Aliens - M/4

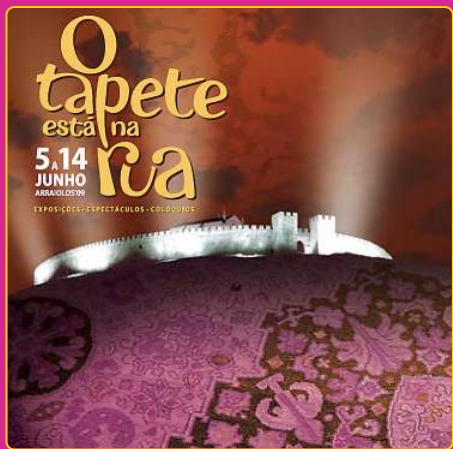
M/4 - Suitable for audiences aged four years and over
M/6 - Suitable for audiences aged six years and over
M/12 - Suitable for audiences aged 12 years and over
M/16 - Suitable for audiences aged 16 years and over
M/18 - Suitable for audiences aged 18 years and over



HIGHLIGHTS



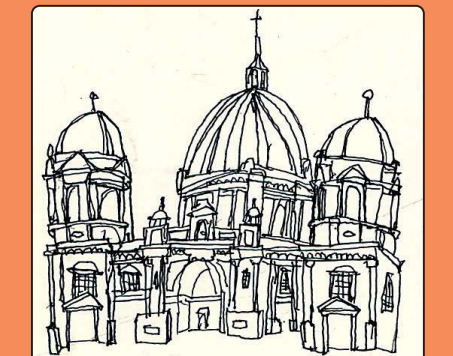
LAGOS - June 1 to 10 - 'Impressions of Portugal' Exhibition of watercolours and oils by Clive Cook at the 'Armazém Regimental 1' gallery, Praça Infante D. Henrique - Open daily from 11am to 8pm - For more information tel: 916 720 981 - www.clivecookpaintings.com



ARRAIÓLOS - June 5 to 14 - 'The Carpet is on the Street' Arraiolos '09' Exhibitions, Shows, speeches, theatre, street entertainment, etc. - Câmara Municipal de Arraiolos - Praça Lima e Brito - T. 266 490 240 / 266 490 257 / www.cm-arraiolos.pt

ALMANCIL - June 5 - Nikky Moran local resident writer is performing her play *Snakes and Ladders*. A two act comedy about a reformed bag lady living in sheltered accommodation. For €40 there is a 3 course dinner with half a bottle of wine followed by the performance. Dinner starts at 7.30 and booking is essential - Tel: 289 358 792 - reservas@acolinaahotel.com

June 19 - New Orleans jazz band will swing the night away with Dixieland tunes. A 3 course dinner, music and dancing for €35 - For bookings call 289 358 792 or reservas@acolinaahotel.com - A Colina is near Laranjal Golf on Estrada do Ludo Quinta da Torre, just off the EN 125



PORTO - Until June 20 - 'Invasion' Drawing Exhibition by Craig Atkinson - Galeria Dama Afrita - Rua da Picaria, 84 - T. 927 203 858 - www.damaafrita.com

Events may be cancelled, delayed or fail to live up to their billing. Send us your events to copy@the-news.net by Tuesday before publication.

TICKETS: Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night. Websites: www.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: Ticketline 707 234 324

ALCANTARILHA

UNTIL JUNE 15

Painting Exhibition by Anabela Aiveca - Capela das Artes Art Gallery - The art gallery is open Tuesday to Sunday, 16h00 to 21h00 - Espaço Cultural de Alcantarilha, Apartado 101, Quinta da Cruz, E.N. 125 - T. 282 320 200 - F. 282 320 209 - www.capeladasartes.com

ALMANCIL

MAY 30

Piano Concert by SA CHEN at Centro Cultural S. Lourenço - works from Rachmaninoff, Ravel, Mendelssohn, Chopin & Schumann, among others - 19h30 sharp - Wine & canapés will be served from 19h00 and also during the interval - Entry is €25 for guests and non-members - www.amigos-de-musica.org - ccsl@ol.pt - centroculturalsaolourenco.com - Cristina 289 395 475 -

MAY 30 TO JUNE 30

Exhibition opening includes new work by Ivan Ullmann, Jessica Dunn and four other artists - Studio GT on Rua de Vale Formoso - Prime Wine, cheese & pickle from 6pm until 8pm - T. 289 391 566

JUNE 6

Chef Jonnie Pratt will be cooking up a South African storm for a very good cause at the Bistrot des Z'Artes - For a all inclusive price of €40 / person you can enjoy a 7 course meal with wonderful South African wine

ALMODÓVAR

UNTIL MAY 30

Jazz at Cine-Teatro - 29th: The Two Gentleman Band from USA at 21h30; 30th: Joana Machado from Portugal at 21h30 - The Cine-Teatro is on Rua do Cinema Almodóvar - Tel/Fax: 286 600 605

LAGOA

UNTIL MAY 31

Homage to world renown Portuguese painter Costa Camelo whose works are on exhibition at Manuel Gamboa Exhibitions Room at Convento S. José - Rua Joaquim Eugénio Júdice - The exhibition will run until May 27 - T. 282 380 434

JUNE 12, 13 & 14

The Algarveans present 'Glorious!' - A Comedy in English by Peter Quilter directed by Jenny Grainer - Play about Florence Foster Jenkins, the vocally challenged American soprano with Siân in the starring role - 12th & 13th: 20h00; 14th: 17h00 - Bookings 282 789 608 / 289 561 594 - Price: €10 (€5 Students)

DAILY

Quinta dos Vales - Wine and art - Quinta dos Vales - Sítio dos Vales, Caixa P. 112, 8400-031 Estombar (near Lagoa) - T. 282431036 - F. 282431189 - quintadosvales.eu

SOUTH

LAGOS

JUNE 1-10

'Impressions of Portugal' Exhibition of watercolours and oils by Clive Cook - 'Armazém Regimental 1' gallery on Praça Infante D. Henrique - Open daily from 11am to 8pm.

MAY-JUNE

14 years later... Art exhibition MALA at the Slavemarket - from 16-30 Oct. 2009, in Barão de S. João at Florestal restaurant, and www.aidanbremner.com. Contacts: 00351-919211557, annegret.aidan@sapo.pt.

MONDAYS

The New Orleans Jazz Band - Free concert - 20h30 - Tivoli Hotel - Rua Vasco da Gama - T. 289 591 804

LOULÉ

UNTIL MAY 30

Painting Exhibition by David Haines - Chá d'Arte Tea Room & Art Gallery - Open Mon-Fri: 13h00-2h00; Sat: 10h30-2h00; Closed Sundays - D. Pedro I Square, nº 5, 6 - 964 628 735

UNTIL JUNE 20

Solo Photo Exhibition by Raul Morgado - chá d'Arte Tea Room and Art Gallery - Open Mon-Fri: 13h00-2h00; Sat: 10h30-2h00; Closed Sundays - D. Pedro I Square, nº 5, 6 - 964 628 735

PADERNE

MAY 30 & 31

Exhibition / Perfectly small paintings - 20 artists produce original work of exquisite pictures at recently opened white space, The Cube of Galeria Corte-Real - Open: 11h-19h - Thu & Sunday: 11h-17h / Fri & Sat: 11h-19h - Located close to the protected village of Paderna (Signs from Ferreiras, Boliqueime & Paderna) - 918980199 / 912737762

PERA

UNTIL OCT 22

'Discoveries' International Sand Sculpture Festival - Construction site on road to Algoz - Open daily from May 22 to October 22 - 10h00 and 24h00 - T. 969 459 259 - www.fiesa.com

PORTIMÃO

TUESDAYS

The New Orleans Jazz Band - Mariner's Bar/Restaurant - Rua Santa Isabel - 914 806 310

TAVIRA

UNTIL JUNE 28

Exhibition 'RAP' (Robotic Action Painter) - A Portuguese Robot created by Leonel Moura - RAP creates original drawings and decides when the work is completed and signs in the lower right corner of the painting - Palácio da Galeria Educativa Services of Tavira Municipal Museum - 281 320 500 (Ext. 324) - edu.museus@cm-tavira.pt

NORTH

PORTO

DAILY

Casa da Música: guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 - Tickets can be bought until 10 minutes before the visit - Price: € 2; Free for children under 12 - 220120214 - Av. da Boavista, 604-610 www.casadamusica.com

DAILY

Serralves Foundation: Visits to the exhibitions - Sat: 17h-20h; Sun: 12h-13h - to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h - to the park Sun: 11h-12h - Visits are free on the purchase of an entrance ticket to the museum - Rua D. João de Castro, 210 - T. 226 156 584 • www.serralves.pt

UNTIL MAY 30

Exhibition 'Amnésia' by Pedro Gomes at Galeria 111 - Rua D. Manuel II - 226 093 279 www.galeria111.pt

JUNE 19

Concert in commemoration of the 50th anniversary of Conductor Álvaro Cassuto's career by Orquestra do Norte conducted by Álvaro Cassuto and at the piano António Rosado - Coliseu do Porto - 21h30 - T. 223 394 940

GUIMARÃES

JULY 16 TO 18

MANTA Music Festival with Bishop Allen, Young Gods and José González - Gardens of Centro Cultural Vila Flor - Av. D. Afonso Henriques, 701 - 253 424 700

CENTRE

DAILY

Casino Estoril - Shows, games, concerts, lots of entertainment and Art Gallery - Info.estoril@estoril-sol.com - 214667700 - 214825400

GOLEGA

UNTIL MAY 31

Paintings & Etchings by Mary St. George - Galeria de Arte 'João Pedro Veiga' - Rua D. João IV, 2150 Golegã - T. 249 979 000 - Tue-Sun (closed Mon & holidays) - 9h30-18h00 - www.zhibit.org/marystgeorge

LISBON

UNTIL JUNE 15

78th Lisbon Book Fair - Parque Eduardo VII - 132 participants with 203 pavilions (11 dedicated to children) - www.feiradolivrodelisboa.pt

UNTIL MAY 30

Photo Exhibition 'Timeline' by João Leonardo at Galeria 111 - Campo Grande 113 - T. 217 977 418 - www.111.pt

UNTIL JUNE 17

CIRQUE DU SOLEIL / VAREKA! 2009 - Grand Chapiteau, Parque Tejo, Passeio dos Heróis do Mar, lote 6.18P, Sacavém/Loures (after Vasco da Gama bridge) - From €29 - €64 / children - Tue-Fri: 21h30; Sat: 17h30 & 21h30; Sun: 16h30 & 20h30

LISBON SUMMER CONCERTS:

May 30 - Harlem Globetrotters - Sports Show - 20h00 - Pavilhão Atlântico - **June 3 - ACDC** - Estádio José Alvalade - **June 9 - Lisbon Calling** - 19h00 - Pop/Rock - Pavilhão Atlântico - **June 18 - Dream Theater & Guests** - Metal/Progressive - 21h00 - Coliseu dos Recreios - **June 25 & 28 - Mamma Mia** - at 21h15 & 16h00 - Musical - Pavilhão Atlântico - **June 27 - Elton John** in concert - British singer and song writer - Restelo Stadium - **July 4 - Kylie Minogue** - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 22 - Eagles** 'Long Road out of Eden' - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 25 - Anastacia** - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 30 - Leonard Cohen** - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 31 - Seal** in concert - 22h00 - Seal, the most popular soul



vocalist of the decade - Tickets: €20, €60 - Cascais Hippodrome.



6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Take on the Takeaway. (R) (T) 12.00 BBC News; Weather. (T) 12.10 Cash in the Attic. (R) (T) 12.55 Live Canoeing. The European Slalom Championships. (T) 2.30 FILM: Hocus Pocus (1993). Supernatural Disney comedy, starring Bette Midler. (T) 4.00 FILM: First Daughter (2004). Romantic comedy, starring Katie Holmes. (T)

5.40 BBC News; Regional News; Weather. (T)
6.05 FILM: Toy Story (1995). A jealous toy cowboy vies for attention against a new hi-tech action figure. Pixar animated adventure, with the voices of Tom Hanks and Tim Allen. (T)

7.25 Robin Hood: Isabella is the new Sheriff after making a deal with Prince John, and faces a tough decision when Robin suggests she should work with him or make an enemy for life. However, in her first public appearance, she tells the people that under her rule, Nottingham will be a fairer and more peaceful place - her first act will be to execute the people's enemy Guy of Gisborne. But her position is soon under threat from the arrival of an old foe. (T)

8.10 The National Lottery Draw. Jenni Falconer announces the all-important numbers. (T)
8.20 Casually. Alice returns to work to find Tony lying in wait for her, prompting Curtis to take action to end her attacker's campaign of intimidation once and for all. With Adam unwilling to take on Jordan's administrative duties, his boss continues to overwork. However, despite her bad mood Zoe may be on hand to help - in more ways than one. (T)

9.10 Reggie Perrin. Reggie feels as if the entire world is against him - wife Nicola continues to neglect her husband, while Chris has given him just 24 hours to prepare an important conference speech. The stressed executive's day goes from bad to worse when he finds his boss in a clinch with dream woman Jasmine at the office party - and then he returns home to find his mother in a compromising position with his father-in-law. Last in the series. (R) (T)

9.40 BBC News; Weather; (T) National Lottery Update. (T)

10.00 FILM: Red Eye (2005). A hotelier learns one of her fellow plane passengers is intent on involving her in a sinister plot. Thriller, with Rachel McAdams and Cillian Murphy. (T)

11.15 FILM: Scream (1996). Horror, starring Neve Campbell. (T)

1.00 Friday Night with Jonathan Ross; (R) (T) Weatherview. (T) 2.05 BBC News. (T)

Visit our e-paper

www.the-news.net

LOCAL

RTP1

0630 Children TV 0800 Bom Dia Portugal 1100 Portugal Sem Fronteiras 1300 News 1415 Top+ 1545 Everest, miniseries 1930 30 Minutos 2000 News 2100 Voz do Cidadão 2115 Duelo Final 2210 Casamentos de Santo António 2215 TBA 0115 Close to Home, series 0230 Ginostra, film 0415 Telesales

RTP2

0700 Euronews 0800 África 7dias 0830 Notícias de Portugal 0900 Open University 1000 Zig Zag 1200 Film 1345 Zig Zag 1400 Parlamento 1500 Sports 1930 The Class, series 2030 Wild Orphans 2100 Cenas da Vida Real 2145 A Hora da Sorto 2200 News 2240 Dirty Harry, film 0030 The Enforcer, film 0230 Sports 0615 Euronews

SIC

0600 Etnias 0645 Sic Kids 0830 Disney Kids 1000 Power Rangers 1030 Programa da Lucy 1200 Planet Earth 1300 News 1400 Episódio Especial 1500 Futusl 1715 Film 2000 News 2130 Tá a Gravar 2315 Guinness, O Mundo dos Recordes 0015 Film 0230 Quando o Telefone Toca

TVI

0700 Children TV 0930 Smackdown, wrestling 1030 Campeões e Detectives 1115 Deluxe 1215 Antevésio 1300 News 1400 Film 1600 Film 1800 Morangos com Açúcar 2000 News 2115 Flor do Mar 2215 Deixa Que Te Leve 2315 Olhos nos Olhos 0015 Sex and Death, film 0230 Sempre a Somar 0400 The Office, series 0430 Law & Order: Special Victims Unit, series 0530 Telesales

Best of the Rest

BBC3

7.00 Most Annoying Couples 7.05 Snog, Marry, Avoid? 7.35 The Real Hustle on Holiday 8.10 Top Gear 9.10 Film: Enigma 15 (2001) 11.05 Live at the Apollo 11.50 Family Guy 12.15 American Dad! 12.35 The Real Hustle on Holiday 1.00 Bizarre Animal ER 1.30 Make My Body Younger 2.30 Snog, Marry, Avoid? 3.00 Most Annoying Couples 3.05 Blood, Sweat and Takeaways 4.05 Make My Body Younger 5.05 Close

BBC4

7.00 Legends 8.00 Motown at the BBC 9.00 Film: Standing in the Shadows of Motown PG (2002) 10.45 What's Going On? The Life and Death of Marvin Gaye 11.45 Motor City's Burning: Detroit from Motown to the Stooges 12.45 Legends 1.45 Motown at the BBC 2.45 What's Going On? The Life and Death of Marvin Gaye 3.45 Close

ITV2

1.10 The Planet's Funniest Animals 1.45 Britain's Got More Talent 2.45 Britain's Got More Talent 3.45 Britain's Got More Talent 4.45 Britain's Got More Talent 6.45 Superhuman: Genius 7.45 The Planet's Funniest Animals 8.15 Sugababes: The Hot Desk 8.30 Britain's Got More Talent - The Final 9.30 The Planet's Funniest Animals 10.00 Britain's Got More

All the latest headlines at
www.the-news.net

THE PORTUGAL
News



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Funky Fables. (R) (T) 7.15 Eliot Kid. (R) (T) 7.30 Dinosaipen. (R) (T) 7.50 Wolverine and the X-Men. (R) (T) 8.10 The Owl. (R) (T) 8.15 Sportsround. (R) (T) 8.30 What's New Scooby-Doo? (R) (T) 8.50 Frankenstein's Cat. (R) (T) 9.00 Sorry, I've Got No Head. (R) (T) 9.30 Hotel Trouble. (R) (T) 9.55 Diddy Dick & Dom. (R) (T) 10.00 Transmission Impossible with Ed and Ouchto. (R) (T) 11.30 Young Dracula. (R) (T) 12.00 BBC Switch: Kyle XY. (R) (T) 12.45 BBC Switch: Winging It. (T) 1.10 BBC Switch: Class of 2008 - Graduated. (R) (T) 1.35 BBC Switch: Sound. (T) 2.05 Animal Park. (T) 2.35 FILM: And Then There Were None (1945). Agatha Christie mystery, starring Walter Huston. (T) (bw) 4.10 Flog It! (R) (T) 5.10 Live Rugby League. Hull Kingston Rovers v Warrington Wolves (Kick-off 5.30pm). (T) 7.30 The Birth of British Music. The legacy of German composer Felix Mendelssohn. Last in the series. (T) 8.30 Dad's Army. Sergeant Wilson inherits a title following the death of an elderly relative, and joins the aristocracy - much to Mainwaring's annoyance. (R) (T) 9.00 Timewatch - Bloody Omaha. The true story of the D-Day landings. (R) (T) 10.00 Have I Got a Bit More News for You. With David Mitchell and Andrew Maxwell. (T) 10.40 The Funny Side of the News. (R) (T) 11.40 Ian Hislop's Changing of the Bard. (T) 12.40 FILM: A Man of No Importance (1994). Comedy drama, starring Albert Finney. (T) 2.20 FILM: The Reckless Moment (1949). Drama, starring James Mason. (T) (bw) 3.40 Close.

Pick of the Day

Britain's Got Talent - The Final (ITV1 Granada, 6.45pm)

This show has been one of the most entertaining series to date, not least because of the wealth of amazing acts that have left us either stunned, amazed or just cringing. In recent weeks we've seen incredible dance acts such as Flawless, Diversity and nimble-footed youngster Aidan Davis, while the vocal acts haven't been bad either. Shaun Smith's rendition of Ain't No Sunshine was well worth a second and third look the other week. Now we find out who has the right stuff to win over the masses and perform at the Royal Variety Performance. For judges Simon Cowell, Amanda Holden, Piers Morgan and Kelly Brook it's been a tricky task filtering the downright awful acts as well as the genuinely talented ones. Early favourite Susan Boyle has already become an international star, and the Scots singer is even rumoured to be making an appearance in The Simpsons. However, there's no shortage of other outstanding acts also hoping to clinch victory. Who will win? Stay tuned for the final show of the series, which follows later, to find out.

C4

5.50 The Hoobs. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 World Sport. 7.30 Volkswagen Racing Cup. 8.00 The Morning Line. (T) 8.55 T4: Yo Gabb Gabb. (T) 9.30 T4: Friends. (R) (T) 10.15 T4: One Tree Hill. (T) 11.05 T4: Friends. (R) (T) 11.35 T4: The Script: Video Exclusive. (T) 11.45 T4: Just Dance! Lady GaGa's 20 Party Tunes. (R) (T) 12.55 T4: Scrubs. (R) (T) 1.30 T4: Scrubs. (R) (T) 2.00 Channel 4 Racing from Goodwood, York and Haydock Park. Live coverage of the 3.45 Knavesmire Sprint Cup (Hcap) (5f). (T) 4.00 Coach Trip. (R) (T) 4.30 Coach Trip. (R) (T) 5.00 Coach Trip. (R) (T) 5.30 Coach Trip. (R) (T) 6.00 Coach Trip. (R) (T) 6.30 Channel 4 News. (T) 7.00 Bear Grylls: Born Survivor. The adventurer travels to the Black Hills of South Dakota, where he tackles treacherous granite cliffs, explores an abandoned gold mine and becomes caught in an electrical storm. (T) 8.00 The Hitler Family. Documentary offering an insight into the Fuehrer's family, who he tried to keep hidden during his dictatorship. With contributions by some of his living relatives. (R) (T) 9.00 Hitler: The Rise of Evil. Part two of two. The Fuehrer assumes power over Germany. (R) (T) 10.55 FILM: Basic Instinct 2 (2006). Premiere. Thriller sequel, starring Sharon Stone. (T) 1.05 FILM: Kissing Jessica Stein (2001). Romantic comedy, starring Jennifer Westfeldt and Heather Juergensen. (T) 2.50 The Closer. (T) 3.40 Psyche and Eros. (R) (T) 4.05 Big Act. (R) (T) 5.05 Countdown. (R) (T) 5.50 The Hoobs. (R) (T)

FIVE

6.00 Sunrise. 7.00 Milkshake!: Mio Mao. (R) (T) 7.05 Franklin. (R) (T) 7.30 Hana's Helpline. (R) (T) 7.45 Olivia. (R) (T) 8.00 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.15 Animal Families. (R) (T) 8.35 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.50 Mist: Sheepdog Tales. (R) 9.00 Roary the Racing Car. (R) (T) 9.15 Rupert Bear. (R) (T) 9.30 The Milkshake! Show. (R) (T) 10.00 Michaela's Zoo Babies. (R) (T) 10.30 The Grid. (T) 11.00 Helicopter Warfare. (R) (T) 12.00 The Gadget Show. (R) (T) 1.00 FILM: Dial M for Murder (1954). Hitchcock thriller, starring Ray Milland. (T) 3.05 FILM: Hook (1991). Peter Pan adventure, starring Robin Williams. (T) 5.40 Five News. (T) 5.50 FILM: The Magnificent Seven (1960). Western, starring Yul Brynner. (T) 8.00 NCIS. A woman kills an intruder who she claims tried to rape her. (R) (T) 9.00 NCIS. Tony poses as a convict and takes part in a bogus jailbreak as part of an operation to recover priceless stolen Iraqi art - but disappears - and Dunbrook says he was acting in self-defence. Craig T Nelson guest stars. (T) 11.00 Law & Order. (T) 12.00 Quiz Call. 4.00 The Gadget Show. (R) (T) 4.45 Rough Guide to Beaches. (R) (T) 5.00 Hana's Helpline. (R) (T) 5.10 The Milkshake! Show. (R) (T) 5.35 Thomas & Friends. (R) (T) 5.45 Roary the Racing Car. (R) (T)

ITV1

5.30 ITV Morning News. 6.00 GMTV. 9.25 The Crocodile Hunter Diaries. (R) (T) 10.25 Quincy ME. (R) (T) 11.25 Britain's Got Talent. (R) (T) 12.55 ITV News and Weather. (T) 1.00 Live FA Cup Final. Chelsea v Everton (Kick-off 3.00pm). (T)

5.30 London Tonight; Weather. (T)
5.45 ITV News and Weather. (T)
6.00 Funnier Ever You've Been Framed! Harry Hill narrates a selection of camcorder calamities. (R) (T)

6.45 Britain's Got Talent - The Final. The 10 finalists perform, hoping they have what it takes to impress the judges as well as the public and win the competition. Ant and Dec host. Last in the series. The results can be seen at 9.30pm. (T)

8.30 All Star Mr & Mrs. Game show in which celebrity couples reveal just how much - or how little - they know about each other. Former Coronation Street actor Liz Dawn and her husband Don, a-ha's Morten Harket and his partner Inez Andersson, and TV presenters Matt and Emma Willis are quizzed about their relationships by Fern Britton and Phillip Schofield. (T)

9.30 Britain's Got Talent - The Final Result. The viewers' votes are counted and the winning act for 2009 is revealed, securing them a slot at the Royal Variety Performance, a prize of £100,000 and a coveted position next to previous winners Paul Potts and George Sampson. Simon Cowell, Amanda Holden and Piers Morgan are on the judging panel. Ant and Dec host. (T)

10.00 Mumbai Calling. New series. Comedy drama, starring Sanjay Bhaskar as Kenny Gupta, who is dispatched to India to turn around Tektobable, a failing call centre in Mumbai run by a manager who is more interested in chasing the female staff. Panic sets in when head office calls to announce the imminent arrival of an assessor. Also starring EastEnders Nitin Ganatra. (T)

10.30 FA Cup Final 2009 Highlights. Chelsea v Everton. Matt Smith presents action from this afternoon's showpiece occasion at Wembley Stadium, as the English domestic season reached a conclusion. The Toffees have reached the final for the first time since 1995 and have done it the hard way, having to get past Aston Villa, Liverpool and Manchester United to maintain their chances of a first piece of silverware under David Moyes. With commentary by Clive Tyldesley and Jim Beglin. (T)

11.40 ITV News and Weather; Weather. (T)
11.45 FILM: Village of the Damned (1995). Sci-fi thriller, starring Christopher Reeve. (T)

1.35 Six Degrees; (R) (T) ITV News Headlines. 2.25 FILM: Double Bill (2003). Comedy, starring Peter Gallagher. (T) 3.50 ITV Nightscreen.

MOVIES

Sky Movies Drama

6.45 Malpractice PG (2001) 8.30 American Graffiti PG (1973) 10.30 Crossroads: A Story of Forgiveness PG (2007) 12.15 What Dreams May Come 15 (1998) With Robin Williams. 2.15 Onein 12 (1999) With Ralph Fiennes. 4.15 Wah-Wah 15 (2006) With Nicholas Hoult. 6.00 The American President 15 (1995) With Michael Douglas. 8.00 The Illusionist PG (2006) With Edward Norton. 10.00 Indecent Proposal 15 (1993) With Demi Moore. 12.00 The Grifters 18 (1990) With John Cusack. 2.00 The Astronaut's Wife 18 (1999) With Johnny Depp. 4.00 The Top 10 Show 4.20 Taken Away PG (1996)

Sky Movies Comedy

6.00 My Fair Eddie PG (2008) 7.35 The Bachelor 12 (1999) 9.25 Hot Rod 12 (2007) 11.00 Music and Lyrics PG (2007) With Hugh Grant. 1.00 Semi-Pro 15 (2008) With Will Ferrell. 2.35 Forgetting Sarah Marshall 15 (2008) With Jason Segel. 4.35 Deuce Bigalow: Male

Gigolo 15 (1999) With Rob Schneider. 6.10 Music and Lyrics PG (2007) With Hugh Grant. 8.00 Semi-Pro 15 (2008) With Will Ferrell. 9.35 Forgetting Sarah Marshall 15 (2008) With Jason Segel. 11.35 Deuce Bigalow: Male Gigolo 15 (1999) With Rob Schneider. 1.10 Hot Rod 12 (2007) With Andy Samberg. 2.45 The Bachelor 12 (1999) With Chris O'Donnell. 4.30 My Fair Eddie PG (2008)

Sky Movies Action/Thriller

6.45 Johnny Handsome 15 (1989) 8.30 No Way Out 15 (1987) 10.35 Fantastic Four: Rise of the Silver Surfer PG (2007) 12.15 The Kingdom 15 (2007) With Jamie Foxx. 2.15 Zulu PG (1964) With Michael Caine. 4.40 Die Hard 18 (1988) With Bruce Willis. 6.55 300 15 (2006) With Gerard Butler. 9.00 The Kingdom 15 (2007) With Jamie Foxx. 11.00 Marked for Death 18 (1990) With Steven Seagal. 12.40 Fantastic Four: Rise of the Silver Surfer PG (2007) With Ioan Gruffudd. 2.25 The Corruptor 18 (1999) With Chow Yun-Fat. 4.25 Back in Business PG (2007)

Are you a **SKYPER?**

You obviously like low cost phone calls, but did you know you can continue to use SKYPE and

still save another **50%**

on your monthly phone costs.

HOW? Call World Telecom on 707 500 600

Sky Sports 1

6.00 Aerobics Oz Style 6.30 Tight Lines 7.30 Hold the Back Page 8.30 Champions League Weekly 9.00 Cricket AM 10.30 Live IRB Rugby World Sevens. The Edinburgh Sevens. 1.30 Live International Rugby Union. Highveld XV v British & Irish Lions (Kick-off 2.00pm). 4.15 Live International Rugby Union. England v Barbarians (Kick-off 4.15pm). 7.00 Live Super League. Celtic Crusaders v Wakefield Trinity Wildcats (Kick-off 7.00pm). 9.00 International Rugby Union 10.30 Scottish Cup Final 12.00 Super League 2.00 Spanish Football 3.30 Scottish Cup Final 5.00 Champions League Weekly 5.30 FIFA Futbol Mundial

Sky Sports 2

6.00 Race World 7.00 The Lions 1974 - Invincibles 8.00 Live Rugby Union. The Super 14 final. 10.30 Champions League Weekly 11.00 Ocean Race 11.30 World Sport 12.00 Friday Night Fight 2.00 Live Scottish Cup Final. Rangers v Falkirk (Kick-off 3.00pm). 5.30 Champions League Weekly 6.00 Live Speedway. The Swedish Grand Prix. 9.00 Golf Night 11.00 Rugby Union 2.00 NFL: Total Access 3.00 Ocean Race 3.30 World Sport 4.00 International Rugby Union 5.30 World Sport

Sky Sports 3

6.00 Sports Unlimited 7.00 Max Power 8.00 Friday Night Fight 10.00 WWE: Smackdown 12.00 WWE: Bottom Line 1.00 Max Power 2.00 Live European Tour Golf. The European Open. 6.00 Ocean Race 6.30 World Sport 7.00 Live Spanish Football. A La Liga match. 9.00 Live

Spanish Football. A La Liga match. 11.00 Extreme Championship Wrestling 12.00 WWE: Late Night - Smackdown 2.00 WWE: Late Night - Bottom Line 3.00 Golf Night 5.00 Sports Unlimited

British Eurosport

7.30 French Open Breakfast 7.45 Cycling 8.40 Game, Set and Mats 9.10 French Open Tennis 10.00 Live French Open Tennis. Day seven at Roland Garros in Paris. 7.30 Game, Set and Mats 7.50 Cycling 8.45 Planet Armstrong 8.50 Cycling 9.25 World Touring Car Championship 10.00 French Open Tennis 12.00 Game, Set and Mats 12.30 World Touring Car Championship 1.00 Close

Sky Sports Xtra

6.00 Golf Night 8.00 World Freerun Championships 9.00 International Football 11.00 Ocean Adventures 11.30 Racing News 12.00 World Freerun Championships 1.00 Ocean Race 1.30 Live IRB Rugby World Sevens. The Edinburgh Sevens. 7.30 Ocean Race 8.00 Live Greyhound Racing. The Blue Square Derby final at Wimbledon. 10.30 Great Run Series 11.00 Speedway 2.00 Max Power 3.00 Race World 4.00 Ocean Adventures 4.30 Great Manchester Run 5.00 Max Power

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

Directory
Enquiries in
English and
so much more

from fixed phones, call boxes, mobiles
and mobiles on roaming

Monday to Friday 09:30 - 18:00

calls from fixed phones
60 cents per enquiry
calls from mobiles
60 cents per minute

It's so easy
to find a
number
National &
International
Business & Private

directory
enquiries
in English

760 50 60 70

BBC1

6.00 Breakfast. (T) 9.00 The Andrew Marr Show. (T) 10.00 That's the Spirit! (T) 11.00 Country Tracks. (T) 12.00 The Politics Show. (T) 1.00 Cash in the Attic. (R) (T) 2.00 Keeping Up Appearances. (R) (T) 2.30 Diagnosis Murder. (R) (T) 3.15 EastEnders. (T)

5.10 The Green Green Grass. Boycie discovers Marlene has been discussing their marital problems with a counsellor, and the subsequent row results in him being thrown out of the house. (R) (T)

5.40 Points of View. With Jeremy Vine. (T)
5.55 Songs of Praise. Aled Jones visits Birmingham where he joins the celebrations of Pentecost - the festival that commemorates the official birthday of the Church. (T)

6.30 Last of the Summer Wine. Hobbo's quest to find a man for Stella leads him to put up an advertisement, but the suitor who turns up lacks what it takes to tackle the widow and runs off. (T)

7.00 BBC News; Regional News; Weather. (T)
7.30 Countryfile. Matt Baker and Julia Bradbury visit the Norfolk Broads to celebrate the 20th anniversary of the area being assigned official protection. They explore the wetland's boating tradition and meet millwrights hoping to keep the ancient trade alive. Plus, John Craven investigates how rural Britain is faring in the current economic downturn, and Adam Henson adopts some rescued battery hens as he moves into small-scale egg production. Includes Weather for the Week Ahead. (T)

8.30 George Gently. When the beaten body of wealthy German businessman Gunter Schmeikel is discovered in the harbour, Gently and Bacchus are forced to consider whether a barman's anti-German sentiments are a motive for murder. However, the case takes a sinister turn when a key witness to Schmeikel's death is revealed to be a killer trained by Army Special Forces. Martin Shaw and Lee Ingleby star, with Tim Healy. (R) (T)

10.00 BBC News; Weather. (T)
10.20 FILM: Inresistible (2006). Premiere. A paranoid housewife begins stalking a woman she suspects of trying to steal her husband. Thriller, starring Susan Sarandon and Sam Neill; (T) Weatherview. (T)

12.00 Sign Zone: Tourette's - I Swear I Can't Help It. (R) (T) 1.00 Sign Zone: Cruikshank on Kew: The Garden That Changed the World. (R) (T) 2.00 Sign Zone: Holly City. (R) (T) 3.00 BBC News. (T)

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: ChuckleVision. (R) (T) 7.15 ChuckleVision. (R) (T) 7.30 Dinosaapien. (R) (T) 7.55 Diddy Dick & Dom. (R) (T) 8.00 The Legend of Dick & Dom. (R) (T) 8.30 MI High. (R) (T) The Owl. (R) (T) 9.00 Escape from Scorpion Island. (T) 10.00 Something for the Weekend. (T) 11.30 Great British Menu. (R) (T) 12.00 Animal Park. (T) 12.30 Live MotoGP. The Italian Grand Prix. (T) 2.00 Live Canoeing. The European Slalom Championships. (T) 3.15 Live Rugby League. Huddersfield Giants v Castleford Tigers (Kick-off 3.30pm). (T) 5.45 The Hairy Baker Shorts. (T) 6.00 Flog It! (R) (T) 6.30 Ray Mears Goes Walkabout. (R) (T) 7.30 Dragons' Den: The Dragons' Stories. Profile of Peter Jones, who made his fortune in the telecoms industry. (R) (T) 8.30 South Pacific. Exploring the effects of the eruption of underwater volcanoes in the ocean, from which islands and coral reefs emerge after a process that takes millions of years. (T) 9.30 The Incredible Human Journey. Alice Roberts follows the trail of mankind's ancestors to Australia, asking how they managed to cross the sea and reach the Outback thousands of years before they made it to Europe. (T) 10.30 Empire of Cricket. New series. The history of the sport, beginning with its origins in England. (T) 11.30 The Graham Norton Show Uncut. (T) 12.15 FILM: Full Frontal (2002). Comedy drama, starring David Duchovny. (T) 1.55 BBC News. (T) 3.00 Close.

Pick of the Day

Big Art (C4, 7pm)

This series, which draws to a close here, has done much to get us talking about what we want our public spaces to look like. Some want clean lines and simplicity, others want a splash of colour to break up the monotony of daily life, while still others want to completely push the boundaries. But what this show has set out to learn is whether the general public is better at creating art for their back yards than committees of experts. The answer has been rather more complicated than many perhaps imagined. In this final episode, we catch up with the groups whose projects are inches away from completion, and those whose art dreams are not doing quite so well. In St Helens, pretty much the whole town is watching the hill site of the former colliery, as the artist's vision for the ex-miners takes shape. Meanwhile, in Burnley, the residents are about to be covered with art. But in the Welsh town of Cardigan, local resistance to Big Art remains high, and in Beckton, east London, the traditionalists are about to embrace modern art in a way they never imagined possible. Bill Nighy narrates.

C4

6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 FIA GT Championship. 7.30 GT4 European Cup. 8.00 Ocean Race. (R) (T) 8.55 T4: Friends. (R) (T) 9.25 T4: Friends. (R) (T) 10.00 T4: Hollyoaks. (T) 12.30 T4: Friends. (R) (T) 1.05 T4: 4Music Favourites: Black Eyed Peas. (R) (T) 1.40 T4: Smallville. (T) 2.40 T4: Smallville. (T) 3.40 T4: The Simpsons. (R) (T) 4.10 T4: The Simpsons. (R) (T) 4.40 Deal or No Deal. (R) (T) 5.30 Supernanny USA. (T) 6.30 Channel 4 News. (T) 7.00 Big Art. After four years, the public-driven art projects are about to be brought to life. Residents in St Helens in the north west of England watch the hill where the former colliery was, as the artist's vision for the ex-miners takes shape, while traditionalists in Beckton, London, prepare to embrace modern art in a way they never would have thought possible. However, in Cardigan, Wales, resistance to the scheme remains high. Bill Nighy narrates. Last in the series. (T) 8.00 Night at the Museum Intro. Ben Stiller introduces the film. (R) 8.05 FILM: Night at the Museum (2006). A nightwatchman at a museum discovers the exhibits come to life and run riot once night falls. Comedy adventure, with Ben Stiller and Dick Van Dyke. (T) 10.10 Big Brother: A Decade in the Headlines. (T) 11.15 FILM: Coach Carter (2005). Premiere. Sporting drama, starring Samuel L. Jackson. (T) 1.55 The Closer. (T) 2.40 Angry George Irons. (R) (T) 2.50 Full Metal Challenge. (R) (T) 3.50 Grudge Match. (R) (T) 4.00 Big Art. (R) (T) 5.00 Countdown. (R) (T) 5.45 Making It. (R)

FIVE

6.00 Sunrise. (T) 7.00 Milkshake!: Angels of Jarm. (R) (T) 7.05 Franklin. (R) (T) 7.30 Hana's Helpline. (R) (T) 7.45 Olivia. (R) (T) 8.00 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.15 Animal Families. (R) (T) 8.35 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.50 Mist: Sheepdog Tales. (T) 9.00 Roary the Racing Car. (R) (T) 9.15 Rupert Bear. (R) (T) 9.30 The Milkshake Show. (R) (T) 10.00 Michaela's Wild Challenge. (R) (T) 10.30 Everybody Hates Chris. (R) (T) 11.00 FILM: The Adventures of Elmo in Grouchland (1999). Children's adventure, with the voice of Kevin Clash. (T) 12.30 FILM: Summertime (1955). Romantic drama, with Katharine Hepburn and Rossano Brazzi. (T) 2.30 Terminator Salvation: Movie Special. (T) 3.00 FILM: Daryl (1985). Sci-fi drama, with Mary Beth Hurt. (T) 4.50 FILM: RoboCop: The Future of Law Enforcement (1994). Sci-fi thriller sequel, starring Richard Egan. (T) 6.35 Five News. (T) 6.40 FILM: Stealth (2005). Three US Navy pilots have to prevent a malfunctioning computer-controlled jet from starting a war. Action thriller, with Jamie Foxx and Jessica Biel. (T) 9.00 FILM: Terminator 3: Rise of the Machines (2003). Two cyborgs travel back in time, one on a mission to kill, the other to protect its target. Sci-fi sequel, with Arnold Schwarzenegger and Nick Stahl. Including Five News Update. (T) 11.10 FILM: Solo (1996). Sci-fi thriller, starring Mario Van Peebles. (T) 12.55 Terminator Salvation: Movie Special. (R) (T) 1.25 Indy Car Series. (R) 2.20 Boxing Classic. (R) 2.40 Boxing USA. 3.55 Motorsport Mundial. 4.20 Cricket on Five. 5.00 Hana's Helpline. (R) (T) 5.15 The Milkshake Show. (R) (T) 5.40 Thomas & Friends. (R) (T) 5.50 Roary the Racing Car. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 Coronation Street. (T) 11.40 FILM: Dunkirk (1958). World War Two adventure, starring John Mills. (T) (bw) 2.15 ITV News and Weather; Weather. (T) 2.20 Britain's Got Talent - The Final. (R) (T) 4.05 Britain's Got Talent - The Final Result. (R) (T) 4.35 FILM: Police Academy 4: Citizens on Patrol (1987). Comedy sequel, starring Steve Guttenberg. (T)

6.15 London Tonight; Weather. (T)
6.30 ITV News and Weather. (T)
6.45 Beat the Star. Phillip Schofield hosts this special finale as Vernon Kay competes against a mystery opponent in the most demanding events of the series, including Flat Run, Spud Run and Cagel Ball. Vernon and his celebrity rival are battling to win a #150,000 prize pot for their chosen charities. Last in the series. (T)

8.00 Heartbeat. No-nonsense teacher Jim Osgood uses his experience of the Territorial Army to impose strict discipline at Ashfordly School, but he goes too far with schoolboy troublemaker Gary Bell and puts him in hospital. Determined to get revenge, the youngster breaks into Osgood's office and steals his gun, leaving Mason with little time to avert a tragedy. Joe McFadden and Lisa Kay star. (T)

9.00 Benidorm. One-hour special. Following her beach wedding disaster thanks to the Oracle's parading accident, Madge hitchhikes a ride on an eccentric Spanish criminal, who takes her and Janice captive and holds them hostage at the Solanos resort. But Mick and Mel are determined to rescue their loved ones. Comedy, starring Sheila Reid, Siobhan Finnegan, Steve Pemberton and Geoffrey Hutchings. (T)

10.00 ITV News and Weather; Weather. (T)
10.15 The Unforgettable Kenny Everett. Profile of the radio DJ and enfant terrible of broadcasting who became one of its brightest stars. Following his days as a radio pirate and rise to prime-time TV entertainer, the programme explores his personal problems as former friends and colleagues including Dave Cash, Terry Wogan and Chris Tarrant recall Kenny's best moments. (R) (T)

10.45 Crossing Jordan. The team hunts for a suspected serial killer who has escaped from custody, and the search is made more desperate when Jordan realises he may have already chosen his next victim. Elsewhere, Lily finds the softer side of Detective Seely. Starring Jill Hennessy and Kathryn Hahn. (T)

11.45 It's My Life. Terry Christian hosts a discussion on homosexual priests and female bishops. (R) (T)
12.45 The Cosby Mysteries; (R) (T) ITV News Headlines. 1.35 QuinCY Me. (R) (T) 2.30 60 Minute Makeover. (R) (T) 3.00 My Extreme Makeover Misery: Tonight. (R) 3.45 ITV Nightscreen.

LOCAL

RTP1
0630 Children TV 0800 Bom Dia Portugal 0900 Mass 1000 Athletics 1145 Desafio Verde 1230 Contra Informação 1300 News 1415 50 Visto! 1445 Terminator: The Sarah Connor Chronicles, series 1530 TBA 2000 News 2100 As Escolhas de Marcelo Rebelo de Sousa 2130 Febre da Dança 2230 Os Contemporâneos 2310 Casamentos de Santo António 2315 Rumor Has It, film 0100 L'Enfant, film 0300 Telefeles 0605 Nôes

RTP2
0700 Euronews 0730 Africa@Global 0800 Músicas de África 0900 Caminhos 0930 70x7 1000 Nôes 1100 Da Terra ao Mar 1130 Consigo 1200 Vida por Vida 1230 Olhar o Mundo 1300 National Geographic 1400 Macau Sem Regresso 1445 Voz de Emissão 1500 Sports 1930 Arte e Emoção 2000 Alma e a Gente 2030 Wild Orphans 2100 Do Japão à Terra de Miranda 2200 News 2230 Câmara Clara 2350 Britcom 0050 Onda Curta 0150 Sports 0530 Euronews

SIC
0630 Sic Kids 0845 Disney Kids 1015 Power Rangers 1045 Tween Box 1200 BBC Wild Life 1300 News 1400 Fama Show 1445 Disney Film 1630 Film 1815 Film 2000 News 2100 Grande Reportagem 2145 Atrave-te a Cantar 2315 Film 0130 CSI New York, series 0230 Quando o Telefone Toca

TVI
0700 Children's TV 0900 Barbie Presents Thumbelina, film 1030 Hannah Montana 1115 Mass 1300 News 1400 Football 2000 News 2100 Equador 2200 Uma Canção Para Ti 0100 Sempre A Somar 0230 Darklight, film 0400 Law & Order: Special Victims Unit, series 0500 Telealesas 0630 Todos Iguais

Best of the Rest

BBC3
7.00 Snog, Marry, Avoid? 7.30 Film: Lara Croft: Tomb Raider 12 (2001) 9.00 Katie Price: The Jordan Years 10.00 Family Guy 10.25 American Dad! 10.45 Blood, Sweat and Takeaways 11.45 Ideal 12.15 Katie Price: The Jordan Years 1.15 Kirsten's Topless Ambition 2.15 Claire Richards: My Big Fat Wedding 3.15 The Real Hustle 3.45 Ideal 4.15 Kirsten's Topless Ambition 5.10 Close

BBC4
7.00 North and South 8.00 Winds 9.00 The Jet Stream and Us 10.00 California Dreamin': The Mamas and the Papas 10.55 Rock Family Trees 11.45 The Old Grey Whistle Test 12.30 California Dreamin': The Mamas and the Papas 1.25 Winds 2.25 Rock Family Trees 3.15 The Old Grey Whistle Test 4.00 Close

ITV2
1.10 Britain's Got More Talent 2.10 Film: Bill & Ted's Excellent Adventure PG (1989) 3.50 Gossip Girl 4.45 Britain's Got More Talent - The Final Result 5.45 All Star Mr & Mrs 6.45 Britain's Got Talent - The Final 8.35 Britain's Got Talent - The Final

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

Result 9.00 Supernatural 10.00 Film: The Fast and the Furious 15 (2001) 12.10 Britain's Got Talent - The Final 1.55 Britain's Got Talent - The Final Result 2.20 Britain's Got More Talent - The Final Result 3.10 Teleshopping 5.40 ITV2 Nightscreen

Sky1
1.00 The Real A&E 2.00 Skellig 4.05 Futurama 4.35 Futurama 5.05 Futurama 5.30 Futurama 6.00 The Simpsons 6.30 The Simpsons 7.00 Don't Forget the Lyrics 8.00 Guinness World Records Smashed! 9.00 House 10.00 House 11.00 Lie to Me 12.00 Road Wars 1.00 Road Wars 1.55 The Villa 2.50 Street Wars 3.40 Miami Uncovered 4.35 Weeds 5.10 Brainiac: Science Abuse

GOLD
1.55 Only Fools and Horses 2.35 Only Fools and Horses 3.45 Only Fools and Horses 4.25 Only Fools and Horses 5.30 Only Fools and Horses 6.10 Only Fools and Horses 7.15 Only Fools and Horses 7.55 Only Fools and Horses 9.00 Jonathan Creek 10.10 Victoria Wood Live 12.10 Harry Enfield and Chums 12.50 The Two Ronnies 1.50 Bread 2.25 Harry Enfield and Chums 3.00 Close

TCM
3.00 The Dark Crystal PG (1982) 4.45 Executive Action PG (1973) 6.40 Cats & Dogs PG (2001) 8.30 Under the Influence 9.00 Alice Doesn't Live Here Anymore PG (1974) 11.15 Spawen 15 (1997) 1.15 Alice Doesn't Live Here Anymore PG (1974) 3.15 Rampage PG (1963) 5.00 I Died a Thousand Times PG (1955)

The Disney Channel
Kids' programmes from 7am

MOVIES

Sky Movies Drama

6.00 Deep Family Secrets PG (1997) 7.45 Cop Dog PG (2008) 9.15 Pride and Prejudice PG (2003) 11.15 Amazing Grace PG (2006) With Ioan Gruffudd. 1.15 Snow Falling on Cedars 1.5 (1999) With Ethan Hawke. 3.30 Away from Her 12 (2006) With Gordon Pinsent. 5.30 Chaplin 15 (1992) With Robert Downey Jr. 8.00 Lions for Lambs 15 (2007) With Robert Redford. 9.40 Elizabeth: The Golden Age 12 (2007) With Kate Blanchett. 11.40 Scarface 18 (1983) With Al Pacino. 2.30 Titus 18 (1993) With Anthony Hopkins. 5.15 Gideon PG (1999)

Sky Movies Comedy

6.10 Leave it to Beaver PG (1997) 7.50 Cousins 15 (1989) 9.50 The Hot Chick and the Nottie 12 (2008) 11.25 Evan Almighty PG (2007) With Steve Carell. 1.05 Walk Hard: The Dewey Cox Story 15 (2007) With John C. Reilly. 2.45 Mr Woodcock 12 (2007) With Billy Bob Thornton. 4.20 Romancing the

Stone PG (1984) With Kathleen Turner. 6.20 Evan Almighty PG (2007) With Steve Carell. 8.00 Walk Hard: The Dewey Cox Story 15 (2007) With John C. Reilly. 9.45 The Hot Chick and the Nottie 12 (2008) With Paris Hilton. 11.20 Mr Woodcock 12 (2007) With Billy Bob Thornton. 12.55 Romancing the Stone PG (1984) With Kathleen Turner. 2.45 The Naked Man 15 (1998) With Michael Rapaport. 4.25 Leave it to Beaver PG (1997)

Sky Movies Action/Thriller

6.00 Funeral in Berlin PG (1966) 7.55 Nest of K 15 (1989) 9.55 No Country for Old Men 15 (2007) 12.05 Three Kings 15 (1999) With George Clooney. 2.15 Blood Diamond 15 (2006) With Leonardo DiCaprio. 4.40 Die Hard with a Vengeance 15 (1995) With Bruce Willis. 6.50 Die Hard 4.10 (2007) With Bruce Willis. 9.00 No Country for Old Men 15 (2007) With Josh Brolin. 11.05 American Gangster 18 (2007) With Denzel Washington. 1.45 Die Hard with a Vengeance 15 (1995) With Bruce Willis. 4.00 Funeral in Berlin PG (1966)

SPORT

Sky Sports 1

6.00 Spanish Football 7.30 Scottish Cup Final 9.00 Cricket Writers on TV 10.00 Live IRB Rugby World Sevens. The concluding day of the Edinburgh Sevens. 1.00 Live European Tour Golf. The European Open. 6.00 Champions League Weekly 6.30 World Sport 7.00 Live NASCAR. The Best Buy 400. 11.00 Indy Car Series 1.00 Champions League Weekly 1.30 World Sport 2.00 Golf Night 4.00 Spanish Football

Sky Sports 2

6.00 Super League 8.00 Speedway 11.00 Scottish Cup Final 12.30 Spanish Football 2.00 Wild Spirits 2.30 Live Twenty20 Cup Cricket. Leicestershire Foxes v Lancashire Lightning. 6.00 Ocean Race 6.30 Wild Spirits 7.00 Live Spanish Football. A La Liga match. 10.00 Champions League Weekly 10.30 Wild Spirits 11.00 Twenty20 Cup Cricket 1.00 Spanish Football 3.00 Close

Sky Sports 3

6.00 Rugby Union 9.00 WWE: Afterburn 10.00 WWE Vintage Collection 11.00 Wild Spirits 11.30 Racing News 12.00 Watersports World 1.00 Live IRB Rugby World Sevens. The concluding day of the Edinburgh Sevens. 7.30 Golf Night 9.30 Wild Spirits 10.00 WWE: Late Night - Afterburn 11.00 WWE Vintage Collection 12.00 Premier League Bowls 2.00 Motor Racing 3.00 Close

British Eurosport

7.30 French Open Breakfast 7.45 Game, Set and Mats 8.15

euroCRASH! 8.30 Live World Touring Car Championship. The warm-up session in Valencia, Spain. 9.00 Live International Formula Master. Race two at the Circuit de Valencia in Spain. 10.00 Live French Open Tennis. Day eight at Roland Garros in Paris. 11.45 Live World Touring Car Championship. Race one from the Circuit de Valencia in Spain. 12.45 Live Formula Two Championship. Race two at the Circuit de Valencia in Spain. 1.45 Live World Touring Car Championship. Race two at the Circuit de Valencia in Spain. 2.45 Live Cycling. The 21st and final stage of the Giro d'Italia. 4.30 Live French Open Tennis. Day eight at Roland Garros in Paris. 7.30 Game, Set and Mats 7.55 Planet Armstrong 8.00 Motorsports Weekend 8.15 Cycling 9.40 French Open Tennis 11.40 MotoGP 12.40 Motorsports Weekend 1.00 Close

Sky Sports Xtra

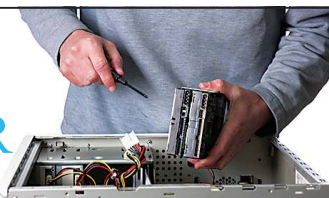
6.00 Aerobics Oz Style 6.30 Wild Spirits 7.00 Golf Night 9.00 Motor Racing 10.00 Volleyball 12.00 Speedway 3.00 Motor Racing 4.00 WWE: Experience 5.00 Speedway 8.00 Twenty20 Cup Cricket 10.00 Volleyball 12.00 Golf Night 2.00 Watersports World 3.00 Close

All the latest headlines at

www.the-news.net

THE PORTUGAL News

LET US BUILD YOUR COMPUTER



We can tailor-make a computer in our workshops just for you and in exact accordance with your needs.

EVERYTHING IN ENGLISH

Our technicians will install English language operating systems, deliver the computer and configure everything for you. They will transfer data from your old computer, plus all your previous settings, favourites, cookies, e-mail accounts leaving everything as you like it, but faster and better.

FROM ONLY €399⁽¹⁾

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic. (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (T) 1.55 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (T) 3.40 Martha Speaks. (T) 3.50 The Secret Show. (R) (T) 4.05 Beat the Boss. (T) 4.35 MI High. (T) 5.05 Newsround. (T) 5.15 Weakest Link. General knowledge quiz, with Anne Robinson. (T) 6.00 BBC News; Weather. (T) 6.30 Regional News Programmes; Weather. (T) 6.55 Party Election Broadcast for the European Parliament. By the Conservative Party. (R) (T) 7.00 The One Show. Adrian Chiles and Christine Bleakley present reports on issues affecting people around the UK. (T) 7.30 Everest ER. Doctors at the mountain's base camp facilities struggle to stabilise a critically ill climber so that he can be flown out for further treatment. As the Everest summit season gets under way, climbers are exposed to a lethal range of high-altitude illnesses, trauma and frostbite, leading to an increase in patients at the clinic. (T) BBC News; Regional News. (T) 8.00 EastEnders. Nick plots to poison Dot as he grinds down a pile of pills, but Dotty struggles with her pangs of guilt. Garry surprises Dawn with his plans for their future. (T) 8.30 Panorama. An investigation into the techniques used to interrogate terror suspects in American custody in the wake of September 11, asking whether they broke American and international law. Postponed from Monday 25th May. (T) 9.00 Ashes to Ashes. The discovery of a concrete-encased body at a Docklands building site leads to conflict between DCI Hunt and the location's owner. Investigations are further hampered by the disappearance of crucial evidence, an incident that points to a mole in the detective's own team. Meanwhile, Alex discovers that her fascination with the case is distracting her from returning home. (T) 10.00 BBC News. (T) 10.25 Regional News; Weather. (T) 10.35 Medico One - Life and Death in London. Documentary following London's elite trauma team, deployed by helicopter and high-performance cars to major accidents, stabbings and shootings. (T) 11.25 Inside Sport. Gabby Logan talks to Padraig Harrington at Turnberry in Scotland, where the three-time major winner will be attempting to make three Open Championship wins in a row next month. (T) 12.00 FILM: The Anderson Tapes (1971). Thriller, starring Sean Connery. (T) Weatherview. (T) 1.40 Sign Zone: Uncovering Our Earliest Ancestor. The Link. (R) (T) 2.40 Sign Zone: South Pacific. (R) (T) 3.40 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 4.10 Sign Zone: The Unsellables. (R) (T) 4.40 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) Doodle Do Making Moments. (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsround. (T) 7.30 Hotel Trouble. (R) (T) 8.00 Beat the Boss. (R) (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Henry's Wives with Terry Deary. (T) 11.10 Telling Tales. (T) 11.15 Telling Tales. (T) 11.20 Telling Tales. (T) 11.25 Telling Tales. (T) 11.40 Let's Write Non-Fiction. (T) 12.00 Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Rowing. (T) 2.00 Britain's Dream Homes. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Bargain Hunt Famous Finds. (R) (T) 4.30 Put Your Money Where Your Mouth Is. (T) 5.15 Escape to the Country. (T) 5.55 Party Election Broadcast for the European Parliament. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 South Pacific. Exploring the effects of erupting underwater volcanoes in the ocean. (R) (T) 8.00 Springwatch 2009. An update on the animal families at the Norfolk base. (T) 9.00 Who's Watching You? People who have made individual private lives their business. (T) 10.00 Have I Got News for You. Guest host David Mitchell and panellist Andrew Maxwell join Paul Merton and Ian Hislop for another round of the satirical current affairs quiz. (R) (T) 10.30 Newsnight. (T) Weather. (T) 11.20 D-Day to Berlin. (R) (T) 12.20 BBC News. (T) 4.00 BBC Learning Zone. (T)

Pick of the Day

Supersize Teens: Can't Stop Eating (ITV1 Granada, 9pm)

Anyone with an unhealthy diet who thinks that they can eat as much as they want, ruin their body and then turn to surgery as a simple answer to their problems is dead wrong — the emphasis being on dead. As this eye-opening documentary series explains, one in every 150 adult patients who undergo gastric bypass surgery dies as a result. It is not a cure-all and can be very dangerous, so it is only with great consideration that a child should be put through this potentially life-threatening procedure. Cameras follow two obese American teenage girls who are willing to put their lives on the line in order to regain their happiness and health. Laura Broach is just 13-years-old and already weighs 24 stone. Her size is beginning to affect her health as she has developed sleep apnoea — a potentially fatal condition that sees her windpipe choked by the fat around her neck at night. She has to wear a mask that pumps air into her lungs while she sleeps. The second girl is Victoria Jordan, 14, who is 19 stone, and despite playing sports regularly, has found it difficult to lose weight. The programme follows the girls through their surgery and discovers whether it was worth the risks.

C4

5.50 The Hoobs. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Everybody Loves Raymond. (R) (T) 8.30 Frasier. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) I've Got This Friend. (R) (T) 10.10 Rappin' at the Royal. (R) (T) I've Got This Friend. (R) (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: Flatpack Stories. (R) (T) 12.35 Life Begins Again. (R) (T) 1.40 FILM: Support Your Local Gunfighter (1971). Comedy Western, starring James Garner. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Richard Long - Heaven and Earth. New series. Artist Richard Long discusses the inspiration for his work. (T) 8.00 Dispatches: Orphans of Burma's Cyclone. Following eight Burmese orphans in the aftermath of Cyclone Nargis. (T) 9.00 The Secrets of Stonehenge: A Time Team Special. Tony Robinson reports on the progress of archaeologists who have been digging the entire prehistoric landscape surrounding Stonehenge over the past six years. (T) 10.35 FILM: Ghost (1990). Romantic fantasy, starring Demi Moore and Patrick Swayze. (T) 12.55 NY-LON. (R) (T) 1.55 Homeymoon. (R) (T) 2.25 FILM: The Shape of Things (2003). Drama, starring Rachel Weisz. (T) 4.00 Channel 4 Education. (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.50 Roorback and Custard Too. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowertots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 I Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.10 FILM: Straight from the Heart (2003). Romantic drama, starring Teri Polo and Andrew McCarthy. (T) 5.00 Five News with Natasha Kaplinsky. Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 6.55 Party Election Broadcast for the European Parliament. (T) 7.00 Five News at 7. (T) 7.30 Chris Barrie's Massive Speed. The evolution of the motorbike. (R) (T) 7.30 Five News Update. (T) 8.00 The Gadget Show Summer Special. Caravans, jet skis and compact digital cameras. (T) 8.00 Five News at 9. 9.00 FILM: The Contract (2006). Premiere. An ex-cop and his son try to take a fugitive back to prison, but his henchmen intervene. Thriller, starring John Cusack and Morgan Freeman. Including Five News Update. (T) 10.55 FILM: Fame (1982). Thriller, starring Antonio Banderas. (T) 1.05 NASCAR. (T) 2.10 US PGA Golf. (T) 3.00 Race and Rally UK. (T) 3.45 NHL Ice Hockey. (R) (T) 4.20 NBA 360. (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (R) (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T) 5.00 Divided. Quiz show in which three contestants work together to answer up to 15 general knowledge questions and split a cash prize three ways. Hosted by Andrew Castle. (T) 6.00 London Tonight; Weather. (T) 6.25 Party Election Broadcast for the European Parliament. By the Conservative Party. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. Gennie and Bob share a passionate embrace, Aaron unwittingly helps the Dingles with the custody battle and Jimmy pleads with Nicola to consider a life with him and the baby. (T) 7.30 Coronation Street. Luke learns about Michelle's night with Peter but decides to give her another chance. Gail and Audrey arrange to visit Sarah, and Tina has misgivings about her friendship with Gary. (T) 8.00 Pay Drop Britain: Tonight. Fiona Foster reports on the companies cutting staff wages or hours to stave off redundancies and explains the rights of employees who find themselves affected. Postponed from Monday 18th May. (T) 8.30 Coronation Street. Peter's battle with the booze resumes as Michelle bids an emotional good-bye. Eddie's latest scam leaves Anna humiliated and Kevin grows suspicious of Jason spending time with Molly. (T) 9.00 Supersize Teens: Can't Stop Eating. More than 200,000 Americans undergo dangerous weight-loss surgery every year, and as the obesity epidemic spirals, the patients are getting younger. This documentary follows 24-store 13-year-old Laura Broach as she has gastric bypass surgery and 14-year-old Victoria Jordan who is paying \$25,000 for a reversible gastric band in a bid to lose some of her 19 stone. Featuring unprecedented access to hospital operating rooms and footage of the teenagers' families as they struggle to make the right decisions for their daughters. (T) 10.00 News at Ten and Weather. (T) 10.30 London News and Weather. (T) 10.35 Dating the Enemy. New series. A Labour party researcher who is studying for an MA in gender relations spends four days dating a self-confessed chauvinist to find some common ground. (T) 11.05 FILM: Be Cool (2005). Crime comedy sequel, starring John Travolta. (T) 1.10 Champions League Weekly. (T) 1.40 British Touring Car Championship Highlights; ITV News Headlines. 2.55 Loose Women. (R) 3.50 The Jeremy Kyle Show. (R) (T) 4.40 ITV Nightscreen.

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chamas da Vida 1500 Sanguê do Meu Sanguê 1630 Portugal no Coração 1800 Portugal em Directo 1915 Preço Certo 2000 News 2100 Notícias Solitas 2115 Dúelo Final 2210 Casamentos de Santo António 2215 Prós e Contras 0100 Saved, series 0105 Prova de Amor 0330 Telesales 0605 Nôs

RTP2
0720 Zig Zag 1400 Sociedade Civil 1530 Zig Zag 1630 AFê dos Homens 1915 Zig Zag 2045 Everybody's Hates Chris, series 2015 National Geographic 2145 A Hora da Sorte 2200 News 2240 ER, series 0030 Notícias da Dois 0115 Universidades 0145 Diga Lá Excelência 0230 Euronews 0500 Sociedade Civil

SIC
0600 Sic Notícias 0900 Ligo, Ganho! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Irmãs 1900 Nôs por Cá 2000 News 2130 Salve-se Quem Puder 2230 Caminho das Índias 2345 Pódia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca 0430 Ciranda de Pedra

TVI
0700 Diário da Manhã 1015 Você na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganhar 1815 Morangos com Açúcar 2000 News 2130 Deixa Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0015 Dr. House, series 0115 Angela's Eyes, series 0230 Sempre a Somar 0430 Law & Order: Special Victims Unit, series 0530 Telesales

Best of the Rest

BBC3
7.00 Doctor Who 8.15 Robin Hood 9.00 Gavin & Stacey 9.30 Bizarre Animal ER 10.00 EastEnders 10.30 Ideal 11.00 Family Guy 11.25 Family Guy 11.50 Gavin & Stacey 12.20 Hume & Corden 12.50 Ideal 1.20 The Real Hustle on Holiday 1.50 Make My Body Younger 2.50 Blood, Sweat and Takeaways 3.45 Bizarre Animal ER 4.15 Katie Price: The Jordan Years 5.15 Close

BBC4
7.00 World News Today 7.00 Weather 7.30 Terry Jones' Barbarians 8.30 A Poet's Guide to Britain 9.00 How the Celts Saved Britain 10.00 Storyville: The Genius and the Boys 11.20 Michael Wood on Beowulf 12.20 A Poet's Guide to Britain 12.50 How the Celts Saved Britain 1.50 Terry Jones' Barbarians 2.50 Merlin the Legend 3.50 A Poet's Guide to Britain 4.20 Close

ITV2
1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 All Star Family Fortunes 7.45 Creature Comforts 8.00 The Chopping Block 9.00 Britain's Got More Talent 10.00 Film: Cliffhanger 15 (1993) 12.10 Coronation Street 12.40 Coronation Street 1.10 Britain's Got More Talent 2.10 Teleshopping 5.10 ITV2 Nightscreen

Sky1
1.00 Shear Genius 2.00 Tru Calling 3.00 Bones 4.00 Oops TV 4.30 It's

Me or the Dog USA 5.30 Oops TV 6.00 Futurama 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Road Wars 10.00 Night Cops 11.00 Road Wars 12.00 Road Wars 1.00 Street Wars 1.50 Cold Case 2.40 Cold Case 3.30 The Villa 4.20 Stargate SG-1 5.10 Stargate SG-1

GOLD
1.00 My Family 1.40 After You've Gone 2.20 The Green Green Grass 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 The Brittas Empire 5.00 Whatever Happened to the Likely Lads? 5.40 Last of the Summer Wine 6.20 Last of the Summer Wine 7.00 My Family 7.40 After You've Gone 8.20 The Green Green Grass 9.00 The Royle Family 9.40 Harry Enfield and Chums 10.20 Early Doors 11.00 Steptoe and Son 11.40 The Royle Family 12.20 Harry Enfield and Chums 1.00 Early Doors 1.35 dinnerladies 2.10 The Two Ronnies 3.00 Close

TCM
1.00 Easter Parade U (1948) 3.00 The Abdication PG (1974) 4.55 Bronco Billy PG (1980) 7.10 Crazy from the Heart PG (1991) 9.00 Spawn 15 (1997) 11.00 Without Limits 12 (1998) 1.25 Spawn 15 (1997) 3.05 Bombers B-52 U (1957) 5.00 The Screening Room 5.30 Cats & Dogs PG (2001)

The Disney Channel
Kids' programmes from 7am

MOVIES

Sky Movies Drama

7.00 Instinct 15 (1999) 9.15 35MM 9.45 One True Thing 15 (1998) 12.00 Agnes of God 15 (1985) With Jane Fonda. 1.45 The Children of Huang Shi 12 (2008) With Jonathan Rhys Meyers. 4.00 Consenting Adults 15 (1992) With Kevin Kline. 5.45 Dreamgirls 12 (2006) With Jamie Foxx. 8.00 Phenomenon PG (1996) With John Travolta. 10.10 Joan of Arc 15 (1999) With Milla Jovovich. 12.50 Sleepers 18 (1996) With Brad Pitt. 3.20 Foxfire 18 (1996) 5.05 A Father's Son PG (1999)

Sky Movies Comedy

6.00 Expiration Date 12 (2006) 7.35 Running with Scissors 15 (2006) 9.40 Kenny 15 (2006) 11.25 Baby's Day Out PG (1994) With Joe Mantegna. 1.05 First Sunday 12 (2008) With Ice Cube. 2.50 K-9 12 (1989) With James Belushi. 4.35 Kenny 15 (2006) With S h a n e Jacobson. 6.20 Baby's Day Out PG (1994) With Joe Mantegna. 8.00 First Sunday 12 (2008) With Ice Cube. 9.45 K-9 12 (1989) With James Belushi. 11.30 American Pie Presents: Beta House 18 (2007) With John White. 1.05

Running with Scissors 15 (2006) With Joseph Cross. 3.15 American Pie Presents: Beta House 18 (2007) 4.50 Expiration Date 12 (2006)

Sky Movies Action/Thriller

6.00 The Night of the Hunter 12 (1955) 7.40 A Bridge Too Far PG (1977) 10.45 VJ Warshawski 15 (1991) 12.30 Ocean's Thirteen PG (2007) With George Clooney. 2.40 Arlington Road 15 (1999) With Jeff Bridges. 4.50 Flyboys 12 (2006) With James Franco. 7.10 Blue Streak 12 (1999) With Martin Lawrence. 9.00 Bloodsport 18 (1988) With Jean-Claude Van Damme. 10.40 Ocean's Thirteen PG (2007) With George Clooney. 12.45 The Hitcher 15 (2007) With Sean Bean. 2.15 Dead Presidents 18 (1995) With Larenz Tate. 4.20 Seventeen and Missing PG (2006)



SPORT

Sky Sports 1

6.00 Good Morning Sports Fans 9.00 Spanish Football 11.00 Twenty20 Cup Cricket 1.00 Live International Twenty20 Cricket. Australia v Bangladesh. 5.00 Live International Twenty20 Cricket. Pakistan v South Africa. 9.00 Rugby Union 10.00 Time of Our Lives 11.00 International Twenty20 Cricket 1.00 Rugby Union 2.00 Soccer AM: The Best Bits 3.00 FIFA Futbol Mundial 3.30 Time of Our Lives 4.30 Max Power 5.30 FIFA Futbol Mundial

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 WWE: Bottom Line 8.00 Twenty20 Cup Cricket 10.00 Ocean Adventures 10.30 Motor Racing 11.30 NASCAR 2.00 Indy Car Series 4.00 Golf Night 6.00 Spirit of Golf 6.30 Wild Spirits 7.00 Powerboating 7.30 Live Speedway. Ipswich Witches v Swindon Robins. 9.30 Spirit of Golf 10.00 POKER 12.00 Speedway 2.00 POKER 4.00 FEI Equestrian World 4.30 Close

Sky Sports 3

9.00 Golf Night 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Ocean Adventures 12.30 Aerobics Oz Style 1.00 Golf Night 3.00 Spanish Football 5.00 WWE: Raw 7.00 London Golf Show 8.00 Volleyball 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 Extreme Championship Wrestling 1.00 WWE Vintage Collection 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

British Eurosport

7.30 French Open Breakfast 7.45 World Superbikes 8.30 World Touring Car Championship 9.30 Game, Set and Mats 10.00 Live French Open Tennis. Day nine at Roland Garros in Paris. 7.30 Game, Set and Mats 8.00 French Open Tennis 9.45 Game, Set and Mats 10.15 Eurogolf 10.30 MotoGP 11.30 World Superbike Championship 12.30 Close

Sky Sports Xtra

2.00 Volleyball 4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 Powerboating 5.30 NASCAR 8.00 Indy Car Series 10.00 FEI Equestrian World 10.30 London Golf Show 11.30 Spirit of Golf 12.00 Max Power 1.00 Ocean Adventures 1.30 Wild Spirits 2.00 Powerboating 2.30 Close

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

www.the-news.net

There are many choices, and our technicians will talk through with you what you need, make some suggestions, and then build, deliver and install for you ⁽²⁾.

Why buy 'off the peg', when you can have 'tailor-made' for as little as €399 ⁽¹⁾

⁽¹⁾ Screen not included. IVA not included

⁽²⁾ Installation costs €40 per hour, but not available in every area.



ANOTHER
SERVICE
FROM
WORLD
TELECOM

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic. (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News: Weather: Regional News. (T) 3.05 CBBC: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (R) (T) 3.40 Martha Speaks. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Richard Hammond's Blast Lab. (R) (T) 4.35 Blue Peter. (T) MyWish. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. Anne Robinson oversees the back-stabbing general knowledge quiz, as contestants try to weed out the weaklings and walk off with a cash prize. (R) (T)

6.00 BBC News: Weather. (T) 6.30 Regional News Programmes: Weather. (T) 6.55 Party Election Broadcast for the European Parliament. By the Labour Party. (R) (T) 7.00 The One Show. Adrian Chiles and Christine Bleakley present the live topical show about the concerns of the British nation and uncover stories of people in extraordinary circumstances. The series includes regular features by historian Dan Snow and consumer expert Dominic Littlewood. (T)

7.30 EastEnders. Doty confesses everything to Dot as Nick realises his own daughter has betrayed him and takes revenge - leading to explosive consequences for Bradley. Dawn persuades Phil to employ her at the Vic, Max continues to pursue Tanya and Christian struggles to run the business while Ian is away. (T) BBC News: Regional News. (T)

8.00 Holy City. Jac tries to distract herself from talk of Joseph and Faye's wedding by appealing to Connie's ego and getting more time in theatre. Ben's concerns about his eyesight look set to be realised when he attends an appointment at the hospital, and having been hit hard by recent events, Maria worries about finding the appropriate words for the memorial service, but finds support from her friends. (T)

9.00 Crimewatch. A reconstruction of the last known movements of 35-year-old chef Claudia Lawrence, who went missing in York on March 18. Plus, to celebrate the 25th anniversary of the programme, viewers, victims and detectives who have been involved in some of the show's highest-profile incidents return to tell their stories, and Kirsty Young, Raw Widing and Matthew Amroliwa chart how the series has evolved. (T)

10.00 BBC News. (T) 10.25 Regional News: Weather. (T) 10.35 Crimewatch Update. Responses to the earlier programme. (T)

10.45 FILM: Greenfingers (2000). Fact-based comedy drama. Starring Helen Mirren and Clive Owen. (T) Weatherwatch. (T)

12.15 Sign Zone: See Hear. (R) (T) 12.45 Sign Zone: Keep It in the Family. (R) (T) 1.45 Sign Zone: Country Tracks. (R) (T) 2.40 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 3.10 Sign Zone: The Unsellables. (R) (T) 3.40 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsround. (T) 7.30 Hider in the House. (R) (T) 8.00 Beat the Boss. (R) (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: KS2 Science Clips. (T) 11.10 KS2 Science Clips. (T) 11.20 Let's Write a Story. (T) 11.40 Emotional Literacy. (T) 11.50 Emotional Literacy. (T) 12.00 Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Castle in the Country. (R) (T) 1.30 Animal 24/7. (R) (T) 2.15 Car Booty. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Bargain Hunt Famous Finds. (R) (T) 4.30 Put Your Money Where Your Mouth Is. (R) (T) 5.15 Escape to the Country. (T) 5.55 Party Election Broadcast for the European Parliament. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 Penelope Keith and the Fast Lady. Dorothy Levitt's 90th car journey from London to Liverpool. (T) 8.00 Springwatch 2009. Martin Hughes-Games embarks on a Springwatch Holiday, Gordon Buchanan delves deeper into the world of the badger, and viewers provide home-made wildlife clips. (T) 9.00 Mary, Queen of Charity Shops. New series. Mary Portas campaigns to transform the humble charity shop. (T) 10.00 Grumpy Old Women. Female celebrities grumble about their daily chores. (R) (T) 10.30 Newsnight. (T) Weather. (R) (T) 11.20 10-Day to Berlin. (R) (T) 12.20 BBC News. (T) 3.40 Close. 4.00 BBC Learning Zone. (T)

Pick of the Day

Ladette to Lady (ITV1 Granada, 9pm)

Despite the best efforts of parents across the world, there are certain young women who have the table manners and decorum of a flustered wildebeest. These are the females who like nothing better than getting in fights, eating kebabs and burping 'I should be so lucky' after downing a dozen pickled eggs. But in Ladette to Lady, ITV1's rather disquieting social experiment, these females are about to be transformed into genteel, presentable young women. They are being brought to Eggleston Hall, an uber-tough finishing school. The teachers fear the worst when news arrives that the police have been called to the local airport following complaints of disruptive behaviour onboard. Hearing the raucous chant of 'Aussie! Aussie! Aussie!' coming up the drive, their worst fears are confirmed. Vice principal Mrs Shrager confronts the drunken rabble at the school's entrance and uses all her authority and volume to shout them down. The stage is set for an epic battle of wits. The Aussie ladettes are stripped down to their ill-fitting undies and it's soon all too obvious that these are tattooed recruits of the rawest kind. Dispensing with niceties, members of staff get to work and, as lessons begin in earnest, it soon becomes clear that the ladettes are up against formidable opposition.

C4

6.00 Cubesz. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Everybody Loves Raymond. (R) (T) 8.30 Frasier. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 The Underdogs. (R) (T) 10.50 Designers Under Pressure. (R) (T) I've Got This Friend. (R) (T) 11.10 The Spartans. (R) (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: Flatpack Stories. (R) (T) 12.35 The Grand: Checking into History. (R) (T) 12.55 FILM: The Barefoot Contessa (1954). Satirical drama, starring Humphrey Bogart. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (T) 6.30 Hollyoaks. (R) (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Richard Long - Heaven and Earth. How the wilderness of Dartmoor has inspired the artist's work. (T) 8.00 Gok's Fashion Fix. The stylist gives a make-over to a self-confessed shopaholic. Last in the series. (T) 9.00 I'm Running Sainsbury's. New series. Staff at the retail giant set out to change the supermarket. (T) 10.00 My Monkey Baby. Couples who raise monkeys in their homes. (T) 11.05 The Big Bang Theory. (T) 11.35 My Name Is Earl. (R) (T) 12.05 European Poker Tour. 1.05 World Sport. (R) 1.35 4Sport: Destination 2012. (R) (T) 2.30 GT4 European Cup. (R) (T) 2.55 KTOV Classics. (R) (T) 3.45 Sport Modern Pastimes. (R) (T) 4.00 Channel 4 Education. (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.50 Roobarb and Custard Too. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Frit and the Flowerets. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (R) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (T) 11.45 Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (R) (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.10 FILM: Profoundly Normal (2009). Fact-based drama, starring Kirstie Alley. (T) 5.00 Five News with Natasha Kaplinsky. Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 6.55 Party Election Broadcast for the European Parliament. (T) 7.00 Five News at 7. (T) 7.30 Highland Emergency. The RAF's 202 squadron scrambles to rescue a climber stuck on Ben Nevis. (R) (T) 7.30 Five News Update. (T) 8.00 Helicopter Warriors. A British pilot who's on an enemy tank in the Iraq War. Last in the series. (T) 8.00 Five News at 9. 9.00 CSI: Crime Scene Investigation. Catherine is forced to revisit an old murder case. (T) 10.00 CSI: Miami. A woman's body is discovered in an underground tunnel. (R) (T) Five News Update. (T) 11.00 CSI: NY. (R) (T) 12.00 The Shield. (R) (T) 1.00 Ironman Triathlon. (T) 2.50 Indy Car Series. (T) 2.50 Grand American Racing. (T) 3.40 Cricket on Five. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show, hosted by Andrew Castle. (T)

6.00 London Tonight: Weather. (T) 6.25 Party Election Broadcast for the European Parliament. By the Labour Party. (T)

6.30 ITV Evening News: Weather. (T)

7.00 Emmerdale. Andy fears losing the custody battle and locks himself inside Butler's Farm with Sarah, Carl is shocked that Lexi has stopped taking the pill, and Bob tries to finish with Gennie. (T)

8.00 Nature's Fury: Tornado. New series. Filmmaker and adventurer Chris Terrill confronts the destructive force of nature as he explores human experiences of severe weather conditions, beginning by taking on the tornado. Braving first-sized hail, high-speed winds and torrential rain, he starts the journey in America's Tornado Alley and risks his life to get up close to a twister as it hits the ground. Chris also hears from families whose lives have been changed by these powerful forces of nature. (T)

9.00 Ladette to Lady. New series. Eight brash Australians with a taste for beer, boys and binge drinking travel to Eggleston Hall in Teesdale to learn about etiquette and social graces. However, reports of disruptive behaviour on the flight give the tutors a taste of what lies ahead, and after Vice-Principal Rosemary Shrager has greeted the drunken rabble, lessons start in earnest for an end-of-the-week cocktail party to entertain some of England's most eligible bachelors. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.35 The Enemy. A millionaire entrepreneur and an unemployed busker have little in common apart from being single, but agree to spend four days dating to find out if opposites can attract. (T)

11.05 The Truth About Binge Drinking. As the debate continues over Britain's apparently increasing "booze culture", former Liberty X star Michelle Heaton participates in a social experiment. Under the close supervision of medics, she drinks more than the recommended level of alcohol for 30 consecutive days, intending to reveal the full price that binge drinkers pay for their habit. (R) (T)

12.35 Red Bull Air Race 2009 Season Preview. (T) 1.00 Supersaturnal. (R) (T) ITV News Headlines. 1.45 Loose Women. (R) 2.35 The Jeremy Kyle Show. (R) (T) 3.25 ITV Nightscreen.

LOCAL

Best of the Rest

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chamas da Vida 1500 Sangue do Meu Sangue 1630 Portugal no Coração 1800 Portugal em Directo 1915 Preço Certo 2000 News 2100 30 Minutos 2130 Telerural 2200 Dulo 2255 Casamentos de Santo António 2300 Serviço de Saúde 0000 Liga dos Últimos 0045 Lost, series 0215 Prova de Amor 0430 Telesales 0605 Nôs

RTP2
0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 Arquitetate 1950 Zig Zag 2045 Everybody Has Chris, series 2115 National Geographic 2200 News 2230 The Mentalist, series 2330 Bairro Alto 0030 Noites da Dois 0115 Câmara Clara 0225 Euronews 0500 Sociedade Civil

SIC
0600 Sic Notícias 0900 Ligou, Ganhou! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Irmãs 1900 Nôs por Cá 2000 News 2130 Salve-se Quem Pudor 2230 Caminho das Índias 2345 Pódia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca

TVI
0700 Diário Da Manhã 1015 Você na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2130 Deixa Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0015 True Lies, film 0230 Sempre a Somar 0430 Law & Order: Special Victims Unit, series 0530 Telesales

Visit the paper online
www.the-news.net



I use it on our yacht



I take it in my car



I take it to the café



I take it to lunch

Sky Movies Drama

6.45 Pictures of Hollis Woods PG (2007) 8.30 The Legend of 1900 15 (1998) 10.40 The Top 10 Show 11.00 Crossroads: A Story of Forgiveness PG (2007) With Dean Cain. 12.45 35MM 1.15 West Side Story PG (1961) With Natalie Wood. 3.45 The Namesake 12 (2006) With Kal Penn. 6.00 The Illusionist PG (2006) With Edward Norton. 8.00 The Beach 15 (1999) With Leonardo DiCaprio. 10.00 The Siege 15 (1998) With Denzel Washington. 12.00 Saturday Night Fever 15 (1977) With John Travolta. 2.15 Gridlock'd 18 (1997) With Tupac Shakur. 4.00 The Top 10 Show 4.20 Loss of Faith PG (1997)

Sky Movies Comedy

6.30 More of Me PG (2007) 8.00 I Could Never Be Your Woman 12 (2007) 9.45 35MM 10.15 Leatherheads PG (2008) 12.15 Run, Fat Boy, Run 12 (2007) With Simon Pegg. 2.00 Norbit 12 (2007) With Eddie Murphy. 4.00 The Top

10 Show 4.15 I Now Pronounce You Chuck & Larry 12 (2007) With Adam Sandler. 6.15 I Could Never Be Your Woman 12 (2007) With Michelle Pfeiffer. 8.00 Run, Fat Boy, Run 12 (2007) With Simon Pegg. 9.45 Norbit 12 (2007) With Eddie Murphy. 11.30 I Now Pronounce You Chuck & Larry 12 (2007) With Adam Sandler. 1.30 Leatherheads PG (2008) With George Clooney. 3.30 Sparkle 15 (2006) 5.30 More of Me PG (2007)

Sky Movies Action/Thriller

6.00 Flags of Our Fathers 15 (2006) 8.25 Final Analysis 15 (1992) 10.40 Jaws 2 PG (1978) 12.45 The Elger Sanction 15 (1975) With Clint Eastwood. 3.00 The River Wild 12 (1994) With Meryl Streep. 5.00 Red Sonja 15 (1985) With Brigitte Nielsen. 7.00 Jaws 2 PG (1978) With Roy Scheider. 9.00 Pirates of the Caribbean: At World's End 12 (2007) With Johnny Depp. 11.50 Shoot 'Em Up 18 (2007) With Clive Owen. 1.25 Magnum Force 18 (1973) With Clint Eastwood. 3.30 The Corruptor 18 (1999) 5.30 NYC: Tornado Terror 12 (2008)

All the latest headlines at

www.the-news.net

THE PORTUGAL
News

Sky Sports 1

6.00 Good Morning Sports Fans 9.00 International Twenty20 Cricket 11.00 Speedway 1.00 Live International Twenty20 Cricket. Bangladesh v Sri Lanka. 5.00 Live Bangladesh Twenty20 Cricket. England v Scotland. 9.00 Revista De La Liga 10.30 Football Asia 11.00 International Twenty20 Cricket 1.00 Revista De La Liga 2.30 International Twenty20 Cricket 4.30 Revista De La Liga

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 WWE: Afterburn 8.00 Speedway 10.00 Bowls 12.00 London Golf Show 1.00 Wild Spirits 1.30 FEI Equestrian World 2.00 Spirit of Golf 2.30 Powerboating 3.00 Poker 5.00 NFL: Total Access 6.00 Spirit of Golf 6.30 Football Asia 7.00 Revista De La Liga 8.30 Football Asia 9.00 Mountain Bike World 9.30 Spirit of Golf 10.00 Poker 11.30 NFL: Total Access 12.30 Pool 1.30 Spirit of Golf 2.00 F3 Euroseries 3.00 Close

Sky Sports 3

8.00 London Golf Show 9.00 Spirit of Golf 9.30 Volleyball 11.30 Racing News 12.00 Pool 2.00 Ocean Adventures 2.30 Wild Spirits 3.00 Premier League Bowls 5.00 WWE: Smackdown 7.00 Live Horse Racing. From Folkestone and Sedgfield. 9.00 Pool 10.00 Sports Unlimited 11.00 Football Asia 11.30 Spirit of Golf 12.00 Premier League Bowls 2.00 Close

British Eurosport

7.30 French Open Breakfast 7.45 Beach Soccer 8.45 euroCRASH! 9.00 MotoGP 10.30 Game, Set and Mats 11.00 French Open Tennis 12.45 Live French Open Tennis. Day 10 at Roland Garros in Paris. 7.00 Game, Set and Mats 7.30 French Open Tennis 9.30 Game, Set and Mats 10.00 Boxing 11.30 Inside WTCC 12.05 Motorsports Weekend 12.15 Close

Sky Sports Xtra

4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 Pool 6.00 Mountain Bike World 6.30 360 Series 7.00 F3 Euroseries 8.00 Premier League Bowls 10.00 F3 Euroseries 11.00 Ocean Adventures 11.30 360 Series 12.00 Mountain Bike World 12.30 Football Asia 1.00 Ocean Adventures 1.30 Mountain Bike World 2.00 Close

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (R) (T) 3.40 Martha Speaks. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Paradise Cafe. (R) (T) 4.35 Blue Peter; (T) MyWish. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. Anne Robinson piles on the pressure in another round of the general knowledge contest, where teamwork goes head to head with greed. (T)

6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 The One Show. Magazine show, featuring celebrity interviews and topical reports from across the UK. Presented by Adrian Chiles and Christine Bleakley. (T)

7.30 Animal 24/7. The RSPCA in London uncovers an illegal trade in fighting dogs and races to save a fox caught in a snare. Plus, Tom Heap helps to return polecats to the wild; (T) BBC News; Regional News. (T)

8.00 The Apprentice: The Final Five. Documentary profiling the remaining five candidates. Parents, friends and former bosses, along with Alan Sugar's trusted aides Nick Hewitt and Margaret Mountford, discuss the strengths and weaknesses of the final contenders for this year's crown. (T)

9.00 The Apprentice. In the penultimate week, the five remaining candidates have their personal and professional lives put under the microscope in a grueling interview process conducted by four of Alan Sugar's trusted business colleagues. After the advisors have presented their findings in the boardroom, each of the contestants has the chance to argue their case for making it through to the final. (T)

10.00 BBC News. (T)

10.25 Regional News; Weather. (T)

10.35 The National Lottery Draws. More fortunes are made as the balls are set rolling to decide the all-important numbers. Presented by Gethin Jones. (T)

10.45 FILM: The Devil's Advocate (1997). Supernatural thriller, starring Al Pacino; (T) National Lottery Update and Weather. (T)

1.05 Sign Zone: The Incredible Human Journey. (R) (T) 2.05 Sign Zone: Professor Regan's Nursery. (R) (T) 3.05 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 3.35 Sign Zone: The Unsellables. (R) (T) 4.05 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Doodle Do Making Moments. (R) (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsround. (T) 7.30 Hider in the House. (R) (T) 8.00 Beat the Boss. (R) (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Wildlife on Two. (R) (T) 11.30 Daily Politics. (T) 1.00 See Hear. (T) 1.30 Working Lunch. (T) 2.00 Living in the Sun. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Bargain Hunt Famous Finds. (R) (T) 4.30 Put Your Money Where Your Mouth Is. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 Keep It in the Family. Austins department store in Derry, Northern Ireland. Last in the series. (R) (T) 8.00 Springwatch 2009. The team provides details of the Springwatch Dirty Weekend, organised with BBC Breathing Places, sharing details of how viewers can get involved. (T) 9.00 Katie Ade Returns to Tiananmen Square. The journalist travels to the scene of the 1989 massacre of civilians in China. (R) (T) 10.00 The Apprentice: You're Fired! Interview with the show's latest rejects. (T) 10.30 Newsnight; (T) Weather. (T) 11.20 D-Day to Berlin. (R) (T) 12.20 BBC News. (T) 4.00 BBC Learning Zone. (T)

Pick of the Day

River Cottage (C4, 8pm)

Spring has sprung and despite the odd downpour, we're all delighted about it. So is Hugh Fearnley-Whittinghall, who is back with a new series of his engaging show. This time around, he's got several projects on the boil, not least the hugely successful Landshare scheme, launched last year. It's taken off in a big way and he's keen to celebrate, so heads up to Manchester to have it large. Back at River Cottage HQ, things are busy as ever, and with the sheep-shearing looming, Hugh reckons it's the ideal time to throw a bash to celebrate. Keen to serve up a tasty triple, he joins forces with foraging buddy John Wright to make a prickly gorse flower brew — but will it be a success? The curly-haired host certainly hopes so, but his dreams aren't just being pinned on a drink. Hugh is also on a new mission to re-educate the nation about one particular variety of meat: veal. Even the most hardened carnivore tends to go a bit wobbly at the notion of scoffing baby cows, but Hugh's convinced there's more to this foodstuff than images of doe-eyed Friesians. He visits a local farm that produces welfare-friendly animals, before rustling up a few tasty recipes and putting them to the public's palate.

C4

6.00 Cubeaz. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Everybody Loves Raymond. (R) (T) 8.30 Frasier. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 The Underdogs. (R) (T) 10.50 Designers Under Pressure; (R) (T) I've Got This Friend. (R) (T) 11.10 The Spartans. (R) (T) 12.00 News at Noon. (T) 12.30 The City Gardener. (R) (T) 1.00 FILM: The Caine Mutiny (1954). Wartime drama, starring Humphrey Bogart. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Richard Long - Heaven and Earth. The artist discusses the themes that appear throughout his work. (T) 8.00 River Cottage. New series. Hugh Fearnley-Whittinghall celebrates the best spring and summer foods. (T) 9.00 Embarrassing Bodies. A man receives help for a rotting armpit. (T) 10.00 Desperate Housewives. Part two of two. Susan and MJ's lives are put in grave danger. Last in the series. (T) 11.05 Big Brother's Big Quiz. (T) 12.05 4Music: Lady Gaga: Video Exclusive. (T) 12.15 4Music: Grassroot Gigs. (T) 12.30 Dirty Sexy Money. (R) (T) 1.30 Kimberley: Young Mum Ten Years On. (R) (T) 2.30 3 Minute Wonder: If This Bed Could Talk. (R) (T) 2.35 Squirrel Wars: Red v Grey. (R) (T) 3.05 The Closer. (T) 3.50 Big Art. (R) (T) 4.50 City Escape. (R) 4.55 Countdown. (R) (T) 5.40 Cubeaz. (R) (T)

FIVE

6.00 Milkshake! Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.50 Roobarb and Custard Too. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowertots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (R) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 I Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: Columbo: Murder, Smoke and Shadows (1989). Crime drama, starring Peter Falk. (T) 5.00 Five News with Natasha Kaplinsky; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 7.00 Five News at 7. (T) 7.30 Mean Machines. Tunnel-boring machines. (R) (T) 7.30 Five News Update. (T) 8.00 Oil Riggers. Justin fires Derek. Last in the series. (T) 8.00 Five News at 9.30 Extraordinary People: The World's Strongest Toddler. A three-year-old boy with 40 per cent more muscle than the average toddler. (T) 10.00 FILM: Hang 'Em High (1967). A gunslinger swears revenge on the lynch mob who tried to kill him for a crime he did not commit. Western, starring Clint Eastwood and Inger Stevens. (T) 12.20 Poker. 1.55 NHRA Drag Racing. (T) 3.25 Motorsport Mundial. (T) 3.50 NBA Basketball. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show in which three contestants work together to answer up to 15 general knowledge questions and split a cash prize three ways. Hosted by Andrew Castle. (T) 6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. At the court hearing, Andy withdraws his application after listening to a moving speech by Debbie, who is granted full custody of Sarah. Lexi prepares a romantic meal of oysters for her and Carl in the hope it will lead to the patter of tiny feet, while Pollard starts to tire of the campaign trail. (T)

7.30 Coronation Street. As Audrey and Gail leave for Italy, David puts his plans into motion and informs Gary that "the job" will take place the next day. A dejected Peter hits rock bottom and confides in Ken about his struggle to stay off the booze. Kevin's suspicions about Molly and Jason grow, and Julie tries to sort out Sean's fitness. (T)

8.00 The Bill. Part one of two. A have-a-go hero is hurt during a raid on a jewellers and promptly disappears from hospital. Investigations reveal he is wanted for a murder committed four years previously. Max and Stevie talk to his sister and father, who insist he was innocent and that they have not seen him since he went on the run. Concludes tomorrow. (T)

9.00 Cops with Cameras. Devon and Cornwall officers Dan Ritson and Emma Parsons are involved in a dramatic car chase, and Greater Manchester's Tactical Aid Squad raids the house of a suspected drug dealer. In Oldham, PC Darren Hancock has to deal with a man who is sleeping on the pavement and Sgt Gary Watters comes face to face with burglars. (T) 10.00 News at Ten and Weather. (T)
10.30 London News and Weather. (T)
10.35 Dating the Enemy. Another unlikely couple test their compatibility as a man, who considers himself part of the social elite, spends four days with a free-spirited hippie. Fiona Allen narrates. (T)

11.05 FILM: Terminator 2: Judgment Day (1991). Sci-fi action adventure, starring Arnold Schwarzenegger; (T) ITV News Headlines.

1.30 Loose Women. (R) 2.20 The Jeremy Kyle Show. (R) 3.15 60 Minute Makeover. (R) (T) 4.05 Pay Drop Britain: Tonight. (R) 4.30 ITV Nightscreen.

Visit the paper online
www.the-news.net

LOCAL

RTP1

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Camarões da Vida 1500 Sangue do Meu Sanguê 1600 Portugal no Coração 1800 O Preço Certo 1915 News 2000 News 2100 Em Reportagem 2130 Contra Informação 2200 Duto Final 2301 Casamentos de Santo António 2315 Ocean's Eleven, film 0115 Storm Catcher, film 0230 Prova de Amor 0430 Teleseals 0605 Nós

RTP2

0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 National Geographic 1700 Zig Zag 1830 F6 dos Homens 1915 Biosfera 1950 Zig Zag 2045 Everybody Hates Chris, series 2105 National Geographic 2200 News 2240 24, series 2330 Clube de Jornalistas 0030 Noites da Dois 0115 Universidades 0130 Biosfera 0215 Bastidores 0315 Euronews 0500 Sociedade Civil

SIC

0600 Sic Notícias 0900 Ligou, Ganhou! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Irmãos 1900 Nós por Cá 2000 News 2130 Salve-se Quem Puder 2230 Caminho das Índias 2345 Podia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca

TVI

0700 Diário da Manhã 1015 Você na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2130 Deixa Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0115 Pride & Prejudice, film 0230 Sempre a Sonar 0430 Law & Order: Special Victims Unit, series 0530 Teleseals

Best of the Rest

BBC3

7.00 Doctor Who 7.50 Doctor Who Confidential 8.00 Make My Body Younger 9.00 Film: Lara Croft: Tomb Raider 12 (2001) 10.30 Family Guy 10.55 Family Guy 11.20 The Real Hustle on Holiday 11.50 Make My Body Younger 12.45 Katie Price: The Jordan Years 1.45 The Real Hustle on Holiday 2.15 Bizarre Animal ER 2.45 My Life As an Animal 3.45 Doctor Who Confidential 3.55 Blood, Sweat and Takeaways 4.55 Bizarre Animal ER 5.25 Close

BBC4

7.00 World News Today 7.00 Weather 7.30 Masterpieces of the British Museum 8.00 How the Celts Saved Britain 9.00 Feasts 10.00 Meet the British 11.00 Jerusalem: An Anthem for England 11.50 Feasts 12.50 How the Celts Saved Britain 1.50 Batman 2.15 Batman 2.40 Mad Men 3.25 Mad Men 4.15 Close

ITV2

1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 All Star Family Fortunes 7.45 Creature Comforts 8.00 Gossip Girl 9.00 Britain's Got More Talent 10.00 Film: American Pie: The Wedding 15 (2003) 12.00 Coronation Street 12.30 Britain's Got More Talent 1.30 Teleshopping 4.30 ITV2 Nightscreen

All the latest headlines at
www.the-news.net

THE PORTUGAL
News

Sky1

1.00 Shear Genius 2.00 Tru Calling 3.00 Bones 4.00 Oops TV 4.30 Malcolm in the Middle 5.50 Malcolm in the Middle 5.50 Oops TV 6.00 Futurama 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 Noel's Are You Smarter Than a 10 Year Old? 9.00 Film: Saving Private Ryan 15 (1998) 12.15 Road Wars 1.15 Road Wars 2.15 Street Wars 3.05 The Villa 3.55 Airline 4.20 Stargate SG-1 5.10 Stargate SG-1 GOLD

1.00 My Family 1.40 After You've Gone 2.20 The Green Green Grass 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 The Brittas Empire 5.00 As Time Goes By 5.40 Last of the Summer Wine 6.20 Last of the Summer Wine 7.00 My Family 7.40 After You've Gone 8.20 The Green Green Grass 9.00 The Royle Family 9.40 Harry Enfield and Chums 10.20 Murder Most Horrid 11.00 Steptoe and Son 11.40 The Royle Family 12.20 Harry Enfield and Chums 1.00 Murder Most Horrid 1.40 Jam & Jerusalem 2.15 The Two Ronnies 3.00 Close

TCM

1.00 On the Town U (1949) 3.00 Five Days One Summer PG (1982) 5.00 Crooks and Coronets U (1969) 7.10 Elvis: That's the Way It Is PG (1970) 9.00 Possession 12 (2002) 11.00 Sweet Bird of Youth 15 (1962) 1.20 Possession 12 (2002) 3.05 The Asphalt Jungle PG (1950) 5.00 Wait Until Dark 15 (1967)

The Disney Channel

Kids' programmes from 7am

Sky Movies Drama

6.00 The Neighbor 12 (2008) 7.40 The Top 10 Show 8.00 The Trench 15 (1999) 9.45 Mulholland Drive 15 (2001) 12.15 Silkwood 15 (1983) With Meryl Streep. 2.30 The Astronaut Farmer PG (2006) With Billy Bob Thornton. 4.15 Goya's Ghosts 15 (2006) With Javier Bardem. 6.15 The Russell Girl 12 (2008) With Amber Tamblyn. 8.00 Perfect Stranger 15 (2007) With Halle Berry. 10.00 What's Love Got to Do with It 18 (1993) With Angela Bassett. 12.00 The Astronaut's Wife 18 (1999) With Johnny Depp. 2.00 Killer: A Journal of Murder 18 (1995) With James Woods. 3.45 The Movie Geek 4.15 Deep Family Secrets PG (1997)

Sky Movies Comedy

7.00 35MM 7.30 Fierce Creatures 12 (1997) 9.15 Catch and Release 12 (2007) 11.15 Housestir PG (1991) With Steve Martin. 1.05 Wild Hogs 12 (2007) With John Travolta. 2.50 Blades of Glory 12 (2007) With

Will Ferrell. 4.30 Commandments 15 (1997) With Aidan Quinn. 6.10 Housestir PG (1991) With Steve Martin. 8.00 Wild Hogs 12 (2007) With John Travolta. 9.45 Blades of Glory 12 (2007) With Will Ferrell. 11.25 Fierce Creatures 12 (1997) With John Cleese. 1.05 Catch and Release 12 (2007) With Jennifer Garner. 3.00 Commandments 15 (1997) With Aidan Quinn. 4.35 My Fair Eddie PG (2008)

Sky Movies Action/Thriller

7.10 Letters from Iwo Jima 15 (2006) 9.40 35MM 10.10 Airport 1975 PG (1974) 12.10 Die Hard 18 (1988) With Bruce Willis. 2.35 The Net 12 (1995) With Sandra Bullock. 4.40 The Librarian: Return to King Solomon's Mines PG (2006) With Noah Wyle. 6.25 Blood Diamond 15 (2006) With Leonardo DiCaprio. 9.00 Die Hard 18 (1988) With Bruce Willis. 11.15 The Net 12 (1995) With Sandra Bullock. 1.15 End of Days 18 (1999) With Arnold Schwarzenegger. 3.20 Death Sentence 18 (2007) 5.20 The Librarian: Return to King Solomon's Mines PG (2006)

If you would like to advertise on these pages, contact Bella Talhadas
Call 707 500 677 or email
bella@the-news.net or
send a fax to 282 341 201



I use it at the airport

I even took it camping

I even took it camping

ONE Home
desktop model

As portable as a mobile phone, but much bigger!

See ad on page 3 and
Tel: 707 500 600 today



I take it to the pool



ONE Home
desktop model

BBC1

6.00 Breakfast. (T) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic. (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News: Weather: Regional News. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (R) (T) 3.40 Martha Speaks. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Ed and Ouchos's Excellent Inventions. (R) (T) 4.30 Horrible Histories. (T) 5.05 Newsround. (T)

5.15 Weakest Link. Members of the public answer general knowledge questions against the clock, hoping to build a stack of cash and avoid being voted off the team. Anne Robinson presents. (R) (T)

6.00 BBC News: Weather. (T)
6.30 Regional News Programmes: Weather. (T)
7.00 The One Show. Adrian Chiles and Christine Bleakley present the live show, with their team of roving reporters uncovering topical stories across the UK. (T)

7.30 EastEnders. As the Square deals with the aftermath of the incident, Max and Tanya visit Bradley in hospital, but when Dot arrives she is overwhelmed with guilt. Dawn receives an offer too good to refuse, while Lucy sees an opportunity to blackmail Christian, and Whitney encounters her mystery acquaintance. (T) BBC News: Regional News. (T)

8.00 Traffic Cops. The officers encounter trouble when a routine stop to enforce the wearing of a seatbelt turns nasty. Elsewhere, an awkward customer who parked in a supermarket disabled bay is identified as a prisoner on the run, and gets more than he bargained for when the police are forced to use CS spray. (T)

9.00 Calendar Girls: 10 Years On. The inside story of the Women's Institute ladies who inspired the movie Calendar Girls. Ten years after they first took off their clothes to raise money for Leukaemia Research, six of them prepare to strip for the final time and explain the reasons they bared all, reflect on the effect international fame has had on their lives and visit the cast of the West End's theatrical version of their tale. Narrated by Patricia Hodge. (T)

10.00 BBC News. (T)
10.25 Regional News: Weather. (T)
10.35 Question Time. (T)
11.35 This Week; (T) Holiday Weather. (T)
12.25 Sign Zone: Panorama. (R) (T) 12.55 Sign Zone: Countryfile. (R) (T) 1.55 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 2.25 Sign Zone: The Unsellables. (R) (T) 2.50 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Doodle Do Making Moments. (R) (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsround. (T) 7.30 Hider in the House. (R) (T) 8.00 Beat the Boss. (R) (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: BBC Primary History. (T) 11.10 Telling Tales. (T) 11.15 Telling Tales. (T) 11.20 BBC Primary Geography. (T) 11.30 Telling Stories. (T) 12.00 Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Castle in the Country. (R) (T) 1.30 Animal 24/7. (R) (T) 2.15 Car Booty. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Bargain Hunt Famous Finds. (R) (T) 4.30 Put Your Money Where Your Mouth Is. (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (R) (T) 6.30 Flog It! (R) (T) 7.00 Coast. Geographer Nicholas Crane embarks on a journey around the entire coastline of the United Kingdom, beginning by travelling from Dover to Portsmouth. (R) (T) 8.00 Springwatch 2009. Simon King prepares to leave the Welsh hills. (T) 9.00 A World of Peace: Meera Syal on Self-Harm. The actor examines rising levels of self-harm in the UK. (T) 10.00 Room 101. Paul Merton galls entrepreneur Alan Sugar on his pet hates, which include schmoozers and men who wear wigs. (R) (T) 10.30 Newsnight; (T) Weather. (T) 11.20 The Apprentice. (R) (T) 12.20 The Apprentice: You're Fired! (R) (T) 1.00 BBC News. (T) 2.50 Close. 4.00 BBC Learning Zone. (T)

Pick of the Day

Big Brother Launch Show (C4, 9pm)

Davina McCall returns with the king of all reality series, and here we get to see who will be spending the next few months eating and sleeping under the same roof. The makers of this year's contest really have their work cut out if they want to top 2008's shenanigans, in which Rachel Rice walked off with the prize. The big question is: what can this year's contestants expect? Now all should become clear as the new house is seen by millions for the first time. Old favourites such as the Diary Room are bound to return and we can expect a large garden for those fiendish challenges. Regardless of who wins, there will be plenty of chances for the fame-hungry contestants to be transformed into minor celebs. As always, participants are voted out on a weekly basis, Davina is on hand to grill the evictees. There's no escaping the show in the coming weeks, so you may as well surrender to that winning mix of gossip and games as the new tenants attempt to win your heart.

C4

5.50 The Hoobs. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Everybody Loves Raymond. (R) (T) 8.30 Frasier. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 The Underdogs. (R) (T) 10.50 Designers Under Pressure. (R) (T) I've Got This Friend. (R) (T) 11.10 The Spartans. (R) (T) 12.00 News at Noon. (T) 12.30 Life Begins Again. (R) (T) 1.30 FILM: The Fighting Kentuckian (1949). Western, starring John Wayne. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder. Richard Long - Heaven and Earth. The artist discusses his love of mud and tides. Last in the series. (T) 8.00 The Home Show. Transforming an uninspiring home into a stylish bachelor pad. (T) 9.00 Big Brother Launch Show. New series. Davina McCall kicks off the 10th series of the ultimate reality TV show with the first chance to meet the contestants selected to live together over the coming weeks. (T) 10.35 Peter Kay: Raider of the Pop Charts - Part Two. (T) 11.40 Big Brother: A Decade in the Headlines. (R) (T) 12.45 4Music: JD Set Presents: Little Boots. (T) 1.00 Duplute Drama. (R) (T) 1.30 Big Brother's Big Mouth. 2.30 Big Brother Live. 4.00 Big Art. (R) (T) 5.00 Countdown. (R) (T) 5.45 Making It. (R) 5.50 The Hoobs. (R) (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.50 Peppa Pig. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowerots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 I Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.05 The Family Recipe. (R) (T) 3.15 FILM: Melanie Darrow (1997). Crime drama, starring Delta Burke. (T) 5.00 Five News with Natasha Kaplinsky; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 7.00 Five News at 7. (T) 7.30 Highland Emergency. Medics treat an injured cyclist at the Scottish Downhill Race; (R) (T) 7.30 Five News Update. (T) 8.00 Paul Merton in India. The comedian meets dancing policemen in the Punjab, attends a cricket match for the blind in Delhi and follows a gang of racketeering eunuchs in Ahmedabad; (R) (T) 8.00 Five News at 9. 9.00 The Mentalist. A convicted murderer makes Patrick an offer he cannot refuse. (T) 10.00 Law & Order: Special Victims Unit. An undercover Federal informant is murdered. (R) (T) 11.00 Law & Order: Criminal Intent. (R) (T) 12.00 Quiz Call. 1.00 NBA Basketball. 1.30 NBA Basketball.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show, hosted by Andrew Castle, in which three contestants work together to answer up to 15 general knowledge questions and split a cash prize three ways. The clock is ticking and for each second they spend deliberating, the prize fund drops, and they will only win the money if they can all agree on how to divide it at the end of the game. (T)

6.00 London Tonight Weather. (T)

6.30 ITV Evening News: Weather. (T)

7.00 Emmerdale. Pollard finally admits the truth about his heart attack to David, who wins the election. Andy grows depressed and isolates himself from his family after losing the custody battle, while Debbie worries that Sarah is missing her father. Elsewhere, following advice from Scarlett, Lexi agrees to stop her constant baby talk. (T) Countrywise. Paul Heiney and the team visit the Lake District, celebrating 150 years of the Ullswater steamboats and watching the annual ritual of the salmon fishermen who keep a Viking tradition alive. Bettany Hughes finds out how the dramatic scenery inspired one of England's most famous poets. (T)

8.00 The Bill. Conclusion. Stevie and Max face an investigation following the near-fatal accident of a suspect they were pursuing and professional differences come between them as they struggle to get a lead in the four-year-old Anderson murder case. As the injured driver battles for life in hospital, the officers wait to hear whether they still have careers. (T)

9.00 Taggart. Two long-dead bodies are found in a disused coal mine when it is reopened to serve as the central attraction for a museum. Investigations reveal the pair had been involved in violent encounters just before their deaths, and the search to discover their identities uncovers deeply buried resentments in the community. Detective drama, starring Alastair Norton, Blythe Duff and John Michie. (R) (T) 10.00 News at Ten and Weather. (T) 10.30 London News and Weather. (T) 10.35 FILM: Jarhead (2005). Premiere. Gulf War drama, starring Jake Gyllenhaal. (T) 12.45 British Superbikes. 1.35 Motorsport UK. (T) 2.25 Crossing Jordan; (R) (T) ITV News Headlines. 3.15 Loose Women. (R) 4.05 ITV Nightscreen.

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chamas da Vida 1500 Sangue do Meu Sangue 1630 Portugal no Coração 1800 Portugal em Directo 1915 O Preço Certo 2000 News 2100 Grande Entrevista 2145 A Minha Família 2230 Dueto Final 2325 Casamentos de Santo António 2330 Corredor do Poder 0030 Journeymen, series 0115 Quarto Crescente 0215 Prova de Amor 0400 Teleseas 0605 Nós

RTP2
0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1915 Iniciativa 1945 Zig Zag 2045 Everybody Hates Chris, series 2115 National Geographic 2200 News 2240 Fringe, series 2330 Tianamen, documentary 0030 Noites das Doís 0115 Universidades 0145 Iniciativa 0215 Euronews 0500 Sociedade Civil

SIC
0600 Sic Notícias 0900 Ligo, Ganho! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Irmãs 1900 Nós por Cá 2000 News 2115 Aqui e Agora 2200 Salve-se Quem Puder 2300 Caminho das Índias 2345 Pódia Acabar o Mundo 0045 Criminal Minds, series 0145 Cartaz Cultural 0230 Quando o Telefone Toca

TVI
0700 Diário Da Manhã 1015 Vozes na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganhar 1815 Morangos com Açúcar 2000 News 2130 Deixa Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0015 Dirty Sexy Money, series 0130 The Office, series 0200 Cartaz das Artes 0230 Sempre a Sornar 0430 Law & Order, Special Victims Unit, series 0530 Teleseas

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Blood, Sweat and Takeaways 9.00 How to Rob a Bank 10.00 EastEnders 10.30 The Real Hustle on Holiday 11.00 Family Guy 11.25 Family Guy 11.50 Ideal 12.20 How to Rob a Bank 1.20 The Real Hustle on Holiday 1.50 Bizarre Animal ER 2.20 Blood, Sweat and Takeaways 3.15 Ideal 3.45 Doctor Who Confidential 4.00 Make My Body Younger 5.00 Bizarre Animal ER 5.30 Close

BBC4
7.00 World News Today 7.00 Weather 7.40 The New Avengers 8.30 Masterpieces of the British Museum 9.00 Sir Gawain and the Green Knight 10.00 A Poet's Guide to Britain 10.30 Feasts 11.30 Sir Gawain and the Green Knight 12.30 Storyville: The Genius and the Boys 1.50 Feasts 2.50 The New Avengers 3.45 A Poet's Guide to Britain 4.15 Close

ITV2
1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 Britain's Got More Talent: Most Talented 8.00 America's Got Talent 9.00 Katie & Peter: Stateside 10.00 America's Got Talent 11.00 Supernatural 12.00 Entourage 12.30 Entourage 1.05 America's Got Talent 2.50 Teleshopping 5.50 ITV2 Nightscreen

Sky1
1.00 Shear Genius 2.00 UK Border Force 3.00 Bonies 4.00 Cops TV 4.30 Malcolm in the Middle 5.30 Cops TV 6.00 Futurama 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons

8.00 The Real A&E 9.00 Bonies 10.00 Lie to Me 11.00 Bonies 12.00 Law & Order 1.00 Road Wars 1.30 The Villa 2.45 Airline 3.10 Stargate SG-1 4.05 Stargate SG-1 5.00 Blue Size Brainiac 5.05 UK Border Force

GOLD
1.00 My Family 1.40 After You've Gone 2.20 The Green Grass 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 The Brittas Empire 5.00 As Time Goes By 5.40 Last of the Summer Wine 6.20 Last of the Summer Wine 7.00 My Family 7.40 After You've Gone 8.20 The Green Grass 9.00 The Royle Family 9.40 Harry Enfield and Chums 10.20 Jam & Jerusalem 11.00 Steptoe and Son 11.40 The Royle Family 12.20 Harry Enfield and Chums 1.00 Film: Cops and Robbers PG (1994) 2.45 The Dick Emery Show 3.00 Close

TCM
1.00 Forbidden Planet U (1956) 3.00 The Five Pennies U (1959) 5.15 The Golden Arrow PG (1936) 6.40 The Frisco Kid PG (1979) 9.00 Alice Doesn't Live Here Anymore PG (1974) 11.10 Forget Paris 12 (1995) 1.15 Alice Doesn't Live Here Anymore PG (1974) 3.10 Cash McCall U (1960) 5.00 Anchors Aweigh U (1945)

The Disney Channel
Kids' programmes from 7am

Visit the paper online
www.the-news.net

MOVIES

Sky Movies Drama
6.50 On Broadway 12 (2007) 7.45 Consenting Adults 15 (1992) 9.30 Onegin 12 (1999) 11.30 American Graffiti PG (1973) With Richard Dreyfuss. 1.30 What Dreams May Come 15 (1998) With Robin Williams. 3.30 Flashdance 15 (1983) With Jennifer Beals. 5.10 The Top 10 Show 5.30 Chaplin 15 (1992) With Robert Downey Jr. 8.00 Deception 15 (2008) With Hugh Jackman. 10.00 Fracture 15 (2007) With Anthony Hopkins. 12.00 Platoon 15 (1986) With Charlie Sheen. 2.10 I Want You 18 (1998) With Rachel Weisz. 3.40 The Top 10 Show 4.00 Pride and Prejudice PG (2003)

Sky Movies Comedy
6.10 Special Delivery 12 (2008) 7.50 Running with Scissors 15 (2006) 9.55 The Santa Clause 3: The Escape Clause U (2006) 11.30 Catch-22 15 (1970) With Alan Arkin. 1.35 Balls of Fury 12 (2007) With Dan Fogler. 3.10 Deuce Bigalow: Male Gigolo 15 (1999) With Rob Schneider. 11.20 License to Wed 12 (2007) With Robin Williams. 12.55 Running with Scissors 15 (2006) With Joseph Cross. 3.00 Election 15 (1999) With Matthew Broderick. 4.50 Special Delivery 12 (2008)

Sky Movies Action/Thriller
7.00 35MM 7.30 Vi Warshawski 15 (1991) 9.15 Play Misty for Me 18 (1971) 11.10 Rush Hour 3 12 (2007) With Jackie Chan. 12.55 Die Hard 2 18 (1990) With Bruce Willis. 3.10 Arlington Road 15 (1999) With Jeff Bridges. 5.20 Jaws 3 12 (1983) With Dennis Quaid. 7.15 Rush Hour 3 12 (2007) With Jackie Chan. 9.00 Die Hard 2 18 (1990) With Bruce Willis. 11.10 Beowulf 12 (2007) With Ray Winstone. 1.10 The Krays 18 (1990) With Gary Kemp. 3.15 McVicar 18 (1980) 5.20 Seventeen and Missing PG (2006)



SPORT

Sky Sports 1
6.00 Good Morning Sports Fans 9.00 FIFA Futbol Mundial 9.30 European Tour Weekly 10.00 Live European Tour Golf. The Celtic Manor Wales Open. 1.00 FIFA Futbol Mundial 1.30 International Rugby Union 3.00 Live European Tour Golf. The Celtic Manor Wales Open. 6.00 Ocean Adventures 6.30 Premier League World 7.00 Live Darts. The opening day of the UK Open at the Reebok Stadium in Bolton. 11.00 Time of Our Lives 12.00 Premier League World 12.30 Twenty20 Cup Cricket 2.30 Time of Our Lives 3.30 Premier League World 4.00 Twenty20 Cup Cricket

Sky Sports 2
6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 WWE: Experience 8.00 Transworld Sport 9.00 International Twenty20 Cricket 11.00 International Rugby Union 12.30 Total Rugby 1.00 Boots 'n' All 2.00 International Twenty20 Cricket 4.00 Total Rugby 4.30 International Rugby Union 6.00 The Docks 6.30 IAAF Athletics Weekly 7.00 Live Twenty20 Cup Cricket. Sussex Sharks v Kent Spitfires. 10.30 Golf Night 12.30 NFL: Total Access 1.30 Darts 5.30 IAAF Athletics Weekly

Sky Sports 3
7.00 Show Jumping 8.00 Volleyball 10.00 Boots 'n' All 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Watersports World 1.00 Ten Pin Bowling 2.00 Ocean Adventures 2.30 Watersports World 3.30 FIFA Futbol Mundial 4.00 Ten Pin Bowling 5.00 WWE Vintage Collection 6.00 Motor Racing 7.00 Powerboating 7.30 Live Rugby League. Oldham Roughyeds v Featherstone Rovers

(Kick-off 7.30pm). 9.30 WWE: Late Night - Raw 11.30 Extreme Championship Wrestling 12.30 Rugby League 2.30 Powerboating 3.00 Motor Racing 4.00 Close

British Eurosport

7.30 French Open Breakfast 7.45 Show Jumping 8.45 MotoGP 10.15 Game, Set and Mats 10.45 French Open Tennis 12.45 Live French Open Tennis. The women's semi-finals at Roland Garros in Paris. 5.00 Game, Set and Mats 5.30 Live International Football. Portugal Under-20s v Chile Under-20s (Kick-off 5.30pm). 7.15 International Football. France Under-20s v Qatar Under-20s (Kick-off 7.45pm). 9.30 French Open Tennis 11.30 Game, Set and Mats 12.00 Inside WTCC 12.30 Game, Set and Mats 1.00 Close

Sky Sports Xtra

1.00 Show Jumping 2.00 Volleyball 4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 NFL: Total Access 6.00 Aerobics Oz Style 6.30 FEI Equestrian World 7.00 Race World 8.00 Golf Night 10.00 Live Poker. Coverage of the online Sky Poker Five-00 tournament. 12.00 Race World 1.00 Ocean Adventures 1.30 The Dogs 2.00 IAAF Athletics Weekly 2.30 Close

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

Everything in English



707
500
600

BBC1

6.00 Breakfast. (R) 9.15 Crimewatch Roadshow. (T) 10.00 Homes Under the Hammer; (T) (T) BBC News: Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic. (T) BBC News: Weather. (T) 12.15 Car Booty. (R) (T) 1.00 BBC News: Weather. (T) 1.25 Regional News: Weather. (T) 1.40 Local Elections 09. (T) 2.10 Doctors. (T) 2.40 Bargain Hunt. (T) 3.05 CBeebies: Nuzzle & Scratch. (R) (T) 3.25 CBBC: Martha Speaks. (T) 3.40 Martha Speaks. (T) 3.50 The Secret Show. (R) (T) 4.05 Animals at Work. (T) 4.30 Trapped. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. Anne Robinson hosts the general knowledge quiz in which contestants answer questions as a team, banking the jackpot money and eliminating the poorest players as they go. (T)

6.00 BBC News: Weather. (T)

6.30 Regional News Programmes: Weather. (T)

7.00 The One Show. Live topical show in which reporters uncover the UK's most fascinating stories. Adrian Chiles and Christine Bleakley present. (T)

7.30 A Question of Sport. Sue Barker asks the questions in the light-hearted quiz, with celebrity guests joining team captains Matt Dawson and Phil Tufnell. (T) BBC News: Regional News. (T)

8.00 EastEnders. Bianca discovers Whitney has been lying to her about her exams, but their argument is overshadowed by the arrival of an unwitting guest at the family home. Bradley is given a welcome-home party, while Phil throws Shirley out of the vic when she becomes jealous of the attention he is showing Dawn. (T)

8.30 The Apprentice: Why I Fired Them. Ahead of next week's final, Alan Sugar reviews the 2009 entrepreneurial contest, revealing why he fired each competitor and whether he regrets the decisions. Using his many years of business experience, he explains what he learned from the various tasks he set during the series, including operating a car wash, creating soap and designing a cartoon character to promote a breakfast cereal. (T)

9.30 Have I Got News for You. Gavin & Stacey's Ruth Jones hosts the satirical current affairs quiz, with regular team captains Paul Merton and Ian Hislop joined by guest panellists including Clive Anderson. (T)

10.00 BBC News. (T)

10.25 Regional News: Weather. (T)

10.35 Friday Night with Jonathan Ross. Oscar-winning actor Dustin Hoffman joins the host for a chat. Footballer-turned-actor Eric Cantona discusses his new movie Looking for Eric, and music is provided by Gossip. (T)

11.35 The National Lottery EuroMillions Draw. Cat Cubie presents the draw. (T)

11.40 FILM: The Terminator (1984). Sci-fi thriller, starring Arnold Schwarzenegger; (T) Weatherview. (T)

1.25 Sign Zone. 10 Things You Need to Know About Losing Weight. (R) (T) 2.25 Sign Zone: Extreme Dreams: The Ultimate Challenge. (R) (T) 2.55 Sign Zone: The Unsellables. (R) (T) 3.25 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Doodle Do Making Moments. (R) (T) 7.00 CBBC: Freefonix. (R) (T) 7.25 Newsround. (T) 7.30 Hider in the House. (R) (T) 8.00 Beat the Boss. (R) (T) 8.30 CBeebies: Big & Small. (R) (T) 8.40 Bob the Builder: Project Build It. (R) (T) 8.50 3rd & Bird. (R) (T) 9.05 Poetry Pie. (R) (T) 9.10 LazyTown Extra. (R) (T) 9.25 Mister Maker. (R) (T) 9.45 Harry and Toto. (R) (T) 9.55 Telly Tales. (R) (T) 10.05 Jakers! (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Henry's Wives with Terry Deary. (T) 11.10 Class Clips. (T) 11.30 Science Clips Investigations. (T) 11.40 Look and Read. (T) 12.00 Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Castle in the Country. (R) (T) 1.30 Racing from Epsom. Including the Investec Oaks at 4.05. (T) 4.30 Put Your Money Where Your Mouth Is. (T) 5.15 Escape to the Country. (T) 6.00 Egg-head. (R) (T) 6.30 Flog It! (T) 7.00 Derby Day Preview. A look ahead to tomorrow's Derby at Epsom. (T) 7.30 Mastermind. Subjects include Doctor Who in the 1970s and John F. Kennedy. (T) 8.00 Gardeners' World. The brightest colours for a summer garden. (T) 9.00 My Life in Verse. Robert Webb. Robert Webb explores The Love Song of J. Alfred Prufrock by TS Eliot. (T) 10.00 Britain's Best Drivers. Richard Wilson explores the Wye Valley and Forest of Dean. (T) 10.30 Newsnight. (T) 11.00 Newsnight Review; (T) Weather. (T) 11.35 Cricket: ICC World Twenty20. (T) 12.35 Medium. (R) (T) 1.15 Medium. (R) (T) 2.00 FILM: American Movie (1999). Documentary following the making of a horror movie. (T) 3.40 Close.

Pick of the Day

8 Out of 10 Cats (C4, 10pm)
Jimmy Carr might spend a lot of his time hosting those annoying countdown shows shown on E4, but even his fiercest critic will admit he was born to be the sarcastic face of game shows like Distraction and 8 Out of 10 Cats, here returning for a new series. The witty put-downs and deadpan gags have seen the Cambridge-educated comedian become one of Britain's most successful television personalities in recent history, but it looks as if he knows which side his bread is buttered as he continues to host this hilarious alternative to Have I Got News for You. With Carr at the helm, anything is possible as team captains Sean Lock and Jason Manford are each joined by a pair of celebrity guests as they battle it out to discover who knows what is going on in Britain today. There will be the usual popular rounds like What Are You Talking About?, in which teams of comedians and celebrity guests dissect current news stories, from cutting-edge politics to trash TV via global issues and celebrity excesses. The panellists will also be kept on their toes with Believe It or Not, in which they have to spot the false statement from a bunch of facts.

C4

6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.55 Big Brother Launch Show. (R) (T) 9.30 The Family: Teen Stories. (R) (T) 10.00 Drugs: The Lowdown on Getting High. (R) (T) 10.50 Designers Under Pressure; (R) (T) I've Got This Friend. (R) (T) 11.10 Einstein's Brain. (R) (T) 12.00 News at Noon. (T) 12.30 Checking Into History. (R) (T) 12.55 The City Gardener. (R) (T) 1.25 FILM: Operation Amsterdam (1958). World War Two adventure, starring Peter Finch. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: What Is Freedom? Finding freedom from within. (R) (T) 8.00 A Place in the Sun: Home or Away. Hoteliers consider homes in Cornwall and the south of France. (T) 9.00 Big Brother. Highlights of the housemates' first 24 hours. (T) **10.00 8 Out of 10 Cats**. New series. Irrelevant panel show hosted by Jimmy Carr, in which teams captained by Sean Lock and Jason Manford answer questions based on opinion polls. (T) 10.35 The Simpsons. (R) (T) 11.05 The Simpsons. (R) (T) 11.35 FILM: Dangerous Minds (1995). Drama, with Michelle Pfeiffer. (T) 1.30 No Angels. (R) (T) 2.30 Big Brother 10. 4.00 Dispatches: Orphans of Burma's Cyclone. (R) (T) 4.55 Small Railway Journeys. (R) (T) 5.10 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.50 Peppa Pig. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowerpots. (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (R) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (R) (T) 11.45 I Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.10 FILM: Morn at Sixteen (2005). Drama, starring Mercedes Ruehl. (T) 5.00 Five News: Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 7.00 Five News at 7. (T) 7.30 Top Trumps: Super Ships. Robert Llewellyn and Ashley Hames use the format of classic card game Top Trumps to compare giant ships, including the 158,000-tonne cruise ship Independence of the Seas; (R) (T) 7.30 Five News Update. (T) 8.00 Police Interceptors. Officers pursue a group of car thieves; (R) (T) 8.00 Five News at 9. (T) 9.00 NCIS. A missing Navy lieutenant's car is found covered in blood. (R) (T) 10.00 Law & Order: Criminal Intent. An officer's teenage stepdaughter is found strangled. (T) 11.00 NumB3rs. (T) 12.00 Quiz Call. 4.00 The Gadget Show. (R) (T) 4.45 Wildlife SOS. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chamas da Vida 1500 Sanguê do Meu Sanguê 1630 Portugal no Coração 1800 Portugal em Directo 1915 O Preço Certo 2000 News em 2100 Antas Pêlo Contrário 2115 Pãl à Força 2200 TBA 0000 Casamentos de Santos 2100 Amor 0050 Sideways, film 0215 Prova de Amor 0400 Telesales

RTP2
0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 Nacional Portuguesa 1700 Zig Zag 1830 A Fé dos Homens 1915 A Alma e a Gente 1945 Zig Zag 2045 Home documentary 2200 News 2240 Brothers and Sisters, series 2330 Diga Lá Excelência 0030 Bastidores 0100 Noites da Dois 0145 Palcos: Leonard Cohen, Foreigner 0345 Euronews 0515 Sociedade Civil

SIC
0600 Sic Notícias 0900 Ligo, Ganhou! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Irmãs 1900 Nós por Cá 2000 News 2130 Camilo, o Presidente 2200 Salve-se Quem Puder 2300 Caminho das Índias 2345 Goda Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca <channel>svi- 0700 Diário Da Manhã 1015 Você na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2145 Euronews 2200 Deixa Que Te Leve 2300 Flor do Mar 0000 Olhos nos Olhos 0045 R. L. Stine Presents: The Haunting Hour, film 0300 Sempre a Somar 0430 Law & Order: Special Victims Unit, series 0530 Telesales

Best of the Rest

BBC3
7.00 Top Gear 8.00 Total Wipeout 9.05 Two Pints of Lager and a Packet of Crisps 9.35 Two Pints of Lager and a Packet of Crisps 10.00 EastEnders 10.30 Being Human 11.35 Family Guy 11.55 Family Guy 12.20 Coming of Age 12.50 Two Pints of Lager and a Packet of Crisps 1.20 Two Pints of Lager and a Packet of Crisps 1.50 Ideal 2.20 Bizarre Animal ER 2.50 Being Human 3.50 The Real Hustle on Holiday 4.20 Ideal 4.50 Coming of Age 5.20 Close

BBC4
7.00 World News Today 7.00 Weather 7.30 In Search of England's Green and Pleasant Land 8.00 Mendelssohn in Britain 9.00 Keep on Running: 50 Years of Island Records 10.30 Island at the BBC 11.30 Flight of the Conchords 12.00 We Need Answers 12.30 Keep on Running: 50 Years of Island Records 2.00 Island at the BBC 3.00 Mendelssohn in Britain 4.00 Close

ITV2
1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.00 Britain's Got More Talent: Most Talented 6.00 Britain's Got More Talent 7.00 Britain's Got More Talent 8.00 Britain's Got More Talent 9.00 America's Got Talent 11.00 Katie & Peter: Stateside 12.00 Coronation Street 12.30 Coronation Street 1.00 America's Got Talent 2.45 Teleshopping 5.45 ITV2 Nightscreen

Sky1
1.00 Project Catwalk 2.00 UK Border Force 3.00 Bones 4.00 Oops TV 4.30 Malcolm in the Middle 5.30 Oops TV 6.00 Futurama 6.30 Futurama 7.00

The Simpsons 7.30 The Simpsons 8.00 Guinness World Records Smashed! 9.00 Road Wars 10.00 Road Wars 11.00 Night Cops 12.00 Road Wars 1.00 Ross Kemp on Gangs 1.55 Road Wars 2.20 The Villa 3.15 Stargate SG-1 4.10 Stargate SG-1 5.05 UK Border Force 5.35 Cruise with Stelios: Caribbean

GOLD
1.00 My Family 1.40 After You've Gone 2.20 The Green Green Grass 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 The Brittas Empire 5.00 As Time Goes By 5.40 Last of the Summer Wine 6.20 Last of the Summer Wine 7.00 My Family 7.40 After You've Gone 8.20 The Green Green Grass 9.00 The Royle Family 9.40 Jonathan Creek 10.50 The Likely Lads 11.25 The Royle Family 12.05 Film: Cops and Robbersons PG (1994) 1.55 The New Adventures of Old Christine 2.20 The Two Ronnies 3.00 Close

TCM
1.00 Adam's Rib U (1949) 3.00 Goodbye, Mr Chips PG (1969) 5.50 Mark of the Vampire PG (1935) 7.00 My Giant PG (1998) 9.00 Before Sunrise 15 (1995) 10.55 Bloodbrothers 15 (1978) 1.15 Before Sunrise 15 (1995) 3.00 Pride and Prejudice U (1940) 5.00 The Treasure of the Sierra Madre PG (1948)

The Disney Channel
Kids' programmes from 7am, except: 6.30 Film: High School Musical 2 U (2007) Comic musical sequel, starring Zac Efron. 9.55 Film: High School Musical 2 U (2007) Comic musical sequel, starring Zac Efron.

MOVIES

Sky Movies Drama
6.00 The Legend of 1900 15 (1998) 8.15 Broken Bridges PG (2006) 10.15 Sex and the City Special 10.45 Phenomenon PG (1996) 1.00 Becoming Jane PG (2006) With Anne Hathaway. 3.15 Sex and the City Special 3.45 The Last of the Mohicans 15 (1992) With Daniel Day-Lewis. 5.45 Freedom Writers 12 (2007) With Hilary Swank. 8.00 The Illusionist PG (2006) With Edward Norton. 10.00 The Mexican 15 (2001) With Brad Pitt. 12.10 Body of Evidence 18 (1992) With Madonna. 1.55 Scarface 18 (1983) With Al Pacino. 4.45 Can't Be Heaven PG (1999)

Sky Movies Comedy
6.30 Milk 15 (1998) 8.10 Will You Marry Me? PG (2008) 9.45 35MM 10.15 The Muse PG (1999) 11.55 Are We Done Yet? PG (2007) With Ice Cube. 1.30 Drillbit Taylor 12 (2008) With Owen Wilson. 3.15 Superhero Movie 12 (2008) With Drake Bell. 4.50 Hot Rod 12 (2007) With Andy Samberg. 6.25 Are We Done Yet? PG (2007) With Ice Cube.

8.00 Superhero Movie 12 (2008) With Drake Bell. 9.30 Drillbit Taylor 12 (2008) With Owen Wilson. 11.15 Mr Woodcock 12 (2007) With Billy Bob Thornton. 12.50 Hot Rod 12 (2007) With Andy Samberg. 2.25 Mr Woodcock 12 (2007) With Billy Bob Thornton. 4.00 35MM 4.30 Will You Marry Me? PG (2008)

Sky Movies Action/Thriller
7.05 The Night of the Hunter 12 (1955) 8.50 Flyboys 12 (2006) 11.15 Fantastic Four: Rise of the Silver Surfer PG (2007) With Ioan Gruffudd. 1.00 Die Hard with a Vengeance 15 (1995) With Bruce Willis. 3.15 Next of Kin 15 (1999) With Patrick Swayze. 5.15 Dante's Peak 12 (1997) With Pierce Brosnan. 7.15 Fantastic Four: Rise of the Silver Surfer PG (2007) With Ioan Gruffudd. 9.00 Die Hard with a Vengeance 15 (1995) With Bruce Willis. 11.15 Dante's Peak 12 (1997) With Pierce Brosnan. 1.15 Dead Presidents 18 (1995) With Larenz Tate. 3.20 The Usual Suspects 18 (1995) 5.20 NYC: Tornado Terror 12 (2008)

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show, hosted by Andrew Castle, in which three contestants work together to answer up to 15 general knowledge questions and split a cash prize three ways. The clock is ticking and for each second they spend deliberating, the prize fund drops, and they will only win the money if they can all agree on how to divide it at the end of the game. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Aaron fears the worst when Clyde goes missing, while Pollard breaks off his deal with Nathan and seeks to build bridges with David by offering to help him in his new role. As the Dingles begin planning Sarah's birthday, Debbie becomes increasingly worried about how her daughter will cope with being apart from her father. (T)

7.30 Coronation Street. David arranges a suitable alibi for himself as Gary embarks on the burglary alone, but things go awry when Ted arrives on the scene. Peter takes advice from Ken and makes another bid to beat his addiction, but falls at the first hurdle, and the relationship between Poppy and Betty becomes increasingly strained. (T)

8.00 Mediterranean Nightmares: Tonight. (T)

8.30 Coronation Street. David regrets his actions as he waits for the police to arrive and witnesses the devastating repercussions of his latest scheme. Frustrated with his failings, Peter once again seeks help, and Steve is forced to play peacemaker at the Rovers. Meanwhile, Bill bumps into Pam at a singles night in a hotel bar. (T)

9.00 Doc Martin. Pauline grows increasingly frustrated with her role at the surgery and starts to interfere with Martin's work, much to the GP's annoyance. The former surgeon talks to Bert, who is feeling down after his son Al's decision to go travelling, before coming face to face with the village's new police officer. Comedy drama series, starring Martin Clunes. (R) (T)

10.00 News at Ten and Weather. (T)

10.25 London News and Weather. (T)

10.35 FILM: The Outlaw Josey Wales (1976). Western, directed by and starring Clint Eastwood. (T)

1.05 Nightwatch with Steve Scott: Crime; (R) (T) ITV News Headlines. 2.00 FILM: Plain Truth (2004). Drama, starring Mariska Hargitay. (T) 3.30 ITV Nightscreen.

SPORT

Sky Sports 1
6.00 Good Morning Sports Fans 9.00 Transworld Sport 10.00 Live European Tour Golf. The Celtic Manor Wales Open. 1.00 Premier League World 1.30 Transworld Sport 2.30 Premier League World 3.00 Live European Tour Golf. The Celtic Manor Wales Open. 4.30 Live ICC World Twenty20. England v Holland. 9.30 Friday Fight Night 11.30 ICC World Twenty20 1.30 Friday Fight Night 3.30 ICC World Twenty20 5.30 World Sport

Sky Sports 2
6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 Darts 11.00 IAAF Athletics Weekly 11.30 Race World 12.30 Twenty20 Cup Cricket 2.30 Rugby League 4.30 Live European Tour Golf. The Celtic Manor Wales Open. 6.00 Ocean Adventures 6.30 World Sport 7.00 Live Darts. The UK Open. 11.00 Golf Night 1.00 Super League 3.00 Ocean Adventures 3.30 Ocean Race 4.00 Super League

Sky Sports 3
6.30 The Dogs 7.00 WWE: Raw 9.00 Premier League Years 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Darts 4.00 NFL: Total Access 5.00 WWE: Raw 7.00 Ocean Race 7.30 Live Super League. Huddersfield Giants v Hull FC (Kick-off 8.00pm). 10.00 WWE: Late Night - Smackdown 12.00 WWE: Late Night - Bottom Line 1.00 Darts 5.00 Tight Lines

British Eurosport
7.30 French Open Breakfast 7.45 International Football 9.15 International Football 10.15 French Open Tennis 11.45 Live French Open Tennis. The men's semi-finals at Roland Garros. 5.00 Game, Set and Mats 5.30 Live International Football. Holland Under-20s v United Arab Emirates Under-20s (Kick-off 5.30pm). 7.15 Eurogoals: One to One 7.30 Eurogoals: One to One 7.45 Live International Football. Argentina Under-20s v Egypt Under-20s (Kick-off 7.45pm). 9.30 French Open Tennis 11.30 Game, Set and Mats 12.00 World Series by Renault 12.30 Game, Set and Mats 1.00 Close

Sky Sports Xtra
6.30 Premier League World 7.00 Twenty20 Cup Cricket 9.00 Motor Racing 10.00 Rugby League 12.00 Ocean Adventures 12.30 The Dogs 1.00 Motor Racing 2.00 Ocean Adventures 2.30 Powerboating 3.00 IAAF Athletics Weekly 3.30 The Dogs 4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 Premier League Years 7.00 Tight Lines 8.00 Golf Night 10.00 Tight Lines 11.00 NFL: Total Access 12.00 Ocean Adventures 12.30 Ocean Race 1.00 Tight Lines 2.00 World Sport 2.30 Golf Night 4.30 NFL: Total Access 5.30 IAAF Athletics Weekly

www.the-news.net
THE NEWS

Directory Enquiries in English and so much more

from fixed phones, call boxes, mobiles and mobiles on roaming

Monday to Friday 09:30 - 18:00

calls from fixed phones 60 cents per enquiry calls from mobiles 60 cents per minute

It's so easy to find a number

National & International Business & Private

directory enquiries in English

760 50 60 70

ADVERTISING & PUBLICITY

GoodMorningAlgarve.com

Colourful details of the Best Restaurants, Bars, Shops, & Leisure Activities.

Have an Emergency?

Try our new **QUICK FINDER** section offering an easy method of finding the Best Professionals in the Algarve.

Just click on to

www.GoodMorningAlgarve.com

Use this gifts to increase your sales!

Inácio Alves Editor • Marketing Publicidade & Serviços
Always have offers, to give "away" to your clients!

Rates include printing colour transfer 10 x 6 cms - 1 side 1 color

| white T-shirt 140 grs | white T-shirt 160 grs | Color T-shirt 165 grs |
|--------------------------|--------------------------|--------------------------|
| 50 x 2,40 € | 50 x 2,80 € | 50 x 3,20 € |
| 100 x 1,90 € | 100 x 2,20 € | 100 x 2,80 € |
| 250 x 1,80 € | 250 x 2,10 € | 250 x 2,50 € |
| 500 x 1,70 € | 500 x 2,00 € | 500 x 2,20 € |
| 1000 x 1,60 € | 1000 x 1,90 € | 1000 x 2,00 € |

Promotion this month

| white T-shirt lady 160 grs nick | color T-shirt lady 160 grs nick | Pens from 0,20 € x 1000 |
|------------------------------------|------------------------------------|----------------------------|
| 50 x 3,00 € | 50 x 3,80 € | 1,50 € x 100 |
| 100 x 2,50 € | 100 x 3,50 € | |
| 250 x 2,30 € | 250 x 3,30 € | |
| 500 x 2,20 € | 500 x 3,20 € | |
| 1000 x 2,00 € | 1000 x 3,00 € | |

For more information or ideas for other articles, contact us!

This prices includes the printing 1 side/1 color Add postage and 20% VAT

Sales Conditions: 50% with the order + 50% layout approval

www.amelhoropcao.com / www.inalves.com

Contact: 289 721050 - 968 639468 / inalves@mail.telepac.pt • OLHAO

ALARMS

Response Alarms

Home Security Systems

- CCTV
- Wired / Wireless Systems
- Maintenance & Service
- No contract required

WIREFREE
MULTI ZONE
SYSTEM
INCLUDING
AUTODIALLER
ONLY €495

Call us now for more details - Security made simple

918 987 093

email: paul-responsealarms@hotmail.com

ANTIQUES

INVEST YOUR MONEY IN ANTIQUES

ANTIQUES

Fred Peeters - Dutch Antiques Dealer

Largest Collection of European Antiques in the Algarve
400m2 showroom

- We buy and sell quality antiques •

OPEN ONLY Sat & Sun
10.30 - 17.00 inc. lunch hour
or by appointment

Tel • 282 338 602

Quinta das Cortes, 316 • EN 124 Grelheira • S.B. Messines

BLINDS

M2M BLINDS

see how we measure up

- ♦ Made to measure Vertical & Roller blind specialist
- ♦ All other types of window blind available
- ♦ Choose from our extensive range of fabrics including Solar reflective & Black out
- ♦ Covering the whole of the Algarve, and Portugal
- ♦ Free measuring & fitting
- ♦ Domestic & commercial applications
- ♦ All products carry a 12 month guarantee

Come & see us at the International Algarve Fair in Lagoa May 30th & 31st Stand 78

M2M BLINDS - We come to you

Phone now for a free no obligation quotation

Contact Denny on 286 518 059 or 932 894 709

www.m2mblinds.com m2mblinds@hotmail.com

BOOKS

ALGARVE

Edifício "O Galeão" Loja 1

Rua dos Pescadores

8400-512 CARVOEIRO LAGOA

BOOK

Temporary Tel. nº

282 354 310

CELLAR

Tue - Fri 9.30 - 5.00 Sat: 9.30am - 2.00pm

raymond.compton@netvisao.pt



English Language

Book Exchange

Refunds on return

New books to order

Audio Books

C.D.'s Cards

Videos

BUREAUCRACY

For Tax Assistance and Fiscal Representation Contact the Specialists:

Sovereign - Consultoria Lda

+351 282 340 480

port@SovereignGroup.com

www.SovereignGroup.com/Portugal

SOVEREIGN



BUTCHERS

THE ENGLISH BUTCHER

*English Sausages

* T-Bones

*Bacon & cuts of meat

* South African Sausages (wors)

*Other South African Products

* Ham off the bone

THE ENGLISH BUTCHER

Rua da República, 14

8135 ALMANCIL

Tel: 289 395 859

Res: 289 397 289

Mob: 965 864 682

CARPENTRY

THE WOODENTOPS CARPENTRY WORKSHOP



30 Years + Experience in the Algarve

Our qualified joiners and cabinet makers provide a bespoke service making anything in wood



Furniture Restoration • Custom Made Kitchens

• Display Units & Shelving

All Bedroom Furniture • Tables for all occasions

• Wooden Houses • Windows & Doors

• Pergolas & Decking • Wooden Kennels



• Building Services • New Builds & Restorations

• Maintenance & Repairs • Electrica & Plumbing

Tel: 289 396 909 / Mobile: 966 001 922

Vale Formoso, Al Mancil

Email: theworkshop@sapo.pt



- Use the contractors you find on these pages

CATERING



Food Passion

OUTSIDE CATERING

Specialists in BBQ
Dinner Parties, Hog Roasts
& Weddings

We are an English outside catering company in the Algarve supplying its own tables, chairs, linen, glassware and cutlery, For all occasions, economy to fine dining.

With over 20 years experience our chefs use only fresh local produce - Some home grown!

For a sample menu please call Karina or Andy
282314276 or 912159813

NEWS FLASH!!
Even our desserts are Home-Made traditional English style dishes



Hotline: 707 500 677

COMPUTERS & OFFICE SUPPLIES

FULL REPAIR & SERVICING CENTRE
ACCESS TO OUR NETWORK OF FIELD ENGINEERS
100'S OF GENUINE ENGLISH LAPTOPS & DESKTOPS
CONVERT PORTUGUESE SYSTEMS INTO ENGLISH
FREE INTERNATIONAL PHONECALLS
1 MINUTE FROM AQUALAND ON THE EN125

282312044 & 913087160

ALGARVE LAPTOPS

SUPPORT@ALGARVELAPTOPS.COM

SALES@ALGARVELAPTOPS.COM

Play it safe!

- Use the contractors you find on these pages

DOORS & WINDOWS

Assembly of Doors and Windows in PVC/Aluminium, Shutters, Mosquito nets, Blinds, Electric blinds, Conservatories.



PVC Directo

We double the glazing - Not the price

Tel: 916 184 148 / 969 410
952 • Fax: 282 380 308
pvcdirecto@gmail.com

FLYSCREENS & MOSQUITO CANOPIES

Come & see us at the International Algarve Fair in Lagoa
May 30th & 31st - Stand 78



FLYSCREEN RANGE

- ♦ Many Different Flyscreen Types
- ♦ Vertical and Horizontal Operation
- ♦ Flat and Pleated Screens
- ♦ Many Colours of Aluminium to Choose From
- ♦ Choose at Home • We Come to You
- ♦ 12 Months Guarantee
- ♦ Phone Now for a Free No Obligation Quotation

M2MBLINDS

Contact Denny on 286 518 059 or 932 894 709 or visit www.m2mblinds.com or e-mail m2mblinds@hotmail.com

GARDENING



HARVEYS OF LOULÉ

Garden Construction • Garden & Pool Maintenance • Home Renovations • Repairs & Painting • Villa Maintenance & Cleaning Service

Apt 3, Loulé 8100 - 606
Tel: 289 412 462 Fax: 289 422 322
Mob: 916 048 671 email: harvor@sapo.pt

EDUCATION

Centro de Línguas de Lagos

- Learn Portuguese in small, friendly groups.
- Intensive summer courses for beginners.
- Individual lessons and evening classes available.
- Efficient translation service.
- Recognised by the Ministry of Education.

Tel: (+351) 282 761 070 | Fax: (+351) 282 761 070
email: info@centrodelinguas.com | www.centrodelinguas.com
Rua Dr Joaquim Tello, nº 32, 1º esq, 8600-583 Lagos

CLCC
CENTRE FOR LANGUAGES, CULTURE AND COMMUNICATION

Portuguese

LEARN and get connected

Intensive courses (3 weeks)
Beginners courses (32 hours)
Intermediate courses (32 hours)
Conversation courses (year-long)

recognised by:

Portimão - Jardim Gil Eanes - Tel: 282 430 250 internet: www.clcc.pt e-mail: geral@clcc-pt

FASHIONS

www.luzworld.com

Luz World

Quality European Menswear

A fine selection of Shirts, Knitwear and Trousers from some of Europe's leading manufacturers.

Big & Tall sizes available

Open 7 days until late

Centro Commercial Isla Canela • Ayamonte
Tel +34 959 479 259 • +34 661 654 883

FURNISHINGS

English Beds in the Algarve

Need a good night's sleep?

STYLE FURNISHINGS

Monday - Friday 10.30am - 4pm
Tel/Fax: 282 322291
Website: www.stylefurnishings.com

HEALTH & BEAUTY

Join the comfort zone - advertise in **The Portugal News**

Call Bella today on 707 500 677

Don't wait for passing trade.

Each week people QUEUE for their copy of **The Portugal News** and 1,000's more discover it at FARO AIRPORT. Your business couldn't ask for more exposure! To advertise in next week's edition and bring customers to YOUR door, call Bella Talhadas on 707 500 677 or 914 393 736

THE PORTUGAL News
sought-after & well-read

Listen to our advertisers:

Response to our recent advertising campaign in **The Portugal News** has been phenomenal, as expats look to take advantage of buying a luxury car at the cost of an 'ordinary' one in Portugal.
Mercedes-Benz UK

Thanks so much for everything during this 10-week campaign. The number of people who saw it and told me about it gives me even more confidence that it worked especially well and it was a major factor in helping launch ourselves in the British-Algarve community.
Aer Lingus

The Portugal News is by far our best source of enquiries.
M2M Blinds

We are delighted with the response we are getting, we couldn't have wished for better.
Drain Doctor

The best advertisements we have ever done and it sure has given the best results of any advertising we have ever placed.
Sky Realm

Advertising in **The Portugal News** brings good results.
Togofor Homes

Superb, we are building our business through **The Portugal News**.
Villa Gates

Advertising in **The Portugal News** is proving invaluable.
Frontera

"If I had known I would be getting this amount of business I would have started advertising before, as I have never had English clients coming in as I have now, and it is all due to the advert in **The Portugal News**, money really well spent for immediate return in business revenue."
Andifer, Portimão

Excellent results, we wouldn't advertise anywhere else, and we don't need to.
Food Passion

We have had a wonderful response to our advertising, which continues to bring us both enquiries and orders.
PVC Direct

More than happy with the response we have got, and looking forward to further enquiries
Dane Casa

The Portugal News have supported Let the Magic In from day one. Every campaign we have ever run has been successfully advertised in **The Portugal News**, taking us from our first ad to the flourishing business Let the Magic In is today.
Let The Magic In, Algoz

To advertise in next week's edition and bring customers to YOUR door, call Bella Talhadas on 707 500 677 or 914 393 736.


Fi-Line Fashions

NEW SPRING STOCK NOW IN!

Sizes 12 - 22 available

See us on Stand 43 at
The Algarve International Fair

Open Monday to Friday 10am to 1pm and 3pm to 6pm,
Saturday 10am to 1pm. Call Fiona for more information on 282 312 936. Located on Av do Rio, Ed. Almadraça, Loja B, Armazém de Pêra (Opposite the football ground)



CLÍNICA DENTÁRIA
Drª Cristina Fernandes
 Médica - Dentista - U.P.
HEALOZONE
 The new method to heal your tooth decay
 Dental Surgeon
 English Spoken
 R. João Menezes Nº8R/C
 near the old
 slaughterhouse
 8400 Lagoa
 Tel: 282 34 29 20



DOMUS
ELECTRIC FLOOR HEATING
 The CHEAPEST way to heat your house
NO gas, NO oil, NO maintenance
www.domus-heating.com
 EN-125 Sítio Benfarras, Nº 552-a Boliqueime
 Tel: 289 322 852 • mail domusheating@mac.com



POOL SAFETY FENCING
 For further details contact us now
 poolfencing@aol.com
 Tel: 919 892 518 or 910 666 613



General Practitioners & Family Doctors
 • Medical Doctors with over 30 years experience
 • Official Prescriptions
 Who Speak Portuguese, English, German, Spanish & French

Opening Hours:
 Mon-Fri 9/13 & 18/20
 Sat 9/13
24 hr Emergency
 Local Home & Hotel Visits
 Tel: 91 8888 618
 (Opposite to Modelo Shopping underground car park in Albufeira)
 Centro Pacifico, Rua Do Pacifico, Lotes 25, 26 & 27,
 Cerro Aagoa, 8200-166, Albufeira, Algarve
 Tel +351 289 543 545
www.centropacifico.com



SACL
 Air conditioning & heating units
 Central Heating
 Swimming pool heating
 Automatic pool covers
 Solar hot water heating systems
 Dehumidifiers
 Jacuzzis
 Vale de Lousas • EN 125 • Alcantarilha
 Tel 282 314190 / 322 172 • Fax 282 314 191
 email: sacl@mail.telepac.pt



Chlorine Free Eco-Friendly Swimming Pool Treatment
100% CHLORINE FREE
PoolSan
 ✓ Non toxic when ingested in swimming pool water
 ✓ Promotes softer, sparkling blue, crystal clear water
 ✓ Odourless - no more chlorine smells or residues
 ✓ Hypo-allergenic - does not cause eye or skin irritations, ear infections or asthma attacks
 ✓ Lasts up to three times longer than Chlorine
HOME
 Estr. Nacional 125 • Sítio do Carmo 8400-405 • Lagoa
 Tel: 282 353 022 • Fax: 282 353 934
 comercial@home-pt.com

HEATING & COOLING

Fires Of Portugal
 Woodburning
 Geoff Waller's on site advice and quotation.
 Small building works, servicing and repairs.
 Reconditioned fires.
 Importers of the best in woodburning.
 Chimney Sweeping across the Algarve from 45€
 TEL 289 489 958 • MOBILE: 967 721 209
 carolinsalir@mail.telepac.pt




Barlvento Refrigeration
 Air Conditioning: Sharp - LG - Daikin
 Pool Heating: Calorex - Air Energy
 Solar Hot Water
 Heat-Pump Central Heating
Service & Repairs All makes - guaranteed
 Tel: 917 230 727 email: paulkent.aircon@hotmail.com



PoolSafe.eu
 Is Your pool childsafe for 2009?
 Roller covers: Fences - aluminium, steel or frameless glass Gates, Nets. NOW is the time to secure your pool areas.
 Please call us for a free onsite analysis of your safety requirements. Villas, condos, hotels and developments.
 We can also fit approved childproof latches to existing gates.
 Office: Galé Beach Albufeira, Tel 289 591 662, e-mail info@poolsafe.eu



Keep cool with Mister Cool this summer
 • Air conditioning
 • Refrigeration
 • Solar panels
 • Maintenance
 • Pool construction, heating & covers
 • Automatic pool covers
 • Central vacuuming
Air conditioning by:
 FUJITSU GENERAL
 DAIKIN Haier
Solar panels & Pool heat pumps
 Open Saturday morning
 Rua Mouzinho de Albuquerque
 - Lagoa Residence 2 - Loja 3
 8400 LAGOA - Algarve • Tel./Fax 282 381 364
 Email: mistercool_telmorodrigues@hotmail.com
 Telmo Rodrigues
 Mobile: 917 175 818

Call our hotline on
 707 500 677

LAWYERS

Ana Luisa Duarte
ADVOGADA
LAWYER
RECHTSANWALT
 Rua Francisco Xavier Ataíde de Oliveira, 33-A
 8600-775 Lagos - Portugal
 Tel. +351 282 792 766 - Fax. +351 282 764 002
 E-mail: anaduarteadv@hotmail.com

POOLS

AQUAPURA
 LDA SINCE 1989
POOL COVERS
 Now Available: D:I:Y Solar covers
 Tel: 282 763 605 • Fax: 282 782 219 • Tlm: 967 025 157
 Eastern Algarve 967 465 305
 info@aquapura.com.pt • www.aquapura.com.pt



POOL HEATING
 Air Energy Heaters - The leader in economical pool heating
 • Digital Control
 • Titanium Heat Exchanger
 • High Performance - low power consumption
 • Est. Over 20 years
SAFETY FENCING - KEEP KIDS SAFE
 • Can be completely removed or replaced within 2 mins.
 • Helps prevent debris from reaching the pool
 • Weather resistant • Professionally installed
 • Easy for Adults - Safe for Kids
 • Your child is safe even while you swim
 • Developed over 30 years ago
 • 99% transparent 'Securtex' mesh
PURE POOLS
PURE POOLS PISCINAS PURAS LDA
 Tel: 282 760 033 • 919 517 868 • Fax 282 760 034
 purepools@yahoo.com • www.purepools.com

The 6th largest weekly newspaper in Portugal, in ANY language!

Start your shopping in
 The Portugal News
 COMPANY FINDER

PAINTING & DECORATING

Livingston's Painting

Interior & Exterior

Highest Quality & Standards



Call Shanny: 917 511 550
livingstonspainting@clix.pt

TOFTS

Paul Tofts
Decorating & Painting

After 6pm

Mob: 918 938 004

Tel: 289 399 370



James Walker

Professional Painting & Decorating

No job too small

Mbl: 967944660
walkers@sapo.pt

PROPERTY SERVICES



Dirty Sofas? Carpets?

ChemDry is a professional cleaning service, using an exclusive process to clean deeply, revitalising textile fibres and prolonging their lifespan, keeping them clean for longer.

TREATMENTS:
• Waterproof
• Anti dust mite
• Anti allergic

10% DISCOUNT ON SOFAS

PROFESSIONAL CLEANING:
• Carpets • Rugs • Sofas
• Quick Drying (1-2 hours)

289 092 624 / 910 690 966
info@chemdryalgarve.com
www.chemdryportugal.com

Stone Care Services

Specialists in the Refurbishment and Maintenance of Natural Stone

| | |
|--------------|--------------------------------|
| TERRAZZO | ◆ Entrance Halls |
| MARBLE | ◆ Kitchens - Floors & Surfaces |
| LIMESTONE | ◆ Vanity & Work Tops |
| GRANITE | ◆ Bathrooms |
| QUARRY TILES | ◆ Pool Surrounds & Patios |

Have your shiny stone surfaces become dull and lacklustre? Let us restore them to reflect their true colour and natural beauty.

282 991 045 • 919 498 258 • www.stonecare-services.com

Your professional
drain cleaner
best results

PROFILIMPO

Root removal, power jet cleaning, camera inspection, electronic blockage detection

Tel. 914 145 117 - Thomas Grünberg

Blocked Drains?

Call: ANDY

- Personal
- Professional
- Guaranteed Service at all times

drinking8@aol.com

DRAIN KING ESGOTO-REI

Tel/Fax: 282 471 335 | Mobile 918 647 305

Villa Gates

Ornate & contemporary gates.
Lots of designs. Made to order.

Why not see if I can make your old gate look good.

Very reasonable prices. Call Andy for free quote 309 403 075 • 912 642 477

Norman Groundworks

For garden planning and construction.

Construction of terraces, patios, paths, driveways, access roads, pergolas, shade areas, ponds, lakes, water features, installation of hedging, fencing, land cleared.

For quotation call Norman now on 282 332 899 or 963 134 129
ngwl@clix.pt

We're in the business of keeping YOU in business

NEW SHOP

Ecosistemas Garden Centre

ODEXLAR

Founded in 1978

Professionals in cleaning products, hygiene and pool chemicals

Odex Pool - Agents: DELSA I P.Q.S. I OXIDAM I ASTRAL I CTX

Odexlar Lda

Zona Industrial do Chincato, Lote 4 - 8600-306 Lagos

Tel: 282 798 463 / 282 799 537 / 918 798 515 Fax: 282 799 030

Email: odexlar@mail.telepac.pt Web: www.odexlar.com

Chemical Products

Hygiene - Industrial Cleaning
Hotel & Restaurant Industry
Hospitals, Schools & Retirement homes
Swimming pools & water treatment

Rococco Stone

Ceramic & Natural Stone Tiles
Stone and Ceramic Sanitary ware

Rua Direita, Praia da Luz, Lagos

Opening Hours:
10am - 6pm Mon- Fri (Lunch 1-2)
10am - 12pm Saturday

Tel: +351 282764035
RococcoStone@msn.com
www.rococcoStone.com

GFS Metalworks

- Specialists in Secure Ornamental Metalworks
- All general steel fabrication
- For a Free Quote, Design Service

Call Andrew 933 555 387
or 933 402 261
Office: 282 449 270

www.gfs-metalworks.com
info@gfs-metalworks.com

Water Problems?

- Drinking water systems
- Water softeners and pumps
- Swimming pool technologies, including fresh water pools based on oxygen
- Boreholes
- Disinfection systems, iron and manganese removal.

289 842 288 / 965 805 032 • admin@awtalgarve.com • www.awtalgarve.com
AWT Lda eight years in the Algarve

REMOVALS & STORAGE

U-STORE SELF STORAGE

- * Individual locked units
- * Daily access
- * Dry and Clean
- * For homes & business

* Also storage for cars & caravans etc.

Urb. Industrial Marateca, lote 26 - Chincato - 8600 LAGOS
Tel / Fax: 282 798 490 - Telem: 917 010 365
www.u-store-portugal.com • info@u-store-portugal.com

Weekly removals service to and from the UK, Algarve & Ireland

With full packing & storage facility in the UK & Algarve, from 1 box to full or part load shipments. Transportation of cars, boats & motorbikes. Local removals and deliveries within the Algarve. Guarantee your peace of mind & safety of goods

The General, Main Road, Boreham, Chelmsford, Essex CM3 3HJ
UK - Tel: 0044 (0) 1245 468888 • Mob: 0044 (0) 7711 179842
Algarve: Tel: 289 513 851 • Mob: 969 134 801
Email: sales@algarveremovals.com
Web: www.algarveremovals.com

View these pages
FREE on-line at
www.the-news.net

REMOVALS & STORAGE

- * Local, National & European Removals
- * Scheduled Route - Portugal-UK-Portugal
- * International Shipping
- * Storage * Packing
- * Long established & professional service

New Concept International

Armazem 3, Sítio do Além, Almancil.

Tel.: (00351) 289 395 105

UK: 08 450 046 827 Mobile: 968 031 995

Email: d.wright@mail.telepac.pt www.newconceptint.com

AIM

Removals & Storage

On-site secure storage

Local, National, UK and European removals

International shipping • Professional packing service

Call into our office or visit us at www.aim.com.pt

Parque Ind. do Infante • Unit 8 • EN 125 • Torre • Odiaxere
Tel: 282 799 141 • Fax: 282 799 146
Email: info@aim.com.pt

EAST ALGARVE BUILDING & GARDENS

All General Building Work Undertaken
Full Refurbishments
Tiling, Plumbing, Joinery, Roofing, Painting etc.

General Garden Maintenance
Decking, Patio's, Planting

For Prompt Friendly Service

Tel: 00351 964 508 128

Call 707 500 677 to place a company finder advert

NEIL & EMILY RICHARDSON

Removals & Transport * Packing Service & Storage * Local, National & U.K. * With 20 years experience We offer the Personal Touch

Mob: 939 486 870, 939 486 807, Tel: 281 963 191
neilandem@sapo.pt • www.ne-internationalremovals.com
UK office: 0044 (0) 1268 523 029

Members of British Portuguese Chamber of Commerce

UK • BENELUX • FRANCE

SA REMOVALS

- Removals to and from all Europe
- Packing Service available
- Storage
- Free estimates
- For more information, please call 00 351 965 653 025 (Mr Curado) or

email: mudatudo@iol.pt • www.removalstoportugal.com

SERVICES OFFERED

Whatever we organise
You and your guests will give
A STANDING OVATION

Parties for adults and children, entertainers, weddings, corporate events.
However large or small, we can make your event a great success, and keep to your budget

STANDING OVATION

Call 914 599 933

Entertainment:
www.standingovationalgarve.com

Weddings:
www.algarveblessings.com

Lost in a foreign land?

If you can't make contact because you don't know the number, DQ can help

we can find your number in one minute

Mon- Fri 09:30 - 18:00
Calls cost 60c

from: fixed phones • call boxes
mobiles and mobiles on roaming

National & International Business & Private

directory enquiries

760 50 60 70

SATELLITE TV

Skynet

TELECOMMUNICATIONS & AUDIO

"The Latest Equipment at the Best Prices"

All Satellites TV (English, German, Spanish, Dutch, French, Italian, Arabic, Russian TV...)
Digiboxes (SD, Sky +, Sky HD, MultiCAM, PCMCIA, Freeview, Freesat HD)
MultiCards & Much more

All **BBC** & **ITV** + Ch 4 & 5 + News + Movies + Kids + Music + Sports + Many others + Radio
Get 350 TV channels & 200 Radio stations **FREE**

Terrestrial Digital (Portuguese channels) **FREE**
Cable TV (Movies + Sports + Knowledge + Kids + News + Series + Adult + Video on Demand)
VCR, DVD HD, Internet (Broadband)
Audio (Hi-Fi, Background Sound, Home Cinema)
CCTV, Intercoms, Domotics

High-quality systems installed by qualified engineers
Installations and technical support within 24hrs (a 3-Year Guarantee)

Tel: 964890260 Email: skynet@live.com.pt

Sky Realm

In association with SKYVIEW
Portugals Official Sky installers!
DON'T LOSE YOUR VIEWING AT NIGHT!

PLEASE NOTE GENUINE Freesat & SKY equipment

freesat

Sky Plus & Sky HD upgrades

* Our engineers are Sky UK trained *
We correct ALL problems on other companies work!
ALL AREAS COVERED

Algarve 918 887 775
Silver Coast 918 262 108
Email: skyrealm@hotmail.co.uk

Hotline: 707 500 677

LAGOA
Fatacil
30 & 31
May
11am-7pm

INTERNATIONAL ALGARVE FAIR

It's where all the Algarve meets...!

Special HEALTH INSURANCE for Readers

10% off your first year's premium

FULL COVER

The Portugal News has arranged an excellent health insurance policy for readers at very competitive rates. Even the most basic policy covers treatment anywhere in Europe

GREAT SAVINGS

- ✗ Standard cover level up to €855,000
- ✗ Standard policy covers treatment anywhere in Europe*
- ✗ Hospital fees paid direct, no need to reclaim from insurers**
- ✗ Excellent cover, three levels of protection available
- ✗ Corporate and group discounts
- ✗ Worldwide Travel Insurance available
- ✗ Policies issued by Journeyman Services Limited (UK Brokers)
- ✗ Underwritten by Lloyds

* (Worldwide also available)
** (underwriters need to be advised in advance)

Examples of potential annual savings:
(compared to competitive cover)

Single Man aged 28
Save up to €500 a year

Couple aged 43 & 35, with 2 children 10 & 7
Save up to €1,500 a year

Couple aged 58 & 52
Save up to €1,800

Call our helpline TODAY for comparisons and benefits and a NO-OBLIGATION personal

PAT Care

707 500 028

International Algarve Fair

Stand 47



E-mail: artafricaetc@gmail.com
Fax: (00351) 289417279
Tel: Edite (Português) 914089791
Phillip (English) 914089790

ARTAFRICA ETC.
Suppliers of a
unique range of
handcrafted African
metal birds and
Roman Fountains.

Visit us on stand 66
at the International Algarve Fair
30th & 31st May

BLEVINSFRANKS
www.blevinsfranks.com



It is with great pleasure that
we are participating for a
second time at the
International Algarve Fair.
Visit us on stand 105!
www.moveismalheiro.com



**POOL SAFETY
FENCING**
Is your pool
CHILD safe?
visit us on stand 7

RAINHA SANTA
Langley (HOG)
Roasts
Catering OR-DIY
See us at the
Algarve Fair
Stand 5

Tel: 918 879 843
info@roasthog.com
www.roasthog.com



MASHONA RUGS,
Handwoven using 100%
Recycled textiles,
Eco-Friendly stand nº 24
at the GREEN Algarve Fair.



**The International
School of the Algarve
looks forward to
meeting you at the
Algarve Fair.**
Stand: Green 03



STAND: 05

COME AND SEE
my paintings,
keepsake boxes,
handmade cards,
mosaic work and
painted stone animals

**ARTES, TROMBINHAS
& COMPANHIA**

Visit us at the
International Algarve Fair
STAND Nº 9

www.just-me-
art.blogspot.com
www.oh-sasha.com
www.trombinhas.blogspot.com

www.algarvefair.com



AQUA PURA LDA
Stand 2

Visit us and ask how you
can save €200.
on your next pool cover!!!
Eastern Algarve
967 456 305
Western Algarve
967 025 157



M2M BLINDS
Internal window
blind & Flyscreen
Specialist many styles
and finishes available
on Stand 78.



RE-OPENED FOR THE
SUMMER SEASON
Monte Carvoeiro
Call to reserve for
private parties on
282 086 869

**Jewels &
Beads**

STAND: 32
Sterling Silver Beads
75% cheaper
as Pandora at the
Algarve Fair.
www.jewelsandbeads.com



CHEESE & PICKLE
will be at the Spring Fair
offering great prices on
its delicious products.
Stand 61B



Air Conditioning,
Electrical Equipment,
AquaSOM - Underwater
Sound
Solar Systems
Sale, Installation,
Repairs and Maintenance
(Stand nº 4)

Stand FB05
**ANIA'S
SMÖRGÄSTÄRTOR**

Offer a menu of
Swedish Sandwich Cakes
(Smörgåstårter)
& Dessert Cakes including
Chocolate Cakes
Deliver Canapés for
Cocktail Parties
Cater for Children's
Birthday Parties
Mobile: 967 515 749
e-mail (Anna):
anias.smorgasat@gmail.com



Stand: 14

C design
Where every piece is an original.
Chic, unique and very affordable

FREE
pair of pearl earrings
with every necklace

Collections

LADIES' FASHIONS FROM
ALL OVER EUROPE

Fashion show on
Sunday
12:30 until 13:00
Stand 71



**ENGLISH BRANDED
CHILDRENSWEAR.**
Order online at
www.ukbrandsabroad.com.
Cheaper prices than the
UK high street.
Tel: 918 554 533
STAND: 25



STAND: Garden 01
**THE SPECIALISTS FOR
ALL YOUR TREE WORK**
Tree inspection • Pruning
Felling & dismantling
Planting & transplanting
Plague control • Workshops
The best service for
you & your trees
J & J Valkenburg
00351 961415239
info@treeworkalgarve.com



**Blue
LAGOON**
SWIMMING WITHOUT CHLORINE

**SWIMMING WITHOUT
CHLORINE OR SALT**
Swimming has never
felt so great!!!
www.limpaluz.com
91387 8057
STAND: 19



GILPA
GILPA PET FOODS
now in Portugal.
Find out more at the Fair
or call 269 451 814.

Stand 095
**FRONTEIRA RADICAL
LDA**
Buggy's for sale and rent
Call now for your test drive
or book your buggy's Safari
on 912 116 314
or 289 394 771
www.fronteiraradical.com

FOR AN
UNBEATABLE
'ONE OFF'
SPECIAL SHOW
OFFER
COME AND
SEE US ON
STAND 70.



THE ALGARVE'S SPECIALIST MOSQUITO
SCREEN SUPPLIER AND INSTALLER.
www.simply-screens.com

www.simply-screens.com



STAND: 64

aqua innovative systems
sistemas de filtragem de água
Cuidando da sua água....
Cuidando da sua família....

800 248 278
www.AguaSemprePura.com

**Free Water Tests available.
No cost/no obligation.
Municipal or Borehole water.**



Spice Your Live - Algarvespice

STAND: 17

www.algarvespice.info



**CrisCross
Jewelry**

Unique hand-made jewelry



"COME AND SEE US
WITH ANY HEALTH
ISSUES YOU MIGHT
NEED HELP OR ADVICE
IN RESOLVING."
STAND 51/52

Luzdoc

Serviço Médico Internacional
International Medical Service

Place your advert on-line at www.the-news.net
and get a 10% DISCOUNT

FREE PRIZE DRAW

WIN A FLAT SCREEN TV,
NETBOOK AND DIGITAL
CAMERA

PLUS for every entry (one per
person) we will donate one
EURO to charity

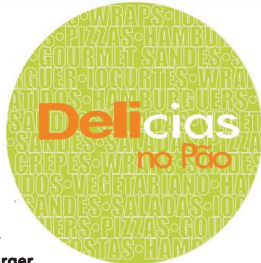
Stands: 20, 21, 22, 106

Stand: FB3

CHOOSE THE
HEALTHIER OPTION,
Gourmet Sandwiches,
Hot Wraps, Salads,
Fruit Yogurts,
100% Beef Burgers,
Veggie goodies.

Or if your feeling bad...

Choose our Bad Boy Burger,
variety of naughty crepes &
many other treats.



f&v flowers and decoration

High Quality Silk Flowers
True to Nature

Stand 57

View these pages
online **FREE** via
www.the-news.net

HDROPURA

WATER TREATMENT SYSTEMS
Special promotions in
all equipment and
water analysis.
Visit us at stand nr.68.
28272712 /
916449611
filial@hidropura.pt

Stone Care Services

Stand 60



Dull, scratched or just a
lacklustre floor?
Refurbishment is
quick, dust free and
economical. Come and
discuss your floors with
us over the weekend.
www.stonecare-services.com

Michelle's
For all your
documentation needs!

Tel: 919 881 959
michellessassistance@gmail.com
www.michellessassistance.com

GB IS IMPORT, vehicle
matriculation, residencies,
fiscal, d/license, passports,
water registration. We han-
dle all your documentation.
Tel: 911 133 803, 282 356
803. [gb-i.s.inport@](mailto:gb-i.s.inport@hotmail.com)
hotmail.com

WANTED: THE donkey
sanctuary needs your un-
wanted furniture, clothes,
books and bric-a-brac for
our charity shops in Lagoa
and Monte Carvoeiro, all
proceeds to aid donkeys in
distress. We will collect
larger items. Call Nan
Richardson, mobile 962
633 811, for details of our
work for animal welfare.
Please help.

TAVIRA TREASURE Char-
ity Shop. Tavira Christian
Centre. 126, Rua Almirante
Candido Reis, Tavira. Come
and browse. Come and
bring. Clothing, Bric-a-Brac,
Books. Open Wednesdays,
2.30-4.30pm or phone 281
322 857 for further details.
Volunteers needed so we
can open more frequently.

APAA CHARITY SHOPS.
Cerro Grande, Albufeira
open Tuesday to Saturday
10.30am to 2pm. Dunas de
Alvor open Tuesday to Sun-
day 10.30am to 2pm. Good
quality clothes, bric-a-brac,
books, jigsaws, etc. Stock
and new volunteers always
welcome. Help us to help
stray and abandoned dogs
and cats.

Business Opportunities

FOR SALE
commercial freehold
building centre of old Alvor
comprising: large shop
with 3 departments,
two bathrooms, quintal
steps leading upstairs to
large new bathroom,
two bedrooms, huge open
BBQ area, top floor;
extra large terrace with
small utility room,
newly fitted solar panel,
ideal for business; shop,
restaurant, snack bar with
good sized living
accommodation above.
Fully licensed, smoke
alarms, newly painted
P.O.A.
Please Tel 968 237 310.

**SHOP FOR SALE IN
QUARTEIRA.**

Bargain for €20,000. ono.
24.5 sq metres.
Front of the Meat & fish
market in shopping centre.
Private and quick sale.
Tina mobile 914 69 23 17

Charities

THE ANIMAL charity shop
in Montechoro needs vol-
unteers to help in the shop
& to transport animals to the
vet or abandoned animal's
home. 'Quintinha dos
Animais' at Goldra, which
receives part of the shops
profits. Any help appreci-
ated. Lesley - mobile 962
414 584.

CAR BOOT Sale held every
3rd Sunday of the month at
'Restaurant Quinta dos
Areões', adjacent to the vet-
erinary clinic, in Espiche.
Stallholders pay €3. All pro-
ceeds to help abandoned
animals. Call Michele on
919 457 263 or e-mail me
on [Happyyounds@mail](mailto:Happyyounds@mail.telepac.pt)
telepac.pt for more infor-
mation.

Place your advert
on-line at
www.the-news.net
and get a **10% DISCOUNT**

Education

LEARN HOW to speak Por-
tuguese, in a relaxed atmos-
phere, no fuss, no stress,
and very affordable. Group
lessons. You're not alone,
we have FUN. Centro
Pacifico, next to KISS FM,
Albufeira. Phone Isabel 91
466 2955.

LEARN TO paint in the
beautiful Monchique
mountains. All levels cat-
tered for, €15 per hour all
materials supplied. Call
917 081 893.

Entertainment

**ALGARVEAN'S EXPERI-
MENTAL** Theatre Group
are active all year and need
you as a member. Are you
good with a needle or do
you like to paint? Happy to
go on stage and perform or
would you prefer to assist
backstage? Young or old
join in the fun. Why not take
a look at our website?
www.thealgarveans.com.
Our next production will be
'Glorious' a hilarious com-
edy about a would-be op-
era singer to be staged on
June at Lagoa Auditorium.
Want to be part of our group?
Ring Nikki on 917 776 245
or email [nikki.luz@](mailto:nikki.luz@hotmail.com)
hotmail.com

**NEW CAMERA?
GONE DIGITAL?**
Whether beginner or
more experienced our
Algarve based
one to one courses
will help you
create superb images.
From just €80.
Call 963506249

airmet
Portugal

**Come and visit
us on stand 65
for all the latest
travel news
offer and a glass
of Sangria!**

PDM Travel
Rua Vitor Costa e Silva,
Nº 15 Loja F
8600-764 Lagos, Algarve
Freephone: 800 206 375,
Tel: (00351) 282 782078,
Fax: (00351) 282 760154
pdmtravel@sapo.pt
www.pdmtravel.airmet.pt
Alvará: DGT 1377/2006

**COME SPEAK TO US
about our new
products and all your
tv viewing needs**

Stand: 40

**Stand 047
LA PALMERA**
All types of Awnings
and also the new
product
Lumon
Balcony Glazing
For more
information
on a quote call
968 852 333
www.toldoslapalmiera.com

**Stand 56
MAKE YOUR POOL
CHILDSAFE
FOR 2009**
Specialised glass or
steel fencing gates
and nets
Poolsafe.eu

www.algarvefair.com

**Stand FB05
ANIA'S
SMÖRGÅSTÄRTOR**
Offer a menu of
Swedish Sandwich Cakes
(Smörgåstårter)
& Dessert Cakes including
Chocolate Cakes
Deliver Canapés for
Cocktail Parties
Cater for Children's
Birthday Parties
Mobile: 967 515 749
e-mail (Anna):
anias.smorgasat@gmail.com

VIP MOTORBIKES
OPENING
1st June

**QUALITY
USED
MOTORBIKES**

Opening in LAGOS just
past the "Ship" water
fountain roundabout

**SPECIAL LAUNCH OFFER
€500 off selected bikes**

TEL: 963283102
Stand 098

Magpie Studio
Lagos

Art & Craft Courses
for all abilities
dianne@netvisao.pt
Call 282-180897

PAWS4PETS
looks forward to
seeing you at The
Algarve Fair. Cleo
and Cassie will be on
our dog arena stand
demonstrating Halti's
and Kool Coats.
Our main stand will
have food, leads,
treats, coats, cards
and gifts.
We will have vets
with us at times to
give you any advise
you need.
See you there.
Stand

**DAVID HAINES
ARTIST**
try finger painting
bring your child along
and help raise money
for N.E.C.I.
Stand 79

ANJA'S MAGIC BOX

* Natural cosmetics &
remedies with Aloe Vera
* Handmade natural
soaps & bath salts
* Elegant jewellery with
Swarovski crystals

Wholesale & Retail
(we are always looking
for new retail outlets)

Come and sample our
products
without obligation
Find us between
Arts&Crafts and
DogShow

www.anjasmagicbox.com
info@anjasmagicbox.com
Tel.: 00351/ 968 543 319

BUREAUCRACY

**TRANSLATIONS
PERSONAL / LEGAL.**
Many years experience,
Tel/Fax: 282 484 776
Mobile 919 194 319
English / Portuguese /
English.

OIL PAINTINGS

by David Haines

Exhibition
until 31st May
Cha da Arte - Loulé
Tel.: 968 290 627
www.wdjhainesartist.f3.com



AVAILABLE FOR:
birthdays, weddings,
christenings,
bachelorette parties
contact me: 912 066 487
maricaceto@gmail.com
mjfunnyfaces.blogspot.com

"STRINGS&THINGS"

Musical Instruments.
Lowest prices.
New & Second-hand.
Trade-ins, repairs, rentals,
www.stringsandthings.eu
Tel: 289 356 441 or
919 968 768.

Circo Pequeno

bouncy castles,
clowns, jugglers,
face painting, etc.

Tel: 916 622 976
or 917 038 555
tim@gomez.net

For Hire

RAINHA SANTA
Langley (HOG)
Roasts
Catering in Hog
Roasts
or DIY-Self
Serve

Tel: 918 879 843
info@roasthog.com
www.roasthog.com

For Sale Private

HP CARTRIDGE (Compat-
ible) Black C6656Deskjet
5500/5550 Photosmart
P7150/P7550/ psc2110/
psc2210 n°56P €5 Lagoa
area +€3 to post. Tel 707
500 655.

HP CARTRIDGE (Compat-
ible) Tri-colour C6657
Deskjet 5500/5550
Photosmart 100/P7150/
P7550/ psc2110/ psc2210
€5 Lagoa area +€3 to post.
Tel 707 500 655.

TONER HP C4096A (96A)
For HP Laser Jets 2100,
2100M, 2100TN €45 Call
707 500 655 Lagoa area or
+€6 for postage.

TONER HP C3900A (00A)
For HP Laser Jets 2100,
2100M, 2100TN €45 Call
707 500 655 Lagoa area or
+€6 for postage.

SAMSUNG TONER ML
1610D2 series ML-161x
brand new Boxed €35
Lagoa Area or +€6 postage
Call 707 500 655.

LEXMARK CARTRIDGE
Genuine 27 Colour i3, X74,
X75, X1100 Series, X1200
Series, X2200 Series, Z13,
Z23, Z25, Z33, Z35, Z500
Series, Z600 Series
Compaq Printers IJ650 Se-
ries €10 707 500 655 Lagoa
area or +€3 for postage.

LEXMARK CARTRIDGE
Genuine 17 Black i3, X74,
X75, Z13, Z23, Z25, Z33,
Z35, Z600 Series, X1100
Series Compaq Printers
IJ650 Series €10 707 500
655 Lagoa area or +€3 for
postage.

OUTDOOR PING PONG
TABLE, Rollaway and
Foldaway, 2x new bats, 6x
new balls - €175, 6FT ENG-
LISH POOL TABLE - €875
and FULL SIZE BAR BIL-
LIARD TABLE - €950 each
with slate bed, brand new
re-cloth with English
napped cloth and full ac-
cessories - will deliver - 917
846 242 (Vilamoura).

HOUSE CLEARANCE:
Paint - light cream (15lts),
200 kitchen tiles - cream /
beige (10x10cm), Whirl-
pool electric stove, coffee
table, 6 bedside tables,
wooden chair, big duffel bag.
Contact Tracy 282 341 311.

Health and Beauty

Suffering Chronic Pain?

Self help tool, often works
where nothing else will!
No drugs - No Needles.

Call for a 15 minute FREE
consultation 93 88 68008
Elke Waszmann

PRIVATE G.P.
HUISARTS.
CONSULTATION and
VISITS by
APPOINTMENT.
ENGLISH, DEUTSCH
and NEDERLANDS.
CASA ARARAT
(next to Tennis)
QUINTADAS
RAPOSEIRAS.
TEL: 918469336



DR. MED. REMCO HOLST

UK TRAINED MOBILE HAIRDRESSER.

'Ear piercing', 'Make Up'
'Gel & Acrylic Nails' in
your own home.
Lagoa area
Tel: Beatriz O'Hara
969 127 560.



Dunas de Alvor,
Estrada da Barca, Loja 21,
8500-017 Alvor
Tel: 966 237 330
Open: Mon-Sat 10am-6pm
Appointment necessary

Riverside International

MEDICAL CENTRE,

Sta Bárbara de Nexe /

Faro, Maragota /

Moncarapacho, Tavira &

V.R. Sto António.

24 hr service.

Tel.: 919 657 860

or 289 997 742.

CHIROPODY.

Home visits.

Miriam Seybold.

Tel: 282 913 435 or

916 723 964.

BEAUTY SALON Equip-
ment. Second Hand, as
new. Incl. Glass manicure
tables, Pedicure chair,
Massage couch, hairdress-
ing chair, wash basin,
Stools, Tables, Mirrors etc.
Good price to clear stock.
Tel. 968 031 955 to view.

GALLINARI BRITISH Uni-
sex Hair and Beauty Centre.
Elite Sebastian Salon,
Parque da Corcovada,
Block 32, Shop I, Albufeira.
Tel 289 585 807. (Easy park-
ing).

Home

Improvements

SHEET PLYWOOD. 8ft by
4ft = 18mm = €49. 8ft by 4ft
= 12mm = €34. **FLOORING**
CHIPBOARD T-G. 8ft by 2ft =
22mm = €19. 100mm by
50mm Plained 2.40mts CLS
= €9. 200mm by 47mm
Tannerlised Joists 4.20mts
length = €45. Tel: 963 598
216.

MASTERJOINER.
Joiner/general
Maintenance.
20yrs+ fitting kitch-
ens, doors, floors,
locks etc...
Quality reliable
service.
Competitive prices!
EAST & Central Al-
garve. 281 328 648 -
926 615 244.
masterjoiner@hotmail.co.uk

DOMUS

ELECTRIC FLOOR HEATING

The CHEAPEST way to
heat your house

NO gas, NO oil,
NO maintenance

www.domus-heating.com

EN-125 Sítio Benfarras,
N° 552-a Boliqueime
Tel: 289 322 852
domusheating@mac.com

Jobs Offered

WANTED - PART-TIME /
full-time employment in
admin in Portimão/Lagoa
area. English/Portuguese
speaking female with ex-
perience in accounts,
admin, bureaucratic and
customer services. Refer-
ences available. Tel: 919
558 980.

VVIS

Vale Verde
International School



Teachers required History, Art & Food Tech.

Are you a qualified teacher interested in teaching up to
IGCSE and A levels and available from September 2009?
We have a vacancy in our Secondary School for a teacher
who is organised and innovative and would like to be part
of a small but growing school in Burgau, Lagos.

Should you be interested, we offer a stable and friendly
environment for a dedicated teacher.

Send your application and CV, with your teaching
philosophy, to: director@vvis.org

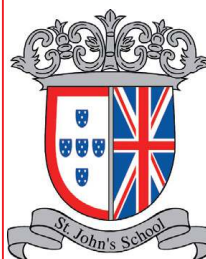
Now offering transport from Lagoa and Portimão

Tel: 282 697205

Fax: 282 697260

Online Prospectus: www.vvis.org

Estrada de Burgau, Burgau, Lagos



St. John's International Pre-School

We are looking for
an English speaking
Pre School Teacher

For further information
please contact us at
214867966 / 937037882
or send your C.V. to
st.johns@mail.telepac.pt

Dynamic Company

involved in pre and post
completion services on new
build property are looking for
experienced telesales marketers.
Albufeira based with good
working environment and
attractive terms and conditions.

A basic salary is paid upon
set targets with potential
for high income.

Flexible, English Speaking,
computer literate professional
with friendly telephone manner
solid closer and ability to
work in team environment.

Initial & ongoing training given.

For further information contact
289 586 581 or email your CV to
info@silverriverconsultancy.com

TELESALES STAFF re-
quired. Listers / qualifiers
as well as closers. Full train-
ing given. Flexible hours.
Part or full time. Martin 910
843 561.

DENTAL SURGERY

Assistant required in
central Albufeira.

Experience would be
an advantage.

Salary according to
experience. Must be
able to speak English
and Portuguese.

Please tel. No.
289 543 545 or email
paul.buick@gmail.com

Insurance, Legal

& Finance

Abbeygate

The way insurance should be.

MOTOR HOME COMMERCIAL
MARINE HEALTH TRAVEL

Get your quote today!

217 230 637

www.abbeygateinsure.com

HOME
INSURANCE
FROM 72€
A YEAR

Trouble shooter, upgrade
recommendations, tuition and
networking. Hardware and
software resale available.
Wireless specialist.
IT integration on building
construction projects.

Tel: 282761398, 918411488
or 962719488
marcus@starworld.pt

FOR SALE.

Samtron 17" screen

€30. HP A37A4 Inkjet

printer €65. Brother

Fax printer €45.

(All second hand).

Tel: 282 380 316.

Add a photo

for impact:

B & W, 4cm wide €10

Colour, 4cm wide €15

We buy your life insurance

• Pay you up to
double its value

• Info &
appointments

Contact: 707 940 337

SK Sachwert Vertriebs AG

iberconta

Management Consultants & Accounting Office

✓ advice on setting up a
business

✓ property management

✓ accounting service

✓ management
consultants

✓ payroll accounting

Rua Direita 5, 1ºJ

8500-624 PORTIMÃO

Tel: 282 419 022

Fax: 282 426 355

email: iberconta@gmail.pt

Marine

ICC TRAINING & TESTING.

RYA Motor Cruising & Pow-
erboat courses. Tel:

965800702 Email:

martin.northey@mail.telepac.pt

www.theiberianseaschool.com

Also RYA THEORY

COURSES - Yacht master

July 13th to 17th & Day Skip-
per July 20th to 24th.

Visit the Caves

BOAT TRIP

Benagil - Lagoa

1hour trip

€15 per person

Tel: 963 542 361

or 282 359 676

Beach Transfers • Check our best
prices & conditions for groups

Office, Media

& Technology

COMPUTER SCREEN

(Philips) 15". €19.50.

Tel: 912 759 461 /

282 457 058.

COMPUTER TECHNICIAN

Qualified professional with
over 20 years
experience.

Trouble shooter, upgrade
recommendations, tuition and
networking. Hardware and
software resale available.
Wireless specialist.
IT integration on building
construction projects.

Tel: 282761398, 918411488
or 962719488
marcus@starworld.pt

Personal

RESPONSIBLE, EXPERIENCED, female babysitter available, Carvoeiro/Portimão/Lagos. Bi-lingual, with own transport. Evenings and weekends. Tel: 968 861 727.

Mums & Tots



Tuesdays 10.00am -12.00 Meet friends, coffee, fun, playing, puppets. ICC Church Hall, Lagos.

For further details on location of Church and Sunday services (with Kidz Klub) & other activities and available courses at International Community Church, see web site www.icc-lagos.org or call 282 697 546 or 282 086 804.

Explorers & Climbers

Mother & toddler group meets every Tuesday at 9.45am - 11.30 am.



Crafts, songs and lots of fun... Where? Lagoa Christian Fellowship hall, Vale de Louzas, EN125, Alcantarilha. Refreshments available. Contact Elaine for more details on 916 447 407.

"POP-INS"

Mums and Toddlers Wednesday 9.45am to 12 midday Bring your babies and toddlers and come meet new friends in a safe and secure environment. Toys, activities, singing. Refreshments available. ICF Church Fellowship Rooms Cedipraia, Portimao For more information Tel Marina on 964 820 392

Every Saturday Morning newfrontiers
10-12am at ICC Lagos
5 to 12 year olds

Food * Games * Music * Fun Competitions * Drama!!!!
BRING A FRIEND!!!!

Tel: 282 086804 or see icc-lagos.org for location



Food * Games * Music * Fun Competitions * Drama!!!!
BRING A FRIEND!!!!

Tel: 282 086804 or see icc-lagos.org for location

Classified hotline
707 500 646

ALCOHOLICS ANONYMOUS - Algarve. WEEKLY MEETINGS: Mon.: Portimão 7.30pm. Tues.: Almancil 1.00pm; Almancil 6.30pm (Men's meeting); Albufeira 8.00pm. Wed.: Almancil 7.30pm. Thurs.: Pêra 7.30pm. Tel: 919 005 590; Tavira 7.30pm. Fri.: Almancil 1.00pm; Portimão 7.30pm. Sat.: Almancil 5.30pm. Call 919 005 590, 10.00-7.30pm. Portuguese AA 917 483 478. GSO Lisbon AA Tel.: 217 162 969. We look forward to seeing you there.

Pets

ABANDONED PETS need homes & lots of love. Mobile 963 455 358.

SAFE HANDS boarding kennels. Purpose built, enclosed and spacious. Large exercise area, individual attention, 24-hour supervision, country location, near Portimão. Inspections welcome. Tel/Fax: 282 471 347 or 914 767 958. Email: safehandboardingkennels@clix.pt

Santa Catarina & São Brás de Alportel area

MISSING PODENGO medium, male, hair very short, light brown, small head, light grey, left ear always hanging down. Has been seen often times around St^o Catarina. Manni is very shy, but understands English and German.
Reward €1,000.
Tel.: 966 798 699.



Place your advert on-line at www.the-news.net for a **10% discount**



Hotel for cats
OPEN EVERYDAY

***The best in the Algarve**
***Fully licensed**
***Door to door service**
***CATS ONLY**

Tel.: 282 912 462
Mobile 919 566 769
www.gatotel.com

STOP THE KILLING!

Before buying or breeding pets, consider the many unwanted/abandoned animals looking for homes. Neuter not Euthanise! Microchip your animal! For information or to find an animal: Michele 919 457 263 email: happyhounds@mail.telepac.pt

ARE YOU LOOKING FOR A PET?

I currently rescue kittens & cats, puppies & dogs; maybe I have your future companion. Call Valérie (Donkey Sanctuary) 913 860 865 or 282 342 823. lili10.evann@yahoo.fr

Pools & Gardens

POOLS CLEANED. Loulé area. €100 monthly. Terry 916 762 462.

AQUA PURA LDA. Quality pool covers. Reinforced all sides. Immediate supply. Eastern Algarve 967 465 305. Western Algarve 967 025 157.

POOLS CLEANED and treated from €80pcm. East Algarve. Tel: Karl 967 015 960.

LANDSCAPING AND Irrigation specialising in low water and maintenance designs. Call 913 083 681 or www.justinwride.com

Algarve Tree Services

- * Pruning
- * Felling
- * Brush Chipper Hire
- * Stump Grinding
- * UK qualified arborist
- * 20 years experience

Tel.: 917 479 921
www.algarvetreeservices.com



THE SPECIALISTS FOR ALL YOUR TREE WORK,

Tree inspection, Pruning, Felling & Desmantling, Planting & Transplanting THE BEST SERVICE FOR YOU AND YOUR TREES. Tel: 961 415 239 treework.algarve@gmail.com

Property Agents

NO MORE WORRIES. Full or part Management Service. Old Albufeira / Vale de Parra / Guia area. CERRO NOVO - established 30 years. Tel: 289 510 795.



Property management, rental & maintenance in the Western Algarve.

Tel: 282 764 103
Mob: 915 229 993
www.vilalaila.com
Office: Iberlagos, Bloco J, Loja 8, Lagos

www.the-news.net

SILVES PROPERTY MANAGEMENT.

Honest and reliable personalised service, from domestic cleaning to full management. Central Algarve. Call 939 536 347.

Property for Rent

WE HAVE several properties available for long term rent in Central Algarve. Contact Muriel on 932 314 318 for more information.

PENTHOUSES / TOWNHOUSES special long lets Ferragudo beach front, Spacious and comfortable. e-mail vc rentals@netcabo.pt for more information now!

WESTCOAST

Vale da Telha Villa with pool for rent/ long or short term Tel: 918 278 396

WESTCOAST

Vale da Telha Sea views plot with license to build 3 bedroom villa with pool €100,000 918 278 396

RENTAL LONG/SHORT term T2 in Silves modern furnished, air con, 2 x large terraces €420 per calendar month plus utilities. Available now Tel: 933 094 098.

INTRODUCING AN affordable home in the Algarve Announcement. An affordable home in the ALGARVE Are you thinking of making the ALGARVE your new home or even a long term escape from the UK. Tel: 282 101 753.

LONG TERM rental, Almancil. Furnished and unfurnished spacious apartments in new block. 2bed/2bath etc. All mod cons. €525 - €595/month plus bills. Tel: 919 388 463 or 912 308 675.

BOLIQUEIME, T1, in private residence, near Vilamoura, with private entrance and parking, fully equipped. Tel: 289 360 276 / 962 704 562.

JUNE-AUGUST. 2/3 bed renovated cottage central Salir Loulé. Sat TV roof terrace. 400 pm + bills. Tel: 966 468 190.

BOLIQUEIME VILAMOURA

BRAND NEW

3 bed townhouse with garage in beautiful enclosed child friendly condominium. Long and short term from €950 per month plus bills

Call Abi
+351 967 734 825 or ray@earthsmartsd.com

Property for Sale

BARÃO SÃO MIGUEL Rustic plot 20,000m². €49,000. 918 278 396

www.algarvepropertyfinder.org The site with many APARTMENTS AND VILLAS for sale

REDUCED FOR quick sale. Spacious T3 apt in Guia, Albufeira. Beautiful gardens, large pool, huge terrace. €185,000. Call 918 210 520.

WELLOCATED APARTMENT IN LAGOA

Top floor T3 on the outskirts of Lagoa, with views across the fields, while being a stone's throw from all facilities. Situated in a pretty, landscaped cul-de-sac, light and spacious lounge, 3 bedrooms, 2 bathrooms, kitchen and 2 balconies. Private Sale P.O.A. Call 282 343 652 / 282 352 547 or email: mail@infiniteinspire.com



5 MINS FROM GOLF, CARVOEIRO & BEACHES

4 bed townhouse in Lagoa 2 baths (1 en-suite), sitting/dining room, Guest w/c, office, plus 2nd reception room Set over 3 floors. Front & back garden, large terraces & patio, views over country & landscaped municipal garden. No condominium Air con. throughout, wood burner, solar panel. Close to schools & all amenities. Must be seen. Private sale. Reduced price: €297,000. ono Tel.: 918 721 688

THE CHEAPEST WAY TO YOUR DREAM HOUSE is to buy a plot & build. We can offer several - some with outline, some already with approval, some with sea-view, some small, some large, from €95,000.

The quickest way, of course, is to buy already built either used or brand new with a five year guarantee such as the top quality, five bedroomed one at Pechão (between Estoi & Olhão) with pool, garage & sea view for only €390,000

If you want to see details of these and many more properties plus hundreds of photos, visit our page www.johnhillproperties.com Contact: John Hill Real Estate, Av. 5 de Outubro, No 20, 8135-101 Almancil. Tel.: 289 395 610 Fax: 289 397 212 Mobile: 917 238 517 Email: info@johnhillproperties.com AMI 576



ALVOR FERIAS - ALVOR

Studio apartment (38m²) at the popular holiday complex of Alvor Ferias. Large swimming pool, games room, super market, restaurant and reception. Apartment has a large lounge, open plan kitchen, balcony, good views to Alvor, beach and Lagos. Sold fully furnished and equipped. Only 10 mins walk to Alvor centre & short distance to the beach. **Good rental investment!** PRICE: €65,000. Come and view.

SULGAR LDA AMI 6478 info@sulgar.com Tel: 282 458 062



LOG CABINS

residential caravans / parks or private plots to site your home. www.zestlifestyle.net 918 093 890

Praia Del Rei - Óbidos Portugal

(Private to Private)

8000m² land with approved house construction of 380m², simple storey, 1,5km from Golf Club, 3km from beach (main road). Views - Peniche Berlenga Island

Price: €250,000. Contacts: José Martins dos Santos Ph: (+351) 961177252 (+351) 936993107 E-mail: jmm.ts@sapo.pt

GREAT OPPORTUNITY ALBUFEIRA SESMARIAS



BEAUTIFUL VILLA.

4 Bedrooms, 2 en-suite, 3 bathrooms, large kitchen & laundry. Swimming pool & courtyard. Double garage. Tel: 917 775 444 Reduced price: Was €1,000,000. **NOW ONLY €600,000.**



€250,000

www.vila5.com

FRONTLINE BEACH, FUSETA.

Brand new top floor T2. Own roof terrace, spectacular 180 deg sea views. Pool, underground parking and fully furnished. Reduced to €225,000 for quick sale. Tel: 910 410 410.

CASTRO-DE-COLA - renovated farm house, prime location, Baixo Alentejo, 3 bed / 2 bath, 11.7 hectares. £565,000. Replies to: Portugal News box number 967, Apt 13, 8401-901 Lagoa.

Property Services & Building

NEED A HAND
I can fix manythings,
paint, put up shelves,
re-hang doors.
Call Gordon
Tel.: 282 381 201 or
mobile 962 828 789.

NEED FENCING?
We do all types of
fencing.
Please call for
FREE quotation
932 868 804

BRITISH BULLDOG
BUILDERS. Tel: 918 483
267 email: britishbuild
dogbuilders@hotmail.com

PEACE OF MIND. cleaning,
key holding, pools East-
ern Algarve 967 015 960.

IRISH PLUMBER
AVAILABLE
For all your plumbing
and heating needs.
Based in Algarve.
Call John 914 574 622.

M G PROPERTY
SERVICES
Servicing the eastern
Algarve
• Painting & Decorating
• Pool Maintenance
• Gardening
• Pressure Washing
• Window Cleaning
Tel: 919 175 070 or
927 435 330

CARPENTER. Anything in
wood. Doors hung, kit-
chens fitted, carparks, sheds,
floors, decking, houses etc.
Tel: 931 689 173.

PAINTER &
DECORATOR.
Clean, quick, reliable.
Professional service
at competitive price.
Interior & exterior
Tel: 914 245 464.

DRIVER AND
DIGGER
AVAILABLE
for hire in
Central Portugal.
Reasonable
rates.
Tel 934 194 559

Removals & Storage

ALGARVE REMOVALS
www.algarveremovals.com
or see our main advert

Phoenix Transport.
UK/Portugal/UK.
Local & international and
Silver Coast.
Door-to-door service.
Removals & Storage.
Also transport cats &
dogs.
16 years Algarve.
Call 966 187 812
or 967 225 357
or UK
0044 1482 213757

LARGE VAN going back to
England June - July. Any-
thing legal taken including
cats & dogs. Mobile 966
187 812.

MAN WITH van Santarem /
Tomar / Coimbra Area.
Regular UK trips. call Bill
914 576 584, 249 382 335,
billjude@hotmail.com

Retail

FACTORY OUTLET bed-
spreads, sheets, pillows,
mattress protectors, blan-
kets, towels, bed bath and
beyond; everything you
need for the home in soft
furnishings, direct from the
best factories in Portugal.
Best quality, lowest prices.
Open Mon. - Fri. Shop in
Alvor: 10.30am - 4pm Tel:
282 457 510. Shop in
Lagoa: 10 am - 5pm Tel:
282 353 244 website:
www.bedspreadsportugal.com

Satellite

TAVIRA SATELLITE TV.
BBC, ITV, 4&5 & Sky
Digital. New systems
PLUS repairs & upgrades.
Tel: 964 721 714.
www.trevortonix.com

ELECTROSOL SISTEMAS PARABOLICAS

For all your
satellite system needs
plus much more
Based in Carvoeiro
Tel.: 282 357 843

Services offered

A & C PROPERTY
SERVICES
Cleaning Security
Checks Changeovers
Maintenance Gardening
Friendly Reliable
REASONABLE RATES
Western Algarve
Tel: 915 448 594

A & C PROPERTY
SERVICES
Painting Decorating
General Maintenance
Gardening No Job too
small
Free estimate
Tel: 915 448 594

3 TONNE MINI digger and
driver for hire, available for
all groundwork, fencing
and irrigation supplied and
fitted. Tel Neill 969 417 625
& 282 330 640.

Place your advert on-line
at www.the-news.net

**IN TODAY'S
DOG EAT DOG
WORLD
MAKE SURE YOU'RE
NOT ON THE MENU**
OUTSTANDING GRAPHIC, WEB DESIGN PUTS
YOUR COMPANY/BUSINESS ABOVE THE REST
www.bunddesign.com

GENERAL MAINTENANCE. Plumbing irriga-
tion and central heating call
Ken 282 315 042 or 917 441
041.

Travel

portugal News Travel Page

Skyscanner
Airline Links
Travel news
Live arrivals & Departures from
Faro and 12 major airports
www.the-news.net

Vehicles



VW GOLF PLUS
Sportline 1.9 TDI
man5, 2005, Silver,
70,000km. FSH,
new MOT, extras.
£15,000. Contact: 262
978 332 / 912 900 301
lkpoole@sapo.pt

USED CAR SPARES

**GUARANTEED
ENGINES / TRANSMISSIONS ETC
ALL MAKES AND MODELS**

UK Based Export Specialists
www.autospares-salvage.com
30 years experience
Car & Commercial
Guaranteed Spares
Portuguese Spoken
Ask for Tony

0044 791 730 5550

View these
pages online

FREE via
www.the-news.net

NISSAN NAVARA
Jeep 2.8 turbo Diesel
Black 2005 with X Box.
Good Condition ITV
tested 67,000kms.
Reduced in price for
quick sale.
Telephone 910 503 657.

MOT AVAILABLE
for UK registered
vehicles, contact me
on 0044(0) 798 920
9096 or by email
j.g.oconnor@hotmail.co.uk

JEEP TURBO diesel, No-
vember 1996, 120,000 km,
good condition, a/c, inspec-
tion, very reliable car. £5,000.
961 620 750.

FIAT DOBLO VAN
1.9D, 2001, 2 seater,
Red, £3,350
Tel: 914 479 379.

RENUALT ESPACE. 2.2
Diesel, 2000 Portuguese
Registration. 7 seater, one
year inspection, good con-
dition. £10,000. Tel: 919
632 616.

www.mcar-service.com
Tel: Fax: 289 432 834 | Telex: 913 223 421



CAR SERVICE



FORD MAVERICK
turbo diesel jeep,
November 1996,
120,000 km,
good condition, a/c,
inspection, very reliable
car. £5,000.
961 620 750

WANTED

We Pay Cash for
cars / commercials
Anything considered
Tel: 918 542 057

Classified Hotline
707 500 646



FREE LANDER
1.9TDI 1999, 5 Dr,
Full years inspection,
a/c, 200,000km.
£7,400ono.
Tel. 961182966



BMW 520 D
(automatic), 12/2006,
extras: headup display,
parkassist, elec. glass,
sunroof, bluetooth,
cruise control, MP3,
Xenon Lights, ABS, ESP,
Isofix... like new!
26,500km
Tel: 922 192 523

Wanted

Every day 100 people start to lose their sight.
Your support helps rebuild lives
devastated by sight loss.

The Sunshine Fund for Blind Children (RNIB) need all
your **NEW AND USED STAMPS**, which are sold to raise
much-needed funds.

If you would like to help, post your stamps to:
RNIB
The Portugal News,
Apartado 13, 8401-901,
Lagoa. (and we will forward
them on)
OR
RNIB, 20 Bowers Rd,
Benfleet, Essex, SS7 5PZ,
England.
Tel.: +44 01268 565 646
terri@rnibstamps.org.uk
www.rnibstamps.org.uk

Insert
your
'Pets' ad
FREE OF
CHARGE
during the
month of
June

June: Focus on Pets

Our readers love
their pets! So for
the whole month of
June we are giving
the opportunity to
advertise anything
which falls under the category iPetsi completely free of
charge. If you are looking for a pet or wanting to home
one, this is the place to advertise. Or you may have a
professional service to offer pet owners. Either way, The Portugal News
Classifieds is the place for pets in June.
Ads can only be placed by email and should not exceed 15 words. Pictures can
be also be included, but only one free ad per advertiser may be submitted.
email your ad to classads@the-news.net

Two former league champions relegated

One more season of the Portuguese league is over, and no big surprises came in the end, with both first places remaining unchanged from last season. The title was FC Porto's for the fourth consecutive year, their 24th in total, and their number of titles is now approaching Benfica's tally of 31.

FC Porto's dominance in the past years is evident by facts and figures as the team has won 10 titles since 1995/1996, against Sporting's two, Benfica's one and Boavista's one.

Oddly enough, the only other two teams to have ever won the national league (apart from the three giants), Boavista and Belenenses, were both relegated this season.

Belenenses, along with Trefense, will be playing their football next season in the second division next season, making way for Olhanense and União de Leiria.

Meanwhile, Boavista, who won the title twice at the turn of the millennium, and who owe the taxman in excess of five million euros, were relegated from the Second Division and will be playing in the semi-amateur leagues next season, with most of their players set to move on.

The revelation team of the season in the Portuguese top flight were Leixões, who came storming in at the beginning of the season, but were unable to maintain their performance in the final



FC Porto celebrate their championship victory before their Football League match against Braga at the Dragon Stadium in Oporto on 24 May. (Photo: Lusa / Estela Silva)

stretch as they dropped to sixth after being in the top three for most of the season.

Benfica's spending spree before the season began, as well as the change in management, did not produce results as the 'reds' struggled for a third place. Despite being in the running for first

place towards the end, the team had a disastrous spell and only guaranteed their third place two games from the end of the season.

Having under achieved their targets, not qualifying for the UEFA Champions League, not progressing through UEFA Cup qualifying stages and not deliv-

ering in the Liga Sagres, Spanish manager Quique Flores was not shown any mercy and was dismissed at the end of the season. He is now seeking full compensation for not being allowed to see his two-year contract through, and Benfica will have to spend a stunning 3.5 million euros to see

him leave. It is rumoured Benfica's new coach will be Jorge Jesus, Sporting Braga's coach this season.

Sporting ended runners up again and Paulo Bento still seems

the favourite candidate to take charge of the 'Lions' next season, although that much depends on whether Bettencourt remains President of the Club, a decision that will be made on June 5th.

Figo being lined up for presidency



The President of the FPF (Portuguese Football Federation), Gilberto Madail, has stated that former Portuguese international Luis Figo has the ideal profile to be his successor to run the Portuguese Football Federation, adding that the former FIFA Player of the Year could count on his full support.

"Without a shadow of a doubt Luis Figo has the profile and experience. He has spent time in several countries and also has the experience in his home country. It is a name I would be very pleased to see [as FPF President] and I would be a supporter of his as the future President of the FPF" said the current President of FPF last week.

Figo, after winning the Italian league title a fort-

night ago playing for Inter Milan, affirmed he would gladly consider the opportunity to become President of the FPF. Earlier in the week, after receiving an award at ISMAI (University of Maia), the 2001 FIFA World Player of the Year gave a hint of his intention of becoming FPF President: "Yes, it's true I have considered that possibility but, from possibility to reality there is a long way. At the moment the Federation is being well man-

aged by Gilberto Madail. Let's not rush things."

During the presentation of the final of the Portuguese Cup, between FC Porto and Paços de Ferreira, Gilberto Madail also reminded the public that he was one of the first people to consider employing high-profiled players in important jobs related to football.

He was also questioned about Portugal's chances of qualifying for the 2010 South Africa World Cup, as they need

every point possible to go through to the elimination stage, to which he answered: "Honestly I haven't been sleeping much. Portugal has got four games ahead that might as well be considered finals. I believe they will qualify, because it is essential for all of us and important for the players and Portuguese people living in Portugal and South Africa. I believe we will get through this situation."

Wages unbalanced in Portuguese football

The average salary of players competing in the Portuguese league is 14,500 euros per month, but, when Sporting, Benfica, and FC Porto players are put aside, the average drops dramatically to 6,500 euros.

The Portuguese League of Professional Football disclosed the information last week, at a

time when five clubs have delayed paying wages, with Estrela da Amadora being the worst team when it comes to paying their players.

Nevertheless, wages in the first league are well above the 2,500 euros average players receive in the second league of national football.

ECU-RS
ECU-REMAPING SERVICE

Unleash the true potential of your vehicle

ECU-RS is an engine tuning service that enables your vehicle to perform to optimum levels.



With an ECU-RS remap you'll have more power, greater response and lower fuel consumption.

Available on all vehicles from the year 2000 onwards. 14 day money back guarantee.

Contact our mobile technician today
grant@ecu-rs.com 968184668 www.ecu-rs.com

Mortgages / Remortgages

When was the last time you reviewed your mortgage? **What** if you are paying more than you need to?

Now is the ideal time for you to renew your mortgage with the offer of **lower interest rates** and **lower monthly re-payments!**

We guarantee you the best interest rate in Portugal!

Contact us and get your free quotation today!

☎ (+351) 282 769 150 ☎ (+351) 913 500 826 ☎ U.K. 08700802936 or 07717570779

info@algarveeasyproperty.com

www.algarveeasyproperty.com